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Interview with Mashhur Anam



*Mashhur
Anam*

Alchemist of Holographic
Life Transformation

**The Holographic Universe: Redesign Reality and
Construct a New Life Patter**

Darius: Hello and welcome everyone. This is Darius Barazandeh. What a magnificent day today and what a beautiful day to have everybody here. I am so excited about today's session. I want to hear... People have been submitting their fears, their energy, their prayers, what they'd like to see come about into the energy circle and into the awakening circle. So if you get on 10 minutes early be sure to do that. That is a big part of what is transforming lives all over the world through the You Wealth Revolution.

And maybe you're probably familiar with one of the statistics we talked about as we were launching and getting this new season rolling, that 94.2% of people that were in this program, in this event, last time we did this... Last season we did a survey and about 2,000 people wrote in and said: 'My life got better.' Now it wasn't 10% that said it got better or 20 or 40 or 50 or 60 or 70 or even 80% or even 90%, it was 94.2% of people said: 'My life got better.' And at first I thought, well that's just... there had to be something going on there. But I asked people to submit again and I got an even bigger sample and the number stayed the same. In fact, it even increased. And so what I realize is the more you connect, the more you do these exercises, the more you really bring your energy into this circle, the better your life can get, the bigger the changes, the bigger the transformation.

Now, one of the people I believe that is vastly responsible for that big shift is our guest today, Mashhur Anam. That big awakening that so many people had last season, part and part was because Mashhur did such powerful processes that really changed the reality for many people in their day-to-day lives, and you're going to learn about some of these technologies today.

So I want to get started because we've got a lot to do and we actually have some very cool processes that you're going to get to experience. Our guest is Mashhur Anam and he's going to be talking about the holographic universe and how to literally redesign your reality and construct a new life pattern.

Let me ask you: what would be like if you could gradually create a whole new life, raising your vibration, operating from your heart space, harmonizing your energetic field, removing old, incomplete, harmful, low vibration energies, reprogramming your neural network for success, for joy, to raise even your abundance threshold? You're going to learn exactly how to do that, even how to detox your energy field. One of the things that people always have written in to us is: 'Darius, I feel like my energy field is toxic, like I've got this low energy just draining me every day. And I really need to raise that energy. I need to get rid of that old stuff, those old relationships, those old things that were going on in my life, that really aren't me anymore. Why are they still haunting me?'

We're going to talk about how there could be an energetic or magnetic attraction to that and how to free yourself from those burdens and the incomplete of the past.

Now, what we're going to be doing is introducing Mashhur and we're going to be getting started, but I want to share this with you. What if you could rewrite your own history? What if you could increase the flow of love and abundance in your own life, and what if you could reprogram your neural network for abundance?

The truth about this new thing we call energy transformation or vibrational awakening is that it's real. And we're realizing more and more that this new frontier of personal development and transformation *is* where the change takes place. It *is* the future. It *is* where we need to be right now. And I believe that at the forefront of that is Mashhur Anam, our guest today.

Mashhur is an alchemist of life transformation who's guided by a belief and a deep knowing that anything is possible. Really imagine what that would mean in your life. Anything is possible. Cindy, Clarisse, Marissa, Joanne, anything is possible.

Over the years, with curiosity, aspiration and a heart's desire to help humanity raise its collective consciousness, Mashhur began to explore the holographic nature of our universe and began to uncover many algorithms and equations that actually are the underlying framework to reality as we know it. Mashhur's background in technology coupled with extensive exploration into our multidimensional existence has helped him to bring forth holographic tools and programs such as the Rings of Harmony, The Holographic Shield, The Holographic Vision Board, Liquid Luck and more. These are complex algorithms in nature but at the same time easy to use and allowing anyone from any background to launch them and work with them.

During our most important time in our planet's transformation, these holographic tools can be used to transform your life, to raise vibration, expand your consciousness, reprogram your abundance matrix, and redesign your relational patterns and restore inner and global harmony. They're as simple to use as opening up an app on your phone. If you've ever done that, it's literally that fast and easy. And Mashhur has not only used these for people like me and you who want to expand our life and have a better, more abundant reality, but even for the computer industry, even for retail stores, industries and natural health product development, and even marketing companies in Asia and North America to create environmental harmony through holographic Feng Shui, and increase sales and revenue, attract more business, create better relationships among those who interact with these companies. But they've also been used by thousands of people all over the world. And one of the things we're going to get into with Mashhur actually is he actually has done a small test group with some new tools and the results were spectacular. So I'd better get started and let Mashhur move us forward.

Mashhur, welcome back to the You Wealth Revolution.

Mashhur: Oh, thank you, Darius. It's always great to be here. You know, I was just telling you a couple of minutes ago that I first offered the holographic tools to people in general just over a year ago in your network and it always feels like coming back home. It is so awesome to be here.

Darius: We're so glad. And I was excited that you're doing something different now that's even more powerful and even more accessible and that we're really getting to the core. And I guess really distilling the essence of your work is getting back to this holographic, hologram reality and how we can use it to deconstruct and transform our lives in any way we want.

Mashhur: Absolutely. You know, I'm always looking at how to simplify things. See, success is a series of planned events, and the difference between people succeeding and people hoping to succeed one day is being consistent and not caring about external results every day and what shows up around them, and continuing to redesign their realities until the new reality catches up to their desire.

We need to reprogram our neural network for 100% success regardless of what we experienced in the past. And it is possible. It's a step-by-step process that requires detaching from frustration, detaching from temporary lack of results and judgment. And our new reality first shows up in the spiritual realm. We know that. You know, sound and light. And then it gets anchored in the physical world.

The manifesting what we would love to experience is actually an art and we need to start to treat life as a piece of art and a game instead of being frustrated. And instead of fighting with the referee... it's gets you nowhere. If you're familiar with any game... if anybody has seen any games in their life, they know fighting with the referee gets you nowhere. So fighting with the universe, fighting with the energy, fighting with the flow gets you nowhere. We need to create strategy to succeed. And when we are aligned with the flow of this universal energy, all of this happens very easily.

So I would love to express my gratitude and thank all of you for being a part of this wonderful and powerful network and helping to raise our collective consciousness.

Darius: Wow, thank you, Mashhur. And a big part of this I tend to believe is because we are living in a hologram. Can you explain what a hologram is and why that's important for us?

Mashhur: Absolutely. You see, we are getting more and more used to holograms these days because we see holograms in science fiction movies and, you know, everybody's getting to understand what that is. It is just a projection of light. It's a projection of patterns of light and information. So when you're talking about the universe being holographic in nature, meaning the projection is coming from somewhere else. It may be coming from a highest level of consciousness or however we define that, but that consciousness projects this universe, which is holographic, and every possibility exists.

That's a property about a holographic universe that everything - everything you can imagine - can exist. And what we can do is we can redesign our reality. The way we can update a word document and save it and when we open it again we see the new document. The way we can update a website or change background colors, save it and then we see the new colors. That same way when we start to touch the codes and information that create this projection of our reality, we can refresh our reality, we can redesign our reality.

And more and more people need to get used to this because the next few years, especially 2014 and 15, are going to be two years of awakening and people who are thinking: you know, I've been studying so much for so long and I'm not sure what to do, the next few months are very important for you to set up a structure and foundation for life so that you can bring out your tools, your gift, your techniques to

people, because there are seven billion people and Darius and I cannot handle. All the speakers in this network together cannot handle. So we need all of you to really align and take control over your life and understand that you can redesign your reality. So when that option is available, let's do that. But let's have fun doing that, because once we are curious and when we are aligned, then the information can flow through us easily.

Darius: I love what you said about the holographic nature and the codes behind the reality we're projecting. I changed the screensaver on my computer because I wanted to see something else, and now I see a picture that I really like, something that really fills my heart. The other one I had I didn't really like. And if I didn't understand how the computer would project that new image, I wouldn't be sitting there trying to erase the computer screen or trying to put a piece of paper over it because I didn't like what I was seeing, but I would still see the light coming through the paper with the outline of the image. And I tend to believe if we don't understand how this holographic reality works, our life is very much like that person trying to paper over a computer screen or a program they don't want to see anymore.

Mashhur: Absolutely. You know, imagine taking your laptop in time and then go back a hundred years. What would happen? Nobody would understand that. And that picture that you have on your screen, if people don't like it they will get frustrated, they would throw stones, and they will eventually break the computer, without understanding that a simple click could change that image. But that alignment does not come from the frustration energy; it comes from neutrality and nonjudgment and operating from our heart. When we start to operate from our heart vibration, you know, we really open up new doorways and we can receive and send information in a much more powerful way for our life, to redesign our reality, and for others.

Darius: We've got a question that just came in from quite a few people. Melanie said: 'I have been stuck in the same place for years and I work very hard on positive thinking and nothing is happening. What can I do to create a miraculous change?' With Melanie's question in mind, how is what you do different that maybe some of the more conventional methods or tools and programs out there?

Mashhur: The conventional methods are great. They've served us for a long time. But when we are talking about moving into a multidimensional environment, we need multidimensional tools. So instead of... Let's say if we are playing a DVD and we don't like the DVD. Instead of decorating the area around our TV with flowers and fragrance, we can simply change the DVD. Conventional methods usually redecorate that environment, help you redecorate that area around your TV. A lot of times they're not touching the source code. So you may feel better when you watch that same old movie but you're still watching that same old movie.

Now, for Melanie here there are a few things. One is that belief about she is stuck and she's been stuck for a long time. Gradually she developed that belief that I'm stuck. And it's a huge morphic field, which is a group consciousness. And it's Rupert Sheldrake's work about morphic fields and how everybody connected to them are morphic units. People can read all about the information and the science behind them but it's just a group consciousness.

The first thing that needs to happen is really to unplug herself from that group consciousness where millions of people are believing 'I'm stuck'. Let's detach from that. Literally picture a USB detaching from a sphere called 'I Am Stuck'. And what would you love to experience instead? You would love to experience flow connected to a different sphere that represents flow and really use the tools to kind of redesign reality, because options are available. The way we can fast forward tracks on a DVD, we can also switch tracks for our life, for our reality. All options are available.

If you are on grid, let's say, 34, which holds a lot of density, I want you to look at which other grid can hold light for us. Maybe that's Grid 55, so we will need to transition from where we are now to the other reality – you know, through our consciousness - so we can experience that.

So the first step is they detach from old belief systems, old patterns, then knowing that all things are possible, and then really reprogramming our neural network and rewrite our life pattern so that we can start to experience what we would love.

A simple question I ask people these days is wake up in the morning, spend a few minutes and just focus on one question: what would I love to experience today? Not: what would I love to change or what would I like to transform or what blocks do I have? Not any of that. Because we are releasing and people are getting used to releasing and transforming by what's not happening, a lot of times that I see is the creation process.

We just start to step into that energy where we start to create. We can release and transform, but we also need to create and send out that vibration into the universe, that, okay, these are things that I would love to experience. And I don't ask people what do you want? because that says 'I don't have it'.

Language is also very important because language is connected to different vibration. That's why I ask people to disconnect from the words such as 'problem', 'I try'. 'Try' is connected to 'most likely this is not going to work'. So let's detach from those words, those vibrations, and ask: what would I love to experience today? Every morning. If for the next couple of months people do that, literally that question alone will change your life. Ask that question. Go into that feeling - okay, what would you love? Start to think about that. Start to feel that in your body. And then send out that clearly a statement out into the universe - I wonder how my path of maximum harmony may unfold?

So we are starting our day with absolute amazing possibilities and we are focusing on creation. That's very important.

Darius: This is amazing. We're getting a ton of questions coming in. Oh my gosh, we literally had close to a hundred questions coming in. So I want to start getting to more and more of these.

The question for those people who are new... I'm seeing a lot of question about this. What is a morphic field? How does - and this is a key, folks - how can a morphic field control my reality? And I use that word 'control' very seriously, because for many the field they're plugged into is literally the same reality they keep bumping up

against.

Mashhur: Yeah, it is a very important concept to understand. Morphic fields are fields of group consciousness. If I say 'green tea', you will immediately think about something. Maybe a picture will pop up. Maybe a taste or smell will pop up. Your first reaction is the most powerful morphic field you are connected into.

So when you hear the word 'money', what are some of the thoughts that immediately show up? When you hear the word 'finance' or 'abundance' or 'love' or 'harmony', what are things that show up immediately for you? Those are the morphic field connections. Those are your primary morphic field connections.

Then we need to figure out which are the ones that are beneficial. If we are looking for abundance and we would love to experience more flow of abundance and money and love and joy... If abundance creates a resonance to 'rich people are greedy' - because a lot of people grew up thinking that way, that abundance meaning 'I may have to earn money by hurting others' - or if it pops up the image of Wall Street - that is certainly going to create disharmony.

And morphic field means... You know, these are powered by millions, sometimes hundreds of millions of people, especially morphic fields around different religions are powered by billions of people. And it is very easy to escalate an issue and have the world divided. And we are seeing that happening now also. We see that all the time.

So we need to disconnect from those fields consciously. You know, know that what is it that you resonate with. What are things that are working in life? What are some of the things that are not working in life? Really sit down and create a list of the things that are not working and for each item figure out what are some of the thoughts and feelings associated with those items. What are your first thoughts? What are the responses that you get? What kind of reaction do you have?

So we need to disconnect from anything that is not serving us by looking at that list and then decide that, okay, well let's change this. I would rather experience... and then fill in the blank. You know, what would you love to experience? That's why I ask that question. You know, I'm not asking you what are all the things that you love to transform? You know, we would have pages and pages of things, but that doesn't take you into that creation mode. The question is: what would you love to experience now?

So when we ask that question we start to connect with different morphic fields, different group consciousness and consciousness that's powered by millions of people. You know, this network, when people are coming here, they're all empowered by a lot of positive energy and hope and peace and harmony and abundance. Nobody is coming here thinking about lack and limitations. They may come here to transform them, but when people listen to you and what's happening here, people are getting hope. People know that they can redesign reality.

So by doing this, by disconnecting from all that negative information... And I don't like to classify things as negative or positive, but that's something people

understand. So any non-beneficial information that shows up in life we need to start to detach from them and really focus on that simple question: what would I love to experience? And start to focus on those groups... you know, what are some of the groups of people, companies that are doing things that you would love to see in life? And focus on those and start to consciously connect with those groups. And really that simple thing, doing that on a consistent basis will create magic and miracles in life.

Darius: I love of that. And we've already had a lot of people writing in. Rosie said: 'Darius, thank you for bringing Mashhur back. One year ago I listened to Mashhur on your show and I've never looked back. Each time the tools that I use I go deeper and deeper and I am reclaiming the beauty that is within myself and within us all.'

Big question, Mashhur. You created something a little different this time, something actually new, and you moved a group of people through it, almost a test group. I'd like to hear a little bit about what's different and what you've realized since the last time you've been here and what happened to this test group?

Mashhur: You see, one thing I've been noticing in the last year or so is that a lot of people got dependent on others – you know, people needing to tell them what to do, how to do things. You know, their birth chart, their horoscope, their everything. What is going to happen to me? What is my purpose? You know, it's like everybody is looking for somebody else to tell them what to do. We need to move away from that type of environment. We really start to understand the nature of our reality.

So a lot of my products and services have been different than anything else in the market. They're holographic. They're multidimensional. And people who are sensitive to energy, they can see them, they can feel them, they can hear them. But there's a huge group of people who do not know how to notice. The reason I say they do not know is a number of years ago when I was starting Qi Gong, my Qi Gong master asked me to scan somebody for blocks. I said: 'I don't feel anything.' He said, 'No, scan this area again.' I said, 'No, I can't feel anything.' I told him: 'Not everybody can feel like you. It's not for me.'

He asked me a simple question: 'Okay, when you put your hand down on this area, does your palm feel like steamy?' I said, 'Yes.' He said, 'Well, that's how you are detecting the block there.'

See, I did not realize that that's how I detected a block, because it was so subtle to me. And that happens to most people because they're still used to something. They're not sure and they haven't even thought about that something so subtle could be giving them indications about the reality of what's beneficial, what's not.

So in this package what I am doing is... These are basically programs people can listen to. There are no tools to call. There is no extra work to do. It's just have your intention answer the questions, and listen to the tracks, and there are advanced and basic tracks. Advanced tracks are encoded with music. And basically all people need to do is just listen. That's it. And listen and reprogram their thoughts and feelings, because all the work is done in the background.

So instead of calling the holographic tools and programs where a lot of people who were unsure about if they were doing that right until they saw the results. And instead of that I thought: let's do something that touches more people, because in this way people who are not sensitive to energy and information, they can also go through this without questioning, because everything is done for them.

And the tools and programs, a lot of them are also used in the background for processing. So all they're wanting to do is just make that intention about what they would love to experience. And I sometimes ask questions in these tracks and based on those questions and what the answer and what shows up for them, I run different processes to reconfigure their network, their neural network, their abundance for love, the threshold for love, the threshold for abundance and other information.

Darius: Quick question. Really what I'm feeling a lot of people are even now wondering, especially those that are new: okay, this ability, Mashhur, to feel energy, to know when an energy is favorable or not. Why would I want to know that? What could that do in my life for my abundance, for my relationships, for my joy?

Mashhur: Well, when we open up that flow of abundance or flow of energy to go through us instead of resisting everything, we flow. We allow that flow of abundance to come into our life. You know, in the next few months, a number of supernovas and stars will send out very, very powerful information. NASA is talking about a particular supernova, a particular star that went supernova I forgot how many billions of years ago, the light just reached earth.

There are a number of these stars that are sending the next waves of information for humanity. So when we are open, when our fields are clean, when we are raising our consciousness, our vibration, we can integrate more of that energy because our energy is shifting. We know that. Our vibration is rising. And one of the things that's happening is by default some of the lower chakras are getting triggered for people. Some of these lower chakras hold a lot of density, and when people are opening up these chakras, they're experiencing a lot of disharmony, because that's what's stored there. So we need to actually... like harmonize the flow of energy. And when we harmonize the chakras, when we harmonize the energy that goes through us, through the chakras, through the meridians, through our energy field, we are more peaceful. And solutions can come easily because we have the vibration of neutrality and nonjudgment and peace as opposed to resistance.

Darius: Yes, that makes a lot of sense.

We've got a question coming in from Sarah who's asking about things that maybe have happened in the past, difficult situations. She had a situation where somebody hurt her and she was really abused emotionally. Can this actually stop her or even anyone else who's listening in from really plugging into the heart and the life that they really want, the life that they deserve?

Mashhur: Absolutely. So here is one thing to understand. Think about graph paper. It has a lot of little boxes. And think about you are in one of those particular boxes. And you're surrounded by hundreds of them, but you are in box, or one reality that holds that vibration of somebody hurting you.

Now, all other options in the universe exist. So there are an infinite number of options where things are harmonious, where that never happened, where the energy is different. So gradually what we need to do is disconnect from the morphic field of all those people who have gone through a similar situation. Disconnect from those events, flush them out of our chakras, flush them out of our field, erase our resonance and look at, okay, what would I love to experience instead? And gradually when we do that we can shift from where we are and our consciousness can go into a different reality where that experience that we have gone through, we still would remember it but that's not going to affect us anymore because the energy is completely different.

Darius: That makes complete sense.

You talked a lot with me personally about some of the things going on with the brain and neurons. And one thing that I've seen you say is neurons that fire together wire together. How do neurons play a role in this?

Mashhur: So let me give you a little information for people who don't know. In 1949, Donald Hebb, a Canadian neuropsychologist wrote what has become known as Hebb's Axiom. He said neurons that fire together wire together. It means that each experience we encounter, including our thoughts, feelings, emotions, sensations, muscle actions, they all become embedded in a network of brain cells that produce that experience. So each time we repeat a particular thought or feeling or action, we strengthen that connection between a set of brain cells or neurons.

Think about walking through a field and you're walking on grass. If you just walk one day it's not going to make much of a difference. The next day you wouldn't be able to tell which path you took. But if you walk every day on the same path and then if a hundred people walk on that same path, gradually it becomes a highway. So what happens is for every vibration, for every thought, every feeling, every word, there are a number of neurons that fire. That means they're connected together.

So when I say the word 'money', if, for example, let's say 100 neurons fire and 90 of them have to do with negative experiences or frustration energy or failed businesses or failed things in the family or things that we do not want to experience... If 90 of those are firing when I think 'money', then what happens? I only have the support of 10% of neurons that are beneficial.

So what I'm doing here... In the neural network for reprogramming neural network for abundance, I ask people to repeat some of the words like 'money', 'finance', 'success', 'wealth', 'abundance'. And as they say those words I'm programming them. I'm looking at what are the neurons that are firing which are not beneficial and gradually dampening them, so bringing them love energy, healing energy, bringing them solutions, so that gradually they stop firing, and I'm connecting with other neurons that are beneficial – all the things people have seen about success. And then I'm asking them also to start to describe what they would love to experience. And when they talk, those new set of neurons start to get programmed with those words or connected to those words. So that way we're actually changing the connections and eventually, through practice and through listening and the guided processes, those 90% of the neurons that were firing that were not beneficial, their

percentage goes down and at some point it becomes only 10% or maybe less. And 90% of the neurons that are firing when you hear the word 'money' or say the word 'money' is about success.

So what we are doing is we are reprogramming the neurons that are firing for these different words and feelings and when we are empowered by this network of neurons with pure loving, positive energy, an energy of success, then it is easier for us to maintain that vibration and move out of judgment and old patterns that are not beneficial for us anymore.

Darius: Wow. This is incredible. Some of you were writing in saying: 'Mashhur is unlike anything I've ever heard before and yet I feel very calm and optimistic about the future.' And what we're doing in essence is we connect with Mashhur's plugging into his morphic field, his energetic field, and I'm very excited about that and bringing it to everyone.

Aloha is asking us about the... actually no, it's not Aloha; it's another person – Diane - asking about the energy that is coming to the earth from the stars and how this can affect us and what it has for us to realize. Mashhur, can you tell us a little bit about that?

Mashhur: Absolutely. There are a number of stars that will go supernova. Before stars go supernova and from research of NASA we know we are all from the stars. It's not just spiritual teaching that teaches us that but NASA is saying that now. And they are saying that the atoms in our right hand would be - could be - from different stars than from the... than atoms that are present in our left hand or in one of the fingers. So we are from the stars.

When stars go supernova they explode, but they send us information. They send us their history. So some of the big stars like Antares and Aldebaran, they're sending us very powerful waves of information and we are already receiving that. By the next two years, this energy information will get stronger and stronger. And this energy and information also has to do with awakening, finding and knowing our truth, knowing where they are coming from, knowing our path, having that alignment.

So when we harmonize our fields, raise our consciousness and are actually working to do that, we are actually helping... We call... let's see. How do I say that? We can absorb more of that information that is coming to us.

Darius: Right. Wow. Wow. I want to do this. I'd love to do an exercise or process. Is there something that we could do to begin moving people in this direction, begin unplugging from some of the old matrices and plugging into some new ones, or just give them an experience of your work?

Mashhur: Absolutely. So let's do a short journey. Let's close our eyes, everyone, and let's just breathe in and out deeply and gently a few times. I will place all of you inside a sacred group shield. Behold the energy of purity. And as a group let's journey into the center of our sun. I will flush all of your energy fields with sunlight. Allow the 12 major rays of the sun to go through the 12 primary chakras in your body. And focus on your heart. Focus on your heart space, the heart chakra. And notice what your

environment looks like from that level of consciousness. Continue to breathe in and out deeply and gently. Now think about one incomplete item in your life. Just one. Maybe it has to do with a relationship or a business, debt unpaid, a bad breakup, a divorce, anything, it doesn't matter. Just pick one thing. And now start to look at all of your energy fields and the information this particular object holds for you. Let's scan that event. Let's bring in information on how to resolve that. Let's bring in harmony and love and joy and let's bring that information through all the people who are involved. Let's continue to breathe in and out deeply and gently.

Now think about that event again. Notice your sensations and notice your thoughts, your feelings. I will start to isolate the neural network that corresponds to this particular event. Keep thinking about that event. Continue to breathe in and out. Now let's take a deep breathe. Let go. Now think about that event again and notice your sensations, your thoughts, your feelings. I will apply some more processes to change the coordinates of these events.

Now, what would you love to experience instead of this event? Think about that event again and start to tell yourself the things that you would rather experience now and I'll start to gradually create some of these new connections. Keep thinking about new possibilities, new options, new solutions. And focus on your heart. Continue to breathe in and out deeply and gently.

Let's breathe in and out deeply and gently a few more times and as a group let's come back to our present moment. Rub your hands together and gently open your eyes.

Darius: I just want everyone to come back now and I'd love to hear what you experienced, what you felt. What would be some things, Mashhur, that we could ask them to share based on what you did?

Mashhur: Well, let's find out how many people... or maybe they can do a show of hands or... You know, how many people are feeling different about the event that they first thought about or even forgot what they were talking about or thinking about?

Darius: Yeah.

Mashhur: Some of the thoughts, feelings, emotions would be different as they go through this process over and over again.

Darius: Yeah. So was there a shift? What was the shift? What's been happening as that density begins to stake out?

One of the things you shared with me was some incredible results of some of the test group as well. As those are coming in I'd like to read from Kathleen who wrote in. She said: 'I can't say that I completely understand it all, but I do know that I have tried many modalities, including the fact that I'm a Reiki master, and your method is one of the very few that has ever worked for me. I am truly experiencing major shifts in myself and my life and I know that it is due to your work. I can't thank you enough.'

One person I'm going to share just wrote in - Stacey from South Jordan. Regarding

that situation, she says: 'The pain is gone. The pain is gone.'

So we were able to in that very short period of time move that from a painful situation to a place of neutrality and hopefully up the grid for more abundance and joy. Right, Mashhur?

Mashhur: Absolutely. See, as people go through this process and they continue to rewrite the information in their neural network, they start to redesign their neural network by bringing a lot of sacred geometry and light and information from the sacred geometry. And I recently started to play with space and coordinates of events. You know, all things are possible. I mean, there are many options for these events to exist, and the coordinate that's creating disharmony, let's disconnect that and then I'm attaching them to similar events with a different coordinate that holds more harmony. So when that mapping takes place...

Darius: Oh my gosh.

Mashhur: A lot of times people actually forget what they were thinking about and what was the initial issue was and it doesn't bother them anymore. So it's a matter of training your brain and training your neurons that when I hear this or when I think about that particular experience, I want a different set of neurons to fire as opposed to the old ones that were holding a lot of pain and density. So the new ones are more connected to success, health, abundance, fun, joy, recreation and those energies.

So that's why I ask people at some point: start to tell me what are the things that you'd love to experience when we go through the process, so their neural networks start to connect with that information. And it is important. At that moment people talk about things that they would love to experience and not things that they want to change. So this way we really reprogram the neurons and we allow a different set of neurons to fire.

Darius: I'm very excited and even more curious as you talk about how you went in energetically and changed the space/time coordinates for people on those memories. I could ask you a bunch of questions about it but I think the proof is in what people are saying. Here's Dawn, who wrote in and she said: 'I could feel the movement in my head during the process, the coordinates moving, the position on the grid, and it feels like my past has actually changed. The shift was around finances when I first divorced about 30 years ago.'

Now, it's incredible that 30 years ago she changed that position on those coordinates, changed her position on that graph, Mashhur, and she's been carrying that around.

Mashhur: Yeah, see, that's the magic about this. What I like to do continuously is to think about how can I simplify. How can I simplify things? And when we change that coordinate we don't resonate with the old information anymore. It could have been something that has been causing disharmony for the last 30 years or for the last 3,000 years. Maybe something happened in a different timeline in our soul's journey. It doesn't matter.

When we shift the coordinates, that means we are taking another path. It's almost like the history is different. So things that we experienced in a particular timeline, that doesn't exist anymore, because now we are connecting to a different set of coordinates and a different set of experiences. So we are still learning the lesson, but we don't need to suffer anymore. We can change and shift these patterns.

I'd like to bring in science, technology and spirituality to help us redesign, because these are not separate things. They're all the same. You know, we need to start to focus on our wholeness as opposed to all the things that create divisions.

Darius: Okay. I want to do this. I want to share, because people are sharing so much. I want to get this out. I want people's story. I want their story to be told.

Jules from Shepherd, who's a dear friend of the series, said: 'Wow. Incredible feeling of expansion and calmness. Any fear of meeting my Significant Other is now gone. I'm ready to open... open to receiving an amazing, wonderful new friend, companion and more. I love this feeling.'

Donald from Aruba said: 'Yes, I'm in a total different state. Deep relaxation.'

Stevie from Rockville says: 'I feel so much brighter. I'm buzzing with energy.'

Lindy from Forest Grove: 'From stress to overwhelm, I now feel like it's flowing energy and easier.'

Kim from Richmond, North Yorkshire says: 'The thoughts and feelings vanished as a new gentle morphic field enveloped me. One of my own creation. No thing, no thoughts, just pure potential. Bliss.'

Paula from Los Altos is another faithful listener and a friend. I always see her. She says: 'Now I can finish the e-book I've been stuck on and I feel really good about it. An aspect that I felt bad about no longer holds me back. I'm actually looking forward to finishing it.'

Another person – Ruth: 'I went from worrying about the disaster we're having here in Colorado to feeling magical and present in the now. The sun is shining.'

Naseema: 'Something just feels different. The heaviness is lighter. The density is lighter.'

Another person – Jane: 'I saw forgiveness of my ex and being a loving family, and I healed. I felt healing in all of our lives.'

This is amazing. I mean, this is a huge number of people. And these are people in Germany and the United States and Canada and Colorado and Aruba. All over the world. What I want everyone to get is this energy works. This energy can change and open up your life.

Mashhur, incredible stuff. It sounds like to me each person had a slightly different outcome but they created a reality that was something they really wanted, a morphic field or a field of energy they connected to, that really mattered to them. Why is that?

Mashhur: Well, see, what I'm looking at this... and, you know, for people... those who don't know this, a lot of people when they look at things they would see aura fields, they would see energy flow. When I look at things I see information that is creating the projection. So when I'm looking at this entire group these are all like a lot of... Think about a lot of dots that are showing up and each dot has a different coordinate, and I'm seeing how much light is going through that. Each dot represents a series of events that are happening. So as a group I'm looking at the entire coordinate system and I'm looking at, okay, where can I shift? What are the coordinates that I can connect with that would hold more light? Where is the golden light? Where's the network of that golden light?

So I'm looking for that network and gradually I'm sliding them over to a new network. I'm using sacred geometry. I'm also doing a lot of rotations based on coordinates and dimensions, almost like you're going through a staircase to a different level, a different reality. So I'm helping these consciousnesses to move out of old patterns and to mix with new grids, new options.

Here's one very powerful thing to notice. We still have the right to go back and connect with all the old things again. So one thing I would ask people is stop thinking about all the things that went wrong or all the things that you would like to change. When you go through these processes and you shift the coordinates, if you continuously think about what somebody has done, you would forcefully bring in that energy.

You know, you have that right, so let's not do that. Let's focus on that question: okay, things have shifted; things are different; my coordinates are new now. What would I love to experience? If somebody owes you money, it's fine. Allow it to come from a different source. You don't have to have it back from the same source, you know. It doesn't matter. Let that go, because holding on to that... A particular person owing you \$50 or \$500 or \$50,000, you know, that is stopping you from redesigning your reality. Let that go. When you detach from it... You may get it from a different source or maybe you'll get it from the same source in a different way. Nobody knows. Possibilities are endless. But do not go back and forcefully connect with the old realities. Always start to focus on that question: what would I love to experience now?

Darius: I am in shock because there's so many people that are writing in and so many incredible stories. People had a taste of this. You did some work with a smaller group. One person, Blaze, I believe might have been one of those people. She wrote in from Germany and said: 'From the preview version that Mashhur released, I used these tools... are very powerful and practical, acting with even more immediacy - meaning faster - than the original tools he created about a year ago, with just as much depth if not more so. When using these tools I can visualize, without consciously intending to, the multidimensional geometry and the processes as they work on my world, inner faith, universe plug-in and my current timeline.'

So incredibly powerful. Mashhur, let's do this. A lot of people I know are going to want to go deeper into many of these tools and I know you've created something very special for us. I want to maybe get some time if we can to talk about what is here; what's in the newest tools and how they can help people. Is that okay?

Mashhur: Absolutely. See, the products... you know, what she was talking about. Recently I completed this and I released a preview version to a very small group. It's a little over 100 people. And people who have done classes with me they are familiar with these tools and programs from your shows and everything I'm doing. And I was curious to know their feedback, because it's very important to me, especially when they are sensitive. They can see more, feel more. They know what's happening, so they can help others to.

And with the preview version, which was incomplete - you know, we're still not done with the final coding of everything - but they felt tremendous shifts. I literally had last night about more than 100 testimonials. And this morning I was so busy. I was pulling out some. I understand there isn't really any on the site now, because I couldn't go through it quickly enough to get everything sent to your team. So most likely within a day or so a lot of new testimonials will be added. But literally people have felt shifts that I did not even think about that would happen. So it's a very powerful set of processing that is in these tools. So, yes, let's talk about them.

Darius: Okay. I've got a few that the team sent in to me and I'd love to read them because I want to really expand this morphic field of possibility.

One person said: 'There's definitely been a quantum shift. Because of the limitations of words I can not adequately describe the incredible changes in my life since using the tools. Initially I was trying to attract monetary abundance due to no job, etc., which have yet to be realized, but I am receiving abundance in so many other ways. It is all connected.'

Another person - Mary - says: 'Everything seems to flow better when I use these tools. I feel completely supported in all I do. I'm looking forward to playing and anchoring into my new paradigm. You've helped me to look at my life in a new and profound way. Just unplug from the morphic fields that are not helpful to me and plug into the ones I want to emulate. It's been amazing.'

It has been, and I want to help those who want to go deeper. We have put together with Mashhur something special for the You Wealth audience. So I'm going to tell people where they can go if they want to follow along. And actually what's going to be cool is as we go through some of this we're going to be learning more and actually getting even more detail on how these fields work.

So the information... If you want to follow along with us, this is going to be a very cool explanation. It's at youwealthrevolution/mashhurnew. And let's talk, Mashhur, about accessing infinity, which is one of the first pieces here. You mention here redesigning your day. How do we access infinity and why is this important?

Mashhur: So this is a meditation. I ask people to start their day with this. So it takes people into that heart space. It does some work with the sun, the stars, the earth energies, and basically what it does... You know, it's very short. It's a 12-minute recording and it has a basic and an advanced version. Every single one of these tools... You know, I was very tempted to create two packages. It's so powerful. But then I thought: let's just put everything in one package because the next few months are really, really important, so people can experience both packages in one package.

And this *Access Infinity* really helps people to connect with their heart vibration, really go deep into their heart vibration. And from there I ask people the question: what would you love to experience? And from there people are going to start to radiate out to their universe, to their reality, to their environment and really start to create their day with the help of a creation matrix and guided visualization and processing as opposed to waking up and going through their everyday task and maybe becoming frustrated with a lot of things. It really gets people out of that energy and take ownership of creating their own life, because they can redesign reality. It's a very short and a very powerful process and I would recommend people to go through this every day. Start your day with *Access Infinity* and just every day...

When people do that for a month, I would be... If somebody says: 'I do not experience any shift,' I would be very surprised. I do not believe that it's possible. So it is that powerful. It really helps people to get into their heart space and expand and explore and create a vibration and send it out into their reality, their universe, their environment that this is what I would love to experience. Not what I want to create - that means it doesn't exist - but I'm looking at experiences. What would you love to experience? It already exists. Now let's tap into these gigantic networks and connect with the grids that hold that experience and let's bring that in our reality.

Darius: The program is called *The Holographic Universe: Redesign Your Reality and Construct a New Life Pattern*.

And the second item here, Mashhur is *Feng Shui Your Life*. And one person had written in that they use your program and that they were living in a very polluted area with electrosmog and low radio frequencies, which were draining their energies. This was Joot Frankinson in Australia. And now they said, 'I can feel the very purifying, balancing and relaxing effect of this program harmonizing my energies.'

A lot of people are living maybe around others in neighborhoods, in spaces where there's a lot of energy that they don't want. How can Item Two of this package, *Feng Shui Your Life*, help them?

Mashhur: You see, these packages developed in a way that people can follow the sequence and step-by-step redesign their life completely in the next three months. And I would ask people to spend the next three months, really go deep into this package through the 12 different programs, the basics and advanced. For Feng Shui, most people think about Feng Shui their environment, their home, their office so that they can bring in more abundance, but here's the thing: We have an energy field and our energy field needs to be Feng Shui-ed in the same way.

There is a lot of clutter in our energy fields. Those clutters are coming from our thoughts, feelings, emotions and all the loose ends, unfinished business, unresolved items, broken promises, breakups. You know, there are all there. These are like a broken electric socket - you know, an accident waiting to happen. Well, let it wait. Let's seal that. So Feng Shui your life.

You know, this program actually helps people to Feng Shui their physical, emotional, mental and spiritual bodies to harmonize the flow of energy and to harmonize the elements - earth, fire, water and air - the four primary elements that most of the

ancient teachings talk about. So people are Feng Shui-ing their environment by harmonizing these elements and harmonizing their emotional, mental and spiritual fields. Also the process helps them to deep cleanse their two major chakras.

It's a very powerful way to Feng Shui your energy field. And for the advanced edition, which has encoded music in the background, people can also play that. And it doesn't have to be loud, but just play that in the background and it helps to harmonize their home or office or business environment. It sends out and radiates out that energy to create environmental harmony.

Darius: I love that and I love that because they can use that as they go about their day. It can help their family. It can be around their pets and around the people they care about. I guess even if the person doesn't know... I mean, can it have an effect on someone living in your house that's not aware that this is playing?

Mashhur: Oh, absolutely.

Darius: Wow. Wow.

Mashhur: The music in the background... See, the basic version, basic editions do not have any music. It's just guided processes. The advanced versions are the same processes with music and a lot of additional layers of encoding in the music, a lot of additional holograms, and these coordinates changing effects have been applied. So these advanced editions are much stronger. So what I recommend people is to go through the basics and then move onto the advanced so then they can build up their foundation and resonance with a high vibration of abundance.

Darius: This is so incredible, Mashhur. I want to first thank you, because one thing that we've not mentioned here is this is like two programs in one. There's a basic version and then there's an advanced version, so people are going to get both. You're going to get both. And as you unlock one level and see changes when you move to the advance level - which you're going to get as well - you're going to see even more transformation as you do that. So I think that is amazing, Mashhur. Thank you.

And I want to mention the third piece here and talk to you about it: *Completing Your Past*. One piece here that I want to ask you about particularly will be *Electrically Healing Broken Promises and Commitments*. Why does our path, energetically or electrically, create challenges in our current reality matrix?

Mashhur: Well, we need to energetically heal these broken promises, because you know, think about every single one of the incompletes... And in the PDF guide I actually ask people to make a list of these so that they could go through this. There's a worksheet there.

So when people make a list of all the things that happen in their life, you know, these are like loose ends. We need to harmonize these. We need to tie them. And if people are walking around with a lot of relationship issues from the past, every time they meet somebody new those neurons fire. All the things from the past show up. They blink, they radiate it out, and the other person feels that. And a lot of times we do not get the results that we desire because we are constantly sending out information about incomplete business.

It's almost like somebody sends you a résumé with a lot of incomplete projects, a lot of website links that take you to 'page not found'. You know, would you consider that person? Probably not. You would like to see somebody who has a complete profile of everything.

So we need to harmonize and heal past relationships, old commitments, things around abundance and success and health that has created disharmony, but now we can energetically heal them, bring in the solutions, integrate them and then move into a new grid that holds that energy of wholeness so we do not send out incomplete vibrations from us. We do not send out resistance. We send out harmony. We send out healing energy. We send out abundance energy.

So that's why it's important to actually harmonize all of these loose ends and clean them up and really focus on creation.

Darius: I love that. One person's asking how long some of these different programs take for them to see shifts and results. I'd love to get any answer to that. I know that probably depends on the person and the level they're at, but what would be your take on that?

Mashhur: The test group that are familiar with a lot of my tools and programs, they have sent me testimonials within 48 hours, the majority of them, with a lot of information.

So here's one thing. When we are looking at results, we need to disconnect from what is supposed to happen so that more harmonious things can show up. What is the path of maximum harmony? I may think that taking a car to a particular place would be the most efficient way to go there, but there may be other options that are more harmonious. There may be a traffic jam there and by taking public transportation I could avoid that. There's so many options we don't know.

So instead of thinking about what is supposed to happen, let's disconnect from that and look at what would you love to experience? So whether it shows up in a day or a week or a month it doesn't matter. It depends on our energy field. You know, how much do we need to detach from old patterns and what are we holding on to. That's why the Feng Shui process is important – you know, releasing old density is important. But when we stop connecting with old patterns, about things that are not beneficial, and focus on the creation energy, we actually help to expedite the process.

Darius: Fantastic.

Mashhur: So what I'm asking people is to take the three months, the next three months, to really redesign reality. You know, it's like going through a deep cleansing program of healthy eating. If you're on a scale every day asking: did I donate extra energy stored as weight? Did I relieve the extra weight? then you would create more disharmony. You know, you can measure it once in while. Maybe after a couple of weeks you measure and see where you are, what type of adjustment you need to make.

So take it like that. Spend the next three months. Really go deep into each one of them, the basics and the advanced ones, and redesign your life, redesign your

reality, because all options are available.

Darius: Wow. Fantastic. The deeper work is at youwealthrevolution/mashhurnew. And this is a whole new program for basic and advanced. So no matter what level you're at you can begin using this.

There's some other pieces here that are about reprogramming your neural network for abundance, and you have one for abundance and a few others – one for love and one for your abundance threshold. Let's talk about each of them. What is the neural network for abundance that most people have and how can we change it using this program?

Mashhur: I applied a partial from this program during the exploration we have done earlier. In this particular program now we look at abundance and I ask people to repeat the words 'money', 'finance', 'success', 'wealth' and 'abundance'. And every time they repeat I start to apply different processes and what I do is I isolate disharmony and I isolate the neurons that are firing. It's almost like going through a metal detector at an airport. If you have metals, the detector will make it sound and somebody's going to come and ask you to remove that.

So what people are doing is as they're going through this recording, the isolation of those thoughts and feelings that are creating disharmony around these words are happening, and as they're isolated I apply sacred geometry, different vibrations, the Rings of Harmony, the Vision Board and many other tools that people are familiar with. I apply all of them in the background to rewrite those patterns and create a stronger resonance to abundance.

I look at the neurons that are firing for each one of these words and the ones that are not beneficial get isolated and gradually they're sent more energy of love, healing, joy, abundance, and they stop firing. And then I also ask people to start to just talk about what they would love to experience in abundance. And as they talk about their desires, their goals and visions, I start to map them with those new possibilities. So new neurons, a new set of neurons can fire. So every time they say 'money' they will connect with all these new possibilities. Every time they say 'abundance' they will connect with all these new possibilities that they would love to experience. So it's a process to redesign your neural network around these words and gradually ask people to get used to this. They can also start to add other words.

Darius: I want to share what Rose from Oregon said and I want people to know that sometimes transformation can be very quick. Rose wrote in. She said: 'What a powerful process. I transformed my life in one day. I usually hide in my room, meditating and making up excuses why I need time to meditate and hide from the fact that I am spending time meditating. However, I took the bull by the horns and I told my husband I'm meditating all day. I literally melted and literally became the sun and saw all the planets around me. From there in my heart space we can redesign more easily and I would never start my day without this now. Depending on what you decide to put into this is what you can get out of it.'

One question we're getting, Mashhur, is from Jolene who's afraid that she could mess this up, that she's not sure she can apply it correctly. Is it easy to do? Are

these programs easy to begin working with?

Mashhur: These are only guided processing. There are a lot of complex processes that happen in the background, but these tools are very simple. People can listen to them and when they're asked questions, answer them. Based on that, the information in their neurons and in their environment, in their energy field gets isolated and some rotational effect takes place. So all we need to do is just listen. There is no work to do except for filling out that spreadsheet or the list, creating that list of items that they would love to experience and another list about incompletes.

So just make those lists and all people need to do is just listen, go through the guided processing every day, answer the question and allow the processing to happen in the background. And repetition. As people go through it over and over and over again, they make changes over and over and over again and it helps them to really move into a different grid that's completely new and help them to fire up neurons that are completely different and more connected with success.

There is no way you can mess things up. All you need to do is just listen, have the intention, figure out what you would love to experience, and just allow the programs to do everything.

Darius: Yeah. I love it. I want to talk about few more pieces that are in here. And if anyone's on the page youwealthrevolution/mashhurnew. You can refresh your page. Some of the incredible stories have been coming in and added.

One person said: 'While listening to *Complete Your Past*, I worked through three very traumatic chain of events: my mother's death, cheating in an exam and the consequences, and even my own suicide attempt. Although I've done much work on these they were still incomplete. During the process, I was aware of the type and location of these residual emotions and physical sensations and I was amazed at how these were actually transmuted. Partially this was from releasing shame, guilt and betrayal, but also from the wonderful earth and star energies. At the end of the process I felt forgiveness, love, harmony and peace and a definite sense of moving to completion.

So that's Sylvia from Johannesburg, South Africa. This is really what it's about, right, Mashhur? It's about moving away from that disharmony and that pain and moving into completion. Is that what the *Reprogramming Your Threshold* for love is about or is it about romantic relationships as well?

Mashhur: It's both. It's about all relationships. You know, when you're reprogramming your neural network it could be family relationships, it could be love and romantic relationships, it could be relationships with your colleagues or things that happen in a business or in your childhood. It doesn't really matter.

What we are doing is anything that is not serving us anymore we're isolating those events, we're isolating those neurons, and we are redesigning them based on what we would love to experience now. So we are recreating new possibilities. We are changing our path. We are shifting to a new grid and we are embodying new experiences. So when we are doing that it doesn't even matter what type of

experiences people have in the past. People can learn to shift anything and everything quickly.

Darius: I want to thank you. I mean, this is all new. This is fresh and clean and easier than ever, more powerful than ever. And even if you've taken one of Mashhur's programs, there's an advanced section. If you're brand new and you maybe don't even understand what this is but it sounds so fascinating - you're hearing some of the stories and you're hearing people all over the world reporting back these credible results – it's also for the person just starting out.

I want to read this one that was just posted. 'All I can say is wow. Just when I thought things couldn't get any better, I had the privilege to use the *Redesign Your Reality* package and was astounded at what happened next. After more than 15 years of interrupted, restless sleep, I immediately noticed my sleep pattern change to one of deep rest and the most pleasant dreams.' – Rosemary in Quebec, Canada.

Tell me about Item Eight: two hours of group coaching, Mashhur. Why did you do that and what is that going to be for? Two hours live with a group. Why would you do something like that? What's the benefit?

Mashhur: Well, I like to make sure people can access my information and have more access to me, so the live coaching... first of all it helps people to go through additional processing and then they can ask questions. Things that are showing up in their life, they can ask questions and they can go even deeper about how to do other things that we may not have discussed.

So the live coaching certainly helps people to go deeper. It answers their questions and really helps them to get in touch with me more and figure out what's happening. They can have all kinds of questions around the packages and how to use these sometimes with their groups. A lot of people that are coming to me are healers, authors, teachers, they're musicians, and they want to know how they can bring in the information and add them to their products and services and help others.

It's a fun way to go deeper and figure out how to actually benefit from this more. And people can attend live. If they're not able to attend live because of where they are, they can listen to the replay and download the replay.

Darius: I love it. We had Sue write in and she said... She's from Torrance, California. She said: 'I woke up with a sore throat and Emergency.' - you know the powder stuff that you put in the drink. She said: 'It just wasn't helping. And after the process I noticed it was very much diminished and I had not been focusing on my throat. Thank you, Mashhur.'

I always say this about energy and this transformation work: it goes where it needs to go. So if you're not sure or maybe you've given up on a better life or better possibilities because it's been so long since maybe you really felt like you were flowing and alive and abundant and you can't even remember what it was like, just be present. Maybe try this. Maybe keep listening, you know. Definitely keep listening but be *here* and with your heart feel into what makes sense to you and let the energy that's right for you call to you and sing to you and go deeper through it, and

allow it to change and transform your life.

I mean, that what this whole network... and that's what we're doing. That's what it's all about. So I love it.

We just got a *huge* testimonial. A person that just wrote in about some of the incredible transformations. There's so many, it's really hard for me to even read. It's at youwealthrevolution/mashhurnew.

If anyone is having trouble or they still can't understand what I'm saying, we also set up another page because so many people have been going to it and asking for it. It's youwealthrevolution/mashhur2013. Mashhur2013 is also working now. A lot of people going there.

One last piece, Mashhur, I wanted to talk about was abundance, one of the things that so many people here are wanting to transform. Tell me about this *Abundance Threshold*. I think it's almost... Is it like a setpoint? Is it like our limit? Is it like our perceived feeling of abundance? What is the threshold and how do we get beyond that?

Mashhur: Yes, it's all of that. See, here's what happens. If somebody's abundance threshold is between, let's say, \$80,000 and \$100,000 and that person has a good year and makes \$140,000. Guess what happens? Their neurons go into a panic. Their subconscious going to panic – oh my goodness, I'm way above and beyond my limit.

Now that person starts to project issues and attract all kinds of scenarios - car breaks down, home needs repairing, somebody in the family needs help, needs money, somebody sick needs money. A lot of those things happen. Or old issues, old lawsuits and all kind of things come back and that drains people's energy. They end up wasting the extra income that they had, and they go back to their old comfort zone between \$80,000 and \$100,000.

So whenever we want to do more with abundance and we want to expand, one thing that needs to happen is the changing of abundance threshold. We need to know where we are. You know, look at the last three years. Look at your average income. Look at your average savings and let's change that. Unless we raise the threshold, it doesn't matter how much more money we make, we will end up spending most of it. So we can double our income, we will double our spending. And we hear that all the time.

That is something that needs to change and that happens by resetting our abundance threshold. Continuously we can start to shift and change the threshold and the more we change the threshold we can hold more income, we can have more income, we can hold more savings energy, and then our abundant vibration goes up.

Darius: So this is also in there for people asking. Yes, Marie, the *Abundance Threshold* is in there as well. There's a basic version and an advanced version. That is also included. It's at youwealthrevolution/mashhur2013 - M-A-S-H-H-U-R-2013.

I want to see if there's any other questions. Let's see. We've got some other things

coming in. One person is asking about health issues and I think this is a relevant question. I'll say first that we never know what's going to happen with energy. It can go in, it can help health issues. So you should continue with your medical treatments prescribed by your doctor and use all different types of treatment to create healing in your life.

But Mashhur, anything that you've seen with health challenges and issues and how this energy work has affected it?

Mashhur: Well, it is the same with threshold also. Let's raise the threshold for perfect health – you know, what does that mean to you? What type of family connections do you have? What type of ancestral connections you have with health? A lot of times these days we put down medicine. Medicine is here to help. It's just that overusing it is not helpful. So we need to look at a healthy lifestyle.

A lot of times issues show up because our lifestyle is not healthy. So we can do all of those things, but energetically we can also help all the processes so that we create more harmony when it comes to health. And again, when we reprogram our neural network... You know, this is primarily about abundance, as most people are asking about that, but you can start to use this also for health.

Think about possibilities. What would you love to experience? And that's why that very first meditation, *Access Infinity*, is very powerful. It includes everything. So what would you love to experience? You would love to experience perfect health. What does that mean to you? Think about that. So anything we can do to harmonize the flow of energy through us is always beneficial.

Darius: I love it. It is at youwealthrevolution/mashhur2013 - M-A-S-H-H-U-R2013. It is 94% off if you're interested, and it is a total value of \$2,283. It is \$127. They get this immediately, right, Mashhur? It's immediately available, immediately downloadable for them?

Mashhur: Yes. They're all mp3s and there's a PDF guide so people have access to it immediately. Just save it on their computer, start with the basic... You know, go through the PDF first, start with the basic, and just follow the steps, and really focus on these programs for the next three months. It's important, as I was talking about this. We are setting up the Foundation for Awakening over the next few months and the more we integrate our energy information and the more we change our thoughts, feelings and emotions around certain things, the easier it gets for us to redesign our reality.

So let's set up the Foundation. For the rest of this year let's really go deep into this. You know, think about a job. How do you take a job? If you don't show up you're not going to have the job. So if you use something once in a while, then you're not really utilizing them. So really take this like your job, but don't get frustrated at curiosity. You know, what would you love to experience? Know that all options are available. They're all possible. All realities are here.

So what would you love to experience? And take the next three months to really redesign your reality. Don't think it's a three-day process. You're talking about

rewriting your belief system, reprogramming your entire neural network. Take at least the next three months to really go into this and make this a part of your life so that you can actually experience that and you can redesign your reality.

Darius: Yes, I love that. It's time. What would you like to create? What would you like to see happen in your life? These are some incredible tools that we've just seen so many people utilize for a better life. It's at youwealthrevolution/mashhur2013.

Mashhur, wonderful session, incredible energy moved and transformed. One person, Stacey, said: 'Darius, thank you for the wonderful work. Thank you, Mashhur, for sharing your gifts. I am encouraged and I can keep moving forward.'

Paula from Los Altos - Hi, Paula again – says: 'You guys, get the package. You won't regret it. Your life will be changed forever in just the way you want it to be. I love this package.' So that is wonderful.

You know, I always say: do whatever feels right to you. That's just the way that we want to live our life. Whatever resonates. And if not, you have to feel what this energy can do. You have to reprogram the coordinates of certain memories - which I just love that - and be really present to some of the new energies that are coming forward.

And I think, Mashhur, next time we have you back I think I want to talk about kind of what you're predicting in the next couple of months and in the next year. I think there's some interesting things we didn't even get into.

Mashhur: Yeah, it's always interesting to see the flow of energy and what shows up. You know, a lot of people ask: how do you do that? And I tell people I come from the technology industry. I had a very analytical way of doing things - I still do – but as a child I was very connected, and I got disconnected, and then I redeveloped all of these abilities. You know, I did not see chakras five years ago. I did not believe in chakras seven or eight years ago. I thought it was just a myth.

We expand and grow. As we align with higher energy information, our perception changes. We start to see new information. It's just a matter of opening up without resisting. And as we start to operate from neutrality and nonjudgment and we are curious, all things open up. Life is magical and it is miraculous and we want to start to live like that instead of thinking about lack and limitations. So let's redesign our reality to reflect what we would love to experience.

Darius: I love it. I love it. Thank you, Mashhur, for being here and sharing and upgrading everything with this incredible new work for both beginners and advanced people. Thank you, Mashhur.

Mashhur: You're welcome. It's always great to be here. It's always fun for me to work with people and see how others are redesigning their lives.

Darius: Yeah, I love it.