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**Interview with Christie Marie Sheldon**



*Christie Marie  
Sheldon*

Intuitive Healer and Creator  
of Love or Above Toolkit

**Abundance Starts Today:  
Break Free from the 25 Subconscious Abundance  
Blocks Sabotaging Your Wealth & Success**

Darius: We are here. This is Darius Barazandeh. Hello and welcome. I'm so glad you're here. It's been a very interesting day, because when I first started I couldn't unhold everybody. Imagine hundreds and hundreds and hundreds of people on and I can't reach you. And once I removed this hold button it's like I could connect with you, I could touch you. What you came here for could actually reach you, you know. And once that button was pushed and I couldn't turn it off, it was like I couldn't reach you and it was a terrible feeling. But someone stepped in and said, 'Oh no, it's okay,' and they undid that hold button and so now everybody can hear me.

And, you know, it's kind of fitting that we started out like that, and for those of who were on the intention session you heard me kind of pop in and out trying to reach you so badly, because what we're going to do today with Christie Marie Sheldon, we're going to do some deep energy work. We're going to be removing some abundance blocks. And I think of these abundance blocks, I think of these challenges that we go through as sort of like the hold button of life, like the hold button that's keeping the universe from reaching us, keeping the flow from reaching us, keeping our real goodness and the life we're born to live, our divine grace from reaching us. And I believe that we all have a magical life. So what we're going to be doing is removing that hold button, removing those things that are keeping you from the life you really want to live.

So let's do this. One of the big things that we did on the intention work, if you just popped on, was we started sharing love. We started giving love to others in the planet, just sending it out. And one of the big things we really believe in at the You Wealth Revolution is sharing goodness, sharing high energy. The more you share high energy, the more energy you get back.

So do this for us and for everyone here. Go to [youwealthrevolution.com/now](http://youwealthrevolution.com/now). And just share this with people on Facebook. All you have to do is say: 'Hey, come join us' and your friends will be able to click a link, come in and listen on the webcast. They don't even need to dial the phone. They don't even need to opt in. They don't do anything. They just need to join. And that increases the power of the circle, increases the energy that we move, because as we bring more and more enlightened beings - and I think everybody shows up exactly as they were supposed to - as we do that, the energy of what we do here becomes even more powerful.

And our guest here today is Christie Marie Sheldon and we want to really talk about and experience breaking free from the 25 subconscious abundance blocks that are literally sabotaging your wealth and success. We're going to be understanding really why these blocks are here, how they hold us back, what energy clearing is. We're going to do an energy clearing session. We're going to understand what these blocks can cost us so we never, ever accept them again. And you're going to really understand like what can happen in your life when these blocks are removed, how things can change quickly. Because a lot of people here believe that it has to take years and years. I believe once you take that hold button and you turn it off, just like the sound reaches you, just like the miracles are going to reach you today because we did that, I believe it's the same work in our abundance.

I've seen. I've seen it happen again and again. So let's do this. Let's give a huge amount of love to Christie Marie and then we'll get started.

One thing I want to do is introduce her and this is a key thing that we are going to be talking about is how do you create unlimited abundance. I don't mean just having a little bit but I mean really what makes your heart sing. And I hope you're ready for a big shift in your life. By the time you reach the end of this session, my hope and Christie's hope as well is that you'll know exactly what you need to do to create the life of your dreams and create abundance for years to come.

So let me tell you a little bit about Christie. She's been here before. She's one of the most popular guests that we've ever had and she's helped so many people absolutely do this.

Christie Marie Sheldon is an intuitive healer. Her intuitive gift is being able to tap into people's energy fields – and, believe me, she'll tap into a lot of your fields no matter how many people wind up on this call. She's going to be able to tap in and she'll say: 'Someone's dealing with us. I can feel this. That person over there, they got this.' And she will actually help us to find and remove those blocks, the same ones that can be holding you back from a life of greatness.

She's spent the last 15 years doing this. She's been on radio shows. She's conducted seminars. She's held over 10,000 private consultations with clients just like you and me to make this a reality.

She's also worked with many of the most respected people in the personal growth industry like Lisa Nichols, Marci Shimoff, John Assaraf, Hale Dwoskin. Dr. Norm Shealy, Don Miguel Ruiz and so many others. And what's really cool is she actually did kind of what I would call an abundance experiment where she actually worked with many different people and they had some dramatic results take place in their life – a lot of interesting things, a lot of strange things.

One person - Ted from Arizona – said: 'I hardly spoke my name and Christie Marie knew the root of my problem and why I was calling. Pretty impressive. She performed a deep healing to clear the source of the issues and gave me great advice to keep myself protected.' Now we're even talk about protecting your energy and keeping your energy pure from other things going on.

Another person wrote in. I just want to share this. She said: 'I got home today and in the mail was a check for \$514 from some old royalty payments which are usually a quarter of this amount. This was totally out of the blue. We called on the vortex last week to help with money and – *bam!* - here it is.'

Another person: 'I created a new clearing for abundance and received \$2,538 of unexpected income just four days after my session with Christie.'

So this kind of stuff can happen. I want you to just really feel into it and I'll say this: everyone's different and of course we can't promise anything. We can promise though that you're going to connect to a higher energy and there are going to be some blocks removed. And my heartfelt wish is that abundance comes to you as quickly as possible. Let's make it happen.

Christie, let's do this. Everyone send a huge amount of love to Christie and we'll get started. Christie, welcome to the new wealth revolution. Welcome back I should say.

Christie: Oh, thank you so much for having me. I can feel the love and the good energy and the positivity in the shifting that wants to happen today. So thank you. I love being here.

Darius: I am very excited today. I mean, I feel like I'm just buzzing and it's like coming back to You Wealth. It's unbelievable what happens here.

So many people have already submitted their abundance wishes and what they want to see happen and the things that really matter to them. I want to make that a reality and I guess the place to start is this. I've heard you say - in fact probably on one of these calls - that in less than a minute you can look at someone's energy field and show and tell them if they're going to have wealth in their life. What's up with that? What are you seeing in their field?

Christie: Yeah. Well, here's the deal. If somebody is an amazing manifestor, when I... Okay, so picture your field as bigger than your body first off and then in my psychic vision their field lights up like a Christmas tree. So when you have a Christmas tree, you know, you see kind of shadows and lights. It's kind of got this cool little maze of it. So when somebody's talking about 'Yeah, I need some extra money' or 'Ooh, I want to make some money' or, you know... If their energy field looks pretty much crystal clear and is hanging out about 30 to 50 feet all the way around them - like some people literally will keep their energy very expanded and those are amazing manifestors - they're going to make a lot of money and it'll show up in their life, because they basically don't have any counter intentionality or counter belief or hidden sabotage-y things hanging out that are going to block the flow from that request to the universe.

And if I look at somebody else and their energy is very contracted and they have some other subconscious beliefs - and we'll talk about where those come from and why we have them and why we probably don't even know what they are...

So if their energy is contracted and they talk about it and they've got lot of fear-based or anger or shame or guilt kind of worries about it, then I know that their abundance is blocked. So I'll just go into that heavy dark energy with just my awareness - which we're all capable of doing, by the way - I teach lots of people to do this, so it's not like I'm super special and nobody else can do it. But...

Darius: But we love it when you do it! I mean, there's something to know, okay, Christie's work my energy, it's like okay, I know, it's done. I know it's done.

Christie: Yeah, yeah. I am like that, I really am. I won't stop until... Like I find every little nook and cranny.

Darius: Yeah.

Christie: So I'll go into the field and with my awareness I'll ask: 'Well, where is this from?' And then I'll hear: 'Well, it's age one from my mamma. I watched her fighting with my dad about money and I thought: ooh, money creates problems, right?'

So now you're one year old and you came to this conclusion: ooh, money creates problems, and now that's hanging out in your underlying field of energy blocking you and that's why people could be 30, 40, 50 years old and say: 'I've been working on this forever and I kind of know where it stems from.' And I'm saying: 'Well, you probably don't know what it stems from because you've probably been working on that angle forever and if it's still there it's something else.'

So it's kind of interesting. But when you find the real root thing that's kind of blocking you and it leaves, then the money just really does show up in a kind of weird random things. I mean, a lot of the emails that I get from people, normal people would call them miraculous, because when your field of energy is open you're connected to... You know, there's no limit, but let's just say 99 billion - which is still kind of a limit - but 99 billion ways that the universe could bring the money to you. Because if your field's wide open, the universe could create some better solution for you. You know, 'I need 500 bucks.'

You know, I have like stories. I had this one lady she sent me an email. She said: 'I've been practicing trying to bring in \$1,000' - and for her that was like one-quarter of her monthly income. And she said the very next day she got a phone call from the mortgage company... Like five years ago the FTC sued and supposedly won \$600. So that was something that happened really quick and unexpected.

Darius: Wow.

Christie: Then she went to her bank account and she saw that her ex-husband had put some back child support in there some months ago...

Darius: Gosh. That could have been for her like a miracle, you know, if it was just coming... you know, if she really never expected him to do that. Sometimes that might be a big miracle.

Christie: Yeah. Exactly. No, she said it was from months ago in the email.

Darius: Wow.

Christie: And then she said she got a check in the mail. And she said all of these happened in one day and it totaled \$934. And then she was like: 'I'm grateful and then I'm like ooh, but I really wanted my thousand.'

So she takes her kids to the amusement park or whatever. This all happened kind of like earlier in the day. She goes to the amusement park and a stranger beelines to her and asks her if she wants a free ticket. So, you know, she's like: 'That kind of made up for it.'

I mean, some people would think was all that coincidence? I don't know. I just think it's because she's putting the intentionality out and I'd shown her... She was doing my abundance course and so she was clearing her blocks. So it just seemed like that day there was enough cleared from her field that she pulled it in rather quickly. She said she was completely shocked. She goes: 'You have to understand that's like one-quarter of my income every month. I was hoping it'd happen but I didn't really expect it was going to happen, you know,' which is what's kind of funny.



Darius: You know, it's incredible to me that people... You know, we walk around with these blocks. We walk around with this dark energy. And we could all see it, you know, if we could really feel it and know it, it's like we wouldn't let it go. But for a lot of people they don't really know. They think life is supposed to be hard. Life is supposed to be a struggle, things are supposed to be difficult. Yet people that are really abundant have a very different vantage point, a very different way of seeing things.

What would you say, Christie, as you're seeing this energy - be it dark, be it blocks, be it stagnant pools of emotion or toxic energies that someone put on someone else? What makes one person abundant and another person not abundant?

Christie: Well first off I think the main thing is the willingness with a little hope. Because some people are a little bit beat up, you know, and they have actually quit. They say 'Oh, Christie, I'm trying,' and as soon as I hear that word 'try' I energetically... Because everybody think of that word 'try', right? They don't really believe it. There's not that this willingness... I'll sort of half-ass and try, you know?

So the ones that are abundant... because even the abundant ones have blocks. Believe it or not I have people - famous and wealthy people - who call me for sessions and people would say: 'Well, why would they be calling you? They must have it all together.' They even still have blocks or they want to still get the edge. They still want to get ahead.

But basically, willingness and hope will start opening the doors, because then you're willing at least to start asking questions about, okay, I know I should get this proposal out but I'm procrastinating. What's this about, right? And then they start kind of going into... And I teach people the techniques to kind of go into the energy - and if everyone holds on the phone with us I'll take them through a little clearing session where you can start accessing some of this data for yourself. But yeah, then you go into it, you ask questions, and then you have to be willing to clear the energy using a higher frequency than the energy that's already in you.

Darius: Okay. I want to... Can you repeat that? You clear the energy using a higher frequency than the energy that's within you. That's a really important piece. I just want to share that with everybody. That's kind of how this happens, right, Christie?

Christie: Yeah, yeah, because you can't really... you know, everyone here has probably been around a needy person, right?

Darius: Ah-hum.

Christie: Okay. Well, that needy person is trying to grab energy from everywhere because they don't feel filled within themselves, right? But there's a way that you can connect to source energy. Some people call it God or light or love or universal flow - whatever the word is. But you connect to the source energy which actually has the highest frequency, the frequency that we all came from, right? It's like it's the energy of this amazing, beautiful soul who happens to choose a body. And we're tapping into that. And that's really who we are. That's the truth of who we are. So in a way you're actually just tapping into truth.

And this truth when you bring it into your body and into your field will start shining light on all the things that are in the way. That's why people say: 'As soon as I put up my vision board everything in the world went wrong for me.' And what's happening is the universe isn't torturing you. The universe is saying: 'You really want to change, so I've got to show you really quickly where your blocks are so that you clear them so that you can actually get what you wanted on your vision board.'

Darius: Wow. I mean, that was another big piece. I can feel energetically when the audience goes: 'Oh my goodness that explains a lot,' because a lot of people here have been trying to make things happen. They've been holding visions or repeating affirmations. We always think: 'I've been thinking positive, but things keep collapsing.' And it's because once you put that intention out there, if you don't clear the energy behind it the universe is going to start things sort of collapsing, so you'll be in a place where you have to work on that energy. Correct?

Christie: Yeah. When it's loving you enough to show you where it is, because maybe... See, the thing with the universe is it has knocked on your door a zillion times a day and people have made like intuition or tuning in or meditation a hard thing. So what's actually the most easy thing for us to do we ignore, because when the answer comes so easy we think it's too easy and we don't trust it.

That's usually happens with intuition. Intuition happens within the first three seconds of asking a question. So most people get the answer and then they poo-poo it because they think: 'Oh, that's too easy.'

And so the truth is the universe has been trying to show you where your blocks are but you weren't getting the download. So then it makes it really big, kind of exaggerates it a little bit, so that you pay attention to it and start clearing whatever made that happen. So it's a self-love thing. It's let's try it the other way. And now you decided I want a vision board and I want it real quick. So the universe goes: 'Okay, you want it to be quick, I'm going to throw you something. And I'm doing it from love and once you get through that, then you'll be done with your blocks.' You know, from that angle.

Darius: Wow. Wow. We're getting a lot of people writing in with a lot of different experiences and exactly what we're talking about. Things sort of drying up, things changing, and things not being as easy as before.

I want to get to some of those questions. I want to also talk about the fact that there are 25 or 24 to 25 abundance blocks that you've identified.

Let's do this. I'm going to share some of the things people have been writing in and let's just maybe from there sort of freewheel it and see kind of what abundance blocks you want to talk about, maybe some that appear to be happening with some of these wonderful people.

Catherine said: 'Oh my gosh yes. Everything has just collapsed on me and I'm wondering why.' She says: 'I feel so close to my breakthrough but the collapse happened so quickly.'

Another person said – Mary: ‘I had a great job. I started in December and then in August the job was over. What’s going on?’

Another person: ‘I’m working on other types of programs. I haven’t seen results. I really need money for my license, my tax.’

Another person – Betsy: ‘I can’t seem to let myself have money. When I get just a little I just give it away or I use it till it’s gone. I have to change this.’

Another person – Carol: ‘I’m 65. I started a travel business a year-and-a-half ago. The first two tours brought abundant returns. However, the third I have scheduled is just not taking off.’

Tell me, Christie, as you hear this from some of your different like energies that Carol shared and Betsy and Mary, what abundance blocks do you feel coming up for them?

Christie: Well, the main one I am kind of hearing throughout all of those - or the first few in the beginning - was the fear of change. So I always laugh about change, because...

Darius: Okay.

Christie: Basically if things are drying up there’s some part of their soul asking them to kind of bump up to a higher frequency. It’s like you’re at the wrong frequency and it wants you to turn the dial so that you can grab the amazing new reality that your universe is trying to bring you.

But it feels like they have some fear of going forward, because maybe in the past it didn’t work out, or change is going to be hard, or I’m going to do this and then something else is going to happen. It’ll never really complete itself, and I never really get into the new reality.

So I’m kind of hearing a lot of blocks on that. But always laugh about change, because if you really like just look at it, all your atoms and molecules and protons and neutrons and the atoms, everything is always moving. So basically when we fear change we’re actually fearing who we are, because we’re all of us at some level vibrating and constantly changing. Nothing is ever like stagnant.

And so when I can take clients through clearing on that it starts opening up their reality to see, wow, okay, I’m just vibrating frequency of love and light and if I change them all the time why I can’t I just anchor into that energy of change and just kind of move up versus kind of like trying to be all solid and stuck backwards, you know.

Darius: Oh, Got it.

Christie: So they’re trying to like make themselves solid in time. You know, it used to work like this. Well, maybe the new part of you wants it to work a little easier for you. Maybe trying to invite you to the next thing

And the travel tour person I feel like she actually decided somewhere this was too easy or something like this and she started to eliminate her success.



Darius: Wow.

Christie: So that's another fear, the fear of success. I always say to people once you get your goals the main important thing is set a new goal, because if you look at Planet Earth it's set on polarity, right? - create/destroy, light/dark, good/bad, you know.

Darius: Okay.

Christie: And what most people will do is they'll create something and then think that they have to destroy it in order to create something new. But why can't you just be in this energy of create, create, create, create, create?

I always say like Donald Trump is actually good at creating and destroying, right? He will create things and then he'll create bankruptcy! He does create and destroy. And then you look at Richard Branson of Virgin. He does just create, create, create, create, create. I can't remember but I think I read it's 60 or 600, which I know is a big difference. But he has like 60 or 600 companies and he safely does pure creation, hires CEOs to run it and just creates. And so that's a different energy flow. That's actually a way more abundant energy flow.

Now, is Donald Trump abundant? Sure. But does he bring a lot of other energy with it that might be not necessarily as fun? Sure.

Darius: Yeah.

Christie: Yeah. So that's an example of even wealthy people who might have some things that need cleared up.

Darius: Well, let's go through a few more. We've got a lot of people writing in. What are some other common abundance blocks that you've seen?

Christie: The two top ones that I see mostly are... We're taught as little people, when are parents are raising us, that we should share and we should be kind and all of those things that I actually think are relevant to keeping a society in their heart, right?

Darius: Right.

Christie: But what if you're taught the extreme though, that you are always supposed to receive last? So some people will have... So one that would really common blocks is people aren't good receivers because they think that if they receive maybe more than everyone around them people won't like them, people will be mad at them, or they might be considered greedy. So there's like a social limit, feeling that's kind of put on people because they think that if they receive too much then they'll be rejected or judged or something like this.

And the other one that's one of the main blocks that I see is when people feel that God or the universe won't support them. So they think they've got to suck it up, go it all alone. Or if somewhere in their earlier childhood or something a lot of bad things have happened, like maybe parents divorce or maybe it wasn't so nice where they grew up or..., you know. All of those kind of things will make people be imprinted with the belief that God or the universe doesn't support me.

And so if you have that, that's one of the deep underlying core ones we got to rid of right away, because if you don't feel supported then that's the energy that when people call up and say: 'Hey Christie, I'm *trying* to manifest money,' but they don't feel... really secretly they don't really actually think it's going to happen. They kind of hope still, otherwise they wouldn't be on their phone call, but they just know that they don't actually have the energy to make it happen within them. So you've got to clear that block.

Darius: Okay. I want to share two more that just came in that I think are really interesting. Have any of you ever had a new opportunity or things going well and then something happens like in your body and you get sick, or in the case of Lee from Houston a frozen shoulder? He says: 'Why is it every time I start to move forward things look up. Then I come up with a physical problem - like right now my shoulder is frozen. How do I spend time on a computer creating my new and existing project with a frozen shoulder?' And, Lee, I had that happen to me with the shoulder and I know how unbelievably painful that can be.

Another person - Paul – says: 'I'm in a period of sustained financial drought. My business has collapsed and I feel a change is coming. I'm meditating daily but I feel so stretched.' And it could be, Paul, that just meditating may not be enough.

What's your take on Lee and Paul? Two different people. Lee is the one with the frozen shoulder; Paul's the one whose business has seemingly collapsed - at least one part of it has. What's your take?

Christie: Well, with Lee I'd be curious what shoulder it is, because the right side of the body is usually male-related energies and the left side of the body is female-related energies.

Darius: Okay.

Christie: Honestly though he feels like he's a little blocked in both, even if it's only just showing up in one shoulder.

Darius: Okay. Okay.

Christie: We're all male and female within us. So the masculine part of us goes and hunts and gets things done, right?

Darius: Right, right, right.

Christie: And the feminine part of us manifests by being a magnet and pulling it into us. So it feels like, I don't know, for him it feels like every time he goes to do something... It feels like both though. It feels like mommy and dad issues. So it feels like there's some part of him that's not comfortable being the male go-for-it kind of part of him - you know, 100% congruently – and then there's some part of him that feels badly if he receives things. So he's a got a couple of things going on.

So this is a perfect example. If it's happening in your body, that means your soul has already tried showing you a whole bunch of other ways and you didn't get the message. So then you as the soul pull it into your body to like just amplify it and

make it real to you so that you have to pay attention. So it's kind of like his soul called it in so he really pays attention and clears it. Maybe when we do the meditation later he can focus on his shoulder and when I ask some questions he can get some insight into that.

Darius: Okay. Yeah. Great. And Lee, we'd love to hear back from you on what happens.

You know, one of the things I think that's pretty interesting is like a lot of times we repeat the same pattern with money. It's like you have the same energy. It gets a little better and then it goes back to the same collapse. Like Paul's dealing with. It's gets a little better, you put all these energy into it, you really push yourself, you work hard, and then what happens in a couple of years? *Boom!* - it collapses again.

I mean, if someone like Donald Trump can't get out of that pattern *per se*, how do we get out of that pattern? Because for many of us we don't want to go through that suffering and challenge again. We want to just keep creating, creating, creating, creating and flowing.

Christie: Yeah. Well, for him in particular it does feel like there's some part of him that doesn't trust himself. So when the flow starts to happen he sometimes won't go into it all the way or something.

Darius: Okay.

Christie: I get this energy of he's always two feet behind the abundance, okay? So even though he might temporarily get kind of mad and a little energized in his field and he'll grab it and then it'll show up in this world. Then there's something in him that makes it go back to two feet behind it.

And I'm hearing something around 10 years old. It feels like something around 10 he was trying to go for and he felt like he couldn't get it, and there's a little bit of a part of him that feels a little neglected somehow at some level for some reason. So the universe is kind of like neglecting him at some level or leaving him a little behind. That's what's going on.

And I hear if the universe brought a million dollars he would be shocked. So he hasn't really owned that he could pull in a huge amount or something. It's like he needs to think bigger. He's kind of settling.

Darius: Okay. Paul, I hope you're hearing that in Palm Springs. And for everyone else we're going go through kind of Christie's recipe and we're going to be doing some clearing work for abundance and hitting some of the major big walls and blocks that will keep you. I mean, we're tuning into as much energy as we can here, with hundreds and hundreds on line.

What is your magic recipe for creating and keeping abundance and wealth, prosperity flow... really about keeping that flow? What's the recipe you've found?

Christie: Well, here's the thing. I've always loved the word 'abundance'. It's like a-bun-dance.

Darius: Dance. Yeah.

Christie: Okay. So if people really understood what I do in my own life personally and what teach people to do... This whole abundance thing becomes about you who are. So if I am... I don't know. Let's just say whatever. I'm at the grocery store and all of a sudden I feel something about spending money. You know what I mean? Maybe I feel a little negative, something about spending money.

Darius: Right.

Christie: In that moment I will clear my energy and ask where it came from, at what age and start clearing it, right? I don't say like: 'I'll go to it later.'

So the first thing is I clear it right there and then I fill in with the positive. And so by doing that over the years... Notice how it's kind of took me a minute to kind of try to think of something that I might be a little blocked on, because with working with all these people and by working on myself daily, abundance and problems with abundance is not really part of my world anymore.

So the magic recipe is you catch it when it shows up, when you're limiting yourself at some level, you connect to the higher vibration, you clear it, and then you put in the good stuff. And then that becomes part of your dance in your whole day, you know. It's like you're dancing with abundance the whole day.

I honestly have got hundreds probably even thousands of emails from people saying it works. So again for me it's like I only want to teach things that actually create abundance in people's lives and, you know, I have social proof that it really works.

And it can work no matter where you're at, you know. If you feel bad about 'Gosh, I don't have enough money to buy groceries this week,' you just start there. Or if you're like somebody who's growing a business and you have a lot of money and people would think you're successful but you still feel a little like 'Hmm, I want something more - you know, that's more energizing,' - then you can clear it as well. It doesn't matter where you're at.

Darius: Fantastic. Okay. So that day-to-day practice, that day-to-day keeping the flow going. And a lot of the challenge, I believe, is people don't know kind of how to do that. They don't understand how that happens and how to make it that a reality.

Let's do this. For somebody on a salary, like a fixed income, maybe they're on retirement, how do they...? I mean, is it possible that clearing these blocks as they come up can actually get them more money flow?

Christie: Yeah, yeah. Here's one of my favorite emails. This was from Roman. So he was a kid and he wanted to really actually do music but he worked in IT. He was bored and he was on a fixed salary and so of course... And this was when the economy... this was a couple of years ago when getting a job wasn't as easy. It's a little easier. Some people would say it's not easy, but...

And so he said: 'All my friends told me that I should not go for a new job. You know what I mean? Just like suck it up, stay secure, don't do anything weird.' And so I said: 'Well, why don't you actually just send out some résumés and see what happens? Who knows what will happen, right?'

And so he sent out some résumés and literally within a month he got a new job. And he got three job offers. And so he took the one that gave him a raise, gave him a \$5,000 signing bonus. And he said: 'The funny thing is by doing this abundance clearing,' he said, 'I completely repaired my relationship with my parents.' Because most of the imprints and abundance blocks that you guys are going to find happened from zero to seven that you imprinted from your parents' reality - because you're a little baby and you soak in mom and dad, because you want to be like them, because if you're like them then they'll love you more and they'll take care of you. It's a very survival thing, right? They'll feed me, they'll clothe me, they'll love me if I am kind of like them.

Darius: Right.

Christie: And so he said: 'It completely repaired my relationship with my parents. I actually like them now,' because he cleared his buttons that he had with them. He'd moved to a nice studio. He had a breakthrough realization about... he felt like if he was going to do music he had to be poor. So that changed. And he said: 'I'm just really happy. It just uplifted my happiness.'

And, you know, I have other stories about people who have like... I love this story too. This was Estella. So Estella... basically her husband had had a heart attack. So they're on a very much fixed income. They had no insurance. He had a heart attack. It basically ended up costing him like \$53,000 from the hospital bill, about \$6,000 for the ambulance and about \$6,000 for just some other random doctor thing.

And so she's like: 'We have hardly any income, fixed income were. We're older. I might have to go do bankruptcy.' And so again she took my abundance course and we taught her how to clear her blocks, bring in the positive, and... The thing I also teach people is I teach people how to take massive action, because the universe loves it... you know, if everything's always changing the universe loves it if you take action.

So she kept calling around even though everyone was telling her: 'No, there's no way. We're not going to work with you. Just pay us up, otherwise we'll sue you,' etc., etc.

So anyway, what happened is she kept calling and she finally found this one lady who said: 'Hey, do you know we have this thing called sponsored care?' And she's like: 'What's that?' And she goes: 'Well, you're can apply for it and then the hospital has like people who've donated money and then we'll just waive the fee.'

So she applied for it and within the 30 days she had basically got that waived. And she got the ambulance cut it half, she said, and she had the doctors to take payments. So what was pretty much a catastrophe - and they had no extra cash - was now turned into something that was a blessing and totally handled. I mean, she was elated. I mean, that would have been devastating to her family.

Darius: Wow. Big question that's coming in about debt. And I want to talk about that one... talk about a few other things. Someone just wrote in and said: 'I've got over a \$100,000 in debt.' And basically what I'm kind of sensing in what they've said is it



would be very easy to be cleared if I didn't have this debt. 'It's like a low vibration that's constantly around my neck.'

What have you seen with debt and how perhaps clearing some of these abundance blocks can help with debt?

Christie: Yeah. You know what happened? I was looking through some emails earlier today. In my email thing we save all the testimonies. But I remember seeing one, and I don't remember the exact numbers, but what had happened is in her case she had a lot of debt – like over six figures of debt - because of like a business failure and stuff like that.

So what had happened is when she started the course she actually figured out how to get a loan even with her bad credit and all her debt to basically consolidate it all. So for her she did that. And to her that felt like, okay, that's just kind of handled off to the side now that the energy of 20 monthly payments is now consolidated into one and now I can go manifest things.

And then from there what happened is she got somebody who she partnered with and she started a business and she said she was doing well. She didn't give me numbers or anything in the email. But that's how she handled it.

And then I have somebody who's the opposite in how they handled it. Her name is Jane. And when she started my abundance program she said that she'd gone through all her inheritance money, because she actually felt bad about inheriting money from somebody who died, right? She had a weird belief about that.

Darius: Until she'd let it go.

Christie: Yeah! So she started... And it got worst though, because she started going through the equity in the house that she was living in that she bought prior to the inheritance. And she said: 'I even had to rent out my house and I moved in with friends.' She said about four weeks into doing the program she had a miracle. A woman called her out of the blue wanting to work with her and she says: 'Since then I've made over \$20,000 which enabled me to pay up my credit cards, put money back into savings and move back into my house.'

And then she had some other cool things after that, like another client called, gave her like a free trip, but it was a working trip, and then she got paid on top of it. So she said what she was doing is she kept putting out the energy for the universe to support her making money doing what she loved. And that's what created and manifested... And then she cleared all her blocks in the way of it and that's what really manifested and created the \$20,000.

Darius: Wow. Wow. I love these stories and I love the possibility of space that it opens up but I also... you know, I know people are really hungry and I know you're hungry too to start moving some energy. So can we take some time and move some energy? Can you feel also around the group and say like what's one of the biggest blocks that's you're kind of feeling and maybe we can start kind of moving that and clearing it?

Christie: Yeah, I'd love too. Yeah. I'm feeling like the main thing is they want to know how to start finding some of their things on their own. So I'm going to guide you guys to start finding because, you know...

Darius: Okay.

Christie: Where to look and how to tune in.

Darius: Okay.

Christie: So just so you guys know, when I do this meditation I'm going to ask you some questions while you're connected to the higher frequency. And so as I stated earlier, intuition happens on the first three seconds. So I'm going to ask a question. Whatever answer pops in your head, that's the one you go with. Not the logical one that'll start going: 'Well, that doesn't make sense because I can't remember that' and 'I don't know' and 'It doesn't make sense, that other number's just popped in my head.' Because this is what happens. This is the reason why you guys aren't finding your blocks is because you think it's one thing when actually it's some other thing that's imprinted within you.

So we're going to take our energy 300 hundred feet above your head where you see, sense or know the light. Now, this is the natural place that you guys go when you say: 'Hey, I'm going to pray about it' or: 'Hey, I'm going to meditate.' You take your energy up to the higher frequency. And some people see the light, some people just take a deep breath and soak it in. Some people just feel calm. And all of those things are indicators that you're connected to the light.

Now, allow this light to start coming into the crown, the top of your head. And some people see it like as a beam of light or some people see it as liquid light. And again everyone's wired a little different and it's okay however it comes in for you.

So allow this light to start filtering into your crown and it's going to open up all your psychic centers and your connections. We're going to see this light kind of wash away all the places where you've blocked yourself from knowing things and blocked yourself from seeing things and blocked yourself from hearing things. And allow this light to then just go into your throat. Okay. Opening up all connection between your heart and your head so that you have a clear communication. Okay. And anything that you wanted to say and you didn't say or wanted to tell yourself and you didn't, see that washing away.

And then next in your heart see yourself washing away anything that you judge yourself about. So if you're hard on yourself like: 'Why can't I get this abundant thing put together? Why can't I this? Why can't I that?' So all those things need to wash away. Okay.

And then allow the light to come into your solar plexus area and this is where if you ever felt a little sucker punch like 'the universe doesn't help me' and 'what the heck am I doing?' Okay. So just let that wash away, because this energy right here will prevent you from moving forward, taking action.

And then allow the light to come into your stomach area and we're going to wash away anywhere you feel powerless over changing or you don't feel rooted like you can move through it, or you don't know where to do. So any of you guys who have your 'I don't knows' kind of stuck in your stomach area, just let those wash away.

Okay. Then allow the light to come all the way through your legs and your feet and then, believe it or not, in the center of the planet there's like an energy that wants to support you, kind of like mother's love. I say if you were ever like laying in an ocean that was filled with saltwater and it just kind of holds you, that's what the energy feels like.

So allow the light to come all the way through you and then connect into the center of the planet where again you'll see or feel or know this mother love kind of energy. Yeah, I felt like this collective deep breath everyone took.

Darius: Yeah. That was big.

Christie: Yeah, because you guys just want to feel supported and cared for.

Okay. So allow this light of caring and support and 'you are enough' and 'it's all going to be okay'... allow this light to start making its way kind of like an elevator right back up through your legs into your hips into your stomach and into your heart.

Okay. Awesome. So you're now connected from above and below right in the center of your heart. Isn't that funny? I wanted to say heaven!

Okay. So allow this light to radiate like a big sunshine 360 degrees all the way around you. Now, remember how I said that. Non-abundant people will be kind of contracted and abundant people will be expanded.

So allow this light to kind of just basically radiate like a big sunshine 360 degree all the way around you and have it radiate out 10 feet, 15 feet, 20 feet, 30 feet, 40 feet. And then just keep radiating it out till it feels like a good place for you, wherever that is, wherever it is that feels very abundant.

Okay. So now I want you to think about one of the flows that you think you are blocked with abundance. So everyone might have a different thing kind of pop in their head. Just go with whatever pops in your head even if you really don't think it's the one you wanted to work on, because you're still chatting with you and letting you know what to do.

Okay. So we're going to ask this question. The very first age that this block started manifesting in your life is what? What is the very first age that this block started manifesting in your life? Okay. So we'll go with whatever pops in your head. Now, I'm going to ask you this because usually we're bending our reality into other people's fields, so you probably picked this up from somebody else. So ask: did you pick this thing up from your mom, from your dad, from someone else, or was it really just from yourself? So from your mom, your dad, someone else, or yourself?

Okay. A lot of light just happened in this group.

Darius: Oh, yeah.

Christie: I love it. Okay, so now we're going clear it. So you're already connected to the higher frequency and I'd just like to do a little clearing statement. And the clearing statement says: whatever this core belief is and all the beliefs that are kind of on top of it, okay, will you please transmute - which means basically instantly vaporize - transmute and clear it across all time, dimension, space and reality - because you probably have layers of stories on top of it. So all those layers of stories and events and things that occurred on top of it, will you please transmute and clear it across all time, dimension, space and reality.

That feels light. Okay. Alright. So I am going to ask you guys another question. I want you to think about... I will say that if you took your income, multiplied it by five and divided it by five for the last five years... so whatever your last five years' income is and divide it by five. You could do that too. Either way. That's going to be the average of how much you're willing to receive in the form of money.

Okay. So whatever that number is I'm going to ask you this question: what is it the age, the first age that you started limiting how much money you got? So what is the first age you started limiting how much money was brought into your world? Okay. So whatever age that is, did you pick up that belief or that feeling or that thought from your mom, from your dad, from someone else or from yourself?

Now, I'm hearing... Trust whatever kind it came in, because I can see some people are going: 'oooohh. That's not what I expected'. There might be multiple layers to it but just trust whatever you got.

Okay. So everything that created that let's clear and transmute it across all time, dimension, space and reality. All those stories on top of it about how much you can make or should make or should keep or any of that kind of stuff, transmute and clear it across all times, dimension, space and reality. All the limits as to how much money you're allowing into your world, transmute and clear it across all time, dimension, space and reality.

Okay. So let's do this. Some people have a hard time keeping money once they get it, so I want you to ask regarding keeping money and accumulating money - not only do you want to keep but you want it to grow and accumulate and magnetize more of it to you. So at what age was the first age that you started limiting that? So at what age was the first age when you started limiting how much you could keep and grow and make into something?

Okay. Did you believe that from your mom, from your dad, from yourself or from someone else?

Okay. Everything that is will you guys please transmute it and clear it across all time, dimension, space and reality. Okay. Everything else creating that, clear and transmute it across all time, dimension, space and reality.

Okay. So this is one of the 'do these too'. Okay. A lot of you guys are afraid to change because maybe your soul is actually trying to grab you and say: 'Hey, you've going to bump up frequency and then every will happen at this higher frequency.'

Okay. So all of you guys who are afraid of change I want you to ask what is the first age that you started thinking that change was somehow bad or not good? Okay. Everything that created that, will you guys please transmute and clear across all time, dimension, space and reality. Please transmute and clear that across all time, dimensions, space and reality.

Okay. When you guys are ready just kind of open your eyes. I know that you can relisten to this and see if any other layers of these kind of beliefs start kind of popping up. Sometimes you have to ask the question more than one time and you'll just start seeing some layers kind of like an onion, and it will start showing you all the ages that you started making things hard for yourself.

Darius: I'm here. I had some phenomenal things come back. I got age eight. I got it from my mom's side. Amazing.

And what I want to do... because I did this with everybody too. I want to kind of see what happened to you. What did you experience and what's going on with you? And we're just getting a flood of people writing and it's just so exciting to see these epiphanies come forward as people realize all this.

Tracy D. at age six or seven was told that she needed to wait. So now she has a belief that everything takes time and *someday* she'll have abundance. *Someday, someday, someday.*

Another person said: 'Back when I was a kid I was told to listen to the world about my worth versus my own worth,' – which... you know, a lot of us have that. So it's like the world tells me what I'm worth, but I don't really know what I'm worth.

Another person said: 'I discovered I was four years ago when I had the block and it came from my father's side. He was frustrated about not having enough money from his job and I picked that up.'

Keep sharing, everyone, what you learned, what came forward at [youwealthrevolution.com/now](http://youwealthrevolution.com/now). I'd love to hear more and more stories.

Anita said at age two and it was from her mom and the family situation at that time that it came in.

Michelle or Michael said he stole \$14 - or she stole \$14 - from his mother - or her mother - when they were six. I never got questioned, never had any trouble over it, but I always felt guilty because I stole and my mother worked so hard for money.

Now, I'd love to hear kind of what you experienced during the energy exercise.

Alhandra said: 'Every time when were deleting the energy,' - she's in Tampa. She says: 'I felt all the energy flushing out of my body through my legs, which is really amazing. Woo-hoo!'

Keep telling me what's going on.



Another person at age two. Another person at age seven. And at age 20 when the limits were put in. What are you feeling now? What's going on?

Another person - Donna – said: 'I realize that I learned at birth that change was scary.'

You know, what I'm amazed at... because she's like... these people were able to discover these themselves with some of your help. And, I mean, my big question is: why can't people find this stuff all the time? Why do we go around like with a veil over our heads to like the actual source of some of our challenges? I'd even say myself I've done that too.

Christie: Well, I think they were just taught. I mean, how many times a day do you hear people say: 'I don't know'? Like that one thing... Like I had this one client. I was working on her. And I literally... This was the second session. And the first session she kept saying: 'I don't know'. This was the second session. I actually counted how many times she said 'I don't know.' She goes: 'I really don't even hear myself saying it, that's how unconscious I am.'

So I think that we have like either... We might not be saying it out loud, but she taught me a valuable lesson that maybe inside us we really just think 'I don't know' or 'only God could know' or 'my parents were my authority growing up so therefore they know more than I do'. And that's even another very common kind of hidden belief that we have. So if we don't know then we won't actually look or ask or go inside and check it out, you know.

Darius: Yeah, it's safer. If we don't know, it's safe, because then, you know, while we don't like our reality we're just going to stay in the same reality because we know it. It's comfortable - even though it's painful. It's familiar even though it's driving us to the point of... it's just like we can't dig it anymore. But at least I know that this is the way it is. It's stable but terrible.

Christie: And it was really was hard to get it, right?

Darius: Yeah, exactly. Exactly.

Liza just wrote in. It's pretty interesting, because a lot of times we get people... even I think someone wrote in today and was saying, you know: 'I wish I never had these problems. I wish I was just born into money.' But I'll tell you, even if you were born into money or a wealthy family you still could have blocks. How many people have wealth and then lose it or come from vast fortunes only to leave it all behind or squander it or let it all go and be lost?

Liza wrote in from Lafayette. She says: 'I grew up with money but had trouble making money on my own. I was always told that someone else would take care of me and even now my husband takes care of me. How can I produce my own income?'

That's like a deep gnawing pain for so many people. And this is flooding in now. I mean, they are just flooding in. So many people.

Mary in San Jose says: 'I feel open and free. I love your work, Christie. I feel my limits have been removed. My annual income is now unlimited. Thank you, thank you, thank you.'

I'm kind of flying through this because there's just so much stuff going on. Any thoughts or feelings as these just flood in? We have hundred over 100 some now.

Christie: You know what? My question to them would be like... Well, I'm always curious because whenever I kind of poll most people say: 'I always thought it was like age two, but now when I did this I realized it was a completely different angle.'

So has anyone had an experience with that? I'd love them kind of type in and see what's up with that. Because that what happens. So I have a lot of people who are my clients who are like: 'I've been working on myself for 30, 40, 50 years. I really do do the work and I can't find what's really, really blocking me.'

And so it's always fascinating for them when they find that it's actually something that they didn't even really think it was. And that's why they're hidden, you know.

Darius: Wow. Wow.

Christie: I can tell a lot of light happen for people, for sure.

Darius: Well, Lee had something interesting happen. Lee wrote in and said: 'I have this sore shoulder. Interesting most of my blocks started at age six months, one year or four years old'. And I guess these are the three dates that came up. 'My mother has a sore shoulder,' - or seems to have one - and Lee got a lot of this from her. Lee's dad wanted Lee to work in a corporation and make money, but Lee quit because Lee wants to heal and inspire others. And Lee's mom thought money was hard to come by.

So, you know, it seems like, these can come from all different sources. And now that we get to kind of... okay, we can find this stuff. I think now it's like okay... How do we get them gone? How do we remove them? And I know you've discovered 25 blocks. Tell me a little bit about some of how those are taken out in your deeper work?

Christie: Yeah. So when I developed the abundance course... See, the gift for me in working on over 10,000 one-on-one was I got to see patterns in people that I would never have seen. And what I realized is most people have the same patterns. It might manifest in a totally different way, but the same core beliefs are kind of there.

And so I wanted to take people on a journey where we started clearing these 25 things that I found that everyone kind of has in common, and we did it all as a group - because, you know, a lot of people gathering together in light creates a huge amount of change. And honestly, my course has gotten more powerful than the first time since I delivered it live, because there's been hundreds of thousands of people who have gone through it. So everyone's kind of doing the same energy clearing.

And so I take you guys through the different abundance blocks. Like the fear of change, clearing doubt and fear, clearing all those funny decisions that we've made about money. We make decisions about 'I can't have, I can't have. Money's bad.' All of this is really paper... paper manifesting as the flow of energy, right?

So fear of growth. You know, some people think growth has got to be painful and torturous and hard. Some people limit their success or some people won't let themselves be more successful than their parents. Or just like we were talking about earlier. If your mom and dad want you to be a doctor and that's their vision of success and it doesn't match yours, you know, you're going to probably have some blocks on that.

Darius: Yes.

Christie: A lot of people won't go for things because they fear that they're going to get rejected – like if I really try this maybe it won't work out and then my family's going to think I'm a loser. I would say a baby probably tries at least 200 something times before they actually complete walking. Do you know what I mean?

Darius: Yeah.

Christie: Like they get up, they fall down, they get up, they fall down, they get up, they fall down. What if you just with money you tried out something that you like to do 200 times until you figured out the angle that makes it profitable, you know?

Darius: Yeah.

Christie: Why do we have to label it like 'I'm a failure' the first time I try it?

Darius: Yeah. And on the same token I have two boys right now that are almost a year old and they're working on walking right now, right. And they've gotten to the place where they take a step and then they fall down but they try and try again. And I think about that like with our abundance blocks. Like what if we just working on getting these gone in our life and we didn't just stop at one, we didn't stop at two, we didn't stop at three; we just went through all of them that you've identified? Say, you know what, I don't even know if I have Number 23 but I'm going to keep going through this until my life shows up the way that I want it to be.

And I think that's really the attitude we need to have. We're going to keep clearing the flow just like you do everyday, Christie, in your life, until our life is exactly what we want. And I'm sure you're still clearing the flow, because you may want to go to another level.

Christie: Yeah, I'm always clearly, honestly. I just kind of live in the space of the openness of clearing and then putting in the good. Clearing and then putting in the good, you know. Yeah, I'll catch myself if I say something a little limiting.

Darius: Right.

Christie: I've gotten that I'll just catch myself – like: 'Ooh, that's a limit. Why did I say that? That's not true. Who said that?'

Darius: You know, I want to talk about kind of going into deeper abundance and contribution in 2013 and what you've done with the abundance course and how it's changed and grown, but protection. Because I think a bit part of this – and I want to say this to everybody here – is we live in a world where so much of the population is fixated on scarcity and it not being possible and things getting worse, and the economy and this and that. And a lot of this stuff we've obviously picked up from other people. I mean, we've seen it and people have identified where it came from. How big a role does protection... or is clearing just part of that protection from low energy?

Christie: Yeah, mostly to me it's just mostly clearing, because the thing is protection kind of has a fear... Like there's two parts to it, right?

Darius: Okay.

Christie: Protection has kind of a fear, but if you're going to play football you should wear the helmet, right?

Darius: Yeah.

Christie: So there's kind of like two sides to it. But I think awareness is really your protection. So if you're around somebody and their energy makes you feel heavy, they probably got a lot of like... you know, if you're around somebody and they make you tired or heavier or whatever, they probably have a lot of solid beliefs about things.

So I try to make sure that generally in my life I hang out with people who are light. And I have a lot of clients who say: 'Christie, yeah, but I'm married to somebody who's not really moving where I'm moving and I feel like I'm soaking it in.' And this thing is this: if you've cleared yourself enough, you actually don't really pick up their negativity, is what I've found. So the more I worked on clients and the more clear I've gotten... You know, in the beginning I would sometimes actually get a little sick, because I'd take somebody's energy in.

Darius: Yeah, yeah, yeah.

Christie: But it wouldn't have come into me if I didn't have a matching frequency. So then what would happen is I would clear whatever part of me matched the frequency of my client, and I cleared that out. And then if I had another client who had the same frequency it would never affect me again.

Darius: Wow.

Christie: So if you're living with somebody like that, you really don't have a choice but to keep clearing. You know, any part of me that his energy or her energy is kind of bumping into I'm going to clear that across all time, dimension, space and reality and then put in an energy where you radiate out so much light. Like I vision myself when I walk out into the world I'm radiating out so much light that nothing can really come in to me that's negative. So that's the other part of it.

Darius: I love it. I love it, Christie. I want to do this: I want to take people through and I'm going to read off the 24 blocks. We always do this. I think this is so cool. And I want them to follow along because sometimes we don't even know... I can name maybe

five. I can't name 24. So if I can't name them there's a good chance that they're probably affecting me or something that I love and I'm just not even aware.

So let's go through these and I'm going to read them. How about I...? Yeah, I'll read them. It's at <http://youwealthrevolution.com/Christie2013>.

Alright. I'm going to start off and read these, because a lot of these you will be surprised of. The first one, Abundance Block Number 1, is clearing resistance. So we want to clear resistance. So Abundance Block Number 2 is clearing doubt and fear. Number 3 is clearing the fear of change. We talked about that, didn't we, Christie?

Christie: Yeah.

Darius: Money-zapping decisions are Number 4. What's a money-zapping decision? I don't understand that one.

Christie: Well, it's kind of like we make these decisions, sometimes back in time and sometimes currently...

Darius: Oh...

Christie: That just get stuck in time and then we can't move forward. Like we earlier said it felt like... the person who started the travel business, it felt like she decided it was too easy. And that decision created an *umph* in her field and it's slowed the flow down. That's just one example, but we make lots of decisions about money – that it's hard to get or I can't have it or only men can get it and women can't – you know, if you have a stay-at-mom, for instance, as your reality. But any of those kind of decisions that we make along the time or, you know... 'Once I get a lot then it goes away'. That's a decision that we've made.

Darius: Right. Or when you're growing up maybe there's a wealthy person and they do something bad when you're a kid or you perceive it and you're like 'I don't ever want to be like them. I want to be good.'

Christie: Yeah.

Darius: Or you have some bible quote. You know, it's easier for a camel to go through an eye of a needle than a rich person, you know. It's like that 'oh, well I want to go to heaven.' So that type of stuff.

Clearing the fear of success is Number 6. Number 7 is clearing rejection. Number 8 is the fear of numbers. And these are all blocks that, Christie, you actually go through and clear in your deeper work. The fear of numbers I know we've talked about. Tell me a little bit about that, because that's one that I think most people forget about.

Christie: Yeah. So I have this accountant who's on my course, and she said: 'Christie, I did this clearing and I realized I hate numbers!' But most people are not aware or don't like actually looking at what's up.

Darius: Yeah.



Christie: You know, on a daily basis are you willing to know your numbers, first off, and then look at them? Like I know I'm profitable this much and I'm not profitable this much, right? Because if you're okay with looking at it then you can make better decisions, but if you're going to put your head in the sand you can't even... It's like a no-confront world. And how are you going to change something if you can't confront it kind of as is?

So you guys noticed when we cleared things, when we labeled what age it was and what was going on, you started feeling lighter, because you were willing to take your awareness and put it where it's kind of dark and foggy and cloudy, right?

Darius: Exactly. Yes.

Christie: So the same thing happens when you're clearing your fear of numbers. And I had two people who did my course out of 1,000 people... There's only 1,000 who did it. No, I'm sorry, 400 people did it. I'm sorry. Only 400 when I first did this.

Darius: Okay.

Christie: Two people found out that they could... Their dream was always to pay off their house, and because they were willing to look at the numbers they realized they could go do that, and then they went and did it.

Darius: Yeah, yeah. You know, it's almost like... This is my feeling on the numbers. I've had personal experience with this. When you're not able to look at them they become almost like this giant black hole. And I'm talking about like: oh, I have this much debt or I have this much money that I owe or I have this bill I haven't paid or I have to take care of this. The more you avoid it the bigger like energy vortex it becomes until it's this huge life-sucking thing.

And so like you're going to go and see a movie with friends, you're going to go eat with your spouse or your boyfriend or girlfriend, and you're just so preoccupied with that big gaping dark energy vortex that's the numbers or the thing that you're avoiding, you can't even find happiness in the good times, and it just gets worse. But then once you look and you're like: 'Okay, I don't like this but I'm going to clear the energy around it. Now I can deal with it,' it's like oh my gosh you're happy again. When you're happy again, things flow.

Abundance Block Number 10 is... Oh, I'm sorry, Number 9, clearing indecision. The universe likes speed, doesn't it, Christie? Is that what Number 9 is about, being able to make those decisions fast?

Christie: Yeah, yeah. Plus a lot of people are stuck in confusion. Confusion is a block, okay? So if you have one part of your world saying yes, I can go for it, and the other part of your world saying I don't think so; you can't do it, you have counter intentions, which create confusion, which create indecision. So basically in this thing we're clearing a lot of confusion versus living from authentic choice.

I asked this one time inside myself. I said: 'How many people on the planet are living

over 50% of their life making freewill choices, not from reactions, nor from patterns, not from any of that?' And the answer was: less than 10% - which is regularly scary, because what are people living and what do they do?

So in Abundance Block Number 9 I'm basically helping you guys to kind of start restoring freewill choice so that you can kind of get ahead of everything.

Darius: Quick question now. I'm going to keep going through these. We've got now 14 more but I want to move quickly... Let me do a few more and then I've got another question that just came in. Clearing the fear of being stuck in Number 10. Getting clear on your values – I love that – is Number 11. Work on matching the vibrational alignment of what you truly desire so that you match that so you can manifest quicker.

Getting clear on the future is Abundance Block Number 12. Or being unclear about your future would be Number 12. Clearing clutter. Do you have a lot of clutter in your life? Do you have a lot of old things or things that are emotionally charged in your household that are holding you back?

Number 14: clearing family blocks? Is it possible, Christie – and I believe this is true but tell me your take – that a lot of this stuff isn't even your own stuff? It's stuff you inherited down in your DNA from your family or ancestors about money.

Christie: Oh yeah, absolutely. The first time I realize this I had a client call me who'd made and lost millions twice, and he said: 'I don't get what's going on.' And I said: 'Well, what happened in your family...' I can't remember the exact... but it was something like four generations ago. And he goes: 'That's very weird you pulled that up.' He goes: 'My family used to be royalty in like a Saudi Arabian kind of country,' and they got booted out of their country and lost all their money. So he was living their genetics. So when we cleared it, then the next business he started he actually kept all the money.

Darius: Wow.

Christie: Yeah.

Darius: Wow. Okay, someone's asking me where do we follow along. It's at [youwealthrevolution.com/christie2013](http://youwealthrevolution.com/christie2013).

And the next one is clearing blame. How many people have like blame and sabotage or the feeling like oh, I did something wrong once and I need to punish myself forever. I had a lot of that after my first marriage ended. I felt guilty when I started being abundant. That was sabotaging me and I cleared that.

Discovering the ultimate you. Tell me about that. What is that and how does that work?

Christie: Well, basically I'm teaching people... Okay, so remember how source energy really has your divine blueprints in a way. And basically with that divine blueprint you are enough, right? I mean, at the end of the day you have access to abundance, to wealth, to knowledge, to knowhow. There's not really limits when you tap into that

ultimate you. So I teach people how to start really living in that part of your true self and I start dismantling some of the lies that you probably bought and sold to yourself that you are less than or you're not enough or you're just like your parents or you're just like your dad. All those funny things that parents..., you know. Or you're a weak little kid; you're not strong or whatever. All those kinds of things basically block you from actually discovering what your true potential is.

Darius: I've had them all. I mean, I've had all of those and seen them in my life and seen different ages where I've lived under those different blocks. Oh my gosh what a difference it is now.

Abundance Block Number 17 is connecting to your infinite future self. 18 is turning blocks into profit. So this is literally understanding how your energy blocks could actually help you become very wealthy. I'm not sure about that one. Tell me what 18 is about – turning blocks into profits.

Christie: Well, one of the things that changed my life absolutely more than anything else was I decided that I was only going to focus on a profitable life. When people hear 'profit' people have funny little beliefs about profit; that we're greedy or oh it's... whatever.

Darius: Right.

Christie: So I cultivated this energy of I only do things that are profitable. Like me talking to you, Darius, today is profitable. Like I get such joy from helping people, right? Like I get those cool energy exchanges. So it's not just even about money. It's about is it profitable to both me and to the other person in terms of fun and energy and positivity and...? Okay?

Darius: Oh...

Christie: So it's changing that word. And when I decided I'm only going to do things that are quote-quote 'profitable'... - because I used to actually do... My problem was I actually used to give way more than I received. That was my block.

Darius: Right.

Christie: So I decided in the truest sense there's more than enough to go around. So if I'm really going to live that, that there's more than enough to go around, I want to live in the energy of profit. So I help people move into that.

People love that abundance clearing on that one, because that starts really pulling in some extra abundance. You could just see that the... You know, if it truly is an unlimited universe, why can't I put out x amount of effort and get x times the ninth degree, right? I mean, where is there a rule that say that that can't happen and where's there a rule that says that's bad?

Darius: Yeah. I love that one, because, I mean, how many of us get into these relationships where we're not paid what we're worth, we decline money if someone wants to give us more money or give us an opportunity and we say: 'Oh no, I can't do that. I'm not good enough to do this.' And that's literally like stealing from that future self that wants to reward you. It's like stopping that self from giving to the world.

Abundance Block 20 – I'm going to jump around a little bit because I know we're getting close to time – is clearing the lack of self-worth. And you mentioned something about a mother's hug. I know my wife is always hugging our boys and I am too, but a lot of us didn't get a lot of hugs. You said here the biggest impact to your current financial state could go back to when you were hugged as a kid. Tell me about that.

Christie: Well, it goes back to... the underlying core belief is the universe supports me. So in a little kid's world mom and dad are God pretty much. God and Goddess. And if God and Goddess give me back energy that fits me needs then I will feel filled, like the universe gives me things. Like cool. I'm here and the universe completely supports me.

Now, what if your parents – and it's not their fa-... I mean, I don't want to get into parental blame or anything like that. But what if your mom herself didn't get the download that she was relevant and important in her own world? So she doesn't have that energy within her own body, within her own soul, within her whole being, so how is she going to give that to you when she doesn't even have the download herself?

So in that clearing I actually start showing you guys how to imprint the energy that you might not have had access to – do you know what I mean? – growing up that you actually really needed, because a lot of people's like self-control issues and all sorts of things really come from not feeling like they're enough, so they'll do sabotage-y things over and over again. But maybe if your mom and dad just again gave you what you needed – not what they think you needed, right? – there's a difference...

Darius: Mm.

Christie: Because your mom and dad might think that 'oh, we have to be so strict on this little soul, because if we're so strict and we keep them in line then they'll be good,' right? But maybe that just squashes them; that's not actually now that little soul is wired. Maybe that little soul needs more sensitivity and sensitivity will create a thriving happy kid, you know.

Darius: Exactly. Exactly. Wow. I want to do this: it's at [youwealthrevolution.com/christie2013](http://youwealthrevolution.com/christie2013).

Tell me a little bit about the program and what it does. They're these different blocks. We're going through some of them and showing how important they are. How does the program actually go in and help people remove them and then how fast can come people actually see results with this blocked removed?

Christie: So basically I'm imagining 25 sessions and they're let's just say on average an hour. I mean, everyone's a little different. It depends. And I talk about the blocks kind of how we're talking about it now. It's like I look at it like you're a file cabinet and we're opening up the files. That's the way I talk about it. And then once you have a realization about how you should be looking at it then we start clearing all the a-has that are kind of popping up while we're talking about your file cabinet.

Because you're right, Darius; some people have no clue that something that they might be thinking is a block. They might not think that their current salary... You know, maybe all their life they wanted to make six figures, right, and they're making six figures.

Darius: Right.

Christie: But what they don't realize is maybe that decision to only make six figures is a block, because maybe it's stopping this whole amount of flow that'll bring seven figures and they don't even know.

So we go through all these different angles of energies that might be blocking you. We clear them. And I say if you listen to it and you get a little tired on that one... Like some people will yawn and feel a little tired. Some people fall asleep. It's kind of funny. That means there's a lot of unconsciousness on that block. So listen to that one a couple of times until you start feeling light and pretty happy about it and then you go onto the next one. And that's really the flow.

When I did this course live, I did it live because I wanted to see what happened, and I asked people to send me their emails every day about what's going on for you. And I had people who actually manifested things before the start of the course, because they basically sent the intention to the universe – I'm going to clear my abundance blocks – and then something lifted and they brought money in, right. And then I had some people... It was a 90-day course originally and some people... The general thing is most people manifested things within 30 days.

Darius: Okay.

Christie: Like most of those stories happened within four weeks is usually the emails I received.

Darius: Wow.

Christie: Yeah. So I think however old you are – 20, 30, 40, 50 years old whatever – if something you can change within a month, you know, that's pretty powerful.

Darius: Well, I want to say this. One of the things I noticed, Christie, you have a very long guarantee on this as well, so it's almost like... It sounds like go with it, see what happens, and if you're not happy you even have more time than a month to actually try it on and see what changes in your life.

Christie: Yeah. You know, we can track refund rates and all these kind of things but this course doesn't have a lot of those things because it actually works. I've even had people send me... they made so much money they just literally sent me a check! They said: 'I made so much money by doing your course I feel I just want to gift you with some more.'

Darius: Wow. Wow. Well, a few people are asking: okay, how do get started? How do I do



this? The course regularly is \$399 but because of our relationship with Christie and kind of what we're doing, she is opening up enrolment at \$199 - so 199 US Dollars for our international people. It's \$200 off. It's at [youwealthrevolution.com/christie2013](http://youwealthrevolution.com/christie2013).

Now, this is very, very cool. I'm reading some of the stories here from different people. One person consolidating \$20,000 of debt. Another person goes from getting a new job, \$96,000. Another person getting \$49,200 extra dollars a year - Monica Moldovan. Tell me any other interesting things that you saw happen with this.

Christie: Well, I've had like really big stories that kind of most people would be like: 'You can't really throw out that number.' One lady... what happens is... You have to understand if you're wealthy but you have blocks and you have property in the middle of like a downturn on real estate prices you're in trouble, right? So she had that going on. They had a bunch of commercial buildings. Nobody would lease it. And what happened is by doing the course she realized she needed to fire who was the real estate agent.

Darius: Okay.

Christie: And this was going to take down a whole family - not only her but her kids and their kids. So she had two kids who all had kids. Okay, they all worked for the family. So if she didn't get these properties leased they were going bankrupt, because they couldn't sell it; they'd just have to give it back to the bank, these buildings.

So basically within two weeks of bringing on a new realtor she basically brought in over ten years revenue of over \$1m.

Darius: Whoa.

Christie: And she did that with two properties. So that's what happened for you. So she went from oh my God, it's going to ruin the whole family to I've now just restored hope and goodness in my family. So for her that's a big story.

Another really cool story which I love is Debra. When she first started the program she was on nightly sleep aids. She had a bad back. She had obviously hospital debts, some things like this - you know what I mean? - because she had hurt herself. She had a back injury six months later and then she was diagnosed with diabetes at the same time.

So she sent me her numbers like for her kidneys - her kidney numbers - and she goes: 'You probably have no clue what that means but here's what it means. Before doing the abundance course I was probably going to lose a kidney. After doing the abundance course I will not lose my kidney.'

Darius: Oh my gosh.

Christie: Because she cleared so much of this stuff out of her field of energy it gave space for her body to heal itself.

Darius: Oh.

- Christie: And it even gets better. She goes: 'Christie, I lost weight. I'm no longer walking with a walker. I manifested a mate who's fit and healthy. I moved out of my negative situation with the family,' – she was living with her family and they were negative. She moved out. That's why she wanted to do the course in the first place.
- Darius: Yeah.
- Christie: So clearing her abundance blocks and her limits actually created a positive affect on her body.
- Darius: You know, I've got to think that, you know, as we show up in our world of money we also end up seeing show up or we show up in our world of our relations. And may times in our world of our health it's sort of like... it's just these things are going to manifest in a lot of different ways and for a lot of people here... I haven't been sharing all of them but there's a lot of health blocks that people have been writing in about in addition to the money blocks. You know, the frozen shoulder. One person having money blocks and then a hip challenge. Another person just wrote in and said: 'You know, why is it that...' - this is Jill in Bensalem – 'Why am I not in the job that respects me and appreciates me and I also have a man in my life who does the same – does not respect or appreciate me? I feel so unwanted in all areas of my life.'
- For someone like Jill, I mean, this is exactly what we're talking about, right – finding the mate, finding the money. The same thing. Because once you're open to receiving you receive all the things that you really want, the things that really vibrate to you.
- Christie: Yeah, and then she'll clear her... She probably feels like she's more a giver than a receiver, right. So it'll clear that block. It'll restore her self-esteem. It'll help her know that the universe can actually support her and bring her things. So that's like four blocks right there kind of all mingled together, you know, manifesting as that.
- Darius: Yeah. Amazing. Amazing. I love this one thing that you talk about here - how your surroundings can silently influence you. And you ask the question: have you ever watched a movie, listened to a song, or read an article that calls money quote-unquote the root of all... and the word is... we all have heard this – evil, right?
- Christie: Yeah.
- Darius: I think the original quote is actually 'the love of money is the root of all evil'. And I think they meant like if you value money above everything else then you fall in an imbalanced state and then you could have harm happen to you or someone you love. But it never was that money was the root, but for some reason that's what people remember and that's what we've programed ourselves to believe.
- Christie: Yeah. And honestly, what's wrong with the love of money? I mean, if you poll everybody on this phone call, the reason they probably want more money is so that they can have better family relationships and make things easier for their family, right?
- Darius: Oh, sure.

Christie: I mean, that's really why people want money. Most divorces, you know... I forget the stats but it's a great deal of them are caused by people fighting about money.

Darius: Yeah.

Christie: Yeah. I mean, how many people on the phone, their parents fought about money? Or they had a great relationship and then they had money problems and then it kind of all, you know, fell apart. Or one parent controlled the other over money. It's kind of an interesting thing.

But if we can clear all of those kind of blocks or things that we've imprinted then it just creates this whole space for the real you to just really, really show up.

With the FTC you can't post all your testimonials like on your website...

Darius: Right.

Christie: But if anyone really saw like all the emails that I get that are... I mean, crazy amounts of money. Like Deanne manifested over 6000% savings within pretty much 30 days. She's a realtor and funny little things kept happening where her commission got increased and her company didn't take as much more and then she was put in the local magazine as one of the top realtors, she got a \$10,000 grant for charity.

Terri was in advertising and she said six weeks in she had the most jaw-dropping results. I'm reading an email. She said: 'Within the last 48 hours I submitted three advertising contracts that net me over \$160,000. I received an email from my attorney about a poor investment thing that had been kind of stuck - like nothing was happening or whatever - and he had good news about the \$100,000 being returned to her.'

So that's not small. I had somebody who did my course on welfare and by the end of the course she was off welfare. So she was on welfare, somebody gifted her the program, right. And this was somebody who was successful. You know, she'd been in Wall Street and all that kind of stuff. And when everyone lost their jobs...

Darius: Wow.

Christie: And she had three kids. She was a single mom on welfare. Never in her whole world would she have ever expected that she would be on welfare. Somebody gifted her the program and by the end she was off.

I had another gentleman who was out of work for two years and his wife said: 'Honey, you not doing anything else. I know this isn't your normal thing but will you please just listen to it? You have nothing to lose.'

Darius: Right.

Christie: And he listened to it and cleared his blocks along the way and he ended up... And he was in his fifties so, you know... You know, the stereotype that if you're in your

fifties you're on the down flow, right? You're not going to get the job of your dreams. But what happened is he landed a job paying him more money than he'd ever earned in his entire life.

Darius: Wow.

Christie: After being out of work for two years.

Darius: Wow.

Christie: So coincidence or...? I don't know.

Darius: Well, you know obviously and I know you just kind of want to say. I see so many things happening and they're just... You know, I know this energy affects people. I know it. I've seen it. I absolutely do. And one of the reasons that I love working with Christie and I love what we're doing is for many of you that need help we actually have a payment plan as well. So it's literally like giving you another \$100 so you can actually pay it in time. So if you're interested...

It's even \$199 for those that decide they want this all at once, but also at the very bottom there under the Add to Cart there's a payment plan. So you can pay in two instalments of only \$99.50. So if you want to get started, \$99 and then there'll be another instalment there later. But \$99. So there's really no reason if for any reason you're feeling this or you discovered some blocks through Christie's work to not remove this, because I know in my life those blocks have cost me huge amounts. Not only in money but they were also connected to relationships, they were connected to health challenges and just not feeling good. There's no amount of money that I would ever take to keep those blocks. If someone said: 'Well, I'll give you \$100,000, you can have those,' I'd be like: 'Go away. I don't want that stuff. Forget it. I don't want that.' I don't want \$1m for it, because even if they gave me \$1m and I was stuck, I was going to lose that \$1m again or I'd be alone and sad or I'd make myself sick. It's just not worth it.

So \$99.50 you can get started. It's at [youwealthrevolution.com/christie2013](http://youwealthrevolution.com/christie2013).

Christie, any final thoughts or anything else? I know somebody was writing in and saying: 'Well, there's 24 sessions. What happens if I don't have time to go through them all? How do I manage my time?'

Christie: Yeah, that's a good question. And just so everyone knows, once you put in your credit card and you get it, you actually get access right away.

Darius: Wow.

Christie: So you guys can start as soon as we hang up. So there's really no delay. You can start literally in 20 minutes.

Darius: Wow.

Christie: Isn't it funny? Your question popped out of my mind. Ask me again what you asked. It left my mind.

- Darius: Well, you know what I love about you is I want your mind cleared, because I love when energy comes in and like you read what's going on with people, and I know you've got to keep things open for that to come in.
- Okay. So someone was asking about how long it takes and whether they have time to clear the 24 blocks. I'm like: well, how do you not have time? You don't want any of these in your life. I mean, they're going to create problems. They're like computer viruses. They're just not going to do any good. But if someone was on a time crunch, how can they go through this?
- Christie: You know, I have people who email me, because I always love to see how people use it themselves. But I have people who say they don't have any time, so they actually play it right before they go to bed and they go to bed with it.
- Darius: Oh my gosh. So just let it play and sleep and...
- Christie: Yeah, yeah, yeah. So if you're a light sleeper maybe just to do it for a half-hour. I have people who say: 'I only have time when I'm getting ready in the morning,' – however long that takes – 20 minutes to a half-hour – some women an hour!
- Darius: Yeah.
- Christie: But anyway, they play it during that. I have some people who sent me stories about playing it in their car and then later on what'll happen is their kids actually ask for it.
- Darius: Oh gosh.
- Christie: Yeah. I've had a lady say: 'It's so funny. My daughter got in the car and she said: 'Hey, put that lady on again.'"
- Darius: 'I feel good whenever she's talking. I feel more energy.'
- Christie: Exactly.
- Darius: Oh, how wild. Oh, how wild. Oh wow.
- Christie: So just find little bits that you can do it. And let's just say you listen to a part and I'm clearing let's just say self-worth and you get a few of the clearing statements. So then later on throughout your day, you know, if you're taking your drink of water or you're going to the washroom or you're walking down the hallway, do a few of those clearing statements on your own that you learned earlier that day.
- I sometimes put them on my phone. I'll program some of the things that I'm working on on my phone and then it'll pop up like every few hours and then I'll take five minutes and do a couple of positive intentions for what I want to have happen and clear right there.
- Darius: Wow.
- Christie: That's how I do it.



Darius: Oh my gosh. Well, here's what I want to do. I want to hear from people what's your energy like now? What do you feel being on this call? What's the energy that Christie and I brought to your world? How do you feel about things now? Do you see possibilities with money? I want to hear that.

Oh my gosh, oh my gosh, oh my gosh. One person said: 'Christie, I would love to send you \$1,000 after making my first \$100,000. That is my promise to you.' That's Marion saying that's she's promised she's going to do this.

'Your energy, Christie, is so positive. Darius, thank you for having Christie on. I am on my way.' So Mary, God that is amazing. I love it. I love it.

One person – Michael – said: 'I'm calling from Ireland. I got Christie's program last year. It's amazing. Much love to both of you.'

Another person – Veda – said: 'This is exactly what I've been working on. I radiate so much light that negativity doesn't come near me.' That's what we want. That is exactly what can happen.

So many people writing in, so I just want to say this: I want to thank everybody for being here. I want to thank you for sharing and for connecting with us and being a part of this.

Another person – Mary – says: 'I feel like I'm buzzing. My head is spinning. What is this, Christie? Please explain. I feel light as a feather.' What's going on with Mary?

Another person: 'I feel confident and calm.'

Tell me what's going on with Mary. She feels light as a feather. What's going on with her?

Christie: That's actually how we're supposed to really feel. This whole feeling solid and heavy and tired and angst and da, da, da, da..., you know, emotional or whatever, that's your blocks. So for right now she's in this lightness of who she actually is. I mean, think of what a soul would feel like. It would light as a feather, right? It wouldn't feel heavy and contracted and constrained. So good job! I love it.

Darius: Yeah.

Christie: When I really got that myself I was... Look, I started out very normal, you know. I didn't have a clue and then I just kept asking questions for somebody to show me how to... you know, help people. That's what I wanted to do. I wanted to help people with my life and I asked the universe to show me. And beings of light showed up and they helped me know what to do to help you guys.

But I remember when it first happened to me there was this bliss that happened where for months I was like in this state of bliss and it felt so light. And every time I tried to explain it to anyone else they looked at cross-eyed. But yeah, that's just really what you are supposed to feel like.

Darius: Wow. I love this. We just had one person write in and said: 'Darius, thank you for being part of my huge grace-filled day. Yesterday I couldn't see how I could go on,

but thanks to you I could and did. Today the answers are flowing. Love is flowing. I am so happy to be here.' So Stacey, thank you sharing that and thank you of everybody for sharing and being here, because that's what we're here to do. And whether you go deeper into Christie's work or not just know that we're moving energy. Every day we're moving energy. We're loving you. We're expanding you. We're just here to serve you.

So keep coming, keep joining us, keep making this the biggest circle of intention and awakening on the planet.

Christie, any final words for anybody here? I know we went long. I apologize. I've been really trying to cut things down but I get so excited I just can't stop. Anything else you want to share?

Christie: Yeah, just one little thing. Like here's the deal, you guys. If your soul brought you here, there's probably some evolution it wants to move you into. So just feel into it. If my course helps you do that then great. You know what I mean? That's really what this might be, is an invitation from your soul to move up to the next level. So check inside and that would be my heartfelt prayer to you, that you get whatever you need.

Darius: Yes. I love it.