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Interview with Dain Heer



Dr. Dain Heer

Author and Co-Creator of
Access Consciousness

**Activating Your Awareness
& Busting the Lies of This Reality**

Darius: Hello and welcome, everyone. This is Darius Barazandeh. You are tuning in to the You Wealth Revolution and I am so excited that you're here. I want to welcome those people though that are new as well. I know we've had a ton of new people coming into our world and I really want to welcome you.

This is a place where we are about you connecting to not only the life you were born to live but the energy that truly is you, the self that is your greatest self, the part of you that knows what you're here to do, that knows why you're here, that is in love with every part of you. It's maybe the part of you that somewhere along the way you've misplaced or you've lost touch with.

And I want to say this. If you're here it's because you were brought here for a special reason; to learn something, to recollect something, to reconnect to something. And you're in the right place if you've known for a while that there's something different happening within you that you want to come to terms with; that maybe you've been wondering why things just aren't just coming together in your life or maybe why you've been searching for so long for something new or something different to happen.

If you wondered about your life purpose or what you're here to do or how you can really live to the fullest and be everything that you know you are then you're in the right place and we're here. We're about to transformation. We want you to be that catalyst, to be that transformative being that I know that you are.

And today we have an incredible guest, Dr. Dain Heer, and if you are new, just get ready, because Dr. Dain is actually, I believe, one of the most fascinating and one of the fastest paced calls we have, because he doesn't just tell us what's going on; he's actually doing clearing work and energy work for us.

So if you're listening in, one great gift you can give to the planet and to yourself is to go to youwealthrevolution.com/now. Share this with friends and family. Let them know you're tuning in. There's a Facebook sharing blog down there. You can post this. Your friends and family will know. But there's also a question and answer box where we can actually guide the call based on your questions and what you need. So just remember, by you going there and submitting, that will let us really get a gage of where the energy's at, plus we'll also be feeling the energy from all of you and we'll know where to go.

So let me do this. I'm going to welcome Dr. Dain. I'm very excited today. I don't know what it is – actually I know what it is. Whenever Dain's around I'm very excited and happy, because I know the energy that we move and the space that we open up. So if I start getting giddy and silly, I already warned Dr. Dain. So we're going to get started.

Dr. Dain is an international speaker and author. He's also a co-creator of Access Consciousness, which is pragmatic set of tools and techniques that will allow you to create dynamic change in every area of your life.

His unique perspective on personal transformation is really unlike anything else in the world. He invites and inspires people to greater conscious awareness, from total

allowing, from caring, from humor, and from a deep inner knowing.

He's been sharing his life-changing ideas on money, the body, the future, healing, sex and relationships with tens of thousands of people globally for over 13 years with extraordinary results.

Now, Dr. Heer used to be a very successful chiropractor in California and he seemed to have it all. We're going to hear about his story and how he literally was able to transform his life. So I want to let him share that, because the big thing I want you to understand if you're right now in a place where you're dealing with some challenges or some struggles, maybe you're feeling like: you know, I'm at my last leg. I'm on the last thread here and I'm barely holding on. Dain's been there, I've been there, and I want you to know you're in a right place.

On the other hand, if you're feeling that life is going really good – well, I've been there and Dr. Dain's been there and we are there, and the thing about this is your life can get way more expansive than it's ever been.

We're going to show you how to do that on the call. You're going to feel it and you'll be able to grow and have more ease and speed and elegance in your life that you ever imagined possible.

One last thing I say is Dr. Dain travels around the world facilitating classes in consciousness. He also has developed a really unique energetic healing and transformation process we're going to ask him about called the Energetic Synthesis of Being.

He has a very different approach to healing, and as a doctor as well as chiropractic, he understands healing and the energies. So if you're here dealing with some things that you want to heal, this is a great place to be and a great time to really be present.

So I want to just send a huge amount of love to everybody here and also Dr. Dain. Let's now send that back to Dr. Dain on the count of three. One, two and three. And welcome him to the call, Dr. Dain. Welcome back.

Dain: Hey, Darius. Thanks so much for having me. Good to be with you again. How you doing?

Darius: I am great. I am very excited, a little giddy, so if I just get all, you know, kind of crazy... I already feel the energy moving on this call and that says a lot, because we've had some pretty powerful calls recently. And you're here. See how giddy I just got? So we're just sitting in this presence of this energy. So let's do this. What I would love is maybe start out... Since we had that quiet moment let's just start out and let's see what's the energy that you pick up from this group?

Dain: Well, here's the thing. I think it's actually the awareness that change is imperative. I think we're sort of in the place where it's like change or die. You know, like wake up or it's going to be too late basically. And I don't mean that from a... you know, you can say that and it could sound like doomsday, but I think it's more that people are aware of 'You know what? It's time for me to actually have what it is I've been

looking for. It's time for me to have what I have been wanting to ask for or maybe I haven't even asked for it because I didn't think I could actually have it'.

I think people are getting into that place where it's like 'You know what? It's time to have it now. It's time to actually create it. It's time to actually actualize it'. You know, you said tap into the energy of this group. I think that's one of the big things that seem to be going on from my prospective of what I'm perceiving.

So what about you, my friend? Where would you like to go in this conversation?

Darius: Well, we ask people to submit a lot of questions and I think a lot of people are wanting to feel energy, feel some of the shift, really be not just somebody who's a spectator to energy and this transformative work, but actually be feeling it today. So what I'm feeling is that we can really get people to connect to what this is about and feel it, we've done a great thing.

Dain: Yeah. Very well put. So what I would ask is: what was one time in your life where you felt like you just had it all together, where everything was working, where everything felt like it was something that was contributing to you, where you didn't feel like you wanted to go away and crawl in a hole but you wanted to go out and greet the world and let it embrace you?

Well, I guess maybe... I don't know. Should we do a little bit intro or talk about what this stuff is, because otherwise I'm just going to start and...I tend to like to do that anyway.

Darius: Yes.

Dain: But basically what... So you tell me. I'm ready. You're giddy, I'm ready.

Darius: What I'm sensing is there's a lot of openness. There's a lot of openness where I'm even... You know, usually I sort of have an idea of, okay, this is where I think we need to go. So there's a lot of openness right now - I want everyone to note this - of space that's being open during this call and it's sort of taking both of us by surprise. So we're just kind of letting it flow and this is going to be really powerful when we do the exercises and the energy work.

You know what I'd love to do, Dr. Dain is, I mean, your story... You had this successful time in your life. You've also a time when you really were dealing with a lot of challenges. Let's maybe start from how you began and found this idea of consciousness and what it meant in your life from the bottom when you were really dealing with challenges to where you are right now.

Dain: Yeah, and that definitely was a bottom, I've got to tell you. But I was one of the seekers, one of the people, probably like a lot of people on the call, that knew there should be something different possible, and I was always doing whatever I could to try to create it. I mean, I was reading books, I was going to seminars, I was listening to everybody I could, I'd go see people speak. I mean, I was doing everything I could, because I knew there should be a different possibility.

And I went to one particular weekend workshop and I was like: 'Oh my God! Finally I found the answer'. And I was so happy, you know. I'm leaving there Sunday night I'm like: 'Yes, I finally find it.' And once again by Wednesday morning I felt like I was buried by all of my problems and all my difficulties and like nothing had even frigging changed. And I went: 'You know what, universe? You've got six months. Either my life changes or I'm killing myself. I can't do this anymore. I know there's something different and unless I find it I don't need to be here.'

I literally made that demand and I saw an ad for the stuff I'd never heard about called Access Consciousness and it said: 'Access, all of life comes to me with ease and joy and glory'. And I was furious. I was like: 'You have no idea what my life is like. My life is pain, suffering and gory. Shut up!' And for me to get that angry you know something must have been going on.

But what happened was I learned long before that that if you love something or hate it there's something there for you. So I called and I made a session or I booked an appointment with the girl for a session and literally she puts her hand on my head to do this call 'the bars' and I feel this energy go through my body, and it was the piece I'd been looking for my whole life - like P-E-A-C-E. And it's like this energy flowed through and I was like: 'Oh my gosh!' And I started giggling. And I giggled like a little kid for an hour and fifteen minutes. And I got up and it was the first time I remember knowing everything was okay, everything always had been and everything always would be. And literally I never went back to wanting to kill myself again.

I literally got over it that day with that one session and what happened that was different than everything else I had done was she gave me tools to use for when it felt like the universe wanted to sit on my head again and compress my world. She gave me tools to use to actually change it. And this is one of the greatest gifts ever, because it meant in a moment of something I could start changing it, rather than letting all these things build up and feel like you're so buried you don't know what to do and the only option seems like running away.

Darius: Right.

Dain: Well, what this is is you change things in a moment. You don't only change it when you're in a class. You don't only change it while you're meditating in a cave. This is like real practical stuff you can use on a daily basis that truly works to change the underlying energetics of what's limiting you in any way, but also embraces the underlying energetics of possibility.

And one of the things that I've been speaking to people about recently is something called the 'symphony of possibilities' that we are; that we have the capacity for it. And it's all of our stuff, all of our yuck, all of the crap in our head, all of the judgments of us on other people and the feeling of being separate that gets in a way of us actually living and expressing that symphony of possibilities that we are.

And what I'd like people to realize is you are part of the symphony of possibilities that this universe can play. You're part of the symphony of possibilities the earth has available, and your part of what can actually allow that to be embraced and to be had as our world if you're willing to know it and if you're willing to choose it.

Darius: I love that. And what I love about that is that people are able to utilize tools to expand their consciousness out of some of the confines and the lies of this reality - and I mean L-I-E-S. And I want to maybe jump in there, because I think that's where we can really begin expanding people and then let them walk away with some ideas and concepts and tools they can use every day from now forward.

So let's do this, Dr. Dain. Let's figure out what are some of the great lies of this reality, and to follow up, how do we know - how do we know - if something is a falsehood or a lie in our reality?

Did I lose you? Let's see. Are you there?

Dain: Sorry about that.

Darius: No problem.

Dain: I'm back. My phone and I have been a little at odds at certain time during this day, let's put it that way. Sorry about that. So let's start with the 'how would you know?'

Darius: Okay.

Dain: Basically one of the simplest tool that I can give you but it's also one of the most profound is what's true will always make you feel lighter. A lie will always make you feel heavier.

So something that's true for you always lightens up your world. It just sits there and it kind of creates space and doesn't feel heavy and twisted. A lie will always feel heavy and twisted. And so use this when you hear someone say something. Use it when you read a book or when you go to a workshop or any of those things. What's true out of that for you will always make you feel lighter. A lie will always make you heavier.

So what I started looking at was I started looking at what people were choosing in many different areas of their lives and how a lot of times they would go: 'No, but this is what I need to choose. This is how it is.' And I started looking at so many of the choices people are making that were not working that well for them but they thought that's what they had to choose I went: 'Wait a minute. There's a lie here somewhere'.

And then I started looking at a lot of the choices that people make that don't seem to work sort of as a collective whole and I went: 'Wait a minute. There's lies all the way through this reality and that's part of what keeps us from expressing this symphony of possibility we're in.'

So what I looked at was the lies of this reality, when you buy them as true, are something that keeps you stuck in limitation without any way to get out it because you've decided that this was what's real.

So one of the lies of the reality, for example, is that you can't change anything. Well, what I found over the last 13 years is you can change anything. You can change anything from cancer to - you know, like a physical thing. You can change your money situation. You can change your relationships.

So that's one of the big lies that we buy that ends up sticking us with no choice. And that's another of the lies of this reality, that you don't truly have choice. We've been told forever that this is a freewill universe. Except I look at that and I go: 'Well, if it's a freewill universe, why are so many people choosing so much of what doesn't work for them? If they truly got that they had freewill, wouldn't they choosing what did work for them?' And so that's another one of the lies that we function from.

Now, one of the real simple tools to start changing these things is to start asking questions. A question always empowers; an answer disempowers. There are people out there that will tell you: Don't ask questions; just know what you know. And my point of view is: how are you going to get to know what you know that goes beyond this reality if you don't ask questions? We've been taught our lives to not ask questions, but in actuality when you do it always opens up other possibilities than what was there before.

So you can start to ask questions like: 'Hey, what's it going to take to change this? What else is possible here? How does it get any better than this?' about any situation you want to change and literally if you'll start doing that what happens is your life starts unfolding into possibilities rather than staying stuck in the limitation that you can't get passed.

So one of the other lies of this reality is that there are limitations that you can't get passed and that you'll never get passed, and that you're crazy or arrogant if you think you can get passed them, and that you're crazy or arrogant if you think you're different. That's one of the big lies of this reality is that you're normal, you're average, you're real, and you're the same as everyone else.

No, you're actually not. You're actually some brilliant gift that you're here to be for the world. So what I ask people is: what is that gift that you're here to be; that you know but that you've decided somehow you can't be for whatever reason? And then I ask: will you destroy and uncreate it? - in other words, will you let go of the idea that you're not actually this gift that you are? And then, as you know, we have a clearing statement that is sort of the magic wand, sort of the meat in the meat and the potato dinner, as it were, that really goes and starts changing things.

Darius: Now, I want to ask this. First I'll let Sherry know, yes, this is absolutely a live call. It is the 23rd and we are here with Dr. Dain.

Quick question: How do these tools begin to do that? As you've worked with so many people and seen so many of these challenges unwind for them almost spontaneously, what's happening on, I guess, cellular level, energetic level, conscious level, molecular level when people begin to activate these tools? Is it kind of like downloading an app that all that humanity already have has installed and we just don't realize it, or what is happening?

Dain: Yes, that's a great question. I think the difficulty is we have so many faulty apps that we're running that are truly clogging up our system. It's like we get a crash, you know, every other day or so and we're like: 'Wait! What's going on? Maybe if I buy this program...' So in actuality what it is is... it's kind of like defragging your hard drive, upgrading your operating system, getting a new CPU with a faster processor...

Darius: Right.

Dain: Running the antivirus software, getting rid of all the Trojan horses and now how can you be in the world? Because truly that's one of the best descriptions of it I've ever heard, my friend, and that you've got a bunch of faulty apps running and you think they're the way they have to be. So what that does is it basically goes and undoes it and unlocks it.

It ranges really simple tools to asking questions, to what's true makes you feel lighter, to a little more complex tools, which I'm hoping we can get to today – you know, doing some actually processing to change specific things for people. But it's kind of across the board. But it's based on the idea that you're conscious. And our definition of consciousness is where everything exists and nothing is judged.

What would be like if every part of you could exist without judgment? What would that create in your world? What possibilities would that allow that aren't currently existing? And from my point of view what I've seen with is truly there's this world of infinite possibilities that's out there, but it's almost like we're blind to it. It's almost like it exists in some other dimension or something that we can't access, but we should be able to access it. We should be able be it. We should be able to choose it. This is like, okay, how do we get the crap out of the way that's in the way so you can actually choose it?

Darius: Yeah, I love that. Let's do this. Let's start with some different things that we can begin clearing and moving into greater expansion, maybe starting with one of the most common things you see that keep people stuck. What would that be, Dr. Dain? What belief or energy around thought or feeling or action keeps people trapped in this reality?

Dain: That, my friend, is a huge one. I would say one of the biggest things is their judgments of themselves. I'd say that's probably one of the biggest things that sticks people, because they tend to live in this constant state of wrongness of them rather not realizing: Wait a minute. Not only am great, not only am I really a gift to the world, but I've got something to contribute here. I've something to be here. And not only that... You know, I talk about being a gift to the world, but really if you look at your family... I mean, what contribution you could be to your family if you actually realize the gift that you are instead of being in a constant state of judgment of you? How much easier would it be to change your money situation? How much easier would it be to change all the stuff that doesn't seem to work for you if you actually got that there's not anything wrong with you?

So what if there were nothing wrong with you, is what I ask everybody. I'm like: what if there nothing wrong with you? What would you choose? And does it make you feel lighter or heavier when you think that there's something wrong with you? Well, heavier of course, because it's always a lie. It's always a lie and always a judgment.

So let's do this. So everyone out there, wherever you bought the idea that there's something wrong with you, and whoever you bought it from, even if there well-meaning in their judgments of you, would you be willing to let it go now, please? So everything you've done to buy it; everything you've aligned and agreed with, which is

the positive polarity of things, where you say: Oh, this is real and true; or resisted and reacted to, which is the negative polarity of things which is where you go: Oh, I'm going to fight this so it's not true; would you be willing to let it all go now, please? And if so, right and wrong, good and bad, POD and POC, all nine, shorts, boys and beyonds.

And those are all kinds of words, but, as you know, it's basically asking the energy to go back in time to wherever you locked this point of view that there's a wrongness or an appropriate judgment of you in place and asking that to unlock and undo.

Darius: And I want to make sure that I've still got you on. I don't know if your phone might have acted up. I heard something. But as we do that and our energy begins to back into that time when it was locked, back into that time when we held ourselves to a different vibration or we closed off from what we really were or what we really are, energetically what does that do to our options when we've closed down or we've blocked ourselves off, and how does that create a more challenging life for people?

Dain: Basically it totally closes down the options. That's where we stop ourselves. That's where we make it so we're not actually aware of the possibilities that are available. So what happens is we do this. We take all these points of view. We have all these points of view put on us. And instead of being able to have a sense of: 'Hey, wait a minute. That's not my point of view,' we end up buying them and then we try to make those real and true and we try to make those even more real and more true than us, and then what we know is actually true about us.

So it becomes this sort of Catch-22 where you buy these points of view and then you perpetrate them on yourself, and then because that's what you see show up in reality you go: 'See. I was right.'

Darius: Yeah.

Dain: It's really kind of insane, and because we determine so much of our lives based on our experience rather than our choice and what we would like to choose. So it's like if my experience was this, what if there's a totally different choice available? If you experience with that, what if... Just because your experience is that. What if you could change that? What if you could change the way you felt about it? What if you could change you were with it? And what if you could actually not have your past determine your future or your present anymore? What if your choice could start to determine your present and your future? My question is: what would you like to choose?

Darius: Yeah. I'd like to let everybody just sit with that for a second. If you had unlimited choices in your life - which you do - and you had this unlimited awareness possible in your life - which you do - what would you choose? And I want to hear from everybody. So share that with me and also let me know what's on as we do this work and as we begin more and more energy. What would you choose? What would you want? What would you like to see come forward in your life? And I'll let people begin sharing that.

We've got a big question coming in from Christina. She says: 'I've been living with some really some traumatic stress and a stress disorder. I get really exacerbated easily and I'm full of fear.' And she's just feeling a huge amount of stress around global events and people and even seismic activities and there's a lot of energy sort of moving around her and she feels like she cannot really get back being grounded.

When you see this as you travel the world with people, what's going on and maybe we can begin to move some of that energy back to where she is a little more in her power.

Dain: Yeah. So let's talk about one the big tools that everybody should have in their toolbox and that is the awareness that 98% of your thoughts, feelings and emotions don't actually belong to you. It's like a big psychic.

Darius: I love that one.

Dain: If we really allowed ourselves to get how dynamic that could actually be... Imagine if 98% of the crap that was in our heads today didn't have to be there tomorrow. What would things be like that could be different? So what you want to do is you want to ask: who does this belong to? To thoughts, the feelings and the emotions that you have for three days. If they lighten up at all they're not yours; they're things you're picking up and perceiving.

Literally if you were to do this for every thought, feeling, emotion, judgment and point of view you had for three days, at the end of three days you'd walk around like you're in a walking, talking meditation. I mean, I can walk through any city in the world, some of those crowded cities in the world... I'll be in New York, I'll be in Houston, I'll be in Stockholm and have no thoughts in my head whatsoever. I'm just totally present as me. And because I've got that space...

Now, the way I got there was by using this tools - who does this belong to? - and some other access tools. That's how I got there. But now it's like... So when a thought comes in I'm like: Okay. Well, I had a total space. I was a still pond before that. Now I just had a pebble. Cool. Now I know it's not mine. Why? Well, because I was a still pond before that. But when you feel like you're bombarded continuously you have no choice to know that this stuff isn't yours. And we are unfortunately bombarded continuously.

So here's what am going to ask... What was the person's name?

Darius: Christina.

Dain: Okay. Gotcha. So Christina, what I'm going to ask is: how aware are you of other people's thoughts, feelings, emotions and points of view? How aware are you of how ungrounded people are in their lives and in their bodies, and how much have you thought that it was yours? Everything you've done to buy it is yours. Will you now un-buy it and return it to sender, please? Right and wrong, good and bad, POD and POC, all nine, shorts, boys and beyonds.

So the long and short of this clearing statement... You can say it on your own. You can say POD and POC and just see the short form if you want to. It stands for going

back to the point of creation or the point of destruction of wherever you locked this idea or this limitation in place in the first place and asking it to unlock. And it works by asking the consciousness of you to do its job and facilitate your consciousness. And what's funny is the consciousness of you actually desires to do that.

So one other thing Christina is oftentimes people who are really, really, really aware seem to this reality and seem to the people in this reality to be with some of the people that are the most screwed up. Why? Because... Let's say you're aware of the thoughts, feelings and emotions of people within like in 8 square mile radius. Would that be a lot or a heck of a lot?

Darius: It would be a heck of a lot, yes.

Dain: Yeah. That would be even way more than a heck of a lot. Words we don't usually use in public, let's put it that way. That is how much it would be, okay.

So if you're that aware though, you actually... Awareness is a capacity you have, but if you're that aware and don't acknowledge it, what ends up happening is that you think: 'Oh my gosh, I'm so buried, I'm so overwhelmed, I'm so screwed up.'

Well, if you've got, let's say... I don't know, even a hundred people's thoughts in your head and you think they're all yours, well, you would think you're buried, overwhelmed and screwed up, because you've got a hundred people's stuff there. Well, now imagine a thousand. Now imagine a hundred thousand. And what if you realized that you're actually extremely aware; you're not nearly as screwed up as you think you are?

So everything you've done to buy that you're screwed up because you're that aware almost to the point of being like an autistic person who is so aware that don't know what do to with the awareness which is why they try to cave in to their own world. Everything that is and everywhere where you have this capacity rather than this disability, will you undo, destroy and increate everything that makes that disability, please?

Darius: I would say yes for the group.

Dain: Thank you.

Darius: Yes.

Dain: Cool. Right and wrong, good and bad, POD and POC, all nines, shorts, boys and beyonds. Thank you.

So let's talk about this for a moment, my friend, because this is something that I've noticed with a lot of people. They have these capacities. So, for example, one of the things that I found in working with autistic kids is that autistic kids don't seem to have a right brain/left brain function as such. They're more whole brain functioning. They also don't have sense of past, present and future as such. They're more like everything can be now. So what happens is with autistic kids a lot of times what is taught to them and told to them is that they need to fit in to try to become more linear. But they're not. And when you try to make them become linear they get out of

control, they really angry.

It's kind of like somebody coming to Einstein and saying: 'Come on, sweetie, do your arithmetic tables.' And Einstein is like: 'Dude, are you kidding?' - that level of frustration, because they actually have that level of awareness.

So every one of you who's listening who actually has a huge level of awareness that you haven't been acknowledging, would you allow it to awaken now, please? Would you allow your awareness to awaken and allow it be the gift that it actually is, allowing you to go beyond the idea that this awareness as a wrongness and be able to use it as the gift that it is to start creating your life in the way you would like to?

Darius: Yes.

Dain: Thank you. So everything doesn't allow it, right and wrong, good and bad, POD and POC, all nines, shorts, boys and beyonds.

Darius: I want to hear what are people are feeling as they begin to try on this new possibility, this new proof that a lot of the these things that you're feeling, that you're thinking are your challenges or your problems and things are the energies of others that you're picking up. And what was that mean for your own ability, for your own power, for your own awareness? How aware does that make you now that we know that is true? And I want to hear what's going on.

Daria - I love that name - that's the female version of my name – says: 'Thank you so much for validating what I thought to be true.' She says: 'I ask people to hold me their thoughts, their feelings and strength instead of what was wrong.' She had a situation where her son literally died from an accident and she began to realize what people were thinking and how that energy was affecting her.

Another person - Connie - just wrote in from Clearwater and she said... One person just wrote in and said: 'I'm seeing a huge ring of a light coming in.'

Connie from Clearwater said the one thing she would look for is peace and calm. She wants lot of laughter and to get out of her own funk and out of her own way and know that everything is possible. 'This is how I would like to live my life. I'd like to get back there.'

For people who want to get back there, I mean, Dr. Dain, it's here right now. There's not a place to go to. It's here. It is right now. What else can we begin to move out of the way to bring people into that space?

Dain: Great question. I'd say the is it's here and you were it. You literally are this thing that you've been looking to find, which is kind of interesting, because that's why for some of us it's so vital. It's like we so continue searching because it's actually who we are. And what this reality, if you will, tells us is that who we are has no value. We need to have all these other things. You need to be all these other things in order to have any value here.

So everything you've done to buy that you are not the gift and not the value that truly is the creation of change in realities, will you destroy and uncreate it, please?

Darius: Yes.

Dain: Right and wrong, good and bad, POD and POC, all nine, shorts, boys and beyonds.

So here's my question: so what do you know, all of you, that you've been pretending not to know or denying that you know, that if you allowed yourself to know that you know it, would allow you to create a life of total ease? Everything that doesn't allow it times a godzillion, will you destroy and uncreate it, please?

Darius: Yes.

Dain: Right and wrong, good and bad, POD and POC, all nine, shorts, boys and beyonds.

So, once again, what do you know and what do you perceive that you've been pretending not to know and pretending not to perceive that if you allowed yourself to know it would allow you to create a life of total ease greater than you could ever imagine? Everything that is times a godzillion will you destroy and uncreate it, please?

Darius: Yes.

Dain: Right and wrong, good and bad, POD and POC, all nine, short, boys and beyond.

And what is it you could be? Yeah, go ahead, Darius.

Darius: I was going to say do they need to know what that is? Does an answer need to come up? Or they just need to know that they can let whatever it is go whether or not they have that specific answer?

Dain: Well, interestingly for this particular question, a lot of times there will not be a cognitive answer, but there will be an energy that comes up. There'll be an energy that kind of comes up and it's almost like it acknowledges somebody for their knowing. A lot of people have been looking for validation that they're right, that they're aware, that they do know things, and what this does is as you start to actually acknowledge it and get out of the way of what doesn't allow you to know and doesn't allow you to know that you know, what ends up happening is you start to have this sense of peace in being you, the sense of ease in walking around. Because we've sort of been off kilter in a lot of ways. It's like rather than knowing that we know, rather than knowing that we're heading the right direction. We always doubt. We always think we're probably doing it wrong. And this starts to undo that so there's actually a sense a peace and ease.

So, no, it doesn't require a specific answer, and a lot of times somebody will become aware of the energy and you just feel: 'Oh, okay. Cool. I know I know'. And that's what this starts to unlock.

Darius: I love that. A lot of people are saying: 'I'm feeling more energy.' Joanne's saying: 'I'm feeling energy totally around my body. This makes complete sense.'

One person's asking - Gloria... This is a really great question. She's saying: 'Are you saying that all of the body pain that she may have or someone else might have may actually belong to other people?' And that's a really interesting question. Her

consciousness, is it the consciousness of this reality where we're picking up these pains? After all we are infinite beings that shouldn't have pain at all in our infinite state.

Dain: Right. Yeah, somewhere between... It's interesting. I was first introduced to these tools when I was still a chiropractor and that was one of the ones that I took into my practice. And literally somewhere between 50 and 100% on what goes on in people's bodies does not actually belong to them.

It blew me away. Literally the reason I chose to go from being a chiropractor to being an access facilitator was because I could finally create the miracles that I always wanted to create as a chiropractor. That's why I got into chiropractic, because I saw the possibility for creating miracles existed. And I started using these tools and the miracles started showing up left and right and I was like: Oh my God, it can actually happen. Yes!

But like I had one guy walk into my office who had been with this intensity of back pain for months and I'd been treating him. I literally told him one day. I said: 'You know what? I think you need to go see somebody else. I really am frustrated with the fact that you're at an 8 out of 10 on the pain scale – 10 being childbirth... You're 8 out of 10. We get you down to a 2, 3 or 4 and then you come back and you're nearly at a 10.' I said: 'I'm not helping you enough.' And he said: 'Doc, you don't get it. I've been to everybody else. You're the only one who gets me out of that much pain.' I was like: 'Oh, crap! Okay. Fine. I'll keep seeing you as a patient.'

But I got this tool from Access and he came in the following week - as the universe would plan it - you know how the universe does these things for us.

Darius: Right.

Dain: And he comes in and he's at an 8 out of 10. It takes him almost 10 minutes before he can relax his back enough and lie face down. And I said: 'I'm going to ask you a weird question. Just tell the truth. Who does this belong to?' And he pushes himself up, turns his head, looks at me - which is something he couldn't have done - and says: 'My wife.' And I went: 'What?' What the heck.

And what happened was his wife has this intense back pain. She had back surgery for the back pain. It did not get rid of it. It actually made it worse. And he said he saw her in so much pain one day that and he said: 'I would do anything to get rid of her pain.' Within weeks she was out of it and within another few weeks his back started hurting in just the same way hers had.

Now, I'm sorry. If you were living with somebody like that, wouldn't you look at that and see that and go: 'Wait a minute. Isn't there some correlation here?' But nobody has these tools. And that's why when you hear it makes total sense, but because it hasn't been a part of your reality it's like you go: 'Okay, but could it actually be that easy?' Actually, yes. For most things it's that frigging easy.

And yeah, of course there's certain things where... There's lot of things we want to change in our lives and some of that requires a deep dive, but this is the awareness that it can actually happen and it is actually possible.

That guy was literally got out of almost all of his pain that day and within another few sessions he was totally over it. And I'd been working for him months with no success. So yes, it can definitely apply to things in your body.

Darius: Yeah, and that's what I love the idea of these tools, because each tool is unlocking more and more of this in you and it will begin... as we begin getting more and more used to this expanded awareness you begin to really become more aware of what really is yours and what really isn't yours. And that is exactly what's happening with quite a few people.

Hayley from Atlanta is actually expanding. She says: 'Expansion. Expansion. I feel lighter. I've been overwhelmed, Darius, by global events and for the first time in three days I'm actually present. Thank you, Darius. Thank you, Dain.'

Dain: Cool.

Darius: I want to ask this question, Dr. Dain. As people are functioning from this higher awareness, from this truth, what does that look like in life? What does it look like to really function from this higher awareness?

Dain: Well, let's say... Have you ever had one of those days where you wake up and you're just on fire? Did you ever have one of those days when you were a little kid where every day was too long and every day was too short all at the same time?

Darius: Yeah.

Dain: You just couldn't find enough fun things to do? Kind of like that as an adult.

See, one of the things I see is little kids, they come in and they have such a sense of possibility, such a sense of joy, such a sense anything can happen. And why is it that by the time they get to be adults they feel like: oh, nothing can happen and I can't change anything, and life isn't fun anymore, and they're more worried about the problems and more creating problems?

My point of view is we were actually doing it right you'd actually have more of a sense of possibility as you got older not less.

Darius: Right.

Dain: And that is what I see as one of the possibilities from actually living from this place of consciousness, which is, once again, where everything exists and nothing is judged.

Most people think that if their eyes are open they're conscious, but it's got a few more aspects than that, than having your eyes open. But basically it's like if you could imagine waking up and not being in judgment of you, waking up and going: 'Wow, I feel like I've got a sense of possibilities. What kind can I create today?'

Darius: Yeah.

Dain: Waking up and looking forward to it, and then also for everything that's not that knowing that you have a way to change it, rather than thinking that's there's something wrong with you if you have a crappy day or a crappy moment, realize:

Wow, Okay. Cool. This is one choice I can make. What else can I choose? And what would be possible if I could change it?

Darius: I love that. I want to hear what people are feeling, what they're experiencing as we begin moving more and more energy. Dr. Dain, I'm going to ask you what's other area that you keeps people locked down in this limited consciousness and perspective?

Dain: Well, I think not knowing that they can. I think there's so much doubt in people's worlds. So when you ask about what keeps people locked down, I think there's definitely an appropriateness in looking at that, because also we can help change it. And then also what ends up happening is if we also look at what are the possibilities that people have that they just haven't acknowledged yet, that if they'd start to acknowledge would actually take them out of it even quicker. You know, what's happening is... I see one of the biggest things... you know, we talked about this before.

One of the biggest things that people do limit themselves is to see through the lies of this reality and see through the lies of judgment, because judgment is always a lie. And what happens is people oftentimes think about themselves: who am I? I'm just one person. I'm not a Deepak. I'm not an Oprah. Well, guess what, guys? We've had Deepak and Oprah for a long time and what's required is you.

Darius: Right.

Dain: They're not enough, they're phenomenal, they're amazing, they're a great contribution, but they're not enough. It takes us... So everything you've all done not to realize how integral you are to the possibilities for what can get created in our world, will you destroy and uncreate it, please?

Darius: Yes.

Dain: Right and wrong, good and bad, POD and POC, all nine, shorts, boys and beyonds.

What happens is if you can actually get out of judgment of you, the miracles that you will create will be absolutely phenomenal, absolutely phenomenal. And it'll surprise you. See, because change is not linear. We oftentimes try to put it into this linear reality, this linear perspective. But changes isn't linear. It wasn't meant to be. It doesn't work that way. True change is a total nonlinear construct we you can go to A to C to D to Z back to T and literally create greater change than you ever thought possible.

Darius: Pat just wrote in. She says: 'As I'm doing this...' She's asking who does this belong to: Who does this belong to? She's actually moving into this incredible blissful state that's coming over her, because she's realizing that much of her reality, much of the things that she's been judging herself for, they aren't really her. They aren't really her challenges.

I want to move people a little farther along down this road. So you said 98... What percentage did you...? 98% of our thoughts we think, the feelings, the vibration, are not ours? What percentage was it, Dr. Dain?

- Dain: Yeah, 98% of your thoughts, feelings and emotions aren't even yours.
- Darius: That would mean that we're very perceptive to energy, right? That we have this ability? Are we taking that on because we want to make the world a better place and we feel like we can change it or we can love them or we can help them? What's the reason we're picking it up?
- Dain: Well, we're picking it up because that's just one of our capacities, but I think the difficulty is yes we hear it, we feel it, we'd like to change it, but also we think we have to do something with everything we perceive rather than going: 'Wow, that's an interesting perception.' Does this person want to change this? And if they want to change it, then let's do something to help them change it. But a lot of times we think: 'Oh my gosh, I'm perceiving this. This is not a good thing. Okay, so what do I need to do about it? Oh, if I'm perceiving sadness, I need to change it. If I'm perceiving anger, I need to change it. If I'm perceiving unhappiness, I need to change it.'
- Darius: Right.
- Dain: Rather than going: 'Wow, these are interesting perceptions.'

One of the greatest tools for freedom that you can use is something where you just go 'interesting point of view. I have this point of view.' It's my famous Russian friend, Justin IPOV, where you allow everything in your life to be 'just an interesting point of view'.

The way it works... So everybody out there, get an upset that you have that you've had that's still in your world that's occurred in the last couple of weeks. And just get the energy of that and just say to it: 'Interesting point of view. I have this point of view.' And again. 'Interesting point of view. I have this point of view.' And again. 'Interesting point of view. I have this point of view.' And one more time. 'Interesting point of view. I have this point of view.'

Now, what happens for most people is between three and fifteen times the point of view is no longer there. It's totally transformed. Just by saying: 'Interesting point of view. I have this point of view,' even when it's not an interesting point of view for you, because if it were truly an interesting point of view, it would be something that wouldn't stick you, wouldn't have any charge on it; there wouldn't be any problem in your world; it would just be there.

But what happens is we don't have these things as 'interesting point of view'. We take a positive, we take a negative and we stick them together to create a stuck place in our worlds. So when you do this 'interesting point of view. I have this point of view' what starts to happen is you start to unstick that.

And then one of the other things that we talked about before, which is sort of a staple in Access... If you know anybody who's ever done Access you'll hear this come out of their mouth at least once in a conversation, which is: 'How does it get any better than this?' And literally you want to start asking that whenever something bad happens, because it will make it better. Whenever something good happens, ask it too, because it'll make it even better than that.

So you want to start going: 'Okay, how does it get any better than this?' And allow that question to start contributing to creating your reality. So everything that doesn't allow every one of you to know that it actually does get better and that you can choose it, and all you have to do is allow it, will you destroy and uncreate it, please?

Darius: Yes.

Dain: Right and wrong, good and bad, POD and POC, all nine, shorts, boys and beyonds.

Darius: I going to let everyone sit with that energy and take that in and make note of where you're now.

We've got some huge shifts coming in. Felicia from Upland, California said: 'Thank you, Dr. Dain. I was raped by a family member years ago. It destroyed my self-worth and value. I was offered money to not even press charges or testify. I have also been the outcast of my family ever since. At my age now this old programming has been showing up in every area of my life until today.'

Dain: Wow.

Darius: 'Thank you, thank you, thank you. I have a freedom in my soul that I had lost so many years ago. I feel so free. I am so grateful for you today, Dr. Dain and Darius. Lots of love and light to both of you.'

Dain: Wow. Thank you.

Darius: Yes. Amazing. Another person wrote in... Go ahead, Dr. Dain.

Dain: No, I just want to say that's why I do what I do, you know. What amount of money is that worth? It's like all the money in the frigging world and more. It's like, you know, people... Here's the thing I'd like to say. Please, guys, get this. I know that you're struggling with things, but if you can truly get in touch with and connect with that which is truly valuable to you, truly beautiful to you, all the money, all the relationship stuff, everything else will fall into place.

And when Darius just read that, it's like... I've got tears in my eyes over here. It's like that's the contribution that we can be for each other if we would simply allow ourselves to know it. So everybody out there, what contribution are you that you've been refusing to know that you are or believing that you're not that if you'd actually acknowledge you as that contribution would create total peace and total ease in your entire world? Everything that is and everything that doesn't allow it, times a godzillion will you destroy and uncreate it, please?

Darius: Yes.

Dain: Right and wrong, good and bad, POD and POC, all nine, shorts, boys and beyonds. I'm so glad you read that, my friend. Thank you.

Darius: Yeah. I've got another one here so get ready. Trina said: 'I attended one of Dain's classes in Maui and I was very near death in this reality. I am here because of Dr. Dain and he gave me tools that have been magic to me. Since then I have been living in spaciousness that I don't quite yet understand. I am the creator of my own

life. I don't have to buy into the lie that I don't have a choice. I know that I am different and that it's a good thing. And I've always believed in infinite possibilities. I am expanded and aware. I've taken a deep dive and I am in love because of Dr. Dain and his contribution. I now believe in miracles and myself.'

She's had a lot of challenges too. It hasn't been easy for her. She was saying even family members recently passed - three of them - and she's still in the state of just enfoldment and love and expansion of herself. So this works incredibly.

Dain: Wow. That is so cool.

Darius: Yeah.

Dain: That right there... I mean, to be able to contribute that to somebody, I mean... Where I was 13 years ago, Darius, it's like... the difference of 13 years ago where I felt like I had absolutely no value. And that's part of why I did this, because I couldn't find the place that I have a value. And that's one of the lies. But to have that feedback and input from people is kind of this huge validation and I say not just for me, because it's like...

Darius: Right.

Dain: But this is who we are. This is who as a people are. We're the inspiration, the greater possibilities for people. One of the things I see with all the tools I've accessed, the processes and the questions and all...

Darius: Hold tight. It looks like we're... I'm here.

Dain: We're giving people an access to their brilliance and their awareness and actually being able to be that for people in a way I don't think has ever really been possible before on this planet in this way.

Darius: Yeah, I agree, and I think it's giving each person the power to ask questions, really be aware of their own energy, aware of where they are in the vibrational grid, where are they choosing to play and how big of an expanded role are they choosing to play in their own consciousness, their own journey.

Let's talk a little bit about what consciousness and oneness looks like to you. What does someone's life look like from that conscious aware and oneness state? What do their choices look like?

Dain: Their choices actually look like... (1) they function not just from the kingdom of me, which is where they're the only ones included and they feel like they have to choose against other people to choose for themselves. But their choices actually involve this thing that I like to call the kingdom of we, which is where they actually start choosing for what's going to not only make their lives better but that will inherently make everyone else's lives better.

Let me tell you about a lady that I know in Los Angeles who for several years was going to Access. And day she went... And she's heard me talk about possibilities and talk about possibilities. And one day she went: 'You know what? The life I'm living is too small for me. It's not enough.' And one of the things that I suggest that

people do is take a half an hour for yourself and do something that's nurturing for you every single day, whatever it is. It may be going for a walk. It may be having a massage. It may be listening to something inspirational or something.

And she sent me a message and she said: 'I just want you to know that I finally have made the choice to do this for myself. I'm a mom and I've got four kids and I'm busier than I ever thought I would be. I've got a lot to handle because I've also got a business to run.' She said: 'But now I get up and I go out in my backyard every morning and I make myself a cup of coffee a half an hour before I need to get the kids up or do anything else. I sit out there and I watch your YouTube videos and it's changing my world.'

And I was like... And she proceeded to tell me these things that changed. And she feels more alive than she ever has. She feels more connected to her kids. She feels more grateful for her husband. She feels more hopeful about money and is actually seeing things where more money is showing up with more ease.

That's part of this living your life from consciousness. It's like you start to have a sense of hope and a sense of possibilities and a sense of ease with whatever shows up and the sense that you can actually create something greater.

It takes you literally... Like if you could imagine a day where you didn't judge anyone or anything. Imagine you wake up one morning and for some reason you're just surrounded by those bubble of no judgment and no matter how much it tries to come in it can't even get in through that bubble. And there you are. And you wake up in this and you get ready in it and then you come downstairs and you see your wife and your kids. Maybe it's your cat, who knows. But you're such this space of no judgment that you literally see them soften. And they say the stuff they normally say, which is sort of on the surface level, and it has a different effect in your world and you're just totally present with them. And you see them actually like go deeper than they've ever been able to go and all of a sudden it's like this bubble transfers over to them too. You still have it and they have it too. Walk into the world and they're actually totally present. They're not looking for how to get away. They're not looking for what to judge. They're just looking for how they can be and how they can be and how they can be. They go out into the world with absolutely no judgment and notice how many people that affects and then they come back from this day where they've been surrounded by this bubble of no judgment. Notice how if that actually existed what would happen is they wouldn't be burdened when they came back home. You wouldn't be burdened when you came back home.

Darius: Right.

Dain: You wouldn't put burdens on other people. You wouldn't take burdens from other people. You'd actually get to be. And all of these elements are what it would actually be to actually have a life from consciousness and from oneness.

The reason I called the work that I do Access Consciousness is because that's really what it's about. It's actually giving you tools to live that. It's one thing to be able to do it in a classroom, because that we know we can do if we're in the classroom. It's one thing to be able to do it in the cave if you're meditating for 30 years. That you could

get to too. But it's another thing to be able to actually choose it in your life as it is right now and watch your life transform into these possibilities that I'm talking about.

Darius: I love that and I love what's happening to everybody here in the audience of the You Wealth Revolution. One person says: 'Every time Dr. Dain is on your show I hear something that hits what's going on in my life and it clears it. That is awesome. I appreciate the work that both of you are doing.'

Marnie's got a quick question about the law of attraction and how that fits in with this, and I'd love to hear your perspective. She's just wondering what your perspective is. Is everything mirroring to us back parts of our self or not?

Dain: I don't actually buy into that idea that the universe is a mirror. And when I say that I don't mean that there's not validity in part of the concept. And the reason I say that is because we tend to use that as a way of judging ourselves. So, for example, if somebody who's mean and selfish shows up, we go: 'Oh my gosh, what meanness and selfishness do I have in myself that I need to look at?'

Well, what if they are not showing up because you have meanness and selfishness? What if they're showing up because you're not willing to function from your awareness? So it's not exactly a mirror that what shows up out there is what you have in you. It may be the awareness of the awareness you're not willing to have about: 'Hey, you know what? This person is mean and they're selfish.'

And one of the weird things that I've noticed, especially with the seekers of the world - you know, the people listening to this call is a great example - is when they have what they consider a negative awareness - in other words if they look at somebody and they go: wow, they're selfish or they're mean or whatever it happens to be, they think they're being judgmental. And my question is: are you really being judgmental or are you just aware of where that person is choosing to function?

Because it's a choice to be selfish. It's a choice to be mean. It's a choice to be unkind. It's a choice to use people. These are all choices that people make. And if you think you're being judgmental when you see that somebody is selfish or mean, what you do is you take yourself out of your capacity, voiding the effect of it, because you ought to be able to look and see where somebody's going to choose to function, not expect that they'll function there but realize this is where they're most likely to choose to function, and then see how they're going to be.

So all of you who've had the awareness - let's call it negative awareness, if you will, because that's probably how you'd characterize it. All of you who've had a negative awareness like where somebody was selfish or unkind or anything like that or would take advantage of you if they could, and you decided you're being judgmental rather than realizing you were aware, will you destroy and uncreate it, please?

Darius: Yes.

Dain: Right and wrong, good and bad, POD and POC, all nine, shorts, boys and beyonds.

So let's look at the other side for a moment, which is a lot of times people think that if they think something positive about somebody then they're not doing judgment.

But that could very well be a judgment. Like, for example, a lot of people I know in relationships or in friendships decide that the other person is perfect. Well, that's a judgment, because any time you make a judgment, nothing that doesn't match that judgment can come into your awareness. So it's actually a judgment that they're perfect and then you try to uphold them to that standard, and when they don't you're disappointed in them and you're disappointed in you. But if you hadn't made that judgment that they're perfect in the first place, if you would have looked and gone: 'Wow, there's some really cool stuff going on. They have some really yucky stuff going on. Okay. Fine.' And if you're have been in total allowance of it, which is where it's just an interesting point of view, then you don't have to stick yourself with any of that.

I know I went off topic a little bit, but it was based on the idea of the universe being a mirror and I realized how much people judge themselves and take themselves out of their awareness. See, because in a world of consciousness you would function from total awareness. Like you could see somebody and go: 'Oh, this person is selfless. This person is selfish,' in just how they're choosing to function and it wouldn't mean anything. It would just where they are choosing to function in the moment. And then you wouldn't be stuck by any of it. And...

Go for it. Sorry. I realize I've been talking a lot. I apologize.

Darius: No. It makes complete sense. I think what a lot of people are feeling - and this is another thing that locks people in place. If bad things are happening to them then they must be bad or they're putting out negative energy or negative thoughts or they have something wrong with them. And this is a huge thing. I felt the energy just sort of open up dramatically when you said that. So keep going. I want you to just keep sharing a little bit on that. Maybe we can do a clearing on that as well and free people from some of that.

Dain: Absolutely. And so let's go to what you said: when people think that if bad things are happening to them it's pointing out some inner wrongness or badness.

So let's do this. So what creation are you using to invoke and perpetrate - in other words, calling it up and perpetrating it on you - the need and wrongness of this reality as the only possibility. Let's do this. What creation are you using to invoke and perpetrate the need and wrongness of you as the only possibility for the creation of reality are you choosing? Everything that is will you destroy and uncreate it, please?

Darius: Yes.

Dain: Right and wrong, good and bad, POD and POC, all nine, shorts, boys and beyonds.

So basically this is a specific process designed to clear a specific thing. But basically it's like this. So I put all these words together to undo the idea that the need and wrongness of you is the only possibility for how you can create reality. Because a lot of the seekers of the world have the point of view that they're wrong, and a lot of them, they do have so many of these yucky things that happen to them that should not be happening. So all of you out there who have had yucky, crappy, mean things

happen to you and you decided it's because of you and you're yucky, crappy and mean, will you destroy and uncreate it, please?

Darius: Yes.

Dain: Right and wrong, good and bad, POD and POC, all nine, shorts, boys and beyonds.

I want to say something. One of the things I've seen is that some of the kindest people in this world are the ones who people try to be mean to because they try to beat the kindness out of them. They literally try to abuse it out of them. And it's one of the most unkind things that you can do but that's what this reality does. It's like it doesn't believe kindness should exist, which is why I would like to see us be able to choose something different, something that actually involves the kindness of us.

So let's try this one more time and see where we go. So what creation are you using to invoke and perpetrate the need and wrongness of you as the only possibility for the creation of your reality are you choosing? Everything that is, will you destroy and uncreate it, please?

Darius: Yes.

Dain: Right and wrong, good and bad, POD and POC, all nine, shorts, boys and beyonds.

So basically in running this process what we're doing is we're taking it from where you take your creative energy and put it into the idea of the need and wrongness and take it out of you putting in the need and wrongness so that you can actually use it for creating what you would like to create as your life and as your world. So that's what this is about.

Darius: I want to share really quick. We have a lot a lot of people writing in. 'This is reliving my guilt.' Inez wrote in. 'Yes, this released my guilt. Thank you.'

Another person - Dianne - says: 'I've always known there was such a difference between judgment and awareness or observation.' And she says: 'Thank you for this.'

Another person says: 'I feel much lighter. I feel love that's come back into my life instead of despair and sadness.'

Another person says: 'The light now has turned on so bright that I only can keep choosing for the highest goods.'

It's almost like we've turned on, we've activated something inside of people that's always been there and now they're really plugging into this truth, and that's what I love about these sessions, Dr. Dain. This is great.

Dain: Cool. That's awesome. And I would agree. You know, it is. It's that thing about them that's always been there and it's who they are. It's who we are. And if we could actually... See, one of the things about it is if we could actually allow ourselves to go beyond this reality enough to actually create the space for that occurring - and when I say go beyond this reality please note I don't mean we need to pack up all of our stuff and go to Jupiter or Pluto or something. That's not what I'm talking about, okay.

And I'm not talking about let's go live in a cave in the Andes or something. No. What I'm talking about is reality is basically the average ordinary way that we learn to function. It's basically the rules of everything that we consider real that aren't or don't have to be; that if we no longer bought the rules that don't work to create more kindness and more gentleness and more generosity and more joy and more possibilities, we would have totally different choices available.

So what this is about, it's a totally different... And this, I think, is what I wanted to talk to you about before when we got on a little before the call and I was like this it's there but I can't seem to put it into words. But if we actually got like this is a totally different way of going about changing what we think are the mundane things in our lives... Because one of the things... Have you ever noticed, Darius, that when you're having a great day, like when you were just feel like you're beyond being able to be limited or pulled down by anything or anyone here...

Darius: Right.

Dain: Have you ever noticed that whatever it is that you may have thought was a problem before that ceases to exist and possibilities start showing up to change it?

Darius: Exactly. Yes. Yes.

Dain: Okay. That's what this is is. This is like how do we actually access *that*, the thing that I can't even begin to describe, that is not even tangible, but is a way of being that literally allows you to function beyond the confines and the limitations of this reality as we know it, this thing that has been like the tar baby sticking us down rather than letting us soar and fly and spread our wings. And this is truly a totally different paradigm for change and possibilities. It's literally about going beyond what's here to what we all know should exist and we all know that it's beyond what seems to exist here but that we can be it now. It's like how to get there to be it now is what this is.

Darius: Yeah. And I want to talk about it, because that really is busting the lies and the myths and the heaviness of this reality. And it's not just in getting more abundance but in our spiritual truths, in our culture, in our sexual essence, in our sexual relations with people, and how we relate to our own divinity and even just our entire existence on this planet.

You were actually in Europe on a tour actually this month - September 2013 - and you put together and did these processes on people and helped them bust the lies of this reality. Tell me about that time in Europe and what you did?

Dain: Oh man, I got to tell you. It was very interesting to... Because for me I have an idea of some things that I've been looking at in doing a class like that, and it amazes me how the people that are there in the class are this amazing energetic contribution to what's really going on, not just the things that I thought. So I had these ideas, places that I thought I might want to go, topics I might want to explore, and yet when I got there and facilitated the classes, it was like these people contributed so much energetically.

One of the classes – wow. One of the interesting things is in one of the classes, in the busting the myth class, what ended up happening was we got to this place and everybody in the room their jaws dropped and they went: ‘Oh my God. You know what? Actually is the biggest lie in this reality is that this reality is actually real and that it’s not a total malleable construct.’

It changed the energy of the room like I cannot even begin to tell you and everybody’s world just started... you could feel it unlocking. It was almost like, I don’t know, *Raiders of the Ark* or something. You know when he puts the key in and turns it and all of the sudden...? All these things around him unlock. It was like that in their universes. And I was like: ‘Whoa!’

And then in the other class, the busting the lies of this reality... See, one of the wonderful things about facilitating in Europe is they have a totally different perspective than we have in America. Every different place has its own perspective, but it allows us to get to other pieces of the puzzle that have kept all of us stuck but from a totally different place.

One of the things that... Guys, you got to hear this class on the busting the lies of this reality, because we got to this thing about... I was making this joke with some of the Irish people that were in the room and here we are in Denmark and there’s Swedes, there’s Danes, there were French people, there were Austrians, there were Germans, there were... I mean, we just had... There were Australians. There were Americans. We had a multinational mix in this room. And I was saying something, you know, like jokingly about one of the Irish people and what we got to was the basis of bullying and the basis of how to actually go beyond it. It was phenomenal.

And so it’s like because the people that are bullied are always the ones that are different, always the ones that have something different going on. Those are the people that are always bullied. And they’re usually the kind, sweet gentle people of the world. And so we literally got to how to unlock it in this class. It was phenomenal.

That’s part of... These two classes. It’s sort of mini online mini possibility... not mini, I guess, in a sense. But it’s like this little miniseries of change. But literally if you could imagine no longer having to try to make the lies of this reality true, the idea that you can’t know, the idea that you can’t change, the idea that there is no choice and no possibility, the idea that you can’t be as different that you are, that you have to work hard to get what you want, that you can’t change things. I mean, all of those things are lies. And what we did in this class was actually address them and then start to undo and unlock them.

Darius: Wow.

Dain: And then one of the other things... It was truly... Truly was phenomenal. After each of these classes I was like, you know, where you just want to throw your arms out and go: ‘Yes!’ Kind of kind that.

Darius: Wow. I’m going to share where this is, because a lot of people want to know exactly how to take these concepts and in the privacy of their own home, in the privacy of their own time begin to unlock everything that we’ve been talking about on a much

deeper level.

And I want to ask you, Dr. Dain, in a moment how this might be different than some of the other things that we've done together and that you've shared at You Wealth Revolution, but this particular very powerful miniseries online, which is *Busting the Lies of this Reality* is available at youwealthrevolution.com/dain2013.

I want to go through some of the things that are here because there are even things that you can't listen to while you're sleeping or just playing in the background to allow to remove some of that dense, heavy crud of beliefs and things that don't really serve you anymore.

Dr. Dain, how is this different than some of the other things that you've done in the past?

Dain:

Well, what this I would say does more than anything else in a sense is truly embraces that thing that we were talking about of actually getting you to that space and place beyond being able to have this reality kind of pull you down, because you're kind of like this beautiful balloon. You know those really multicolored hot air balloons that just like to soar and float and experience the world? And this reality is kind of like a big old sandbag that keeps trying to pull you down into the muck. And the kinder you are, the more brilliant you are, the smarter you are, the more capacities you have, the harder it works to try to pull you down.

More than anything, I'd say, what these guys are about, these particular sets of things that are part of this package are about elevating you beyond that. And it's from awareness, it's from the conversation, but it's also from the processing, because the conversation gets you to awareness, the conversation gets you to your awareness of what's true, and then what we do is we use the processing to POD and POC or undo what doesn't allow you to choose what you're now being inspired to know that you can.

So it's this 1-2 punch that you go: 'Wait a minute. Why am I sticking myself in this reality so much? Okay. I don't need to do that anymore, thank you very much.'

So it's like... you know, I mean, the theme is awakening. So I was looking at this going: how can we do that in my way, in a sense. It's not my way but it's like.., you know. Because we each have our own awareness of how we'd like to contribute to people. The thing is because access it's always changing and it's always developing and it's always going further, what happens is when we find something new that we can do that will change things more, it's like we're on it.

So this is sort of the culmination of that at this point of this awareness of how that can actually be created. The thing about is it's got to be actualizable. In other words it's got to be something you can have here now. It's not something that, okay, 500 years from now if I do enough Hail Mary's and if I do enough of this or whatever. It's like no, I want to wake up tomorrow and be able to access this energy and access this space. That's really what it's about.

Darius:

Yeah. I love this. This is great. And I know that a lot of people have been asking about what's the latest, where's Dr. Dain's work gone. And the beauty is that you get

to literally build on all of the work that's been done before, all of the increase of energy and power and ability to really release that's come from all of Dain's work, but you also get the freshest and the newest ways and the energy that's been unlocked in this program.

And I want to talk a little bit about what's in here. I'm going to share where it is again/ A few people were asking. It is at youwealthrevolution.com/dain2013. This is the newest, most powerful work that Dain has.

Really quick Item One is basically *Busting The Lies Of This Reality, Part 1* and 2. Tell me about that. I guess we've been talking about. So maybe we'll go to Item Two, which is actually the *Busting the Lies While You Sleep*. Tell me about this. How can this literally work while people are sleeping or walking or driving, exercising, taking care of their kids? What's going on with this processing?

Dain: So what it is is it's these loops, this hour-long loops of processes. What they are is they're literally designed to bust you out of the lies and the myths of this reality that you didn't even realize were running your life. They're the things that make you feel like you can't do it, the things that make you judge you, the things that make you think you're judgmental when you're not. All of these things.

So what these processes do... It's like we've been processing today, everything where I go, 'right and wrong, good and bad, POD and POC, all nine, shorts, boys and beyonds.

Well, these are specific processes that are designed to unlock your insistence on making this reality real, designed to unlock what doesn't allow you to know that you're something beyond it, and designed to unlock everything what doesn't allow you to choose what it is for you that would be beyond this limited reality.

And you can literally listen while you sleep. So it's my voice, real low volume. You can put it on real low volume and listen. And what it does, it literally changes things. I used to do subliminal stuff when... Prior to Access I used to... It's so funny. I look back down and I'm like: wow, I used to do anything I could to try to create change.

Subliminals were one of the things that I tried. I would put it on and I'd go to sleep and I... But nothing ever changed. And I was like: wait a minute. I knew it should be possible to change that easily, but it wasn't until I came to Access and we had this processing. And I made my first processing loop one night - this is many, many years ago, before I ever made them available to anybody else - and I listened to it all night. And I woke up the next morning and I was like: Oh my God! What happened? I feel like somebody rewrote my whole world last night.

And literally you the being are still present even when you sleep and it's you the being that is the one making the choices. We just think our choices are based on our mind. It's actually you the being. So what happens is that as you listen to these, you literally get to choose to undo the places of unconsciousness, the places of anti-consciousness, the places that have kept you from having that kingdom of We that we talked about and kept you in the kingdom of Me and kept you separate from what's actually true for you, which is actually a connection with everyone and

everything not based on judgment but based on possibilities.

Darius: Wow.

Dain: And I've literally had people tell me they put these processing loops on at their place of work or in their house on a real low volume and they say: 'Oh my gosh!' Like one lady sent me an email and she said: 'Dr. Dain, I want to thank you much.' She said, 'My husband, prior to the last 3 weeks, was abusive.' She said, 'We've been together for 11 years and he was abusive.' She says, 'I've been playing these audios really low for myself, but I've been playing them really lowly because, I don't know, I thought maybe he could get some benefit from it. He has actually stopped being abusive and he is asking what he can do for me. This has totally changed his life and he's never been to an Access class.'

Darius: Wow.

Dain: And I went: 'Wow!' Okay. So, my friend, you change the energy you can change your life.

Darius: Wow. Yeah, I love that. And this a little subtle way for people that want to begin bringing these changes and see it in their life without having to really go back into the past and relive traumas and really look at that, but begin really shifting from this point forward. It's at youwealthrevolution.com/dain2013.

I want to ask a question. You've got a bunch more items in there. I want to go through them but who is this for? I think that's a really interesting question. Who is this for? As you think about that, Dain, I mean, obviously you've gone through this. You were in a space that was challenging and you found this has allowed you to unlock infinite doors. Who is this for?

Dain: Yeah. I'd say it's for the seekers of the world, those people that know there's got to be something different, the people who you know, maybe you've tried all kinds of stuff and it's worked and you'd like to have some additional tools, or you've tried all kinds of stuff and it only works for a limited amount of time and you know there's got to be something else out there. Or somebody who just, you know, truly the seekers of the world that knows that there's more available, and somebody who... This particular package is for somebody who truly desires to go beyond this reality and how they can create, but not from having to move to another planet. Let's create something greater here that we all know should be possible.

Darius: Wow. Another big question. Someone's asking again: how's this different that some of the earlier work that you've done and that so many people here have and have created huge transformations, many of which we of on the call?

Dain: Yeah. Well, it's different in that the focus of it is different, and one of the other things is it's also got the latest Access Consciousness processing associated with it. So Access is continually changing in its processing and its approach because we find this works better than this or this is something that will create greater change more quickly. So it's got all of that, but also it's got this perspective of enough of embodying this reality. Let's go beyond it now and let's give you the tools and the energy of being able to actually live that as a reality and let's undo what doesn't

allow that, because I know that's where the magic is. That's where you're going to create everything in life you truly desire so let's just jump to that.

Darius: I love it. I love it. Yeah, I love it. I want to ask about this next piece which is... looks like the Item Four: *Why Consciousness*? What is the verbal processing there? What is it aiming to do? What is that piece about?

Dain: Well, here's the thing. Like I said before, a lot of people think if their eyes are open they're conscious. So I created this class because literally in the last 13 years what I have seen is the practical application of consciousness in people's lives. A lot of people don't realize... You know, you've asked several times today what would somebody's life look like if they actually function from consciousness, if they function from oneness. And I did it not just personally to answer that question but also to give people specific scenarios and go: Hey, if you were actually functioning from consciousness and this occurred, here's how you'd be able to address it. You'd be able to ask this question, you'd be able to go here, and here's what change it would create after the fact and then here's the change that would come back to you. And now everything that doesn't allow you to do that and be that, let's destroy and uncreate it and let's change it so that you can actually have that now that you know what it would be like.

So whole thing about *Why Consciousness* is what would it be like to live in a conscious reality? What would it be like for you to create your conscious reality and what would it be like to not have to be limited any longer by the idea that you can't, that you're not, and that that's something that's not available to you?

So there's a class with that and then there's also verbal processing that goes along with that to actually unlock the possibilities for people to truly choose to live where everything exists and nothing is judged and where we can all actually be interconnected but not brought down by that connection but lifted up.

Darius: I love this piece. It says you have this same *Why Consciousness* class but also they can listen to that as well while they sleep, so they can really plug this into their vibrational awareness while they're resting. And it says the more you listen, the more you will know what functioning from consciousness can be like and how it can transform your life. It's that easy.

Item 5, Dr. Dain, is pretty cool too. It sounds like we've been going there but now this is like a big quantum forward, which is going beyond this reality to create change. And this is really about a phenomenal way of living, a totally different way of being. Almost like a quantum shift, correct?

Dain: Yes. That's exactly what it is. If you woke up tomorrow and none of the rules applied as they did yesterday, what would you be able to choose? Where would you be able to go? How would you be able to get there? What would you be able to create? And what is it that's a problem now that would just totally disappear? And if you truly want beyond this reality to create change, what change would you ask for that you haven't been asking for that it's now time to start asking for and actually start creating?

Darius: Is this for people that really want to see like a big transformation? I mean, is there something about this piece that just really tends to move the needle, so to speak, in terms of consciousness?

Dain: I would say so, my friend. I'd say that's exactly what it is. It's like if you want to move the needle here... This is like an explosion. This is like an atom bomb. In a sense it's like here's the atom bomb, jump on let's go. Let's do this thing.

We've been holding ourselves back long enough. Don't you know? What if we didn't have to anymore? That's what I keep asking. It's like let's stop holding ourselves back. Let's actually dive in and actually dive into the possibilities for what we know is available and should be available and stop limiting ourselves by believing it's not and that we can't have it and we don't know how to do it, because if there's anybody in the planet who knows how to do it it's you.

Darius: Yeah, in your own way. Yeah.

Alright, what I want to do is see what questions you've got, what things we can do as we're going through some of these pieces and helping you, but I want to continue going through, because I think these are really helpful for us to understand.

The other thing that you're doing, the same thing – going beyond this reality to create change. You talked about like an atom bomb of higher awareness going off in your life. You can also listen to that whole piece in the processing in the vibration or awareness that comes from that while you sleep, because Item Five is *Going Beyond This Reality To Create Change*.

Item Six is the verbal download of the processing that you can listen to while you're sleeping, while you're driving, while you're out walking. That's Item Six.

You're also going to be doing an event starting very soon and it is actually going to be... Is this something live and is it online or is it in person?

Dain: Yes, yes, yes.

Darius: Both and both and all.

Dain: Exactly. It is. It's live, it's online and it's in person.

So if you can get to Los Angeles, you get a ticket to the beginning, the October 4th, three-hour event. And it's a beginning of a three-and-a-half day class that I'm doing called *Being You Changing The World*.

Everything that we've been talking about today really is about getting to give you whatever it is you require so that you can literally be you and be the change you're here to be for the world. And so if you get the package you'll get a ticket to this. You can either show up online. You can watch from your computer, because it will be live streamed, or you can watch from around the world, do it that way, or you can show up live in Los Angeles and you will be welcomed there.

This one thing is worth the price of the package, but it's literally where in three-and-a-half hours together in this live setting – or three hours together, wherever it's going

to be - in this live setting it is phenomenal the shift we can create.

You talk about the atom bomb of possibilities. That's the atom bomb of possibilities right there. And it literally is where... One of the things I'll do is I'll set up a table and I'll work on at least one person and maybe more during the evening, but it's interesting. I've had people who've sent me emails after they watched the class via computer live streamed and they go: 'I did not believe this was possible. But you were working on this person and I was feeling the energy in my house as it was going on.' I was like: 'I know. That's because we're not separate.'

This idea that there's distance is actually one of the other lies of this reality. We don't have to be separated by distance. It's like we are as close by phone or by whatever means we choose. My hope is that what happens is it truly does become the atom bomb or the rocket ship, if you will, if you're not comfortable being blown to bits to possibilities. This is a rocket ship that will actually catapult you to a totally different awareness of what's possible as your world.

Darius: And what I love about that is you don't need to necessarily go to Los Angeles. This piece, this Item Seven, is either going to be live streamed if you'd like it or you're going to be able to attend. So either way you're going to get I think what is the collective energy of that event, the collective energy of that stream in your life and allowing that to really magnify everything else in this program. So that is happening. The date is on the page along with the time. It's at youwealthrevolution.com/dain2013.

You also are going to giving be folks some bonuses, which is really cool. A quick start guide to using the Access Tools of Consciousness. They're also going to get a very powerful introduction and first chapter of the book *Being You And Changing The World* and also the Access clearing statement.

Tell me a little bit about why you chose the introduction and first chapter of the book *Being You And Changing The World* that you wrote, Dr. Dain.

Dain: Well, I got to tell you, this particular... it's about a 55-minute audio and it's me reading the introduction and the first chapter. And literally I will play this thing really low in my iPod and I'll do it like if I go for a TV interview or something or a radio interview. I'll have my phone in airplane mode and I'll be playing this really low in my back pocket and it literally has this energy of, I'm going to say returning you to you, returning you to you the being. And I have people who send me emails all the time going: 'You know what? I've gotten this thing and I play it and I cannot help but 55 minutes later, no matter what I've got going on, I've always got more of me. I feel like it keeps giving me me. I don't know how you do it.' I'm like: 'I don't know how I do it either and I don't think it's me. I think it's the universe conspiring to give you this.' But literally if you play it at any time it literally seems to give you access to you.

Darius: Right.

Dain: And if you've ever had like, I don't know, a piece of music that you play and it inspires you and brings you to tears and is always sort of like the thing that allows you to return to that energy and that space of you, this is kind of like what this thing

does, but it seems to start unlocking and unburying you, but also it's got some really cool information on it that will help you too.

But the energy in it is... I don't know what events conspired when I recorded this particular audio, but it's one of those things where it just keeps creating change for me and other people.

So that's why I wanted to include that for people and let them know... And this is basically what this *Being You Changing The World* book... The energy of it is what I wanted to imbue in the classes that I give, because that's where it is. That's where the meat is.

And the other thing about the online class, it'll actually be available as a class that you can watch online. So if you're not able to make it live, you will be able to go in and you'll be able to watch it online after the fact. So I just want the people to know that too. And they'll get an mp3 of the class also.

Darius: Fantastic. So either way, whenever you hear this and whenever you're tuning in, you will be able to get all of this. I think the key that really, I believe, sums this up is that we have a gift and we all want to be fully and completely ourselves. We want to feel at the end of the day that we live the life, the day, we loved the way that we were put on this earth to love, we really felt our full essence coming forward and we felt good about ourselves. We felt happy and joyful about who we are, our journey, even our struggles, and who we're becoming. Because if we just... You know, we're a piece of the past but we're not really creating a vibrant magical future. We're also feeling a void because we want to create, we want to do big things, we want to contribute, but we want to do it in our own way. We want to live our own magic.

Being you and changing the world and connecting to all of this and seeing outside of the bonds of what we think is this reality is all part of this magic power that we have, and so much of our pain and frustration comes from not being able to do that. So this is the huge way for people to step forward into that place and do it really gently and elegantly. And we heard from people who underwent tragic situations, that appeared tragic, that later became the greatest blessing or opening in their life. I think about some of those stories, Dr. Dain, that just came in through this call.

So if this is something that you feel would be more expansive for you, then you can go to youwealthrevolution.com/dain2013.

Dr. Dain, really quick, I'm just going to show one more thing. The entire package is also at a big discount. I almost forgot to say that. At 88% off and it's 127. It's brought to you by us at the You Wealth Revolution and it's there at youwealthrevolution.com/dain2013.

Any final thoughts or things coming up as we begin to close off this call, but we keep people's energy open and high and moving into a whole other space of possibility?

Dain: Well, I wonder if we might take about five minutes and do a little something together. Would that be okay? Do you have time?

Darius: Yeah. Oh yeah, absolutely.

Dain: Cool. Okay. So if you're listening and you can please close your eyes, and if you can't then keep them open. Okay. So close your eyes, take a deep breath in from the top of your head down to the tips of those cute, sweet, adorable little toes of yours. And if you can, if you're lying down that's fine. Feel your body against the surface you're lying on and feel the surface you're lying on against your body. If not, put your feet on the floor and feel you're the floor, and feel the floor against your feet and feel the earth coming up to meet you at your feet, welcoming you, acknowledging you, sharing its gratitude for you and your choice to be here to facilitate consciousness and change impossibilities at such a crucial time in our evolution. In such a crucial time to the consciousness you came here to awaken.

Now is the time, my beautiful friends, to become aware of everything you truly be, to become aware of the gift you truly are, to become aware that that is not only words but your awareness of what is actually true for you.

Now is the time to allow yourself to begin to expand into what you truly are, what you're truly meant to be, what you're truly here to be, and beyond that. Everything you've decided that is, let us destroy and uncreate it. Right and wrong, good and bad, POD and POC, all nines, shorts, boys and beyond.

And instead if you had no judgment of you or anyone or anything, or anything you had ever chosen in this or any other lifetime, who would you be? If you have no judgment of you or anyone or anything or anything you'd ever chosen in any lifetime, what would you be and how would you be? And where and when and why could you choose to be? Everything that doesn't allow it, right and wrong, good and bad, POD and POC, all nines, shorts, boys and beyonds.

What if everything you've decided about you that you learned through this reality was a lie? What if there's something that's so true about you that it cuts this reality to its very core and goes through it exposing it for what it actually is, to the lie of something designed specifically to limit you so you do not become the powerhouse of change you truly be, so that you not destroy other's capacity to create limitation in totality but now is the time.

1, 2, 3 for you to actually awaken and be the capacity to destroy limitation, to invite possibilities, to invite greatness into being in totality. And everywhere where you've decided that you're not that, that you're not big enough, you're not great enough, you're not smart enough, you're not large enough, you're not bright enough. Everywhere you've decided you're not anything is a lie. All of those lies and all of the projections, expectations, separations, judgments and rejections creating it, can we now destroy and uncreate it and change it together on 3. 1, 2, 3.

And now on 4, what contribution to destroying and uncreating the solidified futures of destruction that we have been headed towards in our lives or as a planet would you be willing to contribute to? 1, 2, 3, 4.

And what future of possibility would you be willing to invite into being, that if you allowed us and the earth to contribute to you, that if you allowed consciousness to contribute to you, and you allowed us to all contribute to each other would allow to actually be. On 4, let's create it, ask for and demand it as our reality. 1, 2, 3, 4.

And, lastly, what contribution can you be to the earth that would gift this beautiful planet with everything it requires to awaken consciousness across the planet, throughout the galaxy, throughout the universes? 1, 2, 3. And 1, 2, 3, 4. 1, 2, 3, 4. 1,2,3,4.

Darius: Wow.

Dain: Please take another deep breath in and just notice how beautiful it can be to be on this planet when you get to be you. Now is the time.

Darius: Wow. Now just allow that new space that opened up, that new essence of being, to flow through you and maybe around you. The world's looks a little brighter. Things seemed way more expansive. I know they do for me and we're here people writing in feeling that. So let's just be present to that as we conclude this call and we open up now to new possibilities that are here for you, new awarenesses, new ways of living.

And everything that starts with a singular step, so I would say what is it you're going to do now? It could be writing down an idea. It might be taking on a new way of being or looking at the world. Maybe you've already done it. Maybe it's going deeper into Dr. Dain's work, and we'll share where that is. But whatever it is, just know that you're going to do the thing that your heart, that you truly are here to do. And be ready to take that step, because you will find that you have everything you need and you can.

If you want to go deeper into Dr. Dain's work, you can go to youwealthrevolution.com/dain2013.

And, Dr. Dain, thank you so much for being here and coming back and sharing some of the newest things that you've been working on. Wow, my friend. I mean, mind-blowing. The last bit that just incredible. If that's just a sample of what's going to happen on the new program of activating your awareness and bursting the lies of this realities then I've got to tell you that is some powerful stuff, my friend.

Dain: Thank you, my friend. And I would say it's a taste of things to come and what else is possible.

Darius: Wow. Wow. Thank you.