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Interview with Derek Rydall



Derek Rydall

Spiritual Teacher, Creator
of The Law of Emergence
& Emergineering process.

The 'Soul Purpose' Activation Experience Q&A

Darius: Hello and welcome everyone. This is Darius Barazandeh and yes, this is a live call on Friday. I just want to let people know that it is live and you are listening in.

And I am truly drawn to do this call because, Number One, our team's been flooded with questions from a lot of different people about their soul purpose, about activating that, about things that can help their lives work better; people going just through challenges and difficulties and saying: 'Darius, I don't know what I'm going to do. It seems like this challenges are coming up. I want some support. I want to be able to ask questions.' You know, just raw, just nothing held back.

And this is what I wanted to do with Derek, where literally there will be nothing ever held back. And the energy processes that we do, the way that Derek's going to work with people as well, nothing will be held back, nothing is going to be too powerful for this call.

So we're just going to let it rip energetically in a loving divine way and see where this takes this and what it does with the audience. So you guys are here - and girls - to be a part of this and really be part of something special.

We're going to be talking about this truth about soul purpose activation. Why do you want to activate your soul purpose? What does it mean? What does it do for your life? What does it do for your life and maybe the challenges that you're facing in different areas of your life? How can it make your life better, your health better, your finances better and just your life satisfaction better?

And I'm going to say this: one of the things Derek came to me with was this idea of a new energetic awakening, a soul purpose awakening concentrated transformational group setting. And when he came to me with that idea I thought: well, you know what? That's really powerful, because everybody has this divine purpose, this divine truth. I mean, we've been talking about this since You Wealth was born. And if we could concentrate that for a short period of time – 21 days – really giving people that power, really giving people that ability to step into it fearlessly, then miracles would happen.

I'm here today doing what I'm doing because I found that, thankfully, years ago and it changed my life. And so I want that for all for all of you. At the same time we've had a lot of people writing you with some very interesting energetic things happening. So I want to share that to let you know these things can come to fruition quick.

And we have Derek Rydall here, who is just an incredible gift, and he's going to be helping us in taking questions as well. And Derek, as many of you know, is somebody who not has the ability to teach us transformation, to heal energy, to move energy, to recognize energy, but also someone who has lived transformation in many different ways.

I mean, the thing about Derek that I love is he's not just the guy that is teaching spiritual principles and has made money off of that and he's successful because he was successful as a spiritual teacher. He's taught abundance principles. He's helped people in all different areas of life be more abundant and understand how to create,

how to do, how to tap into their genius, how to awaken their soul purpose, their gift, how to emerge into what they truly always have been inside.

It's much more than one level of teaching, but a truth about each of us that's as diverse as the sand and the sea, as varied as the waves of the ocean, as infinite and as deep and as bountiful as space itself. That's what we are and I love Derek because he goes deep into all of these areas so you can be more of who you are.

And it wasn't always like that for him. He had a life-changing brush with death. He even tried to become a monk. He's the type of person, I know, that's so focused in on finding the truth and answers. He even cloistered himself in his apartment without television or news and meditated for several years.

Out of that he became a licensed integrative therapist, a bestselling author and adopt a monk - and that's another story. Maybe finally we're going to ask him what that was about. But he became the Number One expert on the law of emergence and he's trained people from all walks of life, people in the spiritual space, people in the business space, people in the communications space, and many others to create a more enlightened life and more enlightened way of being.

He's regularly written for the *Huffington Post*, for *AOL*, and he's been one of the most popular teachers at the You Wealth Revolution. He has healed people of energetic blocks that we've seen just from the calls that we do here. Just like today. We had a lady write in, I believe it was maybe six or eight months ago, that literally was homeless and living on multiple medications and had multiple blocks and fears in relationship traumas. And she wrote in. She said: 'Just after that call with Derek, that free call, it all changed. Now I have a home, I have a relationship, I'm no longer taking 95% of the medications and I'm finally me.'

So I know this is possible and I know for a lot of you it can open up instantaneously. And that's what we want to do. That's our goal here today. And if you like what's going on today, then we want to give you more and more of that, because that's what we are. We're big givers.

So, Derek, welcome back to the You Wealth Revolution and thank you for agreeing to do this special Friday call with us live and no holds barred, my friend.

Derek: Thank you, Darius. It's just such an honor and a pleasure to be here and to be playing in this energetic field of infinite possibilities, because there really is infinite... The universe has infinite organizing power and it's not just our life can fulfill itself just through this one or two or three ways, but literally when we get tapped into this soul purpose and would become aligned with it and available to it, the universe... It doesn't matter where we've come from, where we're at, what the world says we can or we can't do. The universe has infinite organizing power. It will find a way to bring your gift to your doorstep and bring you as the gift to the world when you get tapped into this soul purpose and you say yes to your yes like never before.

And that's really my mission, is to awaken people to their true identity and to inspire them to fulfill this destiny so that together we can create this world that works for the highest good of everyone.

So it's my joy to be here and play in that and celebrate that, that that's truth of us, and actually activate that right and right now in this field with everyone.

Darius: Yeah. I love that. And what I've noticed is when people say yes to this and they say yes to their soul purpose, stuff starts happening. We got an email from somebody that said: 'I must share. This the first time that I can actually see energy. I am in awe still but it's true. Thank you, Derek. I wanted to see energy so badly and then I let go of it and I just let it flow. Thank you.'

And what I want everyone to get today is that just from this time together amazing miracles can happen if you believe they will come forward. If you believe it's true, the doorways will open up.

Derek, let's talk about this struggle with soul purpose. First, why? Why do we want to open up to this and allow it to come in, this soul purpose of ours?

Derek: Yes. It's really a good question because a lot of times we've come to believe that our soul purpose is like what job are we going to do. You know, what's going to be my job. And it's much, much more than that. Your soul purpose includes your job, it includes your relationships. It is the masterpiece that is your life, that unique divine design that your life is meant to bring forth.

And one of the reasons that... And understand that your soul purpose is not something you make up. It's something that you are made of. It's like the true purpose of the acorn is the oak tree. Well, the acorn.... You know, it's not maybe going become an oak tree or maybe it's going to be an apple tree. The oak is what it's made of. That's its nature. That's its essence. And so what we're talking about is much more than just your job or the particular work that you're going to do in the world, though that's a big part of it. Your soul purpose blueprint is that what I call your vibrational home address. It's where all of your riches really live.

So why it's so important is that what I've seen over the last two decades is that so many of the problems that people are struggling with, whether it's health, wealth, relationship, emotions, etc... and then they're trying to solve those problems in all those tangential life structures and using all this different techniques. And what I've found is that most of the time it's not able to be solved completely or at all or for permanently or sustained unless or until they get reconnected to this divine essence, this soul purpose. And then in fact what I've discovered is that when they get connected to that soul purpose, many of those problems they've been struggling to solve actually are dissolved.

And I didn't they're solved. They dissolve. Because you cannot solve a problem. A problem is an emblem or a symbol of a state of consciousness, of frequency, and that problem lives there forever. You can never get rid of it at that frequency. Just like ice lives at 32 degrees Fahrenheit. You can't get rid of ice as long as you live at 32 degrees Fahrenheit. It will always be there.

Darius: Right.

Derek: And you can pour a bunch of hot water on it, but once that hot water melts the ice, eventually all that water's going to freeze and you're going to have even more ice.

Darius: Yeah.

Derek: But when you rise above 32 degrees, what happen to the ice? It melts. It dissolves.

So problems aren't solved, they dissolve as you evolve, as you rise up in the higher frequencies. Well, what is the fastest, most permanent way to rise up in that higher frequency? Getting reconnected to your soul purpose, to that vibrational home address. It automatically lifts you and you watch as many of the things you've been struggling with dissolve, because they were symptoms of you living separate and apart from who you really are. And then all that energy – this is the other thing – all the energy that you've been using to manage and solve your problems, you get all that energy back now.

So people that are feeling exhausted, overwhelmed, burned out, frustrated, angry, sad, depressed, these are all symptoms of overwhelm because all this energy that supposed to be and fuelling our vision and fulfilling and building our true purpose is being syphoned off by trying to solve problems.

That's not how were designed to live. We're not designed to be problem-solvers. We're designed to be vision-holders. That's why Einstein said you can't solve a problem with the level of thinking that created it. And one of my mentors says you're pushed by pain or pulled by vision.

So my work is to help people get so tapped in again to that soul purpose, that vibrational home address, that they get pulled by that vision. It lifts you and all that energy now gets put into service of creating, healing, renewing and building the life you were really meant to create to build.

And there's one last thing I want to say about that. This vibrational home address thing is a really important insight and distinction. See, what's happening is every time you're praying, affirming, intending, desiring something more in your life, that prayer, that intention, is actually activated instantly and the universe is delivering that answer to you, but the problem is that it's delivering it to your vibrational home address, to where you really live, to where your true self lives, where that soul purpose lives. And most of us are not living there. We're not living at that vibrational home address. We're living on somebody's vibrational couch, you know.

Darius: Yeah.

Derek: Or we're living on a vibrational street, so to speak, wandering and lost. And you can imagine all that answered prayer is actually... those packages are piling up at your vibrational home – you know, that front door of your vibrational home address. And we finally get back in touch with this soul purpose, we get connected to that energetic, all of that work we've done actually starts flooding our being and showing up on our life, and that's why we hear about it... I'm even now hearing in my group rapid accelerated breakthroughs and healings like that, because all of that work suddenly now they get access to it because they're back home again.

Darius: Wow. Okay. Here's the big question. The world seems to be changing. A lot of people are seeing a lot of things move, a lot of things in transition. What does the soul purpose have to do with the changing world, the changing universe, and what it

can unlock for people that are in the midst of that change?

Derek: Yes. Well, you know, we're seeing it all around us now. What's happening is that when you're not aligned with the truth of your being, that true nature, that vibrational home address... if you're not aligned with that, that energy is still being activated by desire, intention and all that and it begins to build up a pressure and it's trying to express through you but you're not congruent with it. It starts to cause a breakdown and crises and the structures start to get broken down. That's why we experience, like I said, all these other problems and symptoms.

And right now on the planet there's a massive phase shift happening where the larger destiny and purpose of the planet has been activated, and you're seeing the breakdowns in all our systems on the planet and partially that breakdown is... that crisis is an evolutionary trigger. It's calling us to get back in touch and back aligned with this higher frequency. And where people are not able or willing to say yes to that deeper yes yet, that's where you're seeing all these structures starting to breakdown and in our own personal lives as the microcosm of that we're seeing that increasing sense of urgency, that increasing sense of pressure, that increasing sense of frustration, and all of that is a sign that there's something very powerful trying to emerge.

Those crises are an indication that we're living in a world too small and that there's a larger world trying to emerge individually and collectively and it's like the gospel of Thomas says: if you bring forth what is within you, what you bring forth will save you, but if you do not bring forth what is within you, what you do not bring forth will destroy you.

That energy has got to go somewhere, and if you don't align with it, it's going to create a breakdown, like I said. So more than ever now because of this increased pressure, more than ever now is the time that we must get back in touch with and fully align with this soul purpose, blueprint, this divine design, this vibrational home address, whatever name you want to call it, and become aligned with it and a channel for it. And then not only will we start to heal our life but all that energy sweeping the planet that is evolving to the next level, will be listed by that.

You know, a rising tide lifts all boats. There's an arising energetic tide, and as we say yes to that emerging impulse within us and have the tools and the practice to get aligned with it and to stay on track with it, we're going to be lifted.

It's kind of driving it behind a semi and you get pulled by that updraft or that backdraft. The same thing happens. An energetic updraft is going on right now, and as we get congruent it we get lifted.

That's why, you know... In my group right now – and I just did a call the other day – people were having instantaneous healings. You know, intense heat, intense tears, intense laughter, breakthroughs like very, very rapidly. That's what's available to all of us right now as we get back aligned with this energy.

Darius: Well, I want to ask about. I mean, the instantaneous part. I mean, for some people that seems like incredible or just something so beyond the realm. But at another

level I think it makes sense that once we really connect to this energy that we've talked about so many times, that things can happen miraculously and quickly. I mean, what's your take on that? Why do things end up slowing down versus being instant? And then how do we keep them in the instant phase? How do we keep it happening as quickly as possible?

Derek: Yes. You know, it's just depends on where you are. The more there's an urgency of emergence, the more you're ripe for a rapid breakthrough and the more you're saying yes. You know, it's kind of like imagine all the times you prayed and affirmed and activated that energy. It's like putting the foot on the gas. And then all of the areas where you are unconsciously out of alignment with your true soul purpose, that true essence of your being, not through any fault at your own, but because of the hypnotic spells of the world and other unconscious what I call 'vision blinders', they block you. Now you're putting the other foot on the brake.

So you've this foot you just keep putting on the gas, on the gas, on the gas, but meanwhile the other foot is going even harder and harder on the brake. And so now the tires are burning, the rubber's burning, the engine is grinding. That's where you feel that struggle, that stuckness, that overwhelm. But the minute this energetic work happens or we remove those vision blinders and you're able to get back aligned with your soul purpose with that true energy, it's like taking your foot off the brake.

Darius: Yeah.

Derek: And all that energy that's been building up now it's like – bam! – it just gets to emerge. And what a miracle. All a miracle really is is an instantaneous demonstration of what has always been true about you. It's always been there. It's like your favorite music is playing right now, right where you are, but you can't hear unless you tune a radio to that station. The minute you tune in to that station you have the music. And you didn't make that music happen; you made it welcome. And it wasn't in your future and it wasn't in the distance; it was right where you are.

Well, your destiny, your abundance, your health, your wealth, your joy, that fulfillment of your true purpose of destiny, is all being broadcast right where you are, and when we do this work to get back aligned with it, it's instantly there. It's already being broadcast. It's already happening. We just have to get tuned back into it.

Darius: Wow. And, you know, what I get a sense was was that the more it's been held back, the more you've been waiting for that change, that transformation or that miracle, the faster possibly it could happen and the more powerful, because of that built-up energy.

Derek: That's right. And one thing I want to say, because, you know, where the ego's going to go with this is: Oh, why isn't my healing happening as fast as other people? And the ego will use that as a way to actually create even more a blockage. And understand that everybody is unfolding in their own unique and perfect way and that sometimes the roots have to dig deeper because understand the deeper you're roots go the higher you're shoots can grow, and the deeper the roots the richer the fruits.

So some people are a pine tree, some people are an oak tree, some people are an apple tree, some people are a beautiful rosebush. Well, those all have different root systems. So based on your unique soul purpose... And that's why it's so important to understand what it is and what's unfolding so that you don't create judgment and blame and shame on yourself based on not understanding what's really emerging.

Each individual has a unique design, and based on that design, and in fact in most cases is where your struggle seems to be harder and deeper, it's because you're actually here and you're meant to bring forth even richer, more powerful gifts and fruits in the world.

Darius: Yes.

Derek: And when you understand that you start to feel a sense of greater purpose and deeper meaning, and those challenges actually become very sacred rites of passage.

So I want everybody to not look at the other person and how fast their thing is happening and understand that yours is unfolding in a perfect way, and the things we're talking about today and the work that I do in the total life emergence soul purpose activation process that that is designed to help you get in touch with your unique purpose, your unique path and practice, and energetically for that unfoldment and that healing to happen in its perfect right time.

Darius: Well, I want to do this: we've got a bunch of people with their hands raised. I wanted to lay the groundwork that if things have been slow for you, you've been holding back or you've even waiting, I'm really excited to tell you that it can happen just as quick, as miraculous as you can imagine as well. In fact, that actually, as you said, Derek, built up the energy.

So just know that and be in this space of expectancy for what's going to unfold on this call, because I believe that's so important to know, to expect, to look for the transformation and it will come.

Derek, tell everybody what they can do to get on live with you and ask a question. You can hit *2 to raise your hand and that's how you can do it. We have a bunch of people already with their hands... I just feel like laughing. I'm just so happy today. Okay. So here's what were going to do.

Derek: Before you go, I want everybody just to take a deep breath also, because I'm activating this energy even more. So just take a deep breath and become aware of what's moving through you right now, what's been moving through you. Notice where energy is moving and just be aware of the energy and how it's been moving in your body, in your emotional body, and in your mental body. Just be aware of it, because as you become more aware of it as we're moving this energy and dissolving some of the lower frequencies and activating some of the higher ones, that expanded awareness is going to accelerate that for you. So I just wanted to give that little tip to people. So go ahead, Darius. What were you going to say?

Darius: Oh, let that happen and let that activation happen. Any comments or anything that people needs to know when they get on the call with you? Anything you want them

to be thinking about or asking you?

Derek: I would say just to get in touch with that. There's some area in you right now energetically that is already speaking to you that is if you could just get some movement in that area it would actually be an opening that will would allow for increased acceleration. So just be in touch with what that is for you and feel that in your heart and in your body. Not as much in your head, but that area that you really feel like if I could just get an answer to this question, if I could just get a little support energetically in this area, I just feel like something could break.

And it might be where you're feeling a great degree of pain or struggle or stuckness, but just let that be where you lead and where your question comes from, because that's where the juice is, that area of greatest fear or resistance. The fear or resistance is a clue of what's trying to emerge of the next phase of your life. And maybe if we have time, we'll talk about really what are the seven paths to your purpose. And these are clues that show you what is actually the larger life trying to emerge in you. But in terms of asking questions now, that pain point is oftentimes the juiciest place for transformation.

Darius: Okay. Fantastic. Let's do this. I've got caller Juanita. She's in Buffalo, Wyoming. I love Buffalo. I've been there in Wyoming. Beautiful small town in the hills and mountains. Juanita, are you there? Do you have question for Derek?

Juanita: Yes I'm here. And, Darius, come back and visit.

Darius: I need to. I know. It's been so long.

Juanita: I know.

Darius: It was in the year 2000. I was there with my parents. I really liked it. Very nice. My question is...

Derek: Hi, Juanita.

Juanita: Hello, Derek. In 2008, I started having an energetic awakening and it's been going for... like I can feel the energy in my body like a river, like a ribbon. It's like the masculine/feminine part that pulls apart or something to that... I'm not quite sure. But I've literally had two big tantrums this week. It's like there's so much energy. I cry. I'm tearful. I'm just an emotional... I don't want to say wreck, but...

Derek: Let me ask you this, Juanita. Let me ask you a question here, what I'm just feeling right now. What is the problem with that? Like, what does that bring up to you that that's happening? What is your fear that's going to happen?

Juanita: I don't really fear it. I actually want it to happen faster. It's been totally taking over my life.

Derek: So what is it that you want to happen faster? If you could words to that, what is it that you want to happen faster?

Juanita: I guess I need this energy to complete its cleansing of me, I guess.

- Derek: And what is your fear if it doesn't happen faster? What are you concerned...? What is it bringing up? What is the emotion that it's bringing up to you that is not happening as fast as you think it should?
- Juanita: Well, I just don't feel like I can move on unless it... I physically can't do things. It affects me that much.
- Derek: Okay. Great. And what do you make that thing about you wanting, Juanita? In other words what's happening right now is there's an idea in your mind of what should or shouldn't be happening, what you should or shouldn't be doing, and that's what's creating this resistance and this stuckness.
- Juanita: Well, I'm trying not to judge it.
- Derek: Okay. Hold on.
- Juanita: Because I know judging it...
- Derek: Hold on. Hold on. Just stay with me, Juanita. I'm just lazering in on what I'm feeling right now. This is how I work really fast with hot-seat coaching.
- Juanita: Yeah.
- Derek: So I know you're trying not to judge it. Whenever we're trying not to judge it's because we are judging. Do you understand?
- Juanita: Yes.
- Derek: Okay. Was that like a laugh you just had right there?
- Juanita: Well, I know the word 'trying' means you're not doing it. You know what I mean?
- Derek: What it means is you are judging it and that's what I want to get to. So you are judging it. You do think it should be going differently.
- Juanita: Yes.
- Derek: And what's coming... And there's your little laugh. And that's called a shadow laugh, by the way. So there's a shadow under here is what I'm trying to get to for you. I can feel it energetically. We're right on top of it... is that what do you make it mean about you? Just be as raw and honest as you can. Like what's that judgment? I'm just too what? Or I'm going to be what? What's going to happen if it does... if you can't get...? Or what make you mean that you can't do the things you think you should? It's right there.
- Juanita: I guess I'm pulled in two different directions.
- Derek: Right. And what it that makes you mean about you that I'm just stuck; I'm a procrastinator; I'm not doing enough.
- Juanita: Yes. I've heard that from family members.
- Derek: There you go.

Juanita: I'm lazy; I'm a procrastinator; you don't contribute.

Derek: Yes. Okay. Just take a breath with me right here because I can feel it really strongly moving through me. That's your shadow, my dear. So you're a lazy, non-contributing procrastinator. That's the energetic wound. That's the energetic trauma that this new energy is trying to heal. And what's happening is you're trying to not be the lazy procrastinator. But the problem is that you are that energetically. You believe that about yourself.

Now, the good news is the lazy procrastinator is bringing incredible gifts for you when you embrace her and you integrate her. Because something happened when you were younger where you got the message that you were lazy and you weren't doing enough, and that really hurt and it created some shame. So you got busy beginning to become a person who wasn't like that. Does that makes sense?

Juanita: Yeah. And I burned myself out.

Derek: That's right. Just breathe with me. I can feel the emotion and the energy right there.

Juanita: Yes.

Derek: That's right. That's right, my dear. That's what happened, you see. So you had your foot on the gas to become the good girl, the hardworking girl, the non-lazy, non-procrastinating girl, but meanwhile you had the lazy procrastinator, which as a child that simply meant the part of you that was able to just relax and enjoy and be present and play and be authentic to your true voice even if others didn't agree.

Juanita: I didn't get to do that.

Derek: Exactly. Exactly. And so that's the part that's trying to emerge right now. It's trying to be reintegrated by this energy in you and she needs you to love her now. She needs you to stop trying to fix it, stop trying to become better and more and faster and do more. That's the old mask. That's the old coping mechanism. That's why you're feeling stuck. You've got one foot on the gas and one foot on the brakes.

Juanita: Yeah.

Derek: And I'm asking you now... even now just breath with me as we embrace this lazy procrastinator. And what I feel her saying what she really is is the one that is meant to help you take really good care of yourself, to enjoy your life, to drop down into the moment, to experience more pleasure, more play, to be able to more authentically create from what you want even it doesn't look productive, and she needs to be embraced now because as she is... What I can feel is that what the next stage you've been struggling to get to, she's the one that's going to help you get there now, that part of you. Do you feel that?

Juanita: Yes.

Derek: So your work now - and I'm helping you with it energetically right now. That's what the tears are.

Juanita: I can feel that. Yeah.

Derek: Is that you need to take some time today and every day to spend a little time with the lazy, procrastinating, non-contributing shadow part of you and ask her: 'What do you need from me in order to feel loved and accepted and to take your rightful place in my life again?'

And she's going to start to speak to you and guide you on what do you need to start doing to reintegrate that energy. And also I want you to realize that that part of you you've rejected is bad. She's the one that's been your ally all along in making you the strong and go-getter and the hard worker. She's the one that helps you activate all those skills that she loves the most about yourself. And now she's saying: 'Now it's my turn. Now I need to reintegrated.' And that's going to allow you to take care. It's going to heal that burnout and it's going to allow for the real genius and the real joy that's been trying to emerge that going to now be able to bubble up in your life. Does that make sense?

Juanita: So I need to give myself permission to be a little lazy?

Derek: Absolutely.

Juanita: And procrastinate if I want too.

Derek: Exactly. Exactly. You feel the energetic shift there, the energetic freedom there, the buoyancy?

Juanita: Yeah.

Derek: That's exactly right.

Juanita: Yes.

Derek: And that laughter is what's called the shadow laugh. That's telling you that you're right on top of the truth. And what I want you to do though, beyond giving yourself permission - and that's a good start - I want you to embrace that shadow of the lazy procrastinator and I want you to have that dialogue with her, because it's not just about giving yourself permission, because that still means, well, it's kind of like it's a no-no but I'm going to give myself permission. It's more about as you embrace her it's going to become your way of life. Taking time off, relaxing, all of that is going to become natural.

Darius: I like that!

Derek: Yes. Exactly. And then all that energy, all that energy that's been held back from this other coping mechanism is going to get released. You're in for a big breakthrough, my dear.

Darius: Wow.

Derek: I just really appreciate you showing up and sharing that. Good work.

Darius: Wow.

Juanita: Thank you

Darius: Juanita, that's was huge.

Juanita: Thank you helping me that cleared.

Darius: Yeah, that was like a whole lifetime of going around and around and around and all that energy now is going to be propelling you versus holding you back or something you have to feel quote-unquote 'not good about', you know.

Derek: Yes. Juanita, one thing I want to say is right where you are you're energetically open, and the tears and emotions... I want you to imagine you have a sign above your head that says ALL FEELINGS ARE WELCOME HERE. And I want you to give that little girl her space to cry her eyes out...

Juanita: Yeah.

Derek: To pound the pillow, because all that had to get held back and pushed down and it shows up now in your life as resentment and other people not supporting you and all of this other kind of stuff. And what it's really saying is you're not fully supporting you. So she needs you to give her space to cry, to pound some pillows, to have her voice again fully and completely. Will you do that?

Juanita: Yes. I've been working on that. I am doing that. I'm doing it.

Derek: Yes. Listen, instead of working on it, let's just play with it, because working on it is your *modus operandi*...

Juanita: Right.

Derek: You know work, work, work, harder, harder, harder.

Juanita: I need to play with her.

Derek: Right. You need to play with her. Exactly. And hold her and let her just have her voice and her tears, and then also ask what does she need to just feel cherished and supported. And she's going to just guide you to the next step, I promise.

Darius: Wow. Wow. That was really powerful. I mean, I could feel the energy move and there was a big shift there both energetically from the standpoint that Juanita was feeling but also just in how she viewed it mentally and spiritually and emotionally as well. So, I mean, that was an enormous freeing of energy for her and... Wow. Wow.

I want to go to the next caller, Derek. We're just going to keep going on. I want to just keep going through and helping people. We've got M. Groover in Fort Lauderdale, Florida at 954 area code. Hold on one second. Are you there in Fort Lauderdale, Florida?

Marvin: Yes I am. Hello.

Derek: Hi, there.

Marvin: How are you doing? Hey, Derek.

Derek: Hey, my brother. What is M stand for?

Marvin: Marvin.

Derek: Marvin. Hey, Marvin. Good to talk to you, man.

Marvin: I've been listening to you guys for a long time, Darius.

Darius: Well, thank you.

Marvin: Yes. I enjoy your show.

Darius: Thank you. That's awesome.

Derek: How can I support you today, Marvin?

Marvin: Well, you can support me, Derek... I've been struggling since April. I have a suspended license, no insurance and I need my vehicles to support my family. I've been struggling trying to get this stuff happening from April to now and it has not resolve itself. So just trying to figure out what's happened with that.

Derek: And you have a suspended license. Is that what you said?

Marvin: Yes, suspended license due to having auto insurance. So I've got to get all of that rectified so I can drive again.

Derek: So there's a couple of things going on here. Marvin, take a moment right now and just feel into it energetically. I want you to take a deep breath and just imagine that you were driving, that you did have the money and the auto insurance. Just take in minute and just imagine that you've gotten over this. Just imagine that you've actually solved this. Let yourself to just go there in your mind, and take a breath and feel what it would feel like to come home and say: 'Yes, I got this done. I'm driving again.' And feeling that energy... Tell me when you're feeling it.

Marvin: Okay.

Derek: Okay. Great. Now take a breath and as you exhale let that energy expand to fill your whole body. Just feel your whole body expanding with this energy.

Marvin: Okay.

Derek: Okay. Now ask yourself from that place: What do I need now that you're feeling more congruent, more connected... What do I need to let go of or embrace or do in order to step into this vision? Just feel into that and ask that question: What do I need to let go of, embrace or do to step into this vision now? And just see what bubbles up. What's the guidance, what's the images or the ideas or the feelings?

Marvin: I'm sensing being myself. That's what I'm feeling. Be myself. I'm trying to figure out what does that mean.

Derek: Great. So just stay with it and just ask that part of you: And what would it look like to be myself in my life right now? What would that look like? And be willing for that to be something that you don't even expect or that you do expect, but just ask: what would it look like to step into fully being myself?

Marvin: I seem to be more carefree.

Derek: Okay. Great. Now you're doing great. So now ask... say just really be feel grateful that you're getting that guidance and ask that part of you: And what would that look like? If I was to step into being more carefree, what would I be doing? Where would I be going? What would that look like in my life? It's right there, Marvin. I can feel it.

Marvin: Inner light, inner light.

Derek: Yeah. What do you want to do, Marvin? Because I can feel what's really coming up is this is a shift for you. There's something more that your life wants to emerge at you. Your spirit wants to emerge out of mere survival and getting by and there's more of a creative, authentic, expression of your purpose that's trying to emerge and it created the conditions of losing your license and all that not to hurt you but to give you the opportunity to crack open to what you're really here and be and do. What is that, Marvin?

Marvin: Being the healer.

Derek: You're a healer. You're a healer, my brother. I just got the chills, man. Do you feel it?

Marvin: Yes.

Derek: Take a deep breath and just feel into that. What would that look like for you to begin to move to the direction of being the healer that you really are called to be?

Marvin: Just being able to tap in to access all the different powers that I know that are there for me.

Derek: And what would be the next step you could take to do that?

Marvin: Be more open.

Derek: Okay. I want you to be...

Marvin: Receiving it.

Derek: Great. So you're being open in receiving it right now. Now, what would that look like for you to take an action in the world from that place, to move from the direction of that vision? Just ask the question and let it come up from within you.

Marvin: It's saying just put myself out there to be open. To be available.

Derek: Okay. So perhaps starting to share, when people ask what do you do or what you're all about, to be willing to share your vision. Would you be willing to do that?

Marvin: Yes.

Derek: Because how it starts beginning to share it. I'm really getting a strong feeling that this is what's happening to you. You know, the universe is set up that those crises, remember, are evolutionary catalysts and sometimes just like the forest needs a forest fire to crack open certain seed of potential, sometimes we need this crises to bring us to a place where we're ready and willing to discover it and to crack open to

the next stage of our own evolution and that's what happening for you Marvin. Do you feel that?

Marvin: Yes I do.

Derek: Now, I'm going to give you a couple of other practical things. One thing is I want to invite you to sit down and write down 25 ways that you can begin to step into being a healer, honoring that movement, and also include... Let's say, a dozen ways and then another dozen ways that you can also become receptive to more abundance in your life right now. Because right now there's a greater abundant expression that you don't have to wait for. It's trying to unfold in your life right now. I want you to write down at least a dozen ways that you could activate that, that you could be open to that, that you could step in to that and create that abundance. Will you do that?

Marvin: Yes.

Derek: And then one final little piece before we go, Marvin. You're doing awesome, by the way. You're very open. You're ripe for this next stage of your growth. What has it made you feel like the fact that you can't, you know... you lost your license and you haven't been able to drive? What has that brought up in you? What has that made you feel like as a person – the raw emotion?

Marvin: Well, truthfully, I drive. I just can't drive my vehicles.

Derek: Right.

Marvin: I know it is stuff got to get done. I'm the one that supports the family so I make it happen knowing that I'm taking a big chance out there and driving with a suspended license.

Derek: Right. But I'm asking you what is it emotionally making you feel like the fact that you can't do it? I know you're doing it anyway but the fact that you're in that predicament. If you were to be honest...

Marvin: Frustrating.

Derek: Yes. But if you to be honest, what do you make it mean about you? Like I'm a failure. I'm not a good husband or father or provider. Like honestly and emotionally what do you make that mean about you?

Marvin: Just restricted that I'm not being as open and allowing as I should be.

Derek: Okay. And what kind of a person is restricted and not open? What would you call a person like that? Would you call him fearful, weak, closed?

Marvin: Closed.

Derek: Closed?

Marvin: Yes.

Derek: Okay. Because what's happening... I'm wanting to add this piece because I want you to also play with this other piece, which we talked about with Juanita, is there's a shadow in there, the part of you that's like 'I'm just going to get back up and do it anyway' and there's kind of pushing energy of 'I'm going to do it anyway' is to not feel what's really going on underneath that. And there's an emotional trauma around some shame, around what that would mean about you if you weren't able to do the thing you think you should do.

And that's where you want to be open and available to. And what's going to happen – I can feel this very clearly – I'm getting the hit again – as you see and discover what is that emotional pain there, what do you make it mean about you, what did that little boy experience that made him think that if he didn't become a strong man or whatever that he would not be good enough? If you can tap in to that and begin to embrace that like I told Juanita, there's a lesson in there and there's a gift in there that's not only going to free you up to more possibilities right now, but it's part of the healing you're meant to bring other people. You're meant to help other people to open up more. Do you understand what I'm saying?

Marvin: Yes.

Derek: So I can tell that it's dropping in. So that's you're a little bit a home play that I want to invite you to play with as you're doing with other work, and meanwhile we've already cracked open the opening and that true purpose has now got a little more space. So your job is to keep it open. Will you do that, Marvin?

Marvin: Yes I will.

Derek: Alright, my brother. I love you, man. Good talking to you.

Marvin: Love you, guys. Thank you, man.

Darius: Thank you, Marvin. Wow. Very, very powerful. You know, as I listen to that I thought about everything you were saying, Derek, about how the energy that's keeping us seems to be keeping us stuck and seems to be closing this doors is actually the energy that is trying to break free to the next place, and being aware of that I actually almost instantaneously releases that energy. The second we acknowledge it, the second we begin to realize it and take actions that when that energy is no longer keeping us captive but it's propelling us forward.

I want to talk a little bit... Go ahead, Derek.

Derek: I was going to say, you know, what we're doing here, we're touching upon a few of the key trigger points and opening points whenever I'm working with somebody to help them free up that energy and get back on their true purpose. And so for those of you that are listening that I may not be able to talk to right now, I thought it might be kind of cool just to briefly free, if we have time - you tell me, Darius – just to talk about sort of the seven key paths to discovering what that purpose is, which we've touched upon some of them right now. And I can just go through it kind of fast. But people can be thinking about their own life and where this might apply. Would that be okay?

Darius: Yeah. Yeah, absolutely.

Derek: So understand that, you know... Because we're often trying to find out what is our purpose, what are we really here to do and to be. And that's great, you know. Going directly to that place is great. *And* understand that because all of life is conspiring for your full awakening and fulfillment, everything in the world, everything in the universe is conspiring to fulfill your highest purpose. Nothing is ever against you in a uni-verse, which means 'one song'. You're all notes in the one song and the whole universe is conspiring to get that one song singing its song full out.

So we don't understand that all of the challenges and the stick points and the stuck points and all of things that are pushing and pulling us, those are equally signs and clues of what's trying to emerge on our life and where our next stage of growth is, of what our real purpose is. So I'm going to briefly go through some of these. I call the seven paths to your purpose and over the years I've discovered these are the key areas of clues to what's really trying to unfold here.

The first one, which we've talked about, is your chronic pain or a chronic problem, or just an acute problem in some cases. So we've been discovering that with this two callers. That's often an indication, as I said, that you're living in a world too small, that you've activated a larger vision and like the oak tree it's trying to emerge through that acorn shell, that protective shell. And for us the protective shell is our ideas of who we should be, who we shouldn't be, what's safe. And so it's trying to emerge but it's bumping against that protective shell and it starts to crack and it creates a crisis or a breakdown in our lives. We lose our job, we lose our license, we can't like physically, you know, get stuff done. We feel stuck. And that's because there's something more trying to emerge and we're like this acorn.. And this is kind of funny, you know. If the acorn was a like a lot of us, when the oak tries to emerge and it's cracking its shell, we call in the shell repair man to come fix our shell. And what we really need to do is let it crack open and discover what is underneath that's trying to emerge.

So that's the first path. The second path is your deepest, deepest desire, that burning desire of what you really, really want. That's not a sign of what's out there that you need to go get. That's a sign of what's inside trying to get out. And in fact some of you heard me talk about this. The root meaning of desire means 'of the father' or 'of the sire', of the 'creative principle'. And another root it is 'from the heaven'.

So that burning desire is showing you what you're pregnant with. It's already here. And so you can begin to operate not from a place to trying make it happen but like a pregnant woman who's doing all this to make it welcome, to nurture it, to feed it, and to prepare a place to be born in your life.

And then the third path is that thing that angers or breaks your hearts the most. I call this the heartbreak bridge. So this like you connect to the seventh path. But whatever is really pushing you or really, really pulling you is a projection of your unintegrated power and potential. So anything that's really pushing your buttons like that radio program or that news event that just enrages you or breaks your heart, that's a clue of what is in you trying to come out. That's a clue that you're meant to

be the answer to that in some way, shape or form.

And as you start to put some of these puzzle pieces together, you start to go: 'Oh, yeah. If I could really make an impact there.' And a lot of times it's connected to the seventh path, which are your greatest traumas in your early life or the chronic pain points growing up.

Your life is not an accident. You at a deeper level designed this divine drama for the evolution of your soul and you cast the characters and you're playing a part in this sacred production, and that includes that childhood chapter of your story that seems to shape you. And your greatest message is in your biggest message. You know, the word 'message' itself is 'mess' plus 'age', so those experiences as a child plus time develop the wisdom that you're here to bring forth in your life.

So oftentimes those greatest experiences in your childhood, they carry the curriculum and the clues to who you're meant to be and to the way you're made to serve and help in the world. Then can see the signs of that in where currently in your life do things really anger you or break your heart the most. Those two pieces are connected and they're clues of with the deeper power and purpose that is emerging.

Let me go to stage to path four and that's the points of greatest fear and resistance, which I mentioned before. And often people... I invite people to move towards the greatest fear or resistance because that's the juiciest, most transformational breakthrough opportunity, and that fear and resistance is like the fortress wall that the ego puts up to keep you from getting out and crossing over that bridge to a larger life. But here's the really cool thing, is that that ego doesn't realize this but it's actually... it's like in poker everybody had their tell. This is the ego's biggest tell, that that place where the greatest fear and resistance is that the ego is using to back away from that threshold, is actually where you need to move toward. And if you're willing to go toward it and cross that bridge, on the other side of that is some of your greatest gifts, breakthroughs and insights.

So we can now use the ego's coping mechanism to ultimately dismantle it, to get out of the fortress and to get over to the next stage of our lives. It's a very, very powerful path.

Then the next one is... The fifth one is the path that inspires you... the people that inspire you the greatest or the place, the objects that hold this deep fascination for you. The world is a mirror and it showing you not what it is but who you are. So those people that really inspire you or move you throughout all time that you think are amazing and you wish you were like or wish you knew them, that's showing you not who they are; that's giving you a projection of your unintegrated power.

And so I walk people through this when I work on this in the soul profile in reclaiming and integrating that. But just noticing that in your life is going to begin to show you more about who you are.

And then the converse for that – path six - is the people that drive you crazy. Not just merely sort of push your buttons, but the one's that really make you insane. Again that's the other side of the shadow. Those people that really push your buttons are

showing you a shadow within you that needs to be embraced in love.

You know, if people that are lazy or greedy or selfish are really drive you crazy, it's because the lazy, greedy, selfish shadow is in you and it's crying out for your attention. And when you embrace and integrate it, like we'd started to talk to Juanita about, it reveals its true nature, its true gifts, and it becomes very tools and gifts you need to get to the next place on your path of fulfilling your purpose.

And then the seventh one I already talked about. That's those greatest traumas.

So these are the seven paths. Just play with them, be aware of them, see where they wash over and where they touch you and what really strikes you the most. And that's giving you a clue of what is actually trying to emerge in your life. So I just wanted to help kind of lay that foundation.

Darius: It's a wonderful foundation. I want to take a few more callers. I've got another question that just came in from Donna. Two questions. One from Donna and then another one came in from Marvin, who said: 'How is this modality different than others?' And I think that's a good question. How is emerging different than other things people may have heard of or tried or energetically experienced?

Derek: Yeah, and there's a couple of ways. The first way that this particular work, this what we're calling 'the total life emergence soul purpose activation', is that it comes from the emergence model, which is very different in most models out there, which is really the true nature of life.

If you look at all of nature, everything emerges out of the seed. The seed already contains the blueprint and the information and the energy. It's planted in the seed even before the seed is planted in the ground. And likewise that soul purpose blueprint, that dynamic creates of energy, that power plant that can fuel your entire life and purpose, was already place in you before you were even placed in your mother's womb.

But we've been taught and indoctrinated to go out and try to achieve and attract and make it happen and that we're lacking or broken or missing something and we've got to fill it up and add it. And even in the best of tools and the best of intentions, if that's the framework, you are again putting one foot on the gas and one foot on the break and you will struggle and you will suffer and you will... If you even managed to manifest the bigger pay cheque, you'll just be broke at a higher income bracket. And it's like living life holding a bunch of beach balls underwater. The minute you relax it's going to pop up and hit you in the face, and that's why you feel exhausted and overwhelmed and burned out even though you're doing all the - quote - 'right things'.

Darius: Right.

Derek: Because you're trying to bring life towards you but life doesn't work that way. Life doesn't happen to you. Life happens through you and as you and whatever you're waiting for you're actually waiting with and your resistance is weighing it down. So this program - this practice, rather - is what I call the ultimate wait loss program - W-A-I-T - because it takes your foot off the break. You stop trying to improve yourself and realize the self is already perfect. We just need to get tapped back into it and

get congruent with it. You know, all those packages are already been delivered at your vibrational home address. We just need to get you home again. And all these things I'm talking are the breadcrumbs that are leading you along the path back home again, and when you get home the light is already on. It's been on the whole time. And all the packages that you've been praying for are already there waiting for you to open them.

Now, the other way this is different is just energetically. We're combining not only the very cutting edge or emerging edge knowledge of how life unfold and emerges, but then supporting that vibrationally. Because one of the biggest problems is that we get inspired, we go to a course or a class or a call, we get inspired and then our... – because our frequency gets lifted by the collective frequency of that call or that group. Then we go back into our predominant setpoint frequency – our home, our business, our community - and we have not yet established the energetic setpoint to maintain our place in that expanded base, so we get pulled right back down to the old setpoints. And you've all experienced that.

So what this work is about is creating an energetic vortex, an environment that establishes you permanently at a new setpoint so as you go... And you are saturated in it long enough so that when you go back to work, go back to your home, go back to your job, whatever, you're still able to maintain that frequency and eventually it's permanent. And then here's the really cool stuff. When it gets permanent, it doesn't just change your individual life, but you have changed the energetic signature of your entire lineage and legacy, because you're not separate from everyone else that's connect at you. You are one facet of that single diamond, energetic diamond. So when that changes for you, it changes for your family, it changes for your pets, it changes for our future children, their children's children, it changes for your ancestors, who, believe it or not, still need your help. It literally changes your entire timeline.

So we started to talk a little bit by this last time and some people were really happy we did. It's a little bit down the rabbit hole but it's so huge that you can literally change history, because energetically it's all happening simultaneously.

And then the last piece I'll say about that is that then what's start to happen is your life starts to emerge and unfold as if your history was different. Like if you had been the person who was more awake and more on purpose all along, all of that potential now shows up in your life as if you had never missed a beat. And that's sort of what it means when it says in the Bible 'all the years that the locusts have eaten shall be restored unto you'. It's basically saying 'all the stuff you think you've missed out on, all the missed opportunities, the lost opportunities, the breakdowns, all that, you get all of that back.

So anyways, I get very excited talking about this but that's what this work is really about.

Darius: Wow. Very, very powerful. Let's do this: I know you had an exercise for everyone. We're getting close to time and I know we had a bunch of people with questions. Let's move into an activation that can help people all over the world - everyone listening - to begin from embody some of this and then I want to talk about how you

can actually bring this into your life and create that setpoint so it becomes normal so you get the support and love to make it a reality. Let's do that exercise, Derek – or whatever you feel energetically – clearing, movement, anything that you feel energetically people will really need and could respond to in a big way today.

Derek: Absolutely. And I would love anybody to comment on what they're already feeling because a lot that's been shifted and activated. I felt it several times while I was talking to those people and just in general. So I'd love to also see what people are experiencing.

What I want to do is... we'll try to do this relatively briefly, but I'm going to do the... since this is such a common one. There's basically eight core vision blinders. Whenever we're trying to get clear on who we really are, why we're alive, and let that energy and that purpose fully expressed, it bumps up against this vision blinders. And there's eight core ones. There's the escape fantasy, the parental fantasy, premature practicality, delusions of grandeur, the all or nothing syndrome, the need to know syndrome, the values conflict, and the shadow block.

We're going to do a little bit on the shadow block right now. So what I invite everyone to do is take a breath and notice some place where you're feeling stuck. Maybe you're pushing, you're trying to achieve or solve something, or you're trying to get away from or not be or not have or not feel something. And usually it's in some area where you're struggling or feeling stuck. It could be like in a relationship conflict or with a project or with a goal or an issue, just like I was talking to Marvin and Juanita about. Just identify that one area and just trust whatever bubbles up is the right area to focus on, because your unconscious already knows the answer before I even ask the question.

And now notice in that area what is your fear will happen if you don't achieve this or what are you already feeling about yourself that you are in this position. Does it make you feel what? What's the emotion and what do you make that mean about you? Like I'm broke again. I'm such a loser. I want you to be very honest and raw with yourself right now. What do you make it mean about you or what are you afraid to someone else will think about you if they know this about you, or maybe someone else had already said that about you and you know it's a sore point, like you're such a procrastinator, you're so lazy, you're selfish, you're a failure - or you might be feeling I'm a failure. I'm not good enough. Just see if you can identify that.

And if you're having still a challenge finding with that quality might be, you can just ask: what is something somebody has said to you that really pushes your buttons about you, or what is something you're afraid of being judged about somebody saying. Like if you really go for it, they're going to say: 'Oh my god, who do you think you are? You're so arrogant. You're such a know it all.' That's a good point as well. That can be a shadow.

Just identify that quality, that label that has the worst or the strongest charge to it. And now take a breath and feel into that energy of that shadow. Feel how it makes you feel. Notice where you feel it in your body, its shape, its color, its temperature. Take a breath and just give yourself permission to really feel it. You're safe here. And notice how old does that energy feel. It's usually a young energy, meaning it's

an old energy; it's from a long time ago. And when is the earliest you can remember feeling it? Ask that question and allow for a memory to begin to bubble up. It might be images, glimpses, fragments. Just trust. When is the earliest I felt this, whereas before that moment I hadn't felt this yet? And just notice what comes up. It's okay if you don't get perfect images. It's still working. And now ask: What decisions did I make about myself or my life in that moment? What did I decide it wasn't okay to be or do or have? And what did I decide that I have to do it instead? Like it's not okay let just be authentically me. I'm made to feel like I'm lazy or stupid. So I'm going to be the good girl or the good boy, the hard worker. I'm going to prove to my father or mother that I'm worthy of their love. Just notice that. Feel it.

Now I want you to imagine now that you're in a safe sanctuary, your inner sanctuary. It can be any environment that feels good to you and safe to you. And I want you to invite into that sanctuary this particular part of you, this lazy part, this greedy part, the selfish part, the angry part, the depressed part, the whatever. Whatever that quality is for you. Invite that one into your sanctuary and notice where they come from in the sanctuary, what they look like, how they hold themselves, and sit down with this part of you and ask this part of you: how have you actually been helping me grow all along? How have you been my ally? I've been working hard to reject you or fix you or get rid of you or deny you but all along you've been here to serve me. How have you been to serve me? How have you already been a gift to my life?

And listen and feel that gratitude for this part of you that's actually been helping you. The selfish part of you has actually driven you to be more giving, more selfless. The weak part of you has driven you to become more independent, more strong. And now ask: what is your gift or your message to me now? Why am I working with you now? Why are you showing up now? And what do you need from me to feel loved and accepted and to take your rightful place in my life again, to become integrated in my life again? What do you need from me?

And listen. It's speaking to you what it really means. Don't monitor it, don't judge it, just let it in. And if it's vague like 'you need to love yourself more, open up more,' ask: and what would that look like in my life? And just keep asking lovingly and gratefully until you get something that seems to have some concreteness to it, like 'I needed to have this conversation' or 'start exercising more' or 'drink more water'. Whatever it is.

And now ask this part of you: what will my life look like when I let you become fully integrated in it? What will my life look like? What will be possible then? See that and feel that expanded energy and possibility. And breathe. And you exhale imagine you jump forward five years and ask: what does it look like now that I've let you become fully integrated all this time, five years into my future? What's possible now? Who am I able to be now?

Take another deep breath and jump 20 years in the future and see what your life looks like now, what has become possible. Feel it, see it, how you've grown, how you've expanded.

And finally jump all the way to the end of your lifetime, let's say 90-plus years, and just look back at your stream of time - your life - and see all the possibilities, all the

gifts, all the blessings that have unfolded because you were willing to integrate this part of you, because you did integrate this part of you. And feel that.

And it's okay if you don't see too many images. It's happening energetically. Whatever's unfolding is perfect. And now imagine you come all the way back to the present, the 90-plus-year-old, along with your current self, along with your childhood self and this archetypal self. All of them come together and imagine yourself giving them a big hug, a big embrace. And as you do, you do pull them all into you, energetically bringing in all the power of your future, all the wisdom of your past, all the love and integration of your shadow, all into your present self.

Take a deep breath and feel that integration. Whew, something has just been powerfully integrated. And just feel the gratitude for being open to this work, for the shifts that are absolutely happening in your entire timeline that's already transforming. And when you're ready you can open your eyes again, come back to this moment. And even actually before you do that, even if you already have, just ask yourself in that energetic place: what do I need to let go of or embrace or do next to step into the full potential of what I've just integrated of this vision? And just see, because there might be an extra little piece of guidance in there. And know that this is just one small shadow we've just worked with, one integration process that's taking your foot off the brake a little bit, accelerating the gas a little bit. Just imagine the possibilities of integrating all of yourself that way. It's very, very powerful. So I hope that was supportive of you all.

Darius: Yeah, that was incredible. I literally zoned out and saw a part of myself that for many years it felt like wasn't good enough; needed to work extra hard just to be accepted, approved. And I saw the benefit of that part of myself. I saw the love. I saw the innocence of it. I saw the goodness of that part of myself, that misunderstood part, and I gave it love. And in the end of my life, it was actually that part that brought back some of the greatest gifts that I was to have going through my life now until the end.

So it really shifted a lot of energy. It's almost like a time machine, Derek, because it went back to the youngest age and it went all the way to the end of my life and actually those were one of my big life karmic lessons to learn. So it even went after in the afterlife as being something I had an image of my spirit guide saying: 'Yes, you were here to learn that. Good job.' It was definitely a journey.

Derek: That's awesome.

Darius: Wow. I want to hear from people. I want to hear what you felt, what happened as you did this and what were feeling. One person said: 'Darius and Derek, thank you. I've been embracing what Derek's sharing on this call. I'm so grateful he shares this. It's inspired me in more and more ways. Derek, to continue sharing my light is just amazing.'

More and more people are starting to share what happened, what they felt, where did they go, what was the block, what was that self, what was going on?

Derek, one of the things I know you're so keyed in on is giving people a space, a space of support, a space where this true part of them can really come forward, this true part can emerge. And it's not about fault. It's not about you were right, you were wrong. It's about loving every part, about awakening higher purpose, activating gifts, uncovering talents, dissolving blocks, unleashing more abundance, getting to that seed of who you were meant to be and letting it be in the world. And I know that's one of your big missions and I know you've created almost a community of people that are already doing that right now, and we've been getting feedback from people all over the world who are just saying it hasn't even started yet and it's just amazing.

Derek: Yeah. Yeah. That's absolutely right. We can talk more about that if you want. We can go into how people can be part of that experience that we're calling now this 21-day total life emergence soul activation experience. A bunch of people have already come in to it even before it's officially started, but I've been doing this energetic work with them. I didn't even expect this, to be honest with you, but we've already have dozens of people sending in testimonials about major shifts, healings, breakthroughs, just because of the energy.

And some people are more sensitive than others. They're like: 'Oh my god, what are you doing right now?' And literally right when I've gone to do the energy work, and they're like in this bliss or they had a headache and all of a sudden it's gone. Some people are not as sensitive to the energy but the shifts are still happening. Like they didn't know I was doing the work but they email in and say: 'I don't know what happened but I woke up this morning and I suddenly... I'd been depressed for so long and suddenly it's gone and I feel really excited about my life again.'

So all of this... Because I'm working with them energetically from morning to night multiple times a day. It's just been awesome just watching the breakthroughs and we haven't dived, dove - I don't know what the right word is - into the full work itself.

Darius: I'm going to share kind of what people have been sharing on the call and I want to share what people have been writing in who've joined up for this 21 days too. I'll start with the 21-day folks. When does this start, Derek, the 21 days you're doing?

Derek: Well, it officially was supposed to start November 1st - and it is officially starting. It's a 21-day program but I'm going to do the work for 30 days. But anybody that's in it now has actually starting doing it already, so they're getting all the benefits of it even before it officially starts.

Darius: And this is kind of what you guys tasted on the call. It's kind of a very small sample of what for 30 days Derek does or more.

One person said: 'The energy flow is huge. It's very subtle. It's so blissful. When one catches the flow of it, wow, it's so lovely to be here now. Blessings.'

Another person said: 'I sense things bubbling up inside and I'm feeling into the ebb and flow of this energy. I'm feeling love and peace. I no longer feel alone in this journey.'

'I've gotten this strong sense,' - this is another person - 'of inner knowing this last two days. The energies are amazing. I feel waves of loving, comforting, energy, a

sense of being cradled.'

I get the same thing, waves of peace, waves of energy, flow, love, peace. That's just throughout this whole experience.

Another person: 'Lots of love and deep gratitude for the healing gifts and presents.'

Another person: 'I'm being bathed in light. I'm getting this this morning.' This is someone who was on the last call we did. 'I feel an embrace of energy. Old fears... and I observed them melt away as I breathe in oneness and exclude duality.'

So more and more people are feeling this as they go through the 21 days. They haven't even started yet despite connecting to the field.

Now, we've got a few people that wrote in from the call today. This is a sample. One person said: 'Lots of energy. Lots of surprising things came up. Thank you so much.'

Another person said: 'The message that I received that I need to let go of my need to be perfect, to simplify one step at a time. There is no rush. I am good enough and I am going to share this with others. I need to reconnect with nature like I did as a child and teach others to do the same.' This is Jo in New Zealand.

Many others have been coming in. I mean, this is what it's really about, is getting back to the source, getting back to the flow. What are some signs, Derek, as people are looking at their life that maybe it is time, it is absolutely time to get back into the flow and reconnect?

Derek:

Yeah. I mean, some of those things that I was reading, you know, the *Seven Paths To Your Purpose*, are some of the core signs that people have that the universe is calling and we're letting the call go to voicemail. And the universe is getting the message 'mailbox full'.

If you're feeling that sense of urgency, that sense of like 'I have to do something now or I may never do it.' That's a really ripe state where something is really knocking on your door, really trying to emerge. It feels like it's a state of near defeat but the irony is it's actually the ripest. You're so ready to have a breakthrough.

Other signs of that are that you might have an intense fear or resistance in some area that you're currently in or wanting to move towards, a sign that you might even be jealous or envious of someone. That's a really great sign that something's trying to emerge in you, that you're ripe.

Truly anybody can benefit from this kind of energy and this kind of process, but those people that are feeling the urgency, that are feeling in crisis, that are feeling... Like I said, crisis is an indication. Chronic problem especially are an indication that you are living in a world too small, that energetically your soul purpose, your spirit has been activated more larger than you are allowing to express in your life. So that's creating a crisis. It's that forest fire that's raging through to crack open that seed so that it can grow.

So if you're feeling chronic problems, if you're in a sense of crises, if you're feeling a sense of urgency, something is trying to emerge and it's urgent, as I like to say, when you have that urgency of emergence, when you don't respond it turns into an emergency, and or you're jealous or you're envious, those are all really, really important signs that you're particularly ripe. And then for other people if you just have that burning desire, like you just yearn for something more, you ache for something more. Because remember, desire is not a sign of what's outside that you have to go get. The stronger the desire, the stronger the clue of what's inside trying to get out.

Darius: Right.

Derek: But our strategies have set us up to not understand and know how to tap back into that energy of that desire and create the structure for it to start to emerge. Once you do it's like – whoosh - it just starts to unfold in your life.

Darius: Wow.

Derek: So these are some of the clues that I found when people are really ready for this and that their soul purpose is talking to them.

Darius: I love it. I love it. I want to talk about the 21-day activation experience and the emergence. It's at www.youwealthrevolution.com/derek2013. And people that have been signing up have already experienced quite a bit. We just had another person that wrote in who's signed up and they said: 'I just want to say I can feel the energy pumping through me all the time. When I'm awake in the morning, my whole body is vibrating with energy. Thank you, Derek, for working on us already.'

Another person wrote in and said: 'I heard your interview on Darius's show and your words touched my heart in a profound way. The message is so timely and the healing from trauma was so very needed. I feel an overwhelming sense of gratitude for what you're giving us. Thank you very much.'

Again and again and again people are feeling this and it hasn't even started yet.

Derek, tell us what it is, how we can get started and a little bit more about what's going to take place in this magical 21 days that are really coming up pretty soon, actually.

Derek: Yeah, we officially start next Friday. Like I said, anybody that's in it now I'm already starting, I'm already doing the work. I'm doing it several times a day and they're already getting all the results. So you get an extra week of me doing the work on you and with you because I decided I'm just going to start it right away. I'm not going to wait to start activating the energetic field.

So that's what these people are talking about. There are just a lot of breakthroughs that are already happening. And the energetic field itself now has accelerated so much that just people stepping into it, it just happens really fast. The last time we did this - I don't know if I shared this the last time we talked – we had so many breakthroughs – and, by the way everything, I'm saying, folks, I'm only sharing these things because I want you to really understand what's happening and what's

possible. I'm not in any way boasting about my personal ability, because this is principle. It's not personal; it's principle.

I know how to cultivate the soil for that seed to grow, just like a farmer does. But the farmer can't take credit for the fact that the principle does the work. So I want you to know that when I share all this stuff... Because I'm not really big on sharing and boasting, but I really want you to know that it works. It's more like a mathematician saying $2+2=4$. There's nothing personal about that. It's a principle.

So this feel that's happening, we had so many breakthroughs and healings that I couldn't even keep up with all the testimonials and all the examples of it. But, you know, lots of money coming in, debt being released, relationships being healed, physical healings. It's different for everyone. Of course we can't guarantee what's going to happen for anyone. But there's so many happening so fast and so rapidly and so consistently that we know now that something really special is going on.

There's an X factor, because when a group of people come together like this and the things start popping, it's like popcorn in a pan. The more the popcorn starts popping, the more the other popcorn starts popping and it's creating this accelerated critical mass so that this new morphic field is being created where it's just activating people faster.

So that's kind of what's happening. I mean, people can obviously read on the page here to see kind of why does it work and some of the ideas behind it, but I've got to tell you it doesn't matter if you don't know why it works. It still works. It's okay to learn why it works and that can actually in some cases expand it, but you don't have to know why it works. You don't need know the background of mathematics to be able to know that $2+2=4$.

So we're going to be doing this energetic work. I'm going to be working with you for over 30 days if you're in a group now and I'm going to be doing it morning, noon and night, activating the soul purpose blueprint, this vibrational signature that you have, dissolving these lower frequencies, activating the higher frequencies, and creating a field that becomes more and more right and congruent so that what's true about you can start to arrive and what's not true about you can start to melt away, like the analogy of the ice.

Over these 21 to 30 plus days, we're going to be lifting your energetic temperature above the 32-degree point so that a lot of those ice structures can start to melt, a lot of those forms and structures that no longer serve you mentally, emotionally, physically, etc. can start to melt.

So that's what we're going to be doing this period. I'm going to be doing it both energetically and going into the group and supporting you through answering questions. But then we're also going to do a series of the soul purpose activation classes where I'm going to be walking you through step-by-step-by-step in releasing these blockages that we started doing today on the call, working with you guys on the phone like I did with Juanita and Marvin in many cases, where you could see where something can happen fast.

You know, Juanita, it didn't take her weeks and months to come to that opening. It happened in a matter of minutes. So we're going to be able to have those hot-seat experiences where breakthroughs can happen in minutes not weeks and months, and then we're going to walk you through to how to identify what is your purpose, what is that true nature, what is really trying to emerge in you, and get clear on that, define it, design it and create a structure for it to start unfolding in your life, create a practice for you to anchor it permanently in your life.

So you can see what's going to be in many of these classes and this again just a piece of what I'm going to be doing in each of these classes.

And I'm going to be guiding you through these processes. Some of these things, which we didn't talk about, if you see over here on Week 2 under the soul purpose activation series. We're going to deal with your soul purpose archetypal patterns, which is really fun. There's 12 core soul purpose patterns. And not understanding what you're made of it creates a lot of confusion, you know. A lot of you on the line that have the healer archetype but you also have the activist archetype or the teacher archetype or the creator or artist archetype, and it creates these seemingly contradictory impulses. You know, you're not sure should I be a healer or should I be an artist. Should I be a teacher or should I be an activist. What should I be? Because you're feeling these impulses.

And then you end up with people that are doing their Reiki work Monday, Wednesday and Friday and their artistic work Tuesday, Thursday and Saturday and they're feeling fragmented and diluted. I'm going to show you how in many cases what's really trying to happen in you is... Let's take the example of the healer and the artist. It's not that you're meant to be a healer on the weekend and an artist during the week. The purpose is to be an artist that carries the healer energy or to be an activist that carries the artist energy.

Darius: Right, right.

Derek: Like there's a great artist that paints all these big whales and is very famous. I think his name is actually Frank...

Darius: Wyland.

Derek: Well, he's got the artist and the activist archetype. So what's happened naturally for him is that they're unfolding as they're meant to as art as activism. And when that connection... It's like these wires, when they get connected again inside of you, not only is all that resistance gone but the power and the innovation and the clarity and the creativity and the inspiration that starts to unfold through you and the unique way you're meant to show up in the world that people can recognize, all of that starts to click into place.

We're going to work with that during this period as well. So we're going to be dealing with both the energetic healing, creating an energetic container like a pot with really good soil so that your seed of potential can start to grow, and then we're also going to create the lattice work around that plant so that it can support it as it's growing, the structures, and then we're going to help you understand more completely what

kind of plant are you; what is that seed, so that you can know how to fertilize, how to water, how to cultivate your own soil of your soul moment by moment, week by week.

So we're going to deal with all of that, both the transformation and the practical, as well as removing those obstacles, the vision blinders and all that so you can activate this true soul purpose power, turn on that divine power plant and start really showing up in the world the way you're meant to. And like we said at the very beginning of this call, the byproduct of that is that many of the challenges you've been struggling with start to dissolve, start to resolve, start to reveal guidance and wisdom about what you're supposed to do next. So a lot of these other things you've been struggling with start to work themselves out as a result and you get to be part of all that.

Darius: Wow. Very powerful. It's at www.youwealthrevolution.com/derek2013.

So the first part that I just want cover really fast is the accelerated quantum healing 2.0. This is something Derek only does with private client but he's actually going to do it for 30 days. He's going to become a channel for divine energy broadcasting its perfect pattern to you and he's going to do this daily. So a minimum of 30 minutes a day for 30 days, which is the equivalent of 15 hours. And at night Derek is also going to be doing that as well. So you're going to be in essence in what we'd call almost a blanket, really a blanket of healing energy.

So energetically if you did nothing but just plugged into the energy and just were there, being present and just knowing Derek's going to have your name, he's going to have your information, you're going to feel energies move. You're going to feel things. And obviously if you don't then let us know and let Derek know. There's no risk to allow this in and that's why we do it.

Glenda just wrote in. She said: 'I now understand why I've been so receptive to Derek. I shifted back into the orb,' – I love this – 'of his healing power that I felt when I first bought his program years ago. Since we are all still connected, I suspect I'll always be connected to him and I think I just gave birth to my new emergence and although the labor wasn't horrendous, it was still a birthing. Thank you, Darius. Thank you, Derek.' This is another thing she wants to work through again and again.

The truth is that once you connect with Derek and the field - we talked about this last time - things can become a lot easier, because now you're connected to this field of someone who is creating this creative energy field. So that's something that Derek wanted to give a direct line through him and the energies and I think that is a huge thing. The soul purpose activation series...

Derek: Actually one quick thing I want to say about that, Darius, about the connection. This is a quantum physics truth. Once two subatomic particles are connected in an intimate way and then they're separated even by what might be, you know, galaxies, when one of them shifts the other one shifts. So when one of the shifts to a higher phase, the other one shifts to a higher phase.

So basically once we're in this intimate energetic entanglement – it's actually called 'quantum entanglement' - then even when you're done with the program, every time myself or anyone in the group has a higher breakthrough, a higher shift, you're going to get the benefit of that. Forever. Forever. It doesn't stop because in truth there's no disconnection, there's only oneness.

But in this intimate energetic field as I go in and work with you every single day, the connection of that oneness gets so strengthened that once you separate then you continue to get the benefit. That's actually what one master teacher meant when he said 'if I'd be lifted up from the earth I will draw all men and women unto me.' That was a quantum physics statement saying that once we're connected, if one of us gets lifted, it starts to draw the others to that same level. So that's an added benefit. But go ahead, Darius. What were you going to say?

Darius: Well, what I was going to say was some of the elements. And one of the ones I think that someone was asking about was the Facebook group, which is a part of that connection and a part of that support. Tell us a little bit about the Facebook group and how that interaction is going to work.

Derek: Yeah, this is one of the most powerful aspects of it. This is the group of people that are right now already sending in all these testimonials because they're experiencing all this.

How that group works is a private mastermind group where I go in there, I answer questions, other people support each other. And the last time we did this people made new best friends. They found new partners. They launched workshops. They got resources that they needed to do their work further. It's so supportive, so loving. People just want to stay in it forever after they've been part of it.

And then I go in and I do additional support and answer additional questions and I'll post in there, not always but a lot of times when I'm about to go into a healing process, so that everybody that's hears that can consciously open up to it. And that's been a lot of fun to do that too.

So it's a very powerful mastermind group that you get to be a part of during this entire period to get additional support, additional questions, and, like I said, a lot of cases people build friendships that will last a lifetime.

And then we didn't talk about all the bonuses either. Obviously you get the energetic work, you get the workshop work that we're going to do on those classes. And you also get... I'm going to go in... you get the mastermind group. But I'm also going to go in each week and feel into the energetic needs of the group and create personalized quantum prayer that I'm going to then record and you're going to be able to listen to that over and over and over again and it will serve as a way to... It's encoded with these high frequencies and it will serve as a way to help you anchor those frequencies.

So the frequencies that are appearing to be missing, I'm going to be activating through the prayer. You'll be able to listen to that over and over and over again as much as you want and it will begin to replace or add those missing frequencies, help

you anchor yourself at that higher frequency. And the other side benefit is as you hear me do this prayer, something happens when you hear it over and over again. The principles that I speak about in the prayer work, you will begin to actually embody them and you'll be able to use and reactivate them over and over in your own life and it'll just create a new setpoint in consciousness for you.

So I'm going to do that every week during this program for actually four weeks. I'm going to create that quantum prayer recording and you're going to get that.

Then I'm also going to give you the complete transcripts of the entire program. So 10 to 12 to 15 hours' worth of line-by-line transcripts of everything that I teach you, so you're going to be able to go in and highlight, underline and totally integrate these teachings. So you'll get it verbally, linguistically, energetically; you'll get it literally on the page, and then I'm also going to... Normally when I do a program like this, the audio library is something which is a separate program - and I will - but I'm going to give it all to you guys at no additional charge.

You're going to get the whole thing, built into a really nice downloadable page where you'll have the entire library of audios from the program, the audios from the prayers, the transcripts, everything. It's all going to be there. You're going to get all of that.

And then one final little thing is a bonus. Not so little but the *Soul Purpose Blueprint* original home study program, which is the foundation for this work. If you want that - which a lot of people ask for it - that's why I included it - I'm giving it to you at 87% off, so you get it a very little amount if you want that additional support as we move to this program.

Darius: Wow.

Derek: So those are the bonuses and those are all the pieces, if you want to ask more questions about that, Darius.

Darius: Yeah. Very nice. Well, this is really incredible. It's been a really popular. A lot of people plugging in ready for *The First and Beyond* and doing it for a great 2014, doing it for the holidays, for energy that may come up there, doing it just because they feel the calling, they feel the calling to emerge and what they're doing right now really isn't working.

I mean, like some of our callers, you know, Juanita and Marvin, just looking at their life, saying: 'Well, you know, these things just aren't working. I've got this and I'm just tired of being in this space and I want to pull something else out that wants to emerge. I want to live from that space. I want to live from that deeper space and be something more.'

This is actually available and there's still spaces left. So please, if you're interested, act now. I don't know if spaces will fill up. I mean, obviously as this gets bigger and bigger there's more challenges of administering it to more and more people, and energetically. So you want to get in at www.youwealthrevolution.com/derek2013.

And there's actually two options if you want to go deeper. The first one is one payment of 297. That's it. \$297. And for 30 days you get all of this, which is enormous. And there are going to be calls with Derek weekly where you can ask him questions. There's the Facebook group. There's going to be energetic connection. There's going to be each of the weekly lessons. And then there's a two-payment option if right now maybe it's a challenge or you just want to do it in installments. It's \$149 today and then \$149 in 15 days. And, Derek, my understanding is even if people do the installments they get on the list, they get full access, you get their name and their information so you can start doing the energy work like... When? Are you going to be doing energy work tonight on people?

Derek: I'm already doing it starting on the call and I'll be doing it... I've been doing it every day since people started joining.

Darius: Wow. Okay. So if sign up today, probably tomorrow morning whenever you hear this, whatever day that's going to be, but it's really going to be that fast. If you are listening in the middle of the night and you're like: 'God, I'm up. I really need some help. I need some lift. I need something,' well, just be on the feel for that next morning.

Derek, is there a time you do it? I just want people whenever they're hearing this maybe to think about how quickly they could start feeling something. When do you do the energy work generally for people? It's in the morning?

Derek: Well, I already did some in the morning. I'm doing it even now on the call and I'll be doing it again though very specifically this afternoon.

Darius: Okay.

Derek: Then I'll be doing it again tonight. And also what happens is anytime during the day, because I'm constantly meditating or praying and going back into this energy throughout the day. So anytime during the day where I have a high moment, then I consciously go back to the group and bring that energy into the group again.

Darius: Wow.

Derek: So it could happen 10 times in a day. And I think that's one of the reasons why people are experiencing also a lot of things. So even though it's says 15 hours, it's really probably going to be double that because I'm going to be basically doing it as often as I feel the energy in addition to those three periods each day.

Another thing I want to say is that there is absolutely no risk. If people do this and they get in the energy field now, after the first class if they still don't feel like it's right for them, you can get a complete refund. I want people to get into the field, get the support and get the work and not have any reason to not give themselves that opportunity.

And the other thing is the... what was it? There was one other I was going to say about that. Oh, I know. You said it before, Darius, about the group selling out. It sold out last time. We're about two-thirds of the way, I think, sold out. So, like you said, for the reason you said, there's a certain capacity to be able to manage that, and

administratively, and to really be able to service people in the group and answer questions.

So what I would say to people is if you already have a clear no, like this is just not for you – it's clear – then absolutely stand it that, honor that. A really good no is just as good as a good yes and I'm so glad that I even got to play with you for this amount of time. But if you're feeling a yes and it's kind of bumping up against those thresholds that we've been talking about, like: what if it doesn't work for me? I've tried so many things before. Why is this different? You know, hopefully we've addressed a lot of that, but remember the ego's job is to convince you... is to keep you the same. That its job, is to not let real change happen too rapidly, because to the ego that's equivalent to danger or death.

So it knows you. It knows how to create that fortress and pull up the drawbridge and block you from crossing that threshold where real change will happen. And you know that because you feel the yes and it bumps up against things like I was saying or 'I can't afford it', 'I don't have enough support', 'my family will think I'm crazy', 'my husband won't support me'. All these things.

And what I want to invite you to look at regardless of what you do, that's a powerful coaching opportunity for yourself because whatever's coming up to you right now, if you're feeling a resonance and a 'yes', like this could serve you and help you, but it's bumping up against that shell, that's actually the pattern, the system software, that's getting run all the time in your life. Not just now; you're just aware of it now. But it's actually getting run in many other cases where more of your life is trying to emerge where you're meant to have that conversation or take that step or that leap or create that project or put your gifts out there. This same pattern is happening.

So if you're willing, you know, like in Indiana Jones when he tries to cross that chasm - the bridge of faith or the path of god - he has to first step out on the bridge, say yes to the yes, take that step, even though it doesn't appear to be supported. And when he takes that step fully, then the rest of the bridge appears.

And in my experience, when people are feeling the resonance or the yes and they step into the yes in a way that they can be supported to hold that yes so that they don't fall back into the old pattern, then it's not that more comes into your life but more of your life now can finally come out of you. Because you are the opening. Remember life doesn't happen to us; it happens through us, and when we step out and we open up and say yes to the yes, we open out the way for the very things we've been trying to get to now emerge and unfold.

And I just experience that over and over again with myself, my clients. So if you're feeling that resonance, that's what's trying to happen. More is trying to emerge in you.

I hope you come play with us and I can support you in finally getting beyond that pattern, beyond that threshold, which is, you know, I say this all the time. It's one of the reasons the average person doesn't live 70 to 90 years. They live the same years 70 to 90 times. They may change jobs, they may change mate, they may change clothes, but they still are playing the same story. And my work is to help you

stop being a prop in this divine production and really step into being the star of your own show.

So come play with us and it's going to be a lot of fun. A lot of breakthroughs are going to happen. It's just going to be powerful.

Darius: Wow. Very cool. Very awesome. This is just such a great package. So if you feel that you want something to get you moving or really get over those things that have been holding you back... I know there was a time in my life where I was just for years wanting to break out, wanting to really change my financial life, really get out there and share my message, really get over the same old things every year that I shouldn't be pumping up against.

It took pretty severe motorcycle accident and some huge life drama to finally wake me up, and that's the way it comes sometimes. I would much rather, I think, have just been open to something like this than some of the massive devastation and loss that I faced from not listening, because if you keep going the same pattern and it's not working, eventually the signals from the universe get bigger and bigger until they're like this huge thing has happening and you go: 'Oh my gosh.' When you don't listen and you keep going year after year, then, you know, sometimes it's way even beyond repair.

I mean, I've seen that in our own family with things. So just know that and know that you are in a good place, and whatever you decide to do is perfect for you right now. We just love to offer this deep alternative caring and contribution and energetic healing and transformation that you really can't find anywhere else. This is the first time Derek's offered this to our group and here and so it's available at www.youwealthrevolution.com/derek2013.

Derek, really quick, for people that may be on the call... You know, it's a Friday or whenever they're hearing this and it's like the bottom's dropped out. It's dreary outside. They're feeling like life just getting worse and worse. There's no hope for me. And it's just this gnawing, this deep chasm of fear and loathing and darkness inside of them. They just feel so desperate and down and hopeless. Let's move them. Let's lift them. Any words of advice or words of wisdom for them?

Derek: Yeah. Well, you know, like I said before, a lot of times when that's happening it's a symptom of so much has been activated and at the same time so much of the brake is being put on, but it's being put on unconsciously and they're in that crisis, that chronic crisis point, where life is aching to emerge through them but these unconscious blocks that we've been talking about - the shadow blocks, the values conflict - these are the things that are happening.

Energetically I'm working to lift and try to support as much of that as possible on this call, but in my experience, that's what... In my personal life and the lives of the thousands of people that I work with that's what's happening. They're at that threshold that they've probably been at over and over and over again. But there is something trying to emerge. If you don't come play with us you can start at least by asking that question: what is trying to emerge in my life by means of the situation - by means of it? What is trying to unfold? What quality do I need to begin to activate

to be free in the midst of this? And you can begin to ask what I call emergence questions that are not focused on the problem but are lifting your attention toward the vision. And as you lift it energetically towards the vision, asking what is the higher vision for my life; what is trying to emerge by means of this; who would I be if I was living that life, and how can I step into being that now?

These are questions that will start to expand your energy and open you, crack you up open a little bit, give you some guidance that you can start to follow. If you can't play with us, please at least do that.

The second thing I want you to know is that to get again when you're in these dark places, remember that the seed doesn't just grow up towards the light. It has to grow as much down into the dark. The roots have to go down. They have to go deep and they have to go as deep down as the branches go high up.

So if you're experiencing all that kind of darkness or that pain or whatever, also know and affirm and accept that you're digging your roots more deeply. So you can begin, like I said before, you can begin to bless it, you can begin to call it all good. Find a level of gratitude. Just like that grain of sand that gets in the oyster that's irritating but it ends up causing the oyster to create a beautiful pearl; that all that grit and dust and struggle that you're going through, if you're willing, can become the pearls of the greatest price in your life, that can truly open you up to the next level.

I'm telling you what I know and I invite you to lean on the authority that you hear in my voice that this isn't theory. And this is also something where it's really great to have an energetic field that's supporting you while your roots are going deep so that we can both accelerate that growth process and move you out of suffering quicker, and keep the soil really fertile and really nourished so that it definitely does grow and you don't end up thinking of something bad and stopping the growth process.

The last thing I want to say, Darius, because you mentioned this earlier. Before we go I just want to invite everyone into breaking an old agreement, because I know so many of us have fallen into agreement that we have to grow, that we have to suffer, that we have to struggle, that we have to be a martyr, that we have to somehow go through all this stuff. And here's the thing: you're going to be pulled into your heavenly consciousness one way or another. You can go dragging, kicking and screaming through crisis and drama or you can begin to consciously co-evolve, co-create with this emerging impulse, this soul purpose. And that's what we're talking about in this work.

I'm going to just right now energetically... I'm cutting through these energetic cords that you have to suffer, that you have to be punished. All this stuff of guilt and that you don't deserve it and you have to earn it and achieve it and struggle to get it. No more. That is not the way the universe is designed. It is the universe's good pleasure to give you everything you need to live the life of your dreams now. It can happen now. And energetically I'm just cutting those cords. We're severing that agreement. We're waking up from that hypnotic spell and we're absolutely creating a new agreement, a new morphic field that says: 'Life is friendly. Life is for me. Life is supported. And everything that I could ever need is already within me and everything is conspiring to awaken it and fulfill it now.'

That's the new law of our life that we're activating and agreeing on, and where two or three are gathered in agreement in their highest nature, there it is. As I speak that I'm energetically activating it for you and this is the truth, folks.

Come play with us and let's anchor this permanently and let's create the conditions for you to finish off 2013 with a bang and create the best year of your life in 2014. I love and appreciate you all.

Darius: Yeah. Thank you, Derek. Everyone, let's do this. Let's send Derek a huge amount of love and appreciation on the count of three – one, two and three. Just sending love and just receiving everything that you get by sending. Derek, do you feel that?

Derek: Oh yeah. Thank you.

Darius: You know, it's a wonderful group here and it's a wonderful place to be doing this every day. So I just want everyone just to know how much I appreciate all of you, and if you're here and if you need anything we're always here for you. And if you want to go deeper into this with Derek, it's at www.youwealthrevolution.com/derek2013.

I hope and know that a lot of energy was moved today. I know there's a lot of blessings, a lot of things happening, and a lot of ways that were opened up for you that possibly you had not seen before.

Derek: Darius, just before we go...

Darius: Yeah.

Derek: It's just a funny thing. This is a very funny thing. I never have done this, but literally while we were talking an email came in and it's somebody from the last group who wanted just to know that not only do we have over a half million dollars of people, more money, but it turns out it's almost 2 million. They just got all this money just came in for this person after doing the work in this energetic field. So she just wanted to make sure I announced that. So I thought that was kind of funny. I just want to let everybody know just the breakthroughs are still continuing to happen, the ripple effect.

Darius: So you mean somebody got like – what? - a donation of almost two million or like money for their like cause or charity?

Derek: Part of the money was money that had been owed them for years that they never thought would come back.

Darius: Oh my gosh.

Derek: Part of it was money they had no idea that they were going to earn or get, and they just suddenly got... They had gotten some during it and now a whole other big chunk came through that they did not imagine. So it just pushes the thing away over the top of what we expected. And just the things keep rolling. Even though that particular program's done, the breakthroughs and the benefits keep rolling for people. That's what I meant about even after you're done that energy keeps working.

Anyways, I didn't want to postpone the end of the call but I thought that was a funny thing to just share with everybody.

Darius: Very nice. Well, there you go. That's what can happen. And you were just talking about that it doesn't need to be difficult, it doesn't need to be hard. So I love that. Well, thank you, Derek, for everything for being here and sharing.