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**Interview with Danielle MacKinnon**



*Danielle  
MacKinnon*

Renowned Psychic Medium  
and Soul Contract  
Consultant

**Soul Contracts:  
Re-Activate Your Healthy Soul System  
& Live Brilliantly!**

Darius: Hello and welcome everyone. This is Darius Barazandeh. You're tuning in to You Wealth Revolution. I am so excited today. First off, during the entrenching work, for those of you that were on, we did an incredible exercise to really move your consciousness high above your body and really open you up to the insights and the gifts and the explanations that are going to come during this call, so it was totally prepared to really make a huge impact on this call. So that's the one thing. So if you missed that you're going to want to listen to that again.

The other thing that I asked everyone today was: do you know whether or not you have a soul contract? Could you possibly have a soul contract that is keeping you stuck, keeping you ill, keeping you in poverty, keeping you frustrated? And this is a really key question, because I know in my heart and I know through what I've discovered and studied and felt in my own life that we come here to learn certain lessons and we have people in our lives that are in our lives for a particular reason to teach us a certain lessons, and many times there are certain agreements that are going on that we may not be aware of.

Now, during this call one of the things that we're going to do that's incredibly unique and why I love the You Wealth Revolution, because we're always stretching the bounds.

Danielle MacKinnon is our psychic medium guest today. She's going to actually to be taking some of you on the call and helping you identify whether it is a soul contract and what to look for, what to do, how to go about moving that out of your life, and for everybody here there's going to be an opportunity to master that and get these soul contracts that are keeping you stuck out of your life so you can move on to the next level of evolution.

And for many of you that's really about moving on to just being happy and being at peace and finding that goodness, finding that light, finding that knowing, finding that miracle moment, that magic moment in your life where you're like: yes, this is what I'm living for and I feel good! That's what we want to get you to, because we love you here and that's what this is about.

So we're going to be talking about soul contracts and have they been secretly holding you back in your life, and what to do about it. You're going to learn what the soul system is, how to understand soul contracts and some things that I don't believe we talked about last time called 'seed thoughts' and how they can hold powerful lessons to thrust open doors of mastery and freedom for you.

We're also going to understand how soul contracts, if you don't understand what they are, can actually keep you stuck from the dreams and relationships, the money and the happiness that you really want, and how you can master this soul system, how you can know and master it in your own lives, and we are going to be doing a group clearing, and we're going to be taking individual callers. This is going to be incredible.

Do this. Go to [www.youwealthrevolution.com/now](http://www.youwealthrevolution.com/now) and share this with friends and family, even just to give someone a chance to free their life. We're going to be doing a group session, so we're going to be doing exercises for the group as well. This

could save someone's life today. It could save someone's life. That's how important I believe this is. So just share it on Facebook for us at [www.youwealthrevolution.com/now](http://www.youwealthrevolution.com/now).

And you know what? The more we talk about this, the more mainstream society says: 'Oh, okay. Yeah, this is something on people's minds.' We can change everything with what you do right now, so just share it.

Alright. For more than a decade, Danielle has been a leader in intuitive coaching and in soul contracts, really one of the few psychic mediums that I've ever seen cover this. She challenges people to rethink the way they view themselves, their strengths and their weaknesses, and their entire path in life. She combines her intuitive skills with her ability to connect with the soul and she continues to lead thousands of people through their challenges into a world of possibility and total brilliance every day.

Now, Danielle was named as one of the country's best psychic mediums by Psychic Investigator, Bob Olson. Danielle has also featured as a teacher at the Omega Institute, Lily Dale Assembly and the Kripalu Center among others, where she shares her works with people from all walks of life. She has also taught alongside many of the world's most accomplished healers and psychics, including some people like Colette Baron-Reid, Robert Ohotto, world renowned Hay House author and psychic medium John Holland, who even wrote about his own experience with Danielle in his book *Spirit Whisperer*.

Danielle is also working on her own book - so we want to you to support her on that when you see in come out in the newsstands and the internet - on soul contracts and the soul system. It's going to be published in the mid 2014.

So with just a huge amount of love and just gratitude, let's welcome Danielle back to the You Wealth Revolution. Danielle, welcome back to the You Wealth Revolution and our talk about soul contracts.

Danielle: You get me so excited just listening to you getting excited about it, so hi. Thank you for having me.

Darius: You know, I'm excited about you, because I love your energy and I love your personality and I love what you do, and I think this is one of most important and most fascinating topics of our time, which is really, you know, exploring this life beyond life and what we came here to do and why we're here. In a nutshell for people let's just start out, what is a soul contract and why should it matter to us?

Danielle: Okay. So there's several different kinds of soul contracts. There's a soul contract that we all think of. Do I have a soul contract with you? Do I have a soul contract with my husband? How are we helping each other learn? That's what people usually think of when they think about soul contracts.

But the kind I want to talk about today is the kind that is more like a little deal we make with ourself at the soul level to try and create or prevent ourselves from feeling something. Such as: well, since I don't feel like I'm a very smart person, from now on I'm going to be Number One at whatever I do from now on. Or: since I feel like I'm

very scared, I'm going to make sure that I always have tons and tons of money no matter what, at all costs, so that I can feel safe.

So the soul contract is that little deal, we kind of subconsciously go: 'What can I do to make this better? What can I do to make this better?' And we end up with all these little deals in place, which are the contracts that we *think* are helping us but actually end up preventing us from being able to reach our goals. It's pretty crazy. I know. We think we're being so helpful and we really aren't being so helpful in the long run.

Darius: Quick question, Danielle.

Danielle: Yeah.

Darius: Well, a question I had was: can a soul contract actually keep us from finding love? Can it keep us from being abundant? Can it keep us from being well and healthy?

Danielle: Oh yeah. They can keep us from finding love, from having friends, from having a great job or a career. They can keep us sick. They can keep us feeling alone. They can keep us feeling exhausted because we have to drive ourselves so hard. I mean, soul contracts can prevent us from really living the way that our souls actually want us to live, which is in harmony with our souls.

Basically if you think of it like this: if you don't have soul contracts in place and you have this really healthy system going on, whenever you experience something you're going to see it, feel it, taste it, touch it, whatever it is, and you're going to tap into your inner wisdom, you're going to tap into that soul, and you're going to go: 'Okay, what's up? What do I do?' And your soul's going to come back and say: 'Hey, you're fine. This is wonderful. It's all good. Go this direction. You're safe. You're loved.' And you get to learn and grow and move forward and evolve and have all the things that you want to have because you're living in this wonderful safe, secure, protected, loving place.

When you have these soul contracts in place, that doesn't happen. When you have these soul contracts in place, every time you have an experience, you tap into that soul contract that says: 'Well, you've got to make sure that you're successful' or: 'You've got to make sure that you don't have money so other people aren't jealous of you' or: 'You have to ensure...' You know what I mean?

So we keep tapping into these energies lodged on our soul and we think it's normal. It's like: 'No, no. I always have to make sure I'm safe. I always have to take care of myself.'

So this is an interesting example, but people who are really cheap or frugal, you know... Like I remember there was this one guy in college we all knew no matter what he won't pay for anything. And it's because he had a soul contract that said: 'I have to save every single dollar I possibly can so I can feel safe.' That's what his soul contract said. And he thought at some point in his life early on: 'If I save everything and I don't give anything up, it will make me feel safe in the world.' So that soul contract prevented him from even being able to have more money because he couldn't create flow with it.

So yeah, you can be prevented from pretty much everything depending on what your soul contracts are.

Darius: Okay. I've got a quick question from Maggie in Southampton. I just want to share this, because for a lot of people this really is like the capstone of what people are feeling. 'Dear Danielle and Darius, I'd like to ask why is it that all of my happiness is taken away each time it's given to me? I've had to wait years and years for things to happen, and when I fully express my happiness the pleasure is immediately taken away. What's going on in my life? Why am I not allowed to enjoy life? I'm losing hope. Much love and light. Maggie.' I mean, is that something that, you know, soul contract-wise that could be a soul contract?

Danielle: Yes. Totally. But in order to understand that fully we need to look at the seed thought which underlies the soul contract. So the seed thought is energy that all of your soul contracts are based on. So a seed thought could be something like: 'I'm not safe, supported, protected in the world. I'm not a good person. I'm not worthy. I'm not deserving. I'm unlovable.' These are all very common seed thoughts, that we... It's an energy we take in usually pretty early on in our lives. So what was her name again?

Darius: Maggie.

Danielle: Maggie. Okay, so for Maggie what I'm seeing... I've got to do this psychically. That's just going to help here. So for Maggie what I'm seeing is that she has a seed thought of 'I'm not safe, supported, protected', so her soul contract is, I've got to... How can I say it? Everything that comes is going to leave.

So she's saying it happens in just certain areas, but I'm seeing it happens with people, it happens with goals, it happens with career, it happens with money. It comes in and then it has to leave. But as long as it comes in and then it leaves she feels safe because she understands this. She understands not being able to depend on anything. Does that make sense?

Darius: Yes.

Danielle: It's a weird kind of soul contract, but people will stay in their comfort zones even if their comfort zones aren't comfortable, and that's what's going on with her. So it's not a soul contract that says 'I can't be happy'. It's a soul contract that says 'I can't depend on anything.' So if the personal contract says 'I can't depend on anything', what happens? We've got the law of attraction, right? Like attracts like. So she's carrying around an energy in her soul that says 'I'm not safe, supported, protected' and a soul contract that says 'I can't depend on anything'.

So those energies get sent out to the universe. The universe goes: 'Alright, cool. So that's what Maggie's feeling,' and the universe brings her back experiences to match that over and over and over again. It's like it get compounded. It not's.... Well, no soul contract is really fun but that's particularly is not fun.

Darius: Wow. Wow.

Danielle: Definitely not a fun one. But it's dealable; it's changeable. But yeah, that's not a fun



one, Maggie. I'm sorry.

Darius: Okay. And Maggie, we're going to be talking about how to change this. We're going to be doing some exercise on the call to begin to change these. So just know that we're not going to forget that yes, Maggie, we want to change that.

And this has opened up a flood of questions from a bunch of people. But a question I have: Are these formed before we come onto the earthly plane or while we're on it?

Danielle: That's the crazy thing.

Darius: Okay.

Danielle: So the ones between people, like the one you and I have together, that was formed pre-birth when my soul was walking around going: 'Well, I'm going to do this work. Darius's soul... I'm going to ask Darius's soul to help me.' And you asked me to help you; I asked you to help me. So we're helping each other move forward. That's different from these, which are formed early on in our lives.

Some of them are formed in past lives and we carry them through, but what I find is most of the ones that people are dealing with today, as more and more people are awakening and becoming conscious and aware of themselves, and realizing that they don't have to live in this kind of desperate, sad, lonely place that so many of us live, people are waking up and dealing with these whole contracts, the ones that are formed in this lifetime.

Now, they're formed like this. So I just need to kind of go through like the birth of a soul contract for a sec.

Darius: Yes. Please.

Danielle: So what it is is you have a... It's helpful to understand the system so you know how to figure it out for yourself.

Darius: Okay.

Danielle: So at some point in somebody's life, like in Maggie's life, as we go to Maggie. At some point in Maggie's life early on - I find usually between the ages of three to five, although I've met some ones and twos; I've met some in utero and I've met some where this has happened at seven. But usually between three and five. There's something going on in Maggie's life that's making her feel not safe, not supported, not protected.

So what happens is how do you deal with that at that early age? I mean, what do you do? Are you going to go and talk to a therapist? No. You don't know how to deal with it so you take... she took the energy and embedded it in her soul. It's kind of like 'I don't know what to do with this. I'll just put it over here.'

Darius: Wow. Wow.

Danielle: So that starts vibrating out to the universe, right. Now she's carrying that around. As a result of her experience, she went: 'Wow. Alright. I can't depend on anything. I will

not depend on anything ever. I expect it all to go away.' So she created that soul contract.

So these are formed during the lifetime in a subconscious way. We don't really realize we're really doing it, except we know we're trying to take some action to make ourselves feel better. The problem is that the best action to take would be for Maggie - and she couldn't have done this at three, but she can work on doing this now - to start working on the soul lesson that comes out of this, meaning if she has the seed thought that says 'I'm not safe, supported, protected', that means that there is a part of her because of that energy she's embedded in her soul that doesn't believe in the beauty and the purity and the divinity of her soul, of her self that we all hold. So until she learns that lesson, that energy will stay there. So those seed thoughts and soul contracts, they just point to that soul lesson.

Darius: Okay.

Danielle: So the idea here is when she learns it she gets to release it.

Darius: And this is where people can release themselves of soul contracts. And what I love about your work, Danielle, is like this is not just... it's not just principles or theories that you're learning. You've traveled this world psychically. You've felt this. You've seen this. You've gone to the reaches to really uncover what this is. And this is why I love Danielle, because she's actually someone who can sense this energy at a much different level than those of us that are just trying to say: 'Well, yeah, it's a good idea.' You now, she's sensing it.

We're going to do a few things. We're going to take...

Danielle: But I do want people to be able to do it. I want people to be able to do it. It's cool to talk about oh, this can happen, that can happen, but I want people to go: 'Oh, follow these steps. Cool. I'm feeling better. I'm living different. I'm believing in myself.' That's what I want.

Darius: Really quick. I've got this question that just came in. When you see energy, I mean, what do you see? What are you seeing as a psychic? What is coming in to you? How's it coming in? And then just a little bit about kind of your background as to how these gifts were uncovered to you in your life. Because I know we have a jam-packed plate, but a lot of people are asking about that and they want to know more about your particular gifts.

Danielle: Okay. So it depends. How I get the information really depends on the person I'm working with, on the energy. When I'm on *this* call it almost bowls me over, because everything gets almost exaggerated with so many people present, so it's not hard. It's like - boom! - there's Maggie. Boom! - there's the soul contract. But I can see it my head. I don't see it with my physical eyes. I can see the same thing in my head with my eyes opened or closed.

A lot of people they want to open up their psychic sight and they think that means that they're going to see it with their physical eye like Melinda did. I think that was her name - Melina, Melinda on *Ghost Whisperer*. You know that show?

Darius: Yes.

Danielle: She would see it with her physical eyes and almost touch them. And it's really not that way. It's in my head. So I see it, I hear it, and a lot of the way that information comes in to me psychically is not seen, heard or felt, it just spills out of my mouth. I don't even know it's there and then I find myself talking about this part, and that part and I just have to be comfortable letting that flow come in.

I have been like that my whole life but I just thought it was really weird for a long time. I didn't have anyone around me to say: 'You're a really psychic. You're really sensitive. That's why you know what the animals are thinking. That's why you know all this. That's why you're such a good listener and can give great advice.'

I thought I was really smart at giving advice. I didn't realize that that advice was intuitive. I thought I was just really a good friend.

So it took me quite a while of dumbing everything down and trying to be very normal and fit in with everybody else. It really took me quite a while to go: 'Okay, this is a real thing.' And it was an experience with my dog and a pet psychic and... I'd never been to anything psychic. I grew up in the Midwest for a while. It just wasn't a thing that was done. So I saw a pet psychic, and it was the experience with that pet psychic that made me go: 'Wait. Psychic stuff is real.'

Now, mind you, I was in the corporate world. I just had finished my MBA. I was really not in the world of psychics or self-help or any of that stuff. But pretty much as soon as I realized it was real, I realized it was something that I could do and needed to do, and pretty much did everything in my power to open it up and start working in that arena, and get out of the corporate world, which was not for me. It's not good when you're sitting in a cube and you can feel the emotions of the people all around you. It's not cool.

Darius: Yeah. Very true. Very true. Oh my gosh. Very, very exciting. You know, we're getting so many questions come in, so I just want to just kind of share one person, Lori... And this is just... I really want this show to be about everybody here. And so many people are feeling a lot of the same energies, which is like there's something that's been keeping me almost my entire life long from really just being, and feeling the freedom and just the goodness and just being in that flow.

Like Lori wrote in. She says: 'I feel immobilized. No forward movement in my business, my relationships, especially money. A block of some sort from childhood. My mom posted a picture of me on Facebook yesterday from when I was about four years old, and when I saw it I broke into tears and I felt immediate incredible sadness. What does all this mean?'

This is a common question we're getting. What does this mean? Where's the contract, you know? Let's begin to loosen this and move forward. So for Lori what does that mean? What do you sense coming in?

Danielle: Okay, Lori has... We've got to start with the seed thought. She has a seed thought of 'I'm not good enough. I'm not deserving and worthy.'



Darius: Okay.

Danielle: So those are the two base things she took in when she was really young. She's formed several soul contracts as a result to try and make herself feel good about herself, and if you look at Lori... well, we can't. *I'm* looking at Laurie. So what she has going on is... one other thing is she has what's called a mini wall. This is the type of soul contract where...

Darius: A mini wall?

Danielle: A mini wall, yeah. And this is where somebody will try and keep other people... stop themselves... How am I going to say it? They don't let everybody in. They will only people in to a certain degree and then past that degree they don't let in.

So this affects relationships. You know, she can have friends and family and others around, but past that she doesn't let them see what's really going on in there. She doesn't let people in. She doesn't allow herself to receive. In addition, because she's not allowing herself to receive, she's going to have trouble in her work, she's going to have trouble in love relationships, she's going to have trouble with money, because she's keeping everything at bay. That's what the mini wall is doing for her.

And it's really interesting because for a lot of people the mini wall's just focused on relationships. They don't let others in easily, to keep others from seeing that deep down they feel like they're not really a good person. But she's extended hers beautifully in a big way to all of these other places. 'I'm going to keep all of these other parts out so that no one can discover that I'm really not a good person within.'

It's so crazy how we find these varied ways to try and block everything out so that no one can see the feelings and the emotions that are really going on down deep like the 'I'm not safe, I'm not supported, I'm not good enough'.

Darius: Right.

Danielle: So many people feel that they're not good enough and yet then they go and they read these books and they take these classes and they're trying all these methods, but the methods they're having trouble with because they're working on more of an outer energy.

Darius: Right.

Danielle: But the inner energy at the soul is saying 'I'm not good enough'. So it's kind of like in conflict with everything that she's trying to do. And I actually see that with quite a few of the people on the call. What I'm hearing is that's kind of a pattern for people right now. Is that making sense?

Darius: It makes a lot of sense, and this is what people are really... The lines just exploded because people are asking, you know: 'What are you sensing on the call, Danielle? What's going on? Do you get a common energy for people on this call?' And I'll ask you that question and then we're going to actually open up the lines. So I know this is going to be really fast-paced and we want to squeeze everything we can here. So hit \*2 to raise your hands and Danielle's going to be spending some time with you.

We're going to move fast but we want to serve you.

Danielle, okay, common energies, common soul contacts that you may be perceiving on the call. Is there a way to see like what's the most common that's coming up here for You Wealth?

Danielle: Yeah, yeah, yeah. That's easy. So I talked about the mini wall. There's another one around...

Darius: Oh my gosh.

Danielle: What?

Darius: I just say 'oh my gosh' to mini wall, because, you know, it's like these things... no one's ever talked about that before and I just think...

Danielle: I know, it's a weird thing. I've only just actually learned about it in the past I think four months. This summer the mini wall kept coming. Everybody kept coming in and oh my God, it's the mini wall, the mini wall, the mini wall. But it's really common, especially when so many people are now waking up and trying to move forward and yet they've got this mini wall soul contract in place.

There are a lot of people who if they don't have the mini wall or in addition to the mini wall I'm seeing they have... A lot of people are on the call thinking they have a soul contract that blocks them from money, like a vow of poverty, a soul contract of poverty. And it's a really popular thing. You've heard of that before, right?

Darius: Right.

Danielle: This vow of poverty.

Darius: Right.

Danielle: But what I find is that like ten years ago that was a really popular one, but that's not where we are in our consciousness right now. And so really what's happening is it's more about allowing and trusting and having faith and believing in oneself and believing in the safety and the support and the protection of the universe.

So if you have a seed thought of 'I'm not safe, supported, protected' - which what I'm hearing is that a lot of the people on the call have - then the resulting soul contract a lot of people have is 'I need to...' I've got to get the words because it's kind of new to me the way it's coming through for the group. 'I need to focus all of my attention and energy on money and abundance'. And so what's happening is you've got a whole lot of people on the call who are doing everything they can to bring in dollars; that dollars will make them feel safe, supported, protected - meaning they will negate that seed thought - and the dollars will also make them feel good, feel like a good person because they succeeded, and that will negate the other popular seed thought which is 'I'm not a good person'.

So the problem is with that one if you only are looking for dollars, you're missing out on a whole ton of other energies and support and protection that the universe could be providing. But the thing is - and I can hear the people saying in their head 'but I

just need to make \$100,000 this year and then everything will be fine’.

Darius: Right.

Danielle: So it’s basically they decided... We can call it the dollar soul contract. That’s how I’m going to call it for the people on the call, the dollar soul contract.

So there’s a belief now that says ‘dollars make me okay’. And it’s not about dollars, it about believing, feeling and living and breathing that you are safe, supported and protected. But that soul contract keep coming back and saying: ‘But no. Once I pay off this debt it will be fine. Once I have this it will be fine. Once I have this career with this amount I’m making it will be fine.’ That’s a huge one for people on the call. Do you find a lot of people on your calls are focused on the money piece?

Darius: Yes. Yes. So that’s dead on. And when what I want to hear what people are saying, what people are feeling. For how many of you was that very accurate? Just let us know on the Q&A at [www.youwealthrevolution.com/now](http://www.youwealthrevolution.com/now) and just let us know.

Soul mates. I want to talk a little bit about that maybe just for a couple minutes, but we have just tons of callers waiting so we just want to jump on that. With soul mates...

Danielle: Okay. But can I give one more?

Darius: Yes. Yes.

Danielle: I need to get one more. Is that okay?

Darius: Oh yeah.

Danielle: Because we wanted to do what are popular ones for your people. The other one that I’m seeing that’s really popular for your people is control. So if I control everything, if I know what’s coming at me, if I’m doing everything I possibly can, if I have my hands all over it, then I know what’s coming at me. I’ll feel safe. And then I know what’s coming at me and I can prevent anyone from figuring out that I’m not a good person, because I’ve got control over what’s going on.

So I just needed to bring that one up too because that’s a nice popular one what your people too.

Darius: Wow. That’s so valuable. So these are some of the things. Now we’re going to take some live callers, but really quick, Danielle, for love and soul mates and relationships... There’s a lot of people out there waiting for that to come in. How does a soul contract play out with that, and spouses and loved ones and even family members?

Danielle: Okay. So first off if you have the mini wall soul contract in place it’s going to be really hard to bring in the love of your life. There are other soul contracts such as over-giving – ‘I’m going to give all of myself to someone or to everyone else and hopefully that will make people love me back and then I’ll feel good, safe, supported and protected.’

So when you have these types of soul contracts that say 'I'm going to sacrifice myself for everybody else and then hopefully they'll see I'm a good person and someone will come in and love me for it'... So when you have these types of soul contracts in place, they don't create balance. That's creating a 'I have to do this in order to receive love' type situation. That soul contract is setting up an undesirable situation. So I meet a lot of people who are like: 'But I'm doing everything I can and I really want someone in my life.'

There's another soul contract out that says... it's the rescuer/rescue soul contract and it's kind of like 'I don't feel safe, supported and protected. I don't feel okay on my own. When I bring this other half in then I will finally feel like a whole person and I'll finally feel safe.' So again they're coming at finding love in their life from a place of lack. So when those soul contracts are released because they start to believe they are safe, supported, protected, because they start to believe they are whole and good and wonderful and those energies aren't there, then they can bring in a balanced relationship.

But, boy, soul contracts can really mess you up in love and relationships big time.

Darius: Wow. Okay. And so many of us are wanting that love and we're maybe with that person that we love or maybe we've met that person and we got estranged, but there is something in us that keep pulling us towards them and we love them so much but when we get close and it's like these fireworks go off. And so this is so vital.

And I just want to give everybody kind of like a heads up for the two that just wrote in, just kind of Danielle a check for you. Paula said: 'Yes to a tee. She hit the nail on the head totally.' Jeanie said: 'Very accurate.' Dee wrote in and said: 'It feels like she's talking to me!!!'

Aria: 'This was very accurate for me. Thanks so much. It brought tears to my eyes.' Shelly Simms: 'Yes, the money issue was very appropriate. Huge yes to the control issue. She's right on.'

Lori said: 'Yes, she nailed it for me. That resonated hugely. Now tear down that wall,' she says. It reminds me of Ronald Reagan when he said to Mr. Gorbachev: 'Tear down that wall' - or whatever he said. Actually I can't remember.

And then Therese said: 'Danielle is very accurate regarding what she said.'

And then Marvin said: 'Yes, yes, yes.'

So many people are just writing in. We just got another 20 more that just flew in.

So what I really want to do is I want to really want to take callers. We've got a bunch with their hands raised. Any instructions for people before we unmute the line - because I know we want to move as fast as we can. But also for those that aren't selected or that aren't, you know, with their hands raised, what can they learn from each caller that we take?

Danielle: Okay. So the first thing I'll say that there's something... It's called a cledon and it basically happens when giving readings to a group. Even if your hand is raised and you want one of these little mini readings on soul contracts and you don't get chosen, when you start feeling that that information is resonating with you, take that as your reading.

It's a real phenomenon called a cledon. It happens as well when I'm doing like live groups. There will be several other people in the audience who are like: 'Oh, that's totally me. That's exactly me. I feel like you're talking to me.' So if you get that feeling, know that that's your guide's way and the universe's way of getting the information to you as well. So there's no sleight. You're still going to get the information you need to receive.

For doing the readings... These are just little mini readings and my intention with them is to help you figure out what your blocks are, what your soul contracts are and your seed thoughts. That's basically what I want to do with each person. And in doing that you'll be able to start seeing for other people, okay, so I do it this way; so I can look that way. And that's really an important. Because it's really cool to figure out what your soul contract are. That's kind of like half the fun. I find it fun at least.

So all you have to do when you call... We get your name and you can just say: 'I feel like I'm blocked in this area or I'm feeling this.' And I don't want people talking for like five minutes. Just, you know, like a sentence or two.

Darius: Okay. So we're going to start... 'I feel like I'm blocked here in this area' and then we'll go from there. We've got... Let's see, let's see, let's see. We have Nancy and she's calling from Bishop Ranch, California. She's calling from a 925 area code. Nancy, are you there? You're live with Danielle and Darius.

Nancy: Is it me?

Darius: Yes, you Nancy.

Nancy: You've called me many other times and my name is not Nancy.

Darius: Oh, okay.

Nancy: But I never picked up the phone. So it's me.

Darius: That's how it's showing up on our thing. So where are you feeling blocked?

Nancy: All of them.

Danielle: Okay. So actually your energy is really wonderfully beautifully open, so I can go with that. Nancy, you have a seed thought of 'I'm not good enough' and you have a seed thought of 'I'm not safe, supported, protected'. These are the two I called out as the popular one for Darius's people. But you also have a soul contract... You find it hard to speak up about things that are really important to you, right?

Nancy: Yes.



Danielle: It stays inside of you. And you also find it scary to be very visible to the public, right? You kind of like to hang out in the background a bit, right?

Nancy: Yes.

Danielle: So these are two soul contracts that keep you... I'll explain it. So one is called 'not speaking up'. There's no fancy name. And what that does is if you don't speak up then you feel safe because you can't be targeted. And if you don't speak up nobody can figure out that you aren't really that good of that person.

And I'm not saying you're not a good person. I'm saying your seed thought says you're not a good person. So that's your soul contract. And then the other soul contract is invisibility, and a lot of people have this. They don't want to be targeted. They don't want to be seen. So you do a lot from the background. You do help people a lot at the same time but you always try to do it from the background.

So for you we've got seed thought of 'I'm not good enough' and seed thought of 'I'm not safe, supported protected' and then two soul contracts - invisibility and not speaking up. So that's where you'll begin to work.

And the soul lesson then... You have two soul lessons to work on, which are starting to live, breathe, believe that you are safe, supported, protected and loved by the universe as much as every other soul out there, and that you are a good, wonderful, whole, beautiful being just like everybody else out there.

But what I'm not asking you to do... This work is not about you getting off the phone and going: 'Okay, I need to believe I'm protected and safe.' I'm not worried about you doing that. There's a whole process to it that makes it that much, much, much easier than just trying to convince yourself that you're safe or that you're a good person. So don't feel overwhelmed by these. They're totally doable. I see people work with them and master and release them all the time. Does that make sense to you?

Nancy: Yes, but I know where this comes from though.

Danielle: Yes.

Nancy: I don't seem to be able to release that.

Danielle: Well, if you say that, probably not.

Nancy: Okay.

Danielle: But here's the thing.

Nancy: That's exactly what I'm saying.

Danielle: This is what I want you to know. I've figured out how to... Not I - and I can't even take credit. So through my work I've found that if you take steps in a certain order, it actually makes it totally doable and you can release it. But if you sit here and go: Okay, I talked to Danielle and she said I need to feel safe and supported and this is all that stuff from my childhood. Now I just have to be fine with it,' that's like so

insurmountable and difficult to do, and I'm not asking you to do that.

Darius: Wow. Okay. Wow. And then one of things what we're going to be taking people through is a process to help move some of this and work through some of this. So that is coming. So I think what we want to do on these calls, right, is just identify and then everyone write down, you know, make note of where you're feeling this, and what Danielle's saying, if you're picked on and then we move through this in a moment. Right, Danielle?

Danielle: Yes. And the process that I'll bring everyone through is to release all the... So basically the way this works is when you learn the lesson, when you learn that full lesson that seed thought shows you need to learn, the soul contracts are anchored to that. So when you learn that lesson, none of that energy needs to be there anymore and you can release it.

But a lot of people have throughout their lives and lifetimes done this work in various ways, probably with a little bit more effort, but they haven't taken it so far as to release the energies. So there's a lot of people on this call who, yeah, they have their present seed thoughts and soul contracts they need to work on, but they have all this stuff from all the stuff they've done before that's still hanging out.

Darius: Right.

Danielle: That's what I want to lead people through is a process to clear all that stuff they've already done out, so it'll make the working on the present stuff so much easier.

Darius: Okay. Okay. I've got a big burning question I want to ask so I'm going to ask it after a few more callers. I've got a big one but we've got to move... It just came up, like 'I've got to ask this question.'

Okay, we've got Brigitte. Last name starts with an M. She's on Skype and she's in Greater London, England. So let me see if I can get her. Brigitte, are you there?

Brigitte: I'm here. Hello, Darius, how are you?

Darius: Hello. Hello, my love, how are you?

Brigitte: I'm good. I'm really good. Hello, Danielle.

Danielle: Hello.

Brigitte: Hi. I feel I'm in a major phase of transition in my life as an artist and also as a spiritual being and I feel just at this moment things have slowed down for me a little bit.

Danielle: Okay. So here's what I was going to say. I understand that you just said that things have slowed down for you a little bit, but I'm not even going to talk about soul contracts and seed thoughts with you right now, because where I've got to go with you is you need to work on managing your energies better.

I understand that your creative process gets a little... it makes you kind of go woaaa! and the energy gets real big and you get into it. But what I'm seeing is that your

energy is very disorganized around you, so it always kind of feel like things are a bit out of your grasp. Does that make sense?

Brigitte: Ah-hum.

Danielle: Okay. So where I'm going to point you is before you can do effectively your seed thoughts and soul contracts, to doing some grounding into your heart, to some management of your energy, organizing of your energy fields, because that's going to help you see what's really going on here. What I'm seeing is that the chaos that gets created when you go into the creative place actually slows down the results that you could get from the work that you're doing. Does that make sense?

Brigitte: Yeah.

Danielle: Okay. So that's where I want to concentrate with you, actually not on seed thoughts and soul contracts. You just have a step to do before. But here is the cool thing. When you do that step before, it's going to make the seed thoughts and soul contracts stuff so much easier.

Brigitte: Right. Okay. Great.

Danielle: I know that was a little off topic but you'll be happy if you focus there. I'm not reading you as...I don't feel like you have any soul contracts that are blocking you from success. I mean, if I'm going to tie this into soul contracts I feel like you have soul contracts that say you're comfortable with chaos. Chaos makes you feel safe, chaos make you great, chaos make you successful. So we kind of have to... I've got to get your grounded and clear within yourself first and then you could work on those seed thoughts and soul contracts around the chaos.

Brigitte: Okay.

Danielle: Making sense?

Darius: Yeah. You know, what's incredible to me is... I mean, sometimes... And that's the benefits of you and your work and the processes, is that a lot of times we come on and... Even myself. It's like I think: 'Well, okay, this is what's my challenge. This is the thing I need to work on.' And sometimes it takes someone like you to just lead us in that direction and say: 'No, no, no. This is the first place. This is what's coming in the strongest.'

Danielle: And what's crazy is so many people want to jump to their soul contracts and their blocks and they want to go: 'Remove the block. I want to make the money.' That's that they want.

Darius: Right.

Danielle: That's why they want to come to this call and get. But it doesn't work that way. Really the first part in the process is actually 'alright, I've got to learn how to manage my energy well.' Because you want to be able to look at yourself clearly to determine your soul contracts and seed thoughts.

So I wasn't saying that Brigitte was any different from a lot of people out there. There's so many people out there, especially someone who has that type of access to her creativity. There's so many people out there who don't realize how important that step is. I mean I actually built it into the process because it's that important.

I listen to other calls and I listen to people and they go right into their 'okay, let's do this process and this thing' but they haven't worked with the people on bringing them into that wonderful space so they're ready to work.

Darius: Yeah. And that was the question that came up that I think need to be asked. We do a lot of different processes here, and a lot of very brilliant teachers, healers and masters do that. Is that something that for some people here if they're still seeing blocks, if they're still seeing challenges, this could be the reason why?

Danielle: Exactly. Yes. So most processes work on the soul contract level, right? They go: 'Okay, you're having problem finding love or feeling together or getting out of your depression or making money or that job, etc.' And so most processes work at that level. The secret here is that the seed thought is actually what's driving it all.

Darius: Okay. Wow.

Danielle: So when you start understanding that piece and working to release that underlying energy, all those other processes that everybody's been learning starts to work better. It's the coolest thing, because there's nothing in conflict anymore.

Darius: Yes, yes. Wow. Wow. I get it. I get it. And I want everyone to get it as well. So hear what we're going to do. We're going to go to the next person. We've got... it's looks like Ann. She's in Boca Raton. Ann, are you there?

Ann: Yes. Wow. Thank you...

Darius: I just jumped and grabbed your name because I thought: 'Okay, she's the one.' So if you're surprised just like it happened instantaneously my mouth moved. So there's a big reason that you've been chosen and it's just because we want to love you and support you. So what are you feeling blocked with today?

Ann: Well, my health has been a concern, and because of it I am... The good side of it is that I really... I have a lot of psychic ability and I find that it's really hard to go out, because I'm picking up everything from everybody. I seem to have become very homebound, so to speak. And then my health has kept me here too.

Danielle: Okay. So what we were just talking about with Brigitte actually applies to you as well. You're super... I mean, from what I'm hearing you don't even yet realize how intuitive you are. You're very, very sensitive to other people, to their emotions, to the emotions of the trees, to the feel of the mall. Like you feel it all. And so what's happening is we're getting with you a kind of a breakdown and your body's starting to breakdown as well. You have fibro-... you have like a chronic... What's that? Chronic fatigue?

Ann: I have fibromyalgia, I'm ADHD, I have liver disease. I mean, it's like the list goes on and on and on. I don't see how anybody could have so many things like that.

Danielle: Oh, no. I see them all the time, especially because I work with all the sensitive people. So where you need to work first is not on the soul contracts. You again need to work on the foundation, the grounding of your energy.

Actually in the package I have a whole audio on this, the grounding of your energy, the bringing of yourself into your heart, and the management of your energy. Because you're walking around the world right now... So when I walk around the world I'm an antenna, but I make sure I pick up like three stations at a time, and I'm cool with that.

You're trying up - or you're trying to pick up - every station all the time and it starts to beat down on your physical body as well as your energy, because your adrenals are shot, you're toxic, you've got a lot going on there. But if we could get you to start working with your energy better, that's going to help you feel stronger within, and when you feel stronger within, then you can take the next step to start working with... The main seed thought that I hear you have to work on is 'I'm not safe, supported, protected' and there is a part of you that's looking for rescue and you do have that 'I'll feel better when somebody gives me the answer'. You have a soul contract that says that.

But don't go there yet until you've spent some time first working on the physical body and the energy body. It looks like from what I'm hearing the doctors that you've gone to, most of them have been physical body doctors and you actually need to do energy management instead, which will then filter out into the physical body. Does that make sense?

Ann: Well, to just ground that, that's the part of me that's okay it's the energetic part of me, the inside of me. I have so much light. I actually...

Danielle: I'm not talking about light. I'm talking about light. I'm talking about the management of your light.

Ann: Okay.

Danielle: That's what I'm talking about. We've got to get you managing it better so that you can go out into the physical world and not be taken down. We've got to get you picking up at least three channels at a time. We've got to get you... the energies that you don't need bouncing off you versus you absorbing them all. Does that make sense? And when you're that light you tend to attract everything.

So that's where I'm hearing to work first. And know that the liver stuff, the fibromyalgia, the ADHD, these are all related. These are all energetic. They're all related to how you're managing your energy. And from what I see, you don't have to have them forever.

Ann: Well, I don't need that. I think I'm getting well. That's what I think.

Danielle: Yeah. You can heal yourself.

Ann: But I'm overwhelmed with just nailing it on the head. It just all feels so overwhelming.



Danielle: Yeah. So start with the physical body and the energy of the physical body, and then once you've got that piece better so that you feel like you can go out into the world with a more strong self, then you can start doing seed thoughts and soul contracts and they'll come easily because you've got to a nice strong foundation from which to work. Right now your foundation's not quite there, because of all the physical stuff and the energetic stuff.

Ann: So my last question is you're talking about more than just the groundings of the balancing of the chakra energy? Are you talking about that?

Danielle: Yeah.

Ann: Are you talking about something other than that, or you're talking about that?

Danielle: I am, because that's not doing it, right?

Darius: It's not doing it for a lot of people, yeah.

Ann: So there's more to it than that.

Danielle: Yeah. So for you need to be grounding into your heart. That was actually for Brigitte as well. Ground into your heart not into the earth. Ground into your whole self not into the earth.

Ann: Okay.

Danielle: Start there.

Darius: And we're going to be actually... you know, we're going to be doing an exercise here in a moment, actually coming up really quick, that's going to be a start to that. And, you know, I want to say this: for a lot of people those things aren't working, because it's a lot of... it's technologies that have been around a while and this is really going to a whole other level. I mean, this is really beyond just energy. It's really getting into something... I don't even know. It's just way beyond what we've done.

Danielle: It is kind of the next level. I agree.

Darius: It's the next level. I think that was what I was trying to say. Danielle, when you see things like the fibromyalgia... When you saw that in her and she said: 'Yeah, I have that,' what did you see? What did that come to you as? Was it dark? Was it an energy? What was it?

Danielle: It just popped out of my mouth actually.

Darius: Okay.

Danielle: I was getting the feeling of the... So when someone has fibromyalgia or chronic fatigue syndrome it's like my body feels kind of weighed down and heavy. But I didn't identify it until it came out of my mouth.

Darius: Okay, okay. Wow.

Danielle: I've not been able to tell the difference between the two. They feel the same to me. But clearly some part of me knew.

Darius: Okay, I want to do...

Danielle: And so...

Danielle: Yeah?

Darius: Sorry, go ahead.

Danielle: I was going to say for me it doesn't matter exactly which one it is. It matters that these are there because of the energy management.

Darius: Okay.

Danielle: And so that's her key to begin is the energy management.

Darius: Okay. So I'm going to try to take some question or one or two questions from the webcast because I so much want to reach some people maybe they aren't on the phone, and we have a lot of different people tuning in.

One person was asking... One person, Mary Gilligan, or actually Gilligan - G-I-L-L-I-G-A-N - in Ireland is asking about why is she so anxious about her health since she turned 50? What's going on with Mary Gilligan in Ireland? That's what she's feeling right now is anxiousness about health.

Danielle: I love that she asked us because this is another good one for your people. This is a great one for your people. So what Mary Gilligan has going on... Let me get the seed thought... Okay, she has the seed thought of 'I'm safe, supported, protected' – and, super, super common - and her soul contract is a soul contract of anxiety. It kind of goes along with the control soul contract but it's a little different. So anxiety is I've got to keep tabs on everything, and so if I can use my anxiety to make sure that I am aware of everything that's going on and then nothing can take me by surprise and I feel safe, support, protected.

So it's kind of like a defense mechanism. So what I'm seeing for her is that she's just at a deeper level trying to make herself feel safe by focusing on the health so nothing can come at her. But it happens through anxiety. And, I mean, you can see how people could do this about their job, their health, their family, their friends, driving in the car and it can become a really super overwhelming soul contract.

I mean, when you believe that you need to have your anxiety in order to be safe or in order to do something better, in order to catch all the possible facets of it, you know, that's a big one. I meet a lot of clients who have that actually.

Darius: Wow. Wow.

Danielle: But it's just a soul contract of anxiety.

Darius: Okay. And I want to share what she wrote as well. She says: 'I have completely sort of changed the way I think to whereas any cough or sneeze or anything going on I

think I have something really bad.'

So whenever she does anything, she's like: 'Oh my god, it could be this, it could be...' - which is exactly what she said. So that's what's happening there Mary.

Let us know kind of what you felt coming in and what was going on, you know; if there's anything deeper we need to know or anything that this illuminates for your or what you thought of Danielle's reading on this. Danielle, I'm feeling a lot...

Danielle: And the soul contract of anxiety, it's again... So we're just sitting here in these readings and I'm picking out everybody's stuff.

Darius: Right, right.

Danielle: But I really want to make sure that nobody feels like: 'Oh my, I'm so broken. This is so many. I have so many of these. How am I ever going to get out?' Because the coolest thing about this work is (a) when you start working on one it does touch the others. So there's a bit of domino effect. Not a total domino effect but a bit of domino effect, and you get to start feeling better pretty soon.

The other piece is look at the system that's in place. These are energies that don't belong here, but if you look underneath the system it's like the beauty and the perfection of your soul. So it's not that anybody is actually... I was going to use 'messed up'. It's not that anyone's actually messed up or broken or something is bad about them.

Darius: Right.

Danielle: It's that we have energies that don't belong there and when we release them that's when we get to see who we really are. So I don't want anyone coming away from this going: 'I'm so messed up. This is crazy. I feel overwhelmed. I can't handle it,' because there's no reason for that.

Darius: Wow. Wow.

Danielle: It's all dealable.

Darius: All dealable.

Danielle: All dealable.

Darius: Okay. What I want to do is... It's just touching my heart the number of comments coming in and things that people are writing about. Many things I've dealt with in my own family. Carolina just wrote in from Holland. She's asking: 'You know, I'm 40 and I'm still trying to have a baby. Is there any soul contract you see about that?' This is Carolina Gonzales Van Eikhald and she's in Holland.

And I just want to share this because me and my wife, when we were on our forties or late thirties and we were trying and now we have two beautiful boys. So I feel, people, like we've all gone through so many of these things. So just for Carolina, Danielle, is there anything that you feel or anything else that you want to add to her?

- Danielle: Yeah. What Carolina is doing is... her seed thought is 'I'm not good enough'. So what she's feeling, she's got a soul contract that basically says 'when I can be a mother and when I can get pregnant, when I can be a mother, when I can do this it will prove that I'm good and it will make me finally feel good enough.'
- Darius: Okay.
- Danielle: So it's not a soul contract that says you can't get pregnant. It's that she's looking to complete herself, to fix the seed thought through the baby, through the pregnancy. So as she deals with that piece, that energy release, this pregnancy won't be a problem.
- Darius: Wow. Okay.
- Danielle: Really it won't be a problem.
- Darius: Wow. Okay. Carolina, I hope you heard that. I hope you felt it. Let's do this: let's do the exercise. I feel like we're giving a huge gift of love now to everybody and it's like I hear your questions, I see your hands raised, let's now go to the next step. Let's go to the next step, everyone. Take a deep breath and I'm going to Danielle just take it from here.
- Danielle: Okay. So the exercise that I want to lead you all through is basically, like I said, before focusing on the seed thoughts and soul contracts and the energies that you've already worked on in the past but are still hanging around. Think about it this way. If you are trying to write a paper and you're sitting in a room and you want to do a great job on that paper but that room is cluttered up with tons of all your old papers all around you, it's not going to be as easy. So what we're going to do here is we're going to clean up the room.
- We're going to go in and get all the stuff you've already done, you've already completed, you've already learned the soul lesson on, and we're going to release it and it's going to make your current work with your current blocks so much easier. And that's all I care about is that everything that you do through this work makes each next thing easier and easier and easier, because it can be kind of fun. You can end up kind of laughing at yourself about this, but if you haven't set up your foundation well and if you have all the old stuff all around you it's just not as easy or fun. We need this to be fun.
- Darius: Right. Okay.
- Danielle: Okay. Now, I know a lot of people aren't necessarily... don't consider themselves psychic or don't consider themselves people who connect with their guides. But to do this I'm going to ask you to connect with your guides or to connect with God or source or spirit or the universe or whomever it is, whatever it is that you feel connected to.
- For those of you who are good with connecting on your guides, I'll just have you call in your guides now, and to do that you can just say 'I'm now calling on my guides of 100% divine light to assist me with this work today.' And then if you're unsure just pretend they showed up. Imagine it. Maybe imagine they're hugging you or they're

grabbing hands and doing *Ring Around The Rosy* around you. You know, be light and be easy about it. And a lot of people who've maybe never even connected with their guide, before because of the energy of the call, because of everybody coming together with the same intention here, a lot of people may actually go: 'Wow, I actually felt it this time.' This is really cool. And I love that about working with this many people.

Okay. So when we're working with these deep energies, we're talking about the seed thoughts and the soul contracts and all this stuff that you've already worked on, they're all at the soul level. So we can't just work lightly. We need to go in deep. So we're going to work in the akashic records and I'm not going to explain what the whole akashic records are but just think of them... they're the records of the soul. This is where everything your soul has ever seen, felt, heard, smelled, tasted, thought is stored.

So we're going to work in there but we aren't. We're going to ask your guides to do it. And in fact we're going to ask a specific of team of guides to do it. Everybody has a team of akashic records guides, so we're going to call on that team now. If you know how to call on that team, go for it, that's awesome. If you don't and you're going: 'What are we I doing?' just do this. I want you to just say: 'I am now calling in my...' Nope, say it this way. 'I am now calling on my akashic records team to assist me with this work today.'

For those of you who are sensitive, intuitive, or who have a great imagination even, I find most akashic records teams are about three beings, but I've definitely run into... I mean, it could really be anything, but on average I'd say it's three beings, and they feel very kind of strong and powerful and kind of like guides or like: 'Let's go. Let's get ready for work. Let's go.'

Okay. So we're going to now do a prayer request to the guides. Basically I'm going to give you the words to say and you're going to make the request of your guides. The interesting thing about this is you're going to make the request in a strong voice. You're going to make the request... It's a request but it's also kind of a demand. It's kind of you saying: 'You know what? I have done this work. I have completed these soul lessons on these things and I am done and ready and get rid of them, guides. Let's go.' So you really mean it. So it's not: 'Guides, will you please take this? You know, we're not questioning. We are saying: 'Guides, get in there and do it. I'm ready. I'm excited. Let's go.'

So I want powerful voices, not necessarily loud but the power from within to come out. Okay. So here we go. Oh, I need to prepare you, because a lot of people while we're simply reading, we're simply doing, we're simply stating this out loud, this prayer request, you're probably going to feel a lot going on. A lot of people get a lot of sensation while doing this, because it is possible to feel the energies releasing.

And I will also say that I find that when people are going to do something like this, the few days before they do it, their lives get extra chaotic and crazy and they feel like extra stuff going on in their body and things get a little wonky, and it's because the guides are preparing. Everybody's getting ready. It's like they're pulling up these old energies that you just hadn't released yet and they're bringing them to the



surface so we can get rid of them in one fell swoop. So just if your life's been a little hectic for the past few days that's why.

Okay. So big, strong, powerful voices. We really mean it. Here we go.

I now consciously release all lingering energies for which I have already embodied the soul lesson. This includes all that my guides know I no longer need as well as... And what I want you to do for a moment is talk with your guides about what you've already worked on, anything that comes to mind. You can even talk about your current soul contracts and seed thoughts. If you don't have them yet in soul contract and seed thought form, that's okay; talk about your blocks; talk about where you're stuck.

But it always feels really good to say: 'Hey guides, don't forget about this, that and the other thing.' They're going to make the determination about whether or not you've learned the soul lesson and you're ready to release it, but I find it feels good to be able to say: 'Check these areas too.'

So I'll be quiet for a sec.

And this is not begging, this is just pointing out areas to look.

Okay. We're going to continue on. Get ready. Big, powerful voice. Please clear my consciousness and unconsciousness, my akashic records through infinity, and all resulting physical, emotional, mental and spiritual attachments. Last, please raise my vibration to the due level aligned with my greatest and highest good – now. Thank you, thank you, thank you. And so it is.

A lot of people are releasing stuff from their heads. You've got a very analytical audience, huh?

Darius: Yeah. Well, I am too.

Danielle: You too.

Darius: I think we all... Yeah. We all just have so much energy.

Danielle: Yeah.

Darius: Wow. A lot of people are you're saying how much sense this makes and how good it feels. So I just want to let everyone stay in that space and just being of gratefulness and just letting whatever needs to come in come in.

Danielle: And out.

Darius: And out, yes. And also share with us. Share with us what's going on and what's happening as you go through and do this. Wow.

One question that seems to be coming up again and again and again is this question of like trying to will yourself through like, you know, I'm going to do all these clearings and I'm going to like get rid of this thing or I'm going to do all these

exercises or I'm going to push and push and push.

Can you will yourself past this or is this more of like... I almost see it as like a dance, like an energetic dance with your soul; that it's like velvet gloves and delicate but the right combination lock just allows it to vaporize and go. That's the way I'm seeing it. It's just a very delicate dance, very feminine actually. It's like a feminine energy not a masculine like 'let's push through'.

Danielle: Well, so many of us want to just push through. We go: 'Okay, I have a soul contract that says I can't speak up. So you know what I'm going to do? I'm going to start speaking up everywhere.' But you're pushing against yourself because you still have a seed thought that says it's not safe, it's not okay. So what this is... When you said it's kind of a delicate balance, it is a delicate balance, because it takes into account how you interact in the physical world but also how you feel about yourself, what you believe about yourself, as well as the energies.

So all of these pieces have to kind of be dealt with in order for you to truly learn this soul lesson. This work is not about 'I need to do the opposite of what my blocks are so I can through them. I just want to be able to speak up finally. I'm going to make myself.' It's about learning at the soul level what you don't quite get about yourself yet. You know, it's about addressing that piece. And when you start bringing all of these layers together and you begin actually... And it happens pretty fast. You begin looking at yourself, watching your behavior from a different place. You find that you're so much more gentle with yourself and forgiving, and it stops feeling like such a block and a challenge and you start to kind of laughing about it because it becomes funny. Through this process it becomes funny that - wow - I didn't speak up again. How funny is that? It does really actually becomes funny. And the fun makes it easier and it starts to allow the energy to come and it starts to allow the emotions to come in.

So you're absolutely right. It's not about force. It's not about just identifying soul contracts and doing the opposite. It's about changing your belief system at the very, very deepest level and releasing those energies so you can live in a world in a way that you were meant to live in the world.

Darius: Yeah. Yeah. I love that. And it's happening. I mean, I want to say this. It's happening on the call. People are sending in their comments to [www.youwealthrevolution.com/now](http://www.youwealthrevolution.com/now) - and we love you from you.

Jo from New Zealand said: 'I released a lot on my right side that's been holding on for years.' She says this was a definite released happening. Another person said: 'My sinuses opened up and my energy came back.'

Danielle: The sinuses, that's a big one, and people when their sinuses open up, a lot of it had to do with holding on, almost like a stubborn cling to the energy, so...

Darius: Wow. Well, I love this because I think that we... sometimes we just need that gentleness and we need something, I would say, from the other side to help us. And that's exactly what I love about your work, that you bring that connection.

One person, Blaise, said: 'Great release from that. Even more powerful than the previous times. I have done work many times more powerful and more wise,' - I guess than other things she's done. 'I feel so much stuff now gone, mostly seeming to be not head-centered but gut-centered. Thank you and so it is.'

Danielle: Cool.

Darius: Wow.

Danielle: Very cool.

Darius: Another person said: 'Before you started to say those words my head got heavy. As soon as you said thank you, thank you, thank you, I felt a sensation of lightness.'

Another person: 'I felt spacy. Lots of gurgling in my stomach, tingling in my right leg, chills, and like whatever was done was a done deal.'

Another person... Wow. Now, another person - Barb - she literally felt like a sharp pain in her heart, which would normally be like 'oh my gosh'. But then she said: 'It radiated directly up to the filter,' - I don't know what that means - 'in my collarbone and then magically dissipated and the energy swirled up and out.'

Danielle: Awesome.

Darius: That sounds like something that we want.

Danielle: Yeah, it's really weird the way we released the energies. I'm not hearing a lot of it in what you're reading, but I'm hearing a lot of it in my head that people are just discounting it. There's also an emotional release that often comes on where for like one or two seconds you feel like 'I want to cry; I feel upset' and then you cry.

Darius: Right.

Danielle: And that's part of this as well.

Darius: Wow. Wow. Wow. Okay. It's just beautiful. What I want to do now is any other questions people have or anything that you guys need help with or anything else going on send that into us.

I want to talk a little bit about kind of taking the next step, because there's something you're doing. I'm going to lead with your group work because I think that's really an exciting possibility for people. There is going to be a group intuitive coaching session that Danielle is going to be doing that's coming up, and it's on a special page. And then there's much, much more that's going to come with that.

So a lot of you are saying: 'You know what? I want to be in a group where she works with us, where she helps us, where she gives us more guidance. That is something that is also going to be happening.'

So I'm going to share kind of where that is and there's a lot more details beyond these and all of that. So it is at [www.youwealthrevolution.com/clear2013](http://www.youwealthrevolution.com/clear2013) - reactivate your healthy soul system and live brilliantly.

Danielle, why did you choose to put together all of this for us? And there's much, much more beyond that group work but there's something here that guided you to bring all of this together for us. Tell us why.

Danielle: I want to empower people to be able to do this work on their own. And this isn't work that's just going to make it so that you can finally get the job you want, but this is a work that's going to make it so that you wake up in the morning and you're totally excited to be you. And there's so many people who are afraid to do it or think they need me holding their hand every step over the way, walking them through it, and they don't. I really wanted to create a system that allowed people to do it on their own and I used my experience in working with private clients – okay, here are the hiccups; here's where people run into problems; here's where people gets scared - and then I gave all these tools for people so that as they're going through it and when they do get a little worried or stuck they have something to go to right there.

I just really wanted to empower people to do this work easily, to laugh at themselves about this work, because when you start getting into it it gets very funny. I just want people to be able to do it on their own. That's really why.

Darius: Yeah, yeah.

Danielle: You know, that's my passion. I don't want to set up a system where you need to come to me for every single piece. You know, that's to me very disempowering. I really want and believe everybody has it within themselves to do this work and to feel good and beautiful and trusting of themselves. That's why.

Darius: I love that. I love that. And it's all about empowerment, it really is. And what I love too is that you're there as well because you're doing a private group coaching as well as part of this. So if people get stuck or need help or are just like: 'Hey, you know what? I need help.' That's also going to be happening. So it's really like the best of both worlds.

Danielle: Yeah.

Darius: And really getting Danielle just to be there and help you through this in a lot of different ways.

Let's talk about some of the different pieces, because the first thing I'm seeing is just a beautiful page and *The Brilliant Soul System*, Item One... The first part of this is really understanding really deeply, energetically as you see it... Like you're taking what you see, how you see things as a psychic, and you're bringing it to the common person, to the person that maybe isn't as intuitively open as you are so they can understand it, right? What are the things covered in this first piece?

Danielle: I felt that it was really important that people understood that there was a whole system at work here and when it's healthy it works one way and when it's unhealthy it works another way. And if you understand the... You know, it's not that complicated of a system. It's actually a really cool system. But when you understand how the whole thing works it just starts to let you understand more about yourself

and why you're making the choices you're making and why things are feeling this way.

So I really went into a lot of details on what... You know, we kind of skimmed it today on what seed thoughts and soul contracts are and the real components of the healthy soul system and the unhealthy soul system. Without that understanding it's kind of like you're skipping, you're skipping to what you think is the meat, but you really need this and the next piece, which are these foundational pieces from which to work. Otherwise it's kind of like you're still trying to do the work... 'Well, I have a soul contract that said don't speak up so I'm going to speak up from now on.' You're just pushing yourself.

So really it's all about understanding. The understanding is what makes the whole thing easy. So that's what's in the first piece is getting that understanding going. The roof belief systems, we didn't talk about those. I mean, there's more components than what we talked about today, but I want people to get that part.

It also allows them then... Sorry, that's my dog! It also allows them then to be able to talk with each other, you know – 'Oh, I've got this one. I've got this going on.' It allows you to kind of have a universal language if you understand what's going on in your soul system. And that can as well make people feel more supported while they're doing the work, because they know other people out there know what they're talking about.

Darius: Right, right.

Danielle: So that's what's in the first piece.

Darius: I heard you say on this page that for the first piece how one of these energies can secretly influence you for 20, 30 or even 50 years.

Danielle: Yeah.

Darius: That's an incredible... I mean, a lifetime. There are people that live and, you know, born and passed holding these energies and never really understand where they are, what they mean, and how they can be let go of. Wow.

Danielle: It's pretty crazy.

Darius: Yeah.

Danielle: But it's so cool because once you understand that it's so obvious. It becomes so clear. That's why I love it. I love working with people and watching them go: 'Oh my gosh.' Like you can see the light come over their eyes and they go... It just puts everything into place. All that challenge, all those negative feelings. It starts lining it up for you so you get it. And that's so important. If you're going to work with it you've got to get it.

Darius: Part Two of this... The next thing that people move through is the *Soul Energy Harmonization Process*, which is really something that actually allows them to move this energy, change the energy, and also see if it actually works for them so they can test it, right? Tell me about this piece and what this is. This is the same thing that



you do with your clients, right? This is what you do with people to move them is this frequency harmonization.

Danielle: This is part of the work where... Yeah, this is in *Number Two: Setting Your Foundation*, which we talked about a little earlier in general. And this is part of the work. I find that a lot people... Remember, I'm all about tools. I'm all about what's going to get you there. So this is one of the tools. A lot of people tend to try to box up their soul and separate themselves from it in order to get through the world. So they've got their seed thoughts and their soul contracts in there but they also have their soul in a box, like literally like packaged it up and set it over there across the room.

So this is a way to take the soul out of the box and to reconnect with it. And it does mean you're going to have more access to your seed thoughts and soul contracts, so things may get a little wonky, but at the same time I'm giving you other tools and techniques to manage the wonkiness, to manage the energy, so you can go in and start working more deeply with it.

It's kind of like all about uncovering. That's what this whole work is about, uncovering to get to the juicy center, which is the soul.

Darius: Yeah. Okay.

Danielle: So that whole Part Two is that... what we're talking about with Brigitte, which was getting that stable foundation. And you're absolutely right; it's not clearing the chakras. That's wonderful work but it's not getting people where they need to be. I can't tell you how many people I work where they say: 'I clear my chakras every morning, every night. I do the DVD.' And yet I'm looking at them and their chakras aren't feeling fine and neither are them.

So if the work that you've been doing to align yourself, to clear yourself, to ground yourself, when you do it you don't actually come out of it and go: 'Oh, I feel different. I feel better,' then it's not the right work for you right now. So what I've done is I included a lot of ways to see, okay, is this the right work for you? Is this going to get you there? Because you can't move forward until that foundation is strong. So, yeah, *Soul Energy Harmonization* is one of those pieces.

Darius: Wow. Wow. And then the next step – this is Item Three – and we've got a question as to where this is. It's at [www.youwealthrevolution.com/clear2013](http://www.youwealthrevolution.com/clear2013).

Item Three is *Finding Your Soul Contracts*. Now, this where people want to start with. They're like: 'Where it is? How do I do it?'

Danielle: Yes.

Darius: But you give them the foundations of it...

Danielle: But don't!

Darius: Don't, she says. Don't do that yet.

Danielle: Don't start here. Do One and do Two first, because, I mean, it's all built to make it

easier.

Darius: Okay.

Danielle: So I know this is like the cool stuff right here - 'Oh, I want to know it' - but the other two pieces matters so much to make this nice and easy.

So this is really where I walk you through how to find your soul contracts, how to find what's blocking you, and I go through the different types of soul contracts. I love this audio actually, because this is kind of the meat of what gets everybody excited. But it's not as easy to do if you don't do the other two pieces.

Darius: Yeah, the other pieces prepare you energetically to really identify these. These really get you tuned into the frequency that these contracts are at so you then can identify them. Now, *DNA Soul Contract*. We're going to talk about that. We didn't talk about bump contracts.

Danielle: Right.

Darius: We didn't talk about animals. We didn't talk about relationship soul contracts. There's a lot here that we haven't had time to cover and - wow – families and soul contracts and DNA. I mean, do certain families get into like disease patterns because of contracts that they have?

Danielle: Oh, yeah.

Darius: Okay. Yeah. So if you've had that in your family there's something to really look at, okay, what is that DNA soul contract, right, that I might be sharing with that diseased family member.

Danielle: Yes. It's pretty cool. DNA soul contracts. DNA soul contracts are cool. When I run into one it's really neat. We probably don't have time, but they're really cool.

Darius: Okay. Well, that...

Danielle: I'll leave it as that.

Darius: Yeah, that's for another time. Yeah, so that's going to be in Item Three. Now, after Item Three wouldn't be done? Okay, we found them; aren't we done? But it looks like we've got to now go through and release the soul contracts and that's what Item Four is about.

Danielle: Yes.

Darius: Let's talk about that. What is in this piece?

Danielle: So it's not just about identifying but there is a soul lesson to learn with each one and then release. So that's what this audio helps you do. It helps you learn how... You know, the true the embodiment... I talk about the true embodiment. That means you've actually learned the soul lesson. That means you're actually are living now believing you're safe, believing it's fine to speak up because there's no problem about it. You're not scared of speaking up because you're scared of life anymore.

So when you get to that place, then... And that's what I show you how to do here. And then I'll take you through a clearing that actually clears out everything you just did. It's really cool. Again this is one that everybody wants to jump to if they know their soul contracts, but it's not going to be cool and awesome and wonderful and helpful. You've got to do all the parts to get there. But they're not long, you know. It's not like 90 days' worth of stuff. You know, they're small parts.

Darius: Small parts, and this is where we get to clearing. Wow. And that's it. I mean, that's how simple it is to move past these energies that can hold people back.

Danielle: It really is. When you understand what to do it's totally easy. I mean, that's when I get the calls from people and the emails – 'I can't believe I get to live this life. I can't believe I have this relationship. I can't believe I feel this way about myself.' You know, and it stopped being about 'I needed to get *this* job. I needed to have *this* man,' and it becomes 'this is my life; this is who I am'. We think it's about we want to remove these blocks in these specific areas, but this work goes across the board.

Darius: Wow. We had one person that you sent us say: 'I noticed the change immediately after clearing. I actually fell asleep for a few minutes. When I woke I was very light and peaceful. I was not telling on that. There seems to be residual effect. The people I've been having problems with,' – I guess that's a residual effect – 'seem to be less problematic for me now psychologically and spiritually.'

Another person said: 'This is what I've been waiting for my entire life. This is my first call and before I even clicked on it I knew it was going to be powerful beyond words.'

Okay. So definitely this is some powerful stuff, but you don't really stop there. You have a group intuitive private session that's going to happen with everybody as well. So if you need help with this, folks, if you're having challenges as they come up and you've had the time to go through this, that's there for you as well in this special package. And you also have something else here - *Getting To Know Your Spirit Guides Finally*. Tell me about that, because you actually help us to connect with our guides and understand what a guide team is and much, much more.

Danielle: I find that because I'm a spiritual person and so much of the work that I do involves the guides and there's so many people who want to feel better but they're like: 'The guides? What am I even doing to get all worried that they can't do it because they may not necessarily live the same way I live?' I find that it's helpful... This audio is needed for many of those people to kind of lay out, well, here's guides work and here's how they can connect with you, and who's on a team, and how do you call them, just kind to get people comfortable with it, because it is something that I do in the work, I do ask you to do in the work.

It's a very simple kind of clear, easy... It's not so much of a... I'm not going to say: 'Okay, we're going to connect with guides now.' I mean, I'm not leading you through a meditation. I'm getting you comfortable with how they work so that you can actually use them.

Darius: Wow. Wow.

Danielle: Yeah. And most people don't do that. They lead you through a meditation... Not as

helpful as... well, I find not as helpful as really, well, what are these guides? Who are they? What do they look like?

Darius: Yeah.

Danielle: You know, people get a little freaked out. So this is to help with no freaking out.

Darius: Yeah, yeah. Fantastic. And we're getting a bunch more comments coming in. I just want to share kind of what a lot of people are sharing. How much more powerful is going through this deeper work than what we did on the phone? I mean, is it substantially like going beyond just that level or is it just more of the same?

Danielle: More of the same. No, I'm joking! All you did today is clear out the stuff you've already worked on in past lives and in this life...

Darius: Okay.

Danielle: You know, the stuff that was hanging that you've already completed. We didn't even get to do the actual work yet. The actual work is even bigger and actually I find it to be more fun because it really changes... It doesn't just make you feel better in the moment. It actually changes how you live in the world.

Darius: Right.

Danielle: It upgrades you.

Darius: Wow.

Danielle: And that's a very specific thing. You can't release what you haven't learned the soul lesson on. And that's the thing. You can't change what you don't understand. So what you already understood but were letting the energies kind of hang around hadn't completed, that's what we did today and that's what we released. But we cleared the way so now you can work with your current blocks, your current soul contracts and seed thoughts, and it'll be much easier now. So actually this work in the package goes much, much deeper than what we did today.

Darius: Okay. Wow. So that is what we're talking about: going much deeper than today and really doing the work that you came here to do. It's at [www.youwealthrevolution.com/clear2013](http://www.youwealthrevolution.com/clear2013). I'm just going to make sure that link is working... and it looks like it works just fine.

We had one person write in... A bunch more comments coming in. I just wanted to share. 'As soon as we were done I saw two old boyfriends walk out of the room saying: 'I guess we're done.' How bizarre.'

Danielle: But that's what I'm talking about. That's what this clearing was about. She'd completed - or he - had completed the work with them and so that could leave. That was all done, soul lessons learned, time to move on. But now everybody's here and they've got their current challenges that they're free to work on more easily, more cleanly. Yeah.

Darius: Okay. Now, the last piece...

Danielle: So it's kind of like it give everybody a leg-up.

Darius: The leg up, yeah.

Danielle: There's another part.

Darius: There's another part, and that is, you know, we talked about our audience; you sent the audience... There's are some abundance things we want to work through and many things we want to work through and you actually have a whole *Abundance And Support: Breaking Through The Barriers* that you're giving us as well as part of this program. Tell me what's in Item... it looks like it's Item Six. It's a huge, huge, huge great thing.

Danielle: Okay. Yeah, there's a lot of things in there.

Darius: So cool.

Danielle: Well, I didn't know why I was including this when I was like... All the parts... I knew all the parts but this was the part I went: 'Oh, I've just got to put this in.' And I didn't know why but now having done the call and looked at the audience I know why.

So remember we were talking about your audience and how they were focused on... The money piece was a big piece. So this helps people understand the soul contracts going around through that, helps take them through some of the process so they can have some a-ha moments, and then even does a clearing specifically on the abundance and support soul contracts to help them release what they've learned. I also give the 20 most common reasons people block abundance and support without knowing it, which is kind of interesting because it's not the reasons you would think. They're all kinds of soul contract-based reasons.

Darius: Wow.

Danielle: So I had to include that and now I know why.

Darius: Okay. So that's another huge piece. All of that plus the private group support that's going to be happening and coming up, all of it is at [www.youwealthrevolution.com/clear2013](http://www.youwealthrevolution.com/clear2013).

Danielle, who is this package for? I mean, obviously there's a lot of wonderful heart-centered spirit beings here that have done a lot of work and are very advanced, but who's this for? Who is this really calling to in your heart?

Danielle: It's calling to the people who've been working on themselves and are feeling kind of like: 'Well, wait. Why aren't I getting where I think I'm supposed to get? Why am I not feeling as good yet? Or why is it not coming together yet for me?'

So this package is built for those people who have really worked but it's not coming together, but they've gathered all this wonderful knowledge and experience so when they use the package and they start moving through and releasing these deeper energies, what's going to happen is, like I said before, all of that other knowledge

and those tools, and those experiences that they were doing before that weren't quite 'it's just not coming together for me' will start to come together. So what it will do is it will empower them to do that other work they've been doing even better.

Darius: Okay. Wow.

Danielle: You know, the people who are feeling kind of like everything's not working. What's up? It's not coming together. That's the people.

Darius: Yeah. Okay. And it is available at [www.youwealthrevolution.com/clear2013](http://www.youwealthrevolution.com/clear2013). It's \$1,027 value. It's 88% off and it's \$127. 30-day money-back guarantee. Go through it, really open your heart to it, and you're also going to get what we mentioned – Item Seven - private group intuitive coaching session with Danielle. A private group intuitive coaching session with Danielle as well, that is included as well.

There's even another bonus that Danielle's included. I just want to read it. 'A simple yet effective technique for calling in the new energies you really want to experience. The technique will help you adjust more easily to all of the clearing work.' And there's just a huge amount of comments and wonderful things people have been saying about Danielle. All of it's here. I'm just going to grab a few of these new comments that just rolled in and just kind of share.

One person said: 'I began moving very rapidly. I dozed off and I woke up and I felt what may be the release of a childhood traumatic experience where I was almost killed.' She said: 'This is so big. Thank you. Thank you. You've released the party involved with love.'

So she felt a big clearing, a lot of people have felt some really big clearings. Another person said: 'I felt as if my head opened up and a sense of peaceful calmness came over me.'

Bonnie said: 'I feel lighter.'

Another person – Mary: 'This is very emotional and felt extremely powerful for me.'

Another person - Blaise – said: 'This is way more powerful than many other times that I've done this type of work.'

So over and over again people have felt huge releases.

Danielle, really quick I got to ask. This wasn't even the main work. Why was this be so powerful today?

Danielle: I know. Isn't that crazy? Because we carry this stuff around. We don't complete the release a lot of the time and it continues to weigh us down. All of the energy that seed thoughts and soul contracts... these have a heaviness to them. They're a lower vibration, right? So even if you have understood it, even if you've started to learn the soul lesson, even if you've learned the soul lesson but you didn't take it so far as to actually release that energy, that old energy now that you've already learned is holding you down.



So what people are experiencing is the release of the old stuff and then the lightness, the booeing up that starts to come with that. I don't want people to think that – 'Wow, that's it. All my challenges are gone' - because we just did the old stuff. Your current stuff, now you get to work on it better, easier, more clearly, more cleanly without the old stuff holding you down, weighing you down.

Darius: Wow.

Danielle: I mean, just think that's the old stuff. Now, just think about when you do that on the stuff that's getting you now...

Darius: Yeah.

Danielle: Where you haven't yet learned the soul lesson and you've released that. Think of the huge effect that that will have, the booeing up affect that that will have. Even bigger.

Darius: Wow.

Danielle: Even bigger. That's the crazy thing. What are experiencing today is nothing compared to what they experience when they do it on their current challenges.

Darius: Well, I just can't wait. I can't wait for the stories, for the releases, for all of the power to come up and for people to be feeling all of this. And this is instantly available, correct? I mean, they get this online like now, right?

Danielle: Yeah.

Darius: If they decide to go forward and get it now.

Danielle: All of it except me.

Darius: Okay. So that part...

Danielle: All of it except the coaching call.

Darius: Yeah, the coaching call you guys are going to get. And I want to say this: to get her to help the group and to be a part of what we're doing here, that is just a huge treat, because she's obviously very busy as her work explodes. She's been voted one of the top psychics. So all of this is just a huge thing that's happening as this explodes and people become more and more tuned into this work. But you're going to have time to get help from her and in that group intuitive coaching, so that's another piece of it.

So if you're interested you can go to that page we mentioned and we look forward to just serving all of you. And I hope that today we cleared up all the old stuff that you've been working on, which is a huge gift, and now you're ready whichever way you decide to go to move forward to the next level.

Danielle, I know we've gone long. I know we always do. Any final thoughts or anything else you just want to share? And I know I've probably asked you that like three times but anything else?

Danielle: I just want everybody to walk away knowing that they're not broken. There's not something wrong. There's nothing to fix. We're just carrying around energies and believing those energies, and as you do the work to release them you're going to realize how you were already perfect before; you just couldn't see it.

So that's what I want people to take away from this. And that's why people are getting such a reaction to the clearing on the old stuff, because they're getting glimpses into who they really are, how they really feel when they don't carry around these energies. That's why that reaction is so big.

So I just want everybody to kind of think about that, that when the energies are released you get to be your real, full, beautiful, brilliant you.

Darius: Thank you, Danielle. Thank you for being here and sharing so much and so much of your energy and time and heart with all of us here to You Wealth Revolution. I think you're amazing and I love - love - our time together.

Danielle: Thank you. I love it. Me too. Thank you for having me.

Darius: Yes. Absolutely.