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Interview with Brent Phillips



Brent Phillips

Creator of Formula for
Miracles

Awakening Prosperity: Using the Formula for Miracles to Awaken to the Highest Truth of Prosperity Consciousness

Darius: Hello and welcome, everyone. This is Darius Barazandeh. You're tuning into the You Wealth Revolution and I am very excited to have everybody here.

This is an incredibly exciting and special call, so definitely get ready. Here's what I would suggest you do: share this with your friends and family. Go to <http://youwealthrevolution.com/now> and share with friends and family. Let them know exactly what we're doing here and what's going to be happening.

We're going to be talking with Brent Phillips, who has an incredible breakthrough of ideas, information, and really a truly powerful new way for you to activate and awaken your prosperity, your life, your joy, your vitality, your energy, your health, and much, much more, and this awakening you are going to find is something unlike anything else you've seen before.

So I'm going to let Brent explain everything and what's been going on. And here's the one thing I would love for you to do: submit your questions to us because I believe you deserve today to live the inspired beautiful life that you know inside is your birthright. Send us your questions, send us your needs, where you're at, what's going on in your life, and how we absolutely can serve you today, and we want to send those questions to Brent.

Now, many of you know Brent. He's an MIT-trained engineer who was disabled for seven years until he experienced a miracle when his injured arm was instantly healed from a single session of energy healing. Today, he is widely considered a master healer. He's the author of *Where Science Meets Spirit: The Formula for Miracles* and he's the creator of the *Formula for Miracles Energy Healing System* and the patent-pending audio *Formula for Miracles Technology*.

So, with a huge amount of love and a huge amount of great energy let's introduce Brent. And I want to share one thing too. Brent literally has been one of those healers who has moved so much energy. He has literally mountains and mountains of people who have transformed their life and I want to just share the numerous things that have happened with the work that he's done.

Now, we're going to be sharing all different aspects of this work, so get ready. But we've had prosperity and wealth issues healed. One person said: 'With our healing last week, within 24 hours I received \$3,000 from four different sources.'

Another person: relationships – 'I've been working with my relationships with women for quite some time with little success. After working with Brent, interacting with such women is much easier and fun.'

Back pain: 'After two treatments there was a huge improvement. About my fifth treatment there was actually no pain at all.'

Migraine headaches: 'I had migraine headaches since I was a child. One session with Brent, I haven't had a headache in months.'

Neck pain: 'Once Brent got me to the true source of the pain my pain decreased instantly. A month later I feel like a new woman, pain-free.'

Prosperity in career: 'I can't tell you how dramatically everything in my life has changed for the better since I had that one treatment with you, Brent.'

Prosperity in spirituality: 'My financial situation has begun to improve. Every area of my life is moving in the direction I always wished for but seemed unable to achieve.'

Now, Brent's going to share exactly what's going on now, and he told me privately despite even all of these incredible healings he is even more excited about what he's going to share today. So get ready. Let's send a huge amount of love to Brent.

Brent, welcome back to the You Wealth Revolution, my friend.

Brent: Thanks, Darius. I'm excited to be here.

Darius: Wow. Well, I mean, there is a lot of buzz. There's a lot of people asking: 'Okay, Darius, what in the world is going on? Tell us more.' I've got to start with kind of your story. How did an MIT-trained software engineer become a healer and then decode this formula for miracles leading to spiritual awakening?

Brent: Good question, because I am the first to admit that this sort of work, being a healer, teaching people intuitive development, and using the power of their mind to create prosperity and a love and incredible physical and emotional health was never really something I planned on. It was something that just sort of happened. As the joke goes: if you want to make God laugh, all you've got to do is tell Him your plans.

Darius: Wow.

Brent: So there was a lot of chuckling going on when I was a young man because I will admit that my really beginning in life was as the typical computer geek – which I still am to some degree. I grew up fascinated by the early computers and I loved the early video games. I was very much into science fiction and I played *Dungeons & Dragons* and loved *Star Wars* and *Star Trek*, right. So I was pretty much just a geek.

My plan was that I would go off, get a college degree, find a great job, make millions of dollars and then hopefully retire to a tropical island to spend my days hot-tubbing with supermodels. So that was the plan. But life had a very, very different path for me, because when I was at MIT I discovered the internet, which of course sounds kind of funny in today's world...

Darius: Right.

Brent: But 25 years ago the internet was far from mainstream and really other than a few elite universities and Government contractors it was unknown. So I made internetworking using computer networks to focus my studies.

So I ended up spending a total of six years at MIT. I got my Bachelor's degree, I got my Master's degree, and I was actually qualified for and working towards my doctorate in the PhD at the Laboratory for Computer Science when the internet boom hit in the mid-nineties.

So I baled out of graduate school, recruited my lifelong best friend with another partner, and we started an internet company, specifically a company to do websites. And again I figured I'd move to California, start this company, work really hard for a couple of years and then ideally sell it for millions of dollars.

So things got off to a good start. The very first website I ever did in my entire life – this is really the truth – was the website for the launch of the Sony PlayStation...

Darius: Holy cow!

Brent: In December of '95. Yeah, that was my first website. So it's kind of funny, because if you went to Sony today and said: 'Hey, guys, I want to do the website for the PlayStation,' and they'd say: 'Okay, great. What have you done in the past?' You go: 'Well, nothing, but I think I can do a good job.' That's actually worked back then.

Darius: Wow.

Brent: That's not so much today.

And so things got off to a good start. We attracted a lot of clients. A year later, I had 15 people working for me and we had a nice laundry list of Fortune 500 clients, including several divisions of Sony, a couple of video game developers. We did the website for Nissan Motors. We did the website for Disneyland. So we were doing a lot of high profile work. It was really exciting.

But me and my partners weren't totally satisfied with that because we were all gamers. We had all grown up playing role-playing games and video games. So we actually started the second company devoted to making a brand new kind of online game that had never existed before. So that was a huge passion.

The trouble was that I was doing all this... I was the only lead software engineer and the only technical executive for two fast-growing internet companies right at the start of the boom. So I was literally working between 60 and 100 hours every week and it was nonstop. It was every day early mornings, late nights, all day, no breaks, no vacations, no weekends, no holidays. It was just all the time 100 miles an hour, because, again, I was young and naïve; I figured, well, I'm willing to work really hard for a couple of years and sacrifice the rest of my life in order to build up this company and makes lots of money. Instead what happened was that I developed a devastating case of repetitive stress injuries.

It started off kind of innocuous. I had pain in my wrist and some stiffness in my elbow and my shoulder. But very quickly it turned into really, really serious pain.

I'll spare everyone the drama, but the short version is that for the next three years I just had more and more pain. And I went to therapy, I went to doctors, and they gave me anti-inflammatories and painkillers and sent me to physical therapy and put me in splints and I spent three years in physical therapy trying to get to the bottom of it. But instead of getting better, I just got worse. I got worse and worse and worse, and it was so frustrating.

So three years later - we fast-forward to 1998 – and that’s when everything fell apart. That’s when I went through my first dark night of the soul as they call it. What that means is that everything just goes wrong all at once. And so for me a couple of the highlights were that (1) my doctors gave up on me. They literally said: ‘Brent, your condition is incurable and there’s no chance that you will ever get better or ever be out of pain or hold another job.’ And I actually had one of the top orthopedists in the country look me in the eye and say: ‘Brent, I hope that there’s someone out there that’s willing to take care of you until you die, because there’s no chance you can ever recover from this.’

Darius: Wow. I mean, Brent, just for a moment... I mean, when someone like that, a top orthopedist says that to you, I mean, what does that do to you? I mean, how were you able to keep moving on? I mean, that seems like for most people they’d say: ‘Well, okay, that’s it. That’s my reality.’

Brent: Yeah, and for a little while I did, but I was very busy at the time because the rest of my life was falling apart so quickly I didn’t have a lot of time to think about it! Yeah. See, for better or for worse, right? That’s the truth of it. And so for me what that meant was right around the same time the video game company, which was such a huge passion for me, we had been terminated without cause three times by publishers. What that means is that we did everything right - we met every milestone, every deadline, every deliverable, and that they still dropped us, usually because the company went bankrupt or they got bought out or, in the case of one example, the entire of North America – the whole division – was axed by the parent company.

So three times we were on the verge of a multimillion dollar publishing deal and it all just disappeared. One time I actually had a contract come out my fax machine and two minutes later I got an email said that they were pulling out.

Darius: Wow.

Brent: We had negotiated the whole thing and I literally had printed out the contract and it was in my hands and it all fell apart. So another thing that had happened, which I call the icing on top of that cake or the cherry on the sundae, was that not only had my partners lost patience with me and so I lost my position with the company and lost my salary, in addition to that they turned around and sold the website company for millions of dollars behind my back...

Darius: Wow.

Brent: Which was very frustrating. So there were lawsuits and a lot of bad feeling going on for a couple of years – very frustrating, very difficult. And the great bonus on top of all that was that my lifelong best friend had also been secretly dating the woman that I was in love with. So it was pretty much a wipeout on all levels.

So one of the ways I dealt with it was that I had a friend of mine get me into positive thinking, and that was actually a life-saver because I was so depressed and I was in so much pain and I was so hopeless because I had lost millions and millions of dollars. I had lost a great company – two of them, in fact – and on top of that I was

told I could never work again; I'd always be in horrendous pain. And my heart was broken by my best friend. And the sick thing was that my friend was independently wealthy so he didn't need any of the money he'd stolen from me. That made it hurt even worse.

Darius: Wow.

Brent: So I had all this going on. But I had a friend of mine turn me on to positive thinking, because he said: 'Hey, Brent. When everything seems hopeless in your life, when it all goes wrong and you don't think there's any way out, that's when you need positive thinking.' So I said: 'Okay, let's give it a shot.'

And so long story short, I got into positive thinking and I, you know, put power words on my walls and said my mantras 108 times a day, because someone told me that was like the best, and, you know, went to positive thinking weekends, and I'd go and high-five my friends and dance on the stage and join a mastermind group and all that. And it made me feel a little better, but after several months of it I looked at it and I went: 'You know what? This is all well and good but it's not changing anything.' I was very frustrated and disappointed and so I gave up on it.

In hindsight, I was throwing out the baby with the bath water; that positive thinking wasn't... it wasn't that positive thinking was ineffective; it's that the technology I had learned to apply it was ineffective.

Darius: Ah.

Brent: And that's a big jump, right?

Darius: Yeah.

Brent: It was like if you were living in the 19th Century the idea of flying machines was obvious, but no one could build an aeroplane because they just didn't have the technology yet. And so a lot of positive thinking and mind power is like that: it's a great idea but the technology is not sufficient.

So I got, you know, discouraged and depressed, and again I was very fortunate that I had another friend of mine say: 'Brent, it may not be hopeless,' and I got turned on to alternative medicine, and I got really excited. And I'm sure you, Darius, and a lot of your listeners know exactly what I'm talking about when I say that when I really got turned on to alternative medicine I thought this could really be the answer, because I had grown up in Orange County in Southern California, which is extremely conservative, and I got conditioned by my parents and my schools and all that to just think that alternative medicine was a bunch of hippy brouhaha that was only for people who couldn't afford real doctors.

Well, I learned that was totally backwards and I got very deep into it, and I really spent the next seven years as a full-time patient and client just trying to get better.

So I spent the next seven years doing nothing but chasing treatment; living on disability, scraping by; you know, borrowing money from people. I mean, on and on and on. I'm sure a lot of your listeners know what that's like – you know, facing total

financial devastation, being in severe pain trying to get better.

And I went at it seriously. I went and I started doing homeopathy and I went to Chinese doctors and I started doing cleanses and diets and, you know, I did the blood type diets and the Zone diets and a version of the Paleo diet and the anti-inflammation diets and amino raw food diet – on and on and on.

So I did all these crazy diets and cleanses. I saw all sorts of different healers and coaches and they would, you know, tell me about their system and belief that they could make a difference, and I would sign up but nothing would change and it was very frustrating.

Darius: I heard you say once, Brent, when you did these alternative modalities you didn't just like do acupuncture for a week and then say it didn't work. You actually would do it for a long time and find the best person in the industry and go absolutely 110%.

Brent: Yeah. So when I say that, for example, I tried acupuncture...

Darius: Right.

Brent: I don't mean that I had six sessions or something like that. What I mean is I went out and did my homework. I found the best Chinese doctor in LA. I found the guy that treated a lot of the Lakers and movie stars, right, and I figured he probably was really good, and I went and committed to see him twice a week for the next 18 months.

Darius: Wow.

Brent: So this was very serious, and again I really was a full-time patient. I would usually have between two, three, four, sometimes five sessions a day of doctors and therapists and healers and coaches and, you know, on and on and on.

So for years of my life all I did was chase treatment. All I did was try to get better. But there was a very frustrating pattern, and the pattern was that every now and then I'd find a new person and maybe they'd have a healing technique, or they'd be a doctor and have their system and their treatment, or there'd be a coach or they'd be selling a cleanse or whatever it was, and they'd tell me: 'Hey, Brent, I'm so glad you found me, because what I have to offer you is exactly what I think you need to get better.' And they'd tell me about all their great success stories and it usually involved saying about how, you know, 90% or 99% of their customers, patients or clients would see tremendous results usually within a matter of weeks or a few months, right.

Darius: Right.

Brent: And I'd sign up and I'd spend my money and six months later or a year later they'd just shrug and go: 'You know what? I don't know what's wrong.' And they'd say: 'Sorry, but this just doesn't work for you. I guess I'll have to try something else.'

Darius: Yeah, and I'll say...

Brent: It's so frustrating because there's years and years and years of this. This wasn't just two or three or five times; this was like, you know, dozens of times.

Darius: Well, I'd say this is important because there's a lot of people here who are in that same boat. They've tried; they've done many different forms of healing; it's not seeming to work, yet you actually were able to get results. So what changed everything? What was the tipping point for you?

Brent: Well, you know, it was kind of funny. It was something I didn't expect; wasn't looking for. I got connected with a healer, and it was really funny how it happened because her name was Terry O'Connell and she had been a friend of the family.

So I knew Terry casually from family stuff and Terry had been a very successful financial professional. She was a Wharton School MBA; had a great career; worked with oil companies on big Government contracts; made lots of money; was really amazing in that field, and she had had a major health crisis that almost killed her. And after trying a bunch of things that didn't work, she found this energy healing system which involved accessing a theta brain state to identify and clear subconscious blocks. And not only did she get her health back, not only did it save her life, but she was so impressed with it that she walked away from her career in finance to go hang a shingle as a full-time healer.

Darius: Wow.

Brent: So that seemed kind of crazy to me, to be perfectly honest. I thought that, you know, Terry seems like a nice person but I figured she'd just gone off the deep end of the New Age pool, right – someone who's a little too eager to drink the Kool-Aid...

Darius: Yeah.

Brent: That's desperate. And I wanted to be genuine in my attempts. I really wanted to try everything to prove that it *didn't* work. As crazy as that sounds that's how I felt.

And so I had a session with her and she explained to me the basic theory, which is something we'll talk about in a few minutes. But essentially the mind's very powerful and if you can learn to harness the power of your mind you can use it to change your life. The trick is, of course, is that's primarily an unconscious process. In other words we're not aware of how this happens.

So she showed me how to do muscle-testing, which is also known as applied kinesiology, which is how we communicate with the subconscious mind, and she asked me a lot of questions and we talked about my relationship with my parents and we talked about my belief in God and we talked about what had happened in my first marriage that hadn't work out and on and on and on. It was very interesting, but I admit the whole time I'm sitting there on her couch I'm thinking: well, it's all well and good to sit and talk about your feelings but that's not really why I'm here, right. I'm here because I'm in a lot of pain and I can't move my arm - because four months earlier I had had a surgery and when I woke up from the surgery my arm was completely frozen at the elbow.

Darius: Wow.

Brent: And so four months' treatments it still didn't move. So I had a session with Terry and we did all this healing stuff and she cleared a lot of blocks in me, and at the end of the session she said: 'Okay, Brent, we're going to heal your arm now.' And I was like: 'Sure, go for it. Take your best shot. Everyone else has. They all failed, right?'

Darius: Yeah.

Brent: 'You're welcome to try.' And so I'm just kind of sitting there looking out the window. I admit I think I was thinking about what I wanted to watch on TV that afternoon. And then all of a sudden something popped and moved inside my elbow.

Darius: Wow.

Brent: And it was the craziest thing because she was sitting across the room from me. There was no pressure. She didn't touch me.

Darius: Right.

Brent: There was no scene or device; it's all done with the mind. So it was craziest thing. And she opened her eyes and said: 'Okay, Brent, try your arm.' And I did and I could move my arm again.

So literally for four months my arm was totally frozen and then I had this one session with this healer lady and she got into my subconscious and cleared some blocks for me and all of a sudden I experienced a miracle.

Darius: Wow.

Brent: So that was the miracle that hooked me into this world. And up until my own awakening, which was only a few years ago, I would have kind of done it as one of the most important spiritual experiences of my life, because it really was; it was a genuine instant, miraculous healing. My elbow went *pop*. I could move it again. It was just like the surgery never happened.

Darius: Wow.

Brent: And it was permanent. Never ever gave me an ounce of trouble again. So that was pretty amazing, but that's actually been pushed down the list a ways in terms of amazing things that's happened since then.

I was obviously blown away by what had happened and I wanted to understand it better, so I said: 'Hey, Terry, I don't know what you just did but I got to go learn this.' And so I did. And so long story short, I spent the next several years studying a whole variety of different energy healing systems. I started with Vianna Stibal's Theta Healing, which I think is a great system, but over the years since then I've studied many other systems with many incredible teachers all around the world. I feel very blessed with some of the amazing, amazing people I've been able to work with.

And really, again, I'm an engineer. I'm very rational. I'm a scientist.

Darius: Right.

Brent: I have a very well-tuned BS detector. So my job – and where probably one of my greatest talents is – is to take all this material, all this incredible stuff that other people have channeled and developed – and sort out the wheat from the chaff and filter out the New Age mysticism and the feel-good content, and what you're left with is what's real and what's very powerful and profound.

So I've spent 10 years doing that. I've spent 10 years and an ungodly amount of money working with just about every healer, machine, device, program, system and technique that I can find. I still do that. I generally spend at least three, four, five hours a week paying people to take their classes or work on me almost every day because I am so devoted to finding the best of the best of everything that's out there and then filtering out what's really powerful and really profound and making it very simple and very easy to use.

A good example would be automotive technology. You go back in time 100 years, they had cars but they were messy, they were dangerous, and it took quite a bit of training to learn how to operate one of these basis cars, right. You had to hand-crank it and there was no power or anything. So you fit around but it was pretty difficult. My job is take that and turn it into a modern automobile with a touch start and a GPS and climate control and DVD in the backseat for the kids, so it's easy, it's powerful, it's comfortable and everybody can do it.

So that's my goal and that's really what I'm here to share today is the best of the best of what I've learned doing this for decades, because really to put the essence of why I've gotten such great results it's pretty simple, which is that the basic premise, the theory of all the different systems of mind power, law of attraction, energy healing, all that kind of stuff, they're all based on the same theory. They all have the theory that... they say your mind is very powerful – which it is – and if you can learn to harness the power of your mind you can use it to make changes in your life.

Darius: Right.

Brent: The trouble is – and this is where most people get stuck – that's almost entirely an unconscious process. In other words almost everything that happens in your life is really is created by you but you're not aware of how it happens. So if you look at whatever troubles you're having whether it's difficulty with money or it's trouble with relationships or you're having struggle with your health, the true thing is that you created that. You created all of it, but you did it unconsciously, right.

Darius: Right.

Brent: And so most of the systems that are out there don't have an adequate technology for working with the subconscious mind, and that's unfortunate because again I would say that 99% of your power resides within the subconscious. So 99% of what happens in your life is beyond conscious awareness. So if you really want to see changes in your life you need to learn how to program your subconscious mind. It's really that simple.

Once you've learned to program your subconscious mind, then the law of attraction and energy healing and mind power actually works. That's the missing piece to the technology. And even more so you need a way to do it that's fast, that's easy, and that's powerful, right? If you have a thousand blocks you need to clear before you can get out of debt and it takes a week to clear a block, that's not an effective technology, is it?

Darius: Wow.

Brent: Or if it's too much work, right, no one's going to use that.

So my goal has been to create systems and products that are very fast and very powerful so you can clear through a lot of stuff really quickly and really easily and only spend your time and effort on what's really functional.

So again, there's nothing wrong with New Age mysticism or feel-good or that kind of stuff – nothing wrong with that – but it's not going to change your life. It's kind of like a hot tub. You know what? I love hot tubs. I'll sit in a hot tub every chance I get, and I sit in a hot tub because it makes me feel good.

Darius: Right.

Brent: But I don't expect my hot tub to make me rich,

Darius: Right.

Brent: You know, there's nothing wrong with feeling good, but I don't want everyone to be spending their time on something that's not going to deliver results, right. Let's stick to what's real, what's meaty, what's powerful, and then you can go feel good however you like and there's nothing wrong with that at all. But as an engineer, that's not really what I'm interested in.

Darius: Yeah.

Brent: I'm interested in what works, right. I'm not interested in making the bridge pretty. There's other people who are great at that. I'm interested in making sure it's comfortable and it stands up and doesn't fall over, right?

Darius: Right. Exactly.

Brent: That's what it does. That's why I'm here...

Darius: Exactly.

Brent: To show everybody.

Darius: Very good analogy. Well, I want to ask you this question: Last time you were here you talked about some awakening technology and I've never heard you so excited in my life about it. I mean, you were very excited about the work you'd been doing and this was something that... you explained it to me as something that was so fast and so beyond the realm of what you ever thought was possible years ago; that it was the biggest spiritual transformation that you ever had.

And I'm looking here, Brent, at all of these testimonials from people with all sorts of very difficult chronic conditions actually being healed, and this now surpassing all of that work. You've got to tell me, why is this different? You know, what is different about it maybe than what, you know, you were doing previously with some of the technologies and even what other people might be doing even here on the You Wealth Revolution? What is going on with this awakening technology?

Brent: Well, you know, it's really fascinating because I thought for a long time that I was awake, because I have experienced many miracles – I mean, many, many, many. In 2012, my miracle count actually hit a thousand.

Darius: A thousand?

Brent: So I've seen over a thousand miraculous instant healings happen for me, my clients, my students, my friends and family.

Darius: And what would some examples of those be, really quick, just so we can put some meat on this?

Brent: Sure. Just a couple very quickly. One of my very first sessions as a professional I was working with a guy who had been one of my employees at the game company and he had had lifelong asthma – his whole life; always gave him trouble. He wasn't able to run or exercise or play outside his whole life. And we did one session on the phone for an hour and his asthma 100% disappeared - completely gone. That was one example.

I mean, lots of them about prosperity. I had a client a few years ago who had had a neck injury in a car accident and they were going to have surgery and they were in constant pain. We did one session and the pain disappeared and the doctor canceled the surgery.

Probably on a personal level there were two that happened three years ago that are very, very close to me. One was that my mother was diagnosed with clear cell endometrial cancer and they rushed her into surgery. I had done a healing on her along with some of my students and teachers, and when they did the surgery and they removed all the tissue, the doctor said: 'I've been an oncologist for over 30 years and I've never seen this happen, but all of the clear cells disappeared.' He says: 'Karen, something happened between the biopsy and the surgery and all the dangerous cancer vanished from your body.'

We know what happened! But those are just a couple of examples. And just so everyone knows, I'm pretty picky about my criteria for miracles. Someone saying that they feel good or like the energy, that's great, but I don't count that as a miracle.

Darius: Right.

Brent: To me a miracle is something that shows up on a medical scan where there is no scientific or rational explanation of it according to conventional technology.

Darius: Wow.

Brent: So, you know, over a thousand miracles. But I still wasn't awake. I had studied with lots of teachers and I had heard the movie projector metaphor a million times and I didn't quite get it, and I was fascinated with what is the real nature of awareness and consciousness, right, because if there's one thing we can all agree on it is consciousness; that there is some thing or some process occurring by which we are all conscious of what's happening around, right?

Darius: Right.

Brent: And so I wondered what is this. So it wasn't until I was studying non-duality that it finally hit me. I'm like: oh my gosh, I get it. And what I realized – and this is a bold claim but it's absolutely true – that my entire life and everything in all of our society back through all of human history, almost all of it is built on a great lie, including this whole industry we work in of energy healing and the law of attraction and mind power. It's all based on a great lie. And I found this because I recognized that I had mastered to some degree energy healing. I had seen incredible results – over a thousand miracles, right – so obviously I was on to something.

Darius: Yes.

Brent: And I had seen huge transformations in my life. I was making money. I found love. I started a family. I was able to make great progress on a lot of my health problems. As an example, I had found out in 2009 that I had had Lyme disease for 17 years before it got diagnosed. So I was able to completely heal that with just energy healing and essential oils – you know, 100% gone. I found out that I had had severe chemical poisoning from aspartame, which is in diet soda. I mean, on and on and on.

So I had seen incredible results but I was still suffering. I was still worried about money. I was still in pain and I still had a lot of struggles and issues, so I knew something was missing. And then I woke up and I saw that everything was based on a lie, and it was so profound for me that it actually made me a little sick for a few days. I actually felt sick to my stomach because I recognized that everything I had ever done and all the reasons for it was all based on a lie. But there's definitely a huge upside...

Darius: Okay.

Brent: Which is that genuine spiritual awakening is the beginning of the end of suffering, it really is. And so let's talk for a second about the law of attraction...

Darius: Okay.

Brent: And why this is so powerful and why it may seem a little strange, but having a genuine spiritual awakening with a capital 'A' – which is what I refer to as *the* awakening – which is very rare – has been the most important thing that ever happened in terms of my prosperity, and it works like this...

Darius: Okay.

Brent: Many different spiritual systems and teachers will tell you in one form or another that attachment to result is the root of all suffering.

Darius: Right.

Brent: And they're correct. That quote is, I believe, attributed to the Buddha. And so we're told you want to release your attachment to the result and simply be present and live in the moment, right?

Darius: Right.

Brent: And if you do that then you'll be successful. And as a corollary to that, what creates all this suffering and resistance and failure in our lives is simply resistance. When we judge and are in resistance to what is, it creates friction, which creates suffering.

And so what I recognized was that there's actually a really powerful and important spiritual purpose for suffering. And once I woke up, I understood that and I was able to immediately let go of a lot of my resistance to what was going on in my life. I achieved a much deeper degree of acceptance than I thought would ever be possible because, again, I mean, I had been working on this for years and years and years, right?

Darius: Right.

Brent: And they tell you: well, you know, you have to release your attachment to result. You have to be present, right. Don't think too much. But to me – at least in my experience – that's impossible as long as you're in the grip of the great lie. Until you've fully awakened, there is nothing you can do - there's nothing anyone can do – to release and let go of a lot of that suffering.

So once I had this awakening – and it's very common that people will see some immediate shift, but many of the benefits happen over time, because first you awaken and then you embody the awakening. So what will happen is when you realize the truth of you; you understand the truth of what awareness is, of when we say: well, what is this you that's listening to the call, that's looking at your computer, that's driving to the store, that's taking care of your child, that's saying a mantra... Once you understand what that is – and, by the way, it's not what you think... I used to think you're a human being or you're a soul or you're an energy field. None of that is it.

Darius: Okay. You've got me incredibly curious, Brent, and, I mean, our whole lines are lighting up with people and questions. Submit your questions to Brent. I know we're going to be doing a process and I want to keep going down this point, but everyone just get ready because we're going to be doing some very cool stuff.

Okay, so what I've got is there's something bigger – and I'm not even sure exactly where this is going with what you're saying because I'm starting to wonder: okay, what does this mean? What are some of the things that people have mistakenly believed are true? What are one or two misconceptions maybe we can start with that sort of keep us from the big awakening?

Brent: First is to think that you're already awakened. This was something that held my back because I had been a very successful teacher of prosperity and energy healing and saw amazing results. And I was intuitive. I could teach people how to read energy and look in the body and do healings and all that, and that's all great. I'm not getting rid of any of that; I'm just using it from a better foundation, because when your foundation is powerful truth, that's rock solid. You can build anything on truth, can't you?

Darius: Right, right.

Brent: It will never collapse. But if your foundation is flimsy it will eventually collapse. That's why five years after the miracle that happened with my arm I got sucked into an investment scam and lost everything and had to go bankrupt.

So clearly that alone wasn't the full solution. It's a piece of the solution. But I was using those tools on a foundation of a lie. And it's not my fault – it's nobody's fault; you had no opportunity to wake up until now.

So the biggest one is thinking you're already awake because you may know about energy healing, you may know how to use mind power, the law of attraction; you may understand the nature of the soul and that and so on. And those are all wonderful and they're true, but none of those is awakening. Real awakening is far more profound than any of those things. And again, you will still use all those tools.

Darius: Wow.

Brent: And so awakening is a shortcut. It will make everything you do between ten and a thousand times more powerful, because if you go to start a company to make money, you're not afraid of failing if you're not attached to that result. If you're not afraid of the pain or the suffering or the struggle and there's no resistance there, you will be immensely powerful. Let's just throw out some numbers. In my experience – and this goes to my life as well as all my clients and students...

Darius: Right.

Brent: An average amount would be that 99% of our power is wasted on resistance.

Darius: Wow.

Brent: So 99% of your mind's power goes to fighting and resisting what you don't want or what you don't like. And so if you live that way – which we all do – that only leaves 1% of your power to create what you want. So an example would be a very common one: people want to make money. Well, oftentimes the reason we want to make money is out of resistance to things we don't like about poverty.

Darius: Right.

Brent: We don't like being in debt. We don't like working two jobs just to have enough money to be broke all the time, right. We don't like our idiot boss. We don't like our stupid apartment. We don't like our noisy neighbors, right. We don't like the old car. We don't like not being able to give our children proper medical care. Whatever it is, right.

So 99% of your power goes into resisting what you don't like. If we can just ratchet that down a tiny bit and make that 98% you have doubled your personal power. You have twice as much power available to create what you want, and for most people that translates into your income doubling.

Darius: Wow.

Brent: And that's just a 1% shift.

Darius: Wow.

Brent: Imagine if you could get 10% of your power available to you. That's a factor of ten increase. You can make ten times as much money. You can have a life that's far beyond what our limited minds could conceive of. But the trick is the resistance. And as long as there's that resistance, as long as you're using the tools of consciousness and energy healing and the law of attraction on the foundation of a lie – which, again, it's not your fault – you had no option to wake up until now – you're very limited because most of your power is going into resistance. But if you can use those same tools from a foundation of truth, of a real spiritual awakening, that resistance starts to plummet.

And it's not going to go away overnight. There are people that 'pop', as they say, like Eckhart Tolle on the park bench...

Darius: Right.

Brent: Where he's awakened. That's what happened to him: he woke up. He realized the truth of this awareness. In his head he saw truth, and he was blissed out for six months and laid on a park bench.

Darius: Yeah.

Brent: And it took him years to come back down to earth so he could teach people, right. That's rare. It usually doesn't happen that way, in the same way that most millionaires don't make the money on the lottery, right.

Darius: Right.

Brent: It happens, but that's a very small percentage wise.

Darius: Wow.

Brent: So it's a very small percentage wise of people who wake up and pop right to nirvana. Usually what happens is you'll wake up and little by little you'll embody that awakening. And as that embodiment occurs your resistance will start to drop. Little by little it drops and drops and drops. And then all those other tools you use – the mind power, the energy healing are turbocharged because you're not feeding them resistance from the ego.

There's no perfect litmus test for awakening but I'll throw out one that I like to use.

Darius: Okay.

- Brent: If I say to you and everyone listening: there is nobody here; there is not a single being listening to this call anywhere in the world or anywhere in the universe at any time or any place... If you fully understand 100% exactly what I mean, you may already be awakened. If that doesn't make a lot of sense to you, then you might want to keep listening because my teachers would tell me that, especially one of my master teachers was Karl Wolfe, who's retired now. Phenomenal individual. I studied intensively with him for years and years and a lot of his work is in my system now. He would say to me all the time: 'Brent, there's nobody here.' But I didn't get it. I thought I got it sometimes, right...
- Darius: Wow.
- Brent: But then when I woke up I'm like: oh, now I get it; there's nobody here. Oh my God, it was so liberating. Some days you literally are going to feel like you're going to float up into the air.
- Darius: Wow. Wow.
- Brent: That was my experience. And, you know, you'll go back and forth, and in part of the *30 Days To Awakening* product we'll be talking about... we talk about that process. I give you some keys, because you'll wake up and fall back to sleep and wake up and fall back to sleep, right. You just go back and forth, and each time you wake up it's a little stronger, a little more permanent, and your resistance falls, your fears drop away, your worry and your concern start to vanish, and it really is the beginning of the end of suffering.
- Darius: Wow.
- Brent: I will mention, because I'm sure everyone's curious, what the purpose of suffering is.
- Darius: Okay. Great point, yeah.
- Brent: This alone, this is not total awakening but this is a piece of it.
- Darius: Okay.
- Brent: Suffering is critically important to the human condition because suffering has two purposes. Number One, it shows you where you're not yet free, right. So if you're worried about money, you're not free around money, are you?
- Darius: Right. Exactly.
- Brent: And having a bunch of money would not set you free. It would cover up the symptom, right. It would throw a rug on the problem so you wouldn't have to look at it. But having money does not solve money problems. It only covers them up.
- Darius: And that's why people that get it, you know, many times... and even people here. If you've had a windfall or something happen where you have maybe some quote-unquote 'good fortune', you still have the money problem under the money, and eventually – right? – you lose it, that physical money that you had gotten. Wow.

Brent: Exactly. So first it shows you where you're not yet free, because if you were totally free, for example, around money, you wouldn't be worried, would you?

Darius: Exactly.

Brent: So that's Number One. Number Two is even more important. It not only shows you where you're not yet free, it gives you an opportunity to become free. So again let's talk about money for a second. If you're struggling with money and you have a windfall, right... Everyone wants to win the lottery or have a rich uncle leave them a fortune. I do too - that would be great! - but that's not going to solve your problem. Not only that, as long as you have that money in the bank it's going to be almost impossible to solve the underlying problem.

Darius: Wow. Wow.

Brent: Because you can't solve it. You can't see it, right? So there's an important spiritual purpose. First your suffering shows you where you're not free and second, it gives you an opportunity to become free. And so just understanding that can lower our resistance to the money problems, can't it?

Darius: Yeah.

Brent: Because as long as you think there's no purpose to something you're going to fight like heck to get rid of it, aren't you? And guess what that actually does. It just makes your problem worse!

Darius: Jeez.

Brent: So this is the kind of thing that's in *30 Days to Awakening*.

Darius: Wow.

Brent: These are the kinds of what I think are very profound insights to shift your relationship to everything that happens in your life. And total freedom is awakening embodied. Some call that enlightenment but that's what it is. Because a master doesn't worry about money, do they?

Darius: Wow.

Brent: Did Jesus run around worrying about his 401k; what's going to happen to the market? No of course not. He was totally present because he was a master. He knew that whatever he needed he'd be able to manifest, right, and that if he didn't get it, it was clearly there was an important lesson in that suffering.

The Buddha had everything. He was a prince. He was wealthy. He had a gorgeous wife. He had everything any man could ever want and he let go of it all to seek spiritual truth because some voice inside of him told him that it was all based on a lie; that he was using that wealth and the power and privilege to hide from life.

So that's what a lot of us do. We use these tools of spirituality to hide from our lives. So when you awaken you're going to look right into the maw of the beast and you'll find that there's nothing to be afraid of. That solves the problem at its core.

Darius: Yeah...

Brent: Once you've achieved real freedom around money it doesn't matter how much you have. But ironically when you do that it becomes so much more powerful because you're not resisting it so much, right?

Darius: Right.

Brent: Most people see a significant increase in their prosperity after awakening because they're not fighting it so much, right. They're not fighting everything that happens tooth and nail. You can actually be present in the flow of life and receive the incredible gifts. It will make you present in a meaningful way.

Of course to just tell someone: be present... Don't take this as an insult if you're one of those teachers, but that's not helpful.

Darius: Yeah.

Brent: Right? It's like telling a child with a learning disability: just be smart.

Darius: Yeah, just learn. Just get it.

Brent: Of course that would be effective if they could just do that, right?

Darius: This is incredible, yeah...

Brent: I've tried to create that. I've taken the stuff that I heard over and over and over again so many times from so many teachers that I didn't quite get it, and then when I woke up I was like: oh, I get it.

And that's what I offer to everybody. I always tell my students: if you want to spend 20 years and half a million dollars learning this stuff that way I did, you're more than welcome to. You know, I'm not going to stop you from doing that.

Darius: Wow.

Brent: But if you'd like to leverage my experience and hear it in a way that actually makes sense, then, you know, you might want to keep listening.

Darius: Well, here's what I want to do: I mean, this is huge. I mean, this is really, really a big deal because what we're going to be doing now is we're going to be doing a process from Brent. He's going to take it from the level that we've talked about awakening and we're going to begin to sort of get a taste and some movement into this new way of being with Brent.

So, Brent, what I'd love to do if we have time is to move through the process. Anything that we need to keep in mind or anything you want to just share with people before we do some of this?

Brent: Sure. One thing is that in 2011/2012 I was actually working on developing and codifying my own healing system, and when I awakened I put all that on hold and I started the entire process from scratch...

Darius: Wow.

Brent: Even though I knew it would take me a couple of years – and it has – because I realized that this was so important that awakening should not be relegated to an appendix or a footnote. It needs to be front and center on the first page because it is the foundation of everything. That's why I say that this is my most important work to date. I'm still on the course of sharing the best tools of consciousness, which has always been my goal...

Darius: Right.

Brent: Except now I want them to be taught and used from awakening rather than from the great lie.

Darius: Ah.

Brent: Again because you'll only be ten to a thousand times more powerful that way.

Darius: Huge. Wow.

Brent: Yeah, it really is. And, I mean, the benefits in my life have just been phenomenal in terms of less worry, less stress, increased prosperity, more fun, more flow, more openness. And it's very simple. It's just the lack of resistance. So I can't wake everyone up in ten minutes.

Darius: Right.

Brent: That's going to take ten minutes a day for maybe a month. Most people get it faster.

Darius: Wow.

Brent: But it needs to happen...

Darius: It's still fast.

Brent: Yeah.

Darius: Yeah.

Brent: It's still very fast, but it needs to happen a little bit at a time because the mind can't take it all in at once. That's why I structured it as 30 ten-minute insights. Just a few minutes every day that will shift your paradigm, and at some point during that 30 days you will wake up and you'll go: 'Oh my God, I get it.' All these things that all these teachers that you've read over and over and over again all become crystal clear. You can read the Bible, you can read the Q'ran, you can read the Tao Te Ching, you can read any of the holy books – you know, the Vedic sutras, you name it – and you will get it. You'll go: 'I get it. I understand.'

So I can't do that in ten minutes but what I can do is demonstrate the power of the subconscious work.

Darius: Okay.

Brent: One of the cornerstones of the *Formula For Miracles* system is learning to very easily and quickly reprogram the subconscious mind, because again that's 99% of your life is created subconsciously. And so in the *30 Days To Awakening* there are a set of four tools that we use, the four programs of encoded audios that will actually prepare your subconscious mind for awakening. And this is one of the shortcuts. This is one of the reasons why I can wake you up in ten minutes a day as opposed to years and years and years of study.

So we can actually instantly shift the subconscious mind to facilitate awakening in the same way we can reprogram the subconscious mind to facilitate prosperity, physical health, emotional health, whatever you're looking for.

So we'll do block clearing and a download right now just to give everybody a taste. But remember this is not awakening but this is a tool we use that is immensely powerful that even without awakening can change your life.

That's what I did for ten years. I used these same tools without being awakened and they're phenomenally powerful. They really work. In fact, all those testimonials that you have, those were all from people that I worked with when I wasn't awake yet. And so it's amazingly powerful. So I want to give everyone a taste of that. And then, remember, in the *30 Days To Awakening* we'll be using these same tools to use the subconscious mind to facilitate your awakening and spiritual revolution. That's one of the keys to how it gets so easy and so fast.

Darius: Wow. Wow.

Brent: So there's a lot of ways we can work with the subconscious. I'm going to just take about one minute right now to go over it super fast; then we're going to do it. So if we want to work with the subconscious mind, there's two important questions we need to answer. Number One is: how do we know what's in there, right?

Darius: Right.

Brent: How do you know what's in your subconscious? It's a good question. Typically you don't, because the subconscious is kind of off limits and mysterious, right. So first we need to see what's in there. To do that we use the process of muscle-testing or applied kinesiology.

The second question is: okay, once I've identified something in the subconscious, how do I clear it? And we'll be working with that too. So remember that we can do muscle-testing - which I'll cover next to show everyone how to see what's in your subconscious - which, by the way, is really important because most of your subconscious programs are genetically inherited from your ancestors. So most of the stuff that's in the subconscious mind you probably have no idea is there.

And so once we've identified a block we then have to clear it. As an example, maybe let's clear a vow of poverty. That's a common one a lot of people carry. So if you carry a vow of poverty in your subconscious mind, what that usually means is that you have ancestors who believed that they had to be poor to be close to God or that money was somehow dirty or, you know, not spiritual.

So if you hold that program in the subconscious, that's going to limit you greatly, so we need to clear that out. So first you muscle-test it to see if it's there – and we'll cover that in a second. Once you've identified a block you then need to clear it. There's lots of ways to clear it. I'm not going to talk about it too much here because we've don't have time. I can do it one-on-one in a session. I could do it one-on-many in a group. First I learned how to heal one-on-one; then I learned how to heal remotely, like over the phone and through Skype; then I learned how to heal a group and then I learned how to heal a group remotely.

So I do that all the time. I have an online program called *The Formula For Miracles VIP Club* where I do group healing processes and a lot of other cool stuff; live events. I give away sessions. I do research for all the members every month. That's a cornerstone of my VIP Club is group healing processes where people come on a call and submit their blocks and I clear them on everybody.

The listeners, you don't need to worry about how it works. If you're curious, the common thread between all these ways of programing the subconscious mind is the theta state. So you need to get your brain into a wakened theta state to access the subconscious.

The last way to do it is you can use one of my encoded audios. That's what the *Formula For Miracles* technology is. It's a process of encoding audios that will automatically program your subconscious mind as you listen to them. So that's what's on the *30 Days To Awakening*.

So let's talk everyone through it. We'll do just a couple of blocks and downloads here to give everybody a taste of it. So the first thing we need to do is cover muscle-testing. Muscle-testing - also called applied kinesiology - is the process by which we can ask the body questions and get answers. And the body's intelligence is the subconscious mind. They are exactly the same thing.

So there's a lot of ways you can muscle-test. You can test with a pendulum. You can learn to test with your fingers. You can learn to test with the arm lever. There's a bunch of different handheld machines and devices available that will help you to muscle-test. The easiest way to muscle-test if you've never done it before for most people is called the standing method or the sway test, and that's what I use with most of my clients and students because most people can learn to do self-muscle-testing in about five minutes with the standing test.

So I'm going to give a super fast tutorial right here so everybody can follow along and start to do some clearing. I want to caution everyone: I don't want to spend a lot of time on it so we're going to go fast. If you don't get it in five minutes don't worry. One of the bonuses in the package is my *Secrets of Muscle-Testing* video to teach you everything you ever need to know about muscle-testing for the whole rest of your life. So if you don't get it immediately don't worry. You probably just have to watch the video. And also on all my Club calls like the Wealth Club and the Health Club and the Love Club I do a full tutorial on muscle-testing at the start of the call.

So follow along, do the best you can. If you don't get it right away don't panic; you just need to watch the video.

So how do we do this? If you know how to do another method of muscle-testing, if you know how to use a pendulum or you know how to use the arm level or test with your fingers, that's great; you're welcome to use them. If you don't know how to muscle-test yourself already, follow along. And this is how we do it.

To do the standing muscle-test we want to line up the body with the earth's magnetic field. And so if possible you want to stand and face to the north. It doesn't have to be perfect. Just take your best guess as to which way north is.

Darius: Okay.

Brent: And you want to stand with your feet roughly shoulder-width apart. Again it doesn't have to be perfect. And you want to look down at your toes and make sure your toes are pointed straight forward.

Darius: Okay.

Brent: It's easiest to muscle-test when your toes are pointing straight forward. And so the most important thing to get a clear muscle test is to make sure that your legs are straight. So make sure that your legs are straight.

Darius: I'm doing this too, by the way, everyone. So if you hear me moving, I'm here standing up. I've got my feet pointing north. I've got my legs kind of bent... Okay. Very cool.

Brent: Perfect. And so what's going to happen is when your legs are straight it should feel almost like you're floating over your legs. You should feel like you're kind of swaying or floating or tilting. That's ideal. That way we can make the statement out loud; the subtle force of magnetism will answer the question for you by moving your body subtly forwards or backwards.

So you make a statement. If your body says yes, if your subconscious mind agrees with the statement, you're going to feel your body tilt or push forward. If your subconscious mind says no, if your body disagrees with the statement, you're going to feel yourself tilt or push backwards.

So first we'll do what we call a calibration. We'll have everybody go ahead and stand up, face to the north, legs straight, feet hip-width apart, toes straight forward, and say out loud 'yes'.

Darius: Yes.

Brent: And so when you say yes it should move you forward.

Darius: Yeah, I just went forward.

Brent: Good. Now, let's go back to that position again. So stand up, legs straight, toes straight forward. Get that balance-loading feeling and say 'no' out loud.

Darius: No. Nope, I just went back.

Brent: So that's a calibration. That's how we know it's working. So now we'll do a couple of block clearings. Let's do the vow of poverty because that's a common one. So if you want to find out if you're carrying this hidden code in your subconscious, just stand up, face to the north, toes forward, legs straight, and say out loud 'I have a vow of poverty'.

Darius: I have a vow of poverty. Everyone, just repeat...

Brent: And if your body goes forward it means yes. So that's a block. You might want to clear that. If your body's going backwards, it's saying no. It means you do not have that block.

So that's a very simple method by which you can communicate with your own subconscious mind. I'm not just going to leave you there. So if you had a yes or a forward, we're going to go ahead and clear that. All you need to do is give me your permission. You can just say yes out loud and I'm going to go clear it. And we'll try it again. And say out loud 'I have a vow of poverty'. And hopefully it will go backwards now.

And of course our goal is to shift everything instantly. Most of the time it will shift instantly but it's not 100%. So if it doesn't clear instantly, usually what that means is that the body needs to sleep to process the change. So if you try it again in the morning it'll probably shift itself.

Now let's do another one. Let's have everyone test 'I know how to have financial freedom'.

Darius: Okay. I might test that one too.

Brent: So go ahead and stand up, face to the north...

Darius: Okay.

Brent: Legs straight, toes straight forward, and say out loud 'I know how to have financial freedom'.

Darius: I know how to have financial freedom. Mm, I went back.

Brent: Okay. Cool. So if get a back it's another one that we might want to fix.

Darius: Okay.

Brent: So we're putting in codes you're missing. We call that a download because it's just like downloading software into your computer. So if you're missing the codes for something, you're going to have a really hard time creating it in your life. And a lot of people will spend years or decades working with the law of attraction and learning investments and the whole world of money and they still can't achieve financial freedom. Well, that's because you're just missing the code, right. You can't play Solitaire on your computer if you don't have the code installed.

Darius: Right, right. It's like trying to open up a program, just like you said, in your computer like Word or Internet Explorer or something else and you just don't have the software; you don't have it installed.

Brent: Right. If you don't have the software installed you can't run the program. It's that simple. So if you would like me to install that for you we can do that right now.

Darius: Okay.

Brent: Go ahead and just say yes to give me your permission.

Darius: I'm going to say yes. Everyone say yes...

Brent: I'll go ahead and install that for everybody.

Darius: If you want this. Okay.

Brent: Alright. All done. So go ahead and let's retest that.

Darius: Okay.

Brent: So go ahead and stand up, face to the north, and say out loud 'I know how to have financial freedom'.

Darius: I know how to have financial freedom. Wow. I just came forward really fast before I even... When I started thinking it I actually went forward. Why would that be?

Brent: Oh, because the body, especially if you've done a lot of muscle-testing - which I think you have - your body will start reacting to the thought even before you make the statement.

Darius: Wow. Wow.

Brent: Now, I'd recommend everyone still say it out loud, because the trouble with testing thoughts is you never know exactly what thought you're testing because most of us have a lot of stray thoughts, right? So I'd recommend you say it out loud. It's more consistent that way. But it will actually start to give you a response just when you think it. So if you start to respond before you say it, that's usually what's happening. It's a good sign. It's a good thing for sure.

Darius: Yeah, yeah. Wow. A lot of people testing right now. A lot of people having a totally different result when the program is installed, or the software or the code as we're talking about. Brent, can we do one more?

Brent: Sure.

Darius: I mean, this is very cool, because for some of you we've probably already removed two and installed two new programs and now maybe there's even a third. So what would be another one, Brent?

Brent: Let's do... How about 'it's safe for me to have a lot of money'?

Darius: Okay.

- Brent: So if you would like to test that, go ahead and stand up, face to the north, legs straight, toes straight forward, and just say out loud 'it's safe for me to have a lot of money'.
- Darius: It's safe for me to have a lot of money.
- Brent: And if you're going forward, that's good. If you're going backwards, that's going to be a block because it means you believe it's not safe to have a lot of money.
- Darius: Yeah. Wow.
- Brent: So if you're going backwards and you want to clear that block, just give me your permission right now... And we'll clear that for everybody. And try again. Stand up, face to the north, say out loud 'it's safe for me to have a lot of money'.
- Darius: Wow. Everyone, share kind of what happened as you did those three. I went forward on the last one so I was okay on that. I didn't have a block there. So that's why I was kind of quiet, letting everybody clear that block with Brent's help. Share kind of what's happening on your end.
- Now, Brent, I mean, one of the things that I was thinking as you were doing this was... I mean, it's one thing to install the software but is there anything that actually removes the bad programming or maybe the virus that's sort of bringing down the system, right? So is this a two-step process that you're doing?
- Brent: Yeah.
- Darius: Okay.
- Brent: It is. And that's a good observation because a lesser evolved form of this technology is used by some hypnotherapists, which is they go in and put in the new programs that will be good for you, right. So if you want to quit smoking, you see a hypnotherapist and they put in the new programs that smoking is bad for me and that I feel better without smoking and that sort of thing.
- That's helpful, but unless you can also get in and clear the blockages and the traumas that's just going to be limited in its effectiveness. So once you've cleared the blockages and the traumas then it's much, much easier to put in the new programs that you want. And the belief work as we call this - working with the subconscious beliefs - becomes much faster, much easier, and much more effective. So definitely you want to clear the blockages and then put in the codes that you want.
- Darius: Wow. Wow. Well, we had a lot of people sharing. One person said: 'I had both blocks. I am amazed.' So that is very cool. She had two of the blocks. I don't know which ones those were, but that's pretty amazing.
- Another person said: 'I did have the blocks. Thank you. Both are cleared.' That is wonderful.
- Another person said they ended up just staying in the same place. Why would that be? Or maybe not going forward or backwards.

- Brent: Yeah, that's a good question. The first thing you would want to do there is to work with the muscle-test to make sure you're getting clear answers.
- Darius: Okay.
- Brent: So a lot of the time your muscle test is just off; you need to troubleshoot it. There's a lot of information in my video about how to do that if you're having trouble. It's very rare but occasionally the subconscious has no opinion. But that's very rare. So usually you just get your muscle test working and you'll start getting responses.
- Darius: I wanted to do this: I mean, this is one piece of what's happening. The other piece of what's going on is the awakening piece that actually magnifies all this, and I want to get back to the awakening because to me it's all really part of just a huge shift in what's going to happen with humankind and how we're going to be able to make huge transformations that previously were impossible.
- You mentioned that we are sort of like these different areas that, you know, you saw in your life: love and money and spiritual truth. When we become awakened, how easy does it become to actually... I want to say win, but I want to say almost, you know, really be truly abundant in the areas of love, money and spiritual truth? I mean, is it still a huge struggle or because we've removed some of that resistance has it actually become much faster – indeed I say easier?
- Brent: In general it becomes much faster and much easier. Will there still be struggles after awakening, probably because whatever areas in your life are causing you to suffer will become very clear to you. So the suffering that's left will show you where you're not yet free and give you an opportunity to become free.
- So as an example, financial freedom isn't really what most people think it is. Most people think that if they have a giant storehouse of money so they don't have to work, that that's financial freedom. Nope, that's not it, because if you took the same you with the same thought patterns and beliefs and behaviors and put it in a situation where it had a big stockpile of money, it would not make you free because at the very least you'd be worried about losing your money, right?
- Darius: Right, right. Wow.
- Brent: You'd be worried about getting ripped off or taxes or everyone trying to take it from you. So you would not be free. Real financial freedom is knowing that you have the ability to create whatever is needed as it's needed, and because you have that power and that belief in yourself you don't need to worry anymore. Because even if you have a billion dollars in the bank you're still going to worry, aren't you? Most people who have a lot of wealth, it actually makes their lives a lot more stressful.
- Darius: Yeah.
- Brent: So they have not achieved financial freedom. They've achieved financial enslavement. They're now slaves to their money. Financial freedom is knowing and believing that you can do what you love in each moment and all the financial stuff will be taken care of. It's not a denial. It's not an 'I don't open the bills because I don't want to look at them'. It's simply a knowingness that it's all going to work out and

things will always happen that will take care of you. *That's* financial freedom. You can do what you love without needing to worry about the money. That's what we really want, isn't it?

Darius: Yeah.

Brent: And so having the most powerful energy healing tools on the planet can never give you that, but when you awaken and you understand and your whole life is built on the foundation of truth, then it becomes much easier to access.

Darius: Every time you say that I get tingles, and I want to talk about kind of the process, because you've put together for people a way to actually go through this awakening. I mean, this is something that's taken you decades. You've healed thousands of people. I mean, there's no question. If anybody I thought was awakened, I would say it was Brent – you. But now you've taken it to a whole other level and this is going to radically change a lot of people's lives on this session.

Let's talk a little bit about the journey. What is the awakening journey? What is this process of going through and really transforming? *30 Days To Spiritual Awakening*. And you say thousands of years of wisdom revealed in ten-minute healings. Tell me about this, Brent.

Brent: Well, what I wanted to create was a program that made it almost effortless to wake up.

Darius: Wow.

Brent: And so it took a lot of work but I think I have something that's very good now. It's designed as 30 ten-minute insights and lessons. So every day for 30 days you get an article and you get an audio, which designs will be about ten minutes. So what you do is on the first day... You know, you can take your pick. You can start with the article or the audio. You spend ten minutes. And then the next day you use the alternate media. So maybe on Day One you listen to the Day One audio and then the next day you listen to the Day Two audio and read the Day One article. That's important. So you're getting all of the content twice through different media and different biological perceptions. So by getting a sleep cycle – which is why I say ten minutes a day – you can fully integrate those changes.

So the first thing was want to do is make sure you're ready to awaken. So we talk about the nature of awakenings; we cover what I call the prerequisites to awakening that will determine if you're really a good candidate for this, which, you know, I have high confidence that almost all of your listeners will be.

Darius: Okay.

Brent: So it's things like being willing to be honest and tell the truth and that sort of thing; being willing to let go of what you think you know, that sort of thing.

Then we talk about the nature of the mind. What is the mind? What's the difference between the mind and awareness? What exactly are sensations and feelings and emotions and thoughts? – because they're all very different. So we establish a

vocabulary of consciousness which is very precise, very clear.

Then we embark on both the positive and the negative paths to awakening – and we use both. And by positive and negative I don't mean good or bad. Positive awakening is telling you exactly what the truth of awareness and life is; what is this you that's having perceptions. That's a tough one, and so we also back that up with the negative path to awakening, which is systematically identifying everything this is not truth. And that's typically what's done with the Buddhist path and through a lot of religion, which is useful.

So we'll show you all these things that you *thought* were awakening your truth and show you it's not. For an example, the soul. Most people in the New Age world you ask them what are you at your core; what is the real you? You'll say: 'I'm a soul. I'm a being of true light and energy.'

Darius: Right.

Brent: Well, that's incomplete. It's wrong.

Darius: Okay. Wow.

Brent: That's simply another layer to the great lie. It's another false identification.

Darius: Wow. You know, I get the sense this is freedom.

Brent: It is.

Darius: I mean, for a lot of people this is really true freedom. Quick question just came in from Gloria. I mean, have you seen – and I know this is evolving quickly and people are getting through this... People with issues – you know, health challenges or physical issues or emotional blocks and issues like that, what happens to those things – or what should happen to those things – the other side of awakening? Do they radically transform or is there a possibility for transformation in those areas?

Brent: Absolutely. Sometimes you get the pop where you awaken and you see it for what it is and it just disappears. It's kind of like you wake up in the middle of the night and you've been having a nightmare and you recognize that it's just a dream and you're safe in your bedroom, right? And you may still carry some residual fear from that nightmare but you know it's not real; you know it's over, right? So that happens sometimes. Other times what will happen is the awakening gives you the perspective and the freedom to understand why you've been suffering with this problem...

Darius: Wow. Wow.

Brent: And it gives you the ability to see it in a new light, to develop a new relationship to it that will lessen or eliminate the resistance. And once you stop resisting it so much, then energetically you're actually giving it an opportunity to disappear...

Darius: Wow.

Brent: Because what you resist will persist. And so for me everything I tried my whole life to try to get rid of that resistance and that ego failed. Then I woke up and I was like: oh... At least conceptually it's so simple. It's so simple.

Darius: Wow.

Brent: It's one of those things that once you get it you'll wonder why it wasn't obvious before.

Darius: Wow. I'm going to share, Brent, really quick where the information is. There's another interesting piece here and, you know, it goes in line with a lot of what I've always believed, is that as you free yourself from the bounds of the lies and the ideas of consciousness you also open up special abilities for yourself. Brent's going to be sharing how this could cause you to be able to see and perceive energy in a whole new way. We're going to be talking about that.

First, a few of you have been asking where is this; how do I get on it for 30 days? And you will be amazed at what's here and what's going to be happening. It's at <http://youwealthrevolution.com/brent2013>.

Now, Brent, I've got to ask this question because I'm fascinated. You're also going to show people how to see energy and auras with their eyes open. How is this possible, and tell me about that?

Brent: Well, it's a good question. The first thing... I hate to mention this now but it looks like you have some of the wrong products on this page.

Darius: Okay. Alright. We'll have to clarify...

Brent: So maybe if you could put somebody on that while we're talking. Yeah, it looks like you have the gold package on there.

Darius: Okay. So we'll clarify that.

Brent: The package I prepared for today is entirely new material, completely new stuff that no one has ever seen before.

Darius: Okay. What I've got here...

Brent: Hopefully we'll get that fixed in the next couple of minutes.

Darius: Yeah. It looks like it's going to... For me it's going to the right page. I don't know; it might be a cache on your browser or something.

Brent: Oh, okay. Right.

Darius: So, everyone, if you're seeing anything, it should say at the very top 'Special Offer' and then it should say '30 Days of Spiritual Awakening'. So that should be right under the... above the two hands with the exploding light. So if you don't see that, just refresh and go to <http://youwealthrevolution.com/brent2013>.

- Brent: Excellent. Okay. Alright. I will save my cache... I think that's it, so thank you, Darius.
- Darius: Sure.
- Brent: Well, hopefully someone else had that same problem, so please don't be scared away. We fixed it!
- Darius: Yeah, someone did actually.
- Brent: Perfect. So it's an entirely new package of material. The cornerstone of it – the centerpiece – is the *30 Days To Awakening* program, which is the audios and articles, ten-minute insights for 30 days. At some point you will wake up. Most people wake up around Day Seven or Eight. That's been my experience.
- Darius: Holy cow!
- Brent: Some people take longer, you know. It's okay. If you're like me you're a little more resistant, a little slow on the spiritual draw. You know, you might get it in Week Three or Four. That's okay.
- So that is the articles and videos, plus four *Formula For Miracles* encoded block-clearing sections that condition and program your subconscious mind for radical spiritual awakening. So that's almost cheating. In addition, a really important piece of the training is the consciousness shifting.
- I learned this originally as part of how to see energy and auras with your open eyes, and so what I realized is that same training was very useful for awakening because there's two pieces to it. There's the left brain and the right brain – the male and the female. The left brain is the crystal clear understanding of the truth with you and what you are in consciousness. That's addressed in the audios and articles. The right brain is the visceral experience of this truth, of seeing that there's no you inside in a very real way.
- And so the consciousness shifting literally allows you to start seeing the matrix with your open eyes. And again each person is going to be different times. Some people will get it on the first viewing; others you may have to use it a little while. It took me four months of work with Karl Wolfe and many private sessions of \$500 an hour to turn that on.
- Darius: Wow.
- Brent: So, you know, I'm hoping everyone can get it much faster and much more cheaply through the video.
- So the consciousness shifting not only will it allow you to start seeing energy and seeing truth with your open eyes, it's an important aspect of awakening to feel and experience truth and not just know it in your head.
- You'll also get two of my most important new products, which are also geared to exactly the same thing. It is the experience of learning to use your attention in your mind differently to allow it to show you truth that was always there; you just didn't look at it. For example, if you thought you were poor your whole life but you were

wearing a backpack full of gold bars you wouldn't know you were rich, because you never bothered to take off that backpack and look inside...

Darius: Wow.

Brent: Maybe because you didn't even know what was there, right? And so the *Mastering Attention* and *Dissolving Pain* go together. They show you how to learn to train your mind in how you pay attention to things in new ways.

Darius: Wow.

Brent: And the *Dissolving Pain* is a particular item of it because once you learn to use your mind to see and feel and experience the void and the space rather than just the stuff, it causes your brainwaves to synchronize, which is a key aspect of this enlightenment, this synchronous brain activity. It synchronizes your brainwaves and allows you to dissolve any pain within minutes.

Darius: Wow.

Brent: And I've used this myself. This is how I cleared myself of migraine headaches I had for over a year, by doing this.

Darius: Wow.

Brent: I woke up in the middle of the night, at four in the morning, with a horrible migraine and I had to teach all day the next day. And all the painkillers I had were too stimulatory – I would have been up all night – and so I used this and the pain went away and I went back to sleep and I haven't had one since.

But that's just the practical stuff. The big picture is to train your brain how to look beyond the conditioned thinking of our mundane reality and open you to a direct experience of spiritual truth. That's really the purpose of it. Along the way you'll also learn how to dissolve any pain in minutes...

Darius: Wow. Wow.

Brent: But that's just a side effect. That's just some gravy!

Darius: The reason I jumped in was one of the things that I thought was astounding to me was this whole truth of actually changing even how your brain operates; changing how synchronous your brainwaves are. Will people be able to go...? I mean, could somebody go through all this and then say: 'Okay, I'm done. I want to mess up my life again and go back to the way I was,' or is this sort of like once you go down this path it's going to be pretty hard to go back, you know, once you've seen these truths?

Brent: You know, it's a good question. I have total confidence that just about everybody will fully awaken by the end of the 30 days. You know, if you don't, you can get 100% of your money back. Even if you do you can get your money back, because I don't want anyone to take a financial risk. You and your listeners know me. You know my content.

Darius: Yeah.

Brent: It is not only what I say it is but probably better. But the embodiment of awakening can be a challenge, so I also offer tools to help keep you moving towards the goal of total embodiment, which is truly enlightenment. That is freedom from suffering. It is total spiritual liberation.

Darius: Wow.

Brent: And so the consciousness shifting video is a part of that. I also include in the package... you'll get a 30-day trial to my VIP Club. That's really important, because through the VIP Club I do special events and calls and private sessions on a regular basis to give you the tools that you need to get to the bottom of the problems in your life and set yourself free. So that's a really important tool.

I also am offering a half price coupon to a live training. So I have an entirely new set of classes I've been developing. I'm going to start teaching next year. The first one is coming in February and then they'll be coming after that. You can come in Los Angeles live to the class if you're able, or I'm also going to be offering live streaming. The classes are a great way to take it to the next level, to learn how to harness the power of your mind to truly awaken and to embody that awakening so you don't just know spiritual truth but you live in it each moment. That's important to me.

Darius: Well, the reason I wanted to ask that was, you know, for people who decide to do this I know you'll be changed. I mean, there's going to be a part of you that's going to come forward. So if you are curious as to what that is; if you're curious... I think if you've wondered: well, could my life really have been something more? Or, you know, I've always thought I had something special in me. I had this ability or I had this dream of mine. I want to see is it possible. It is possible to really harness my mind's power to really be free of those illusions that keep holding me back or maybe running up against the same challenges? Ten minutes a day, and this is coming from a man who has seen over a thousand miracles - and I know his standard is very high when he qualifies them as miracles. He is incredible thorough and incredible skeptical and this is what Brent has been sharing with us here and this is the only place it's available.

He has been holding this for us for quite a while because we had some things come up. We couldn't unveil it a couple of months ago. It is now being unveiled here. This is the only place to get it. Not even his audience can get it but through the You Wealth Revolution. So it's at <http://youwealthrevolution.com/brent2013>.

And I think one of the things that I'm most excited about, Brent - I want to go through this program as well - is it's ten minutes. And I can imagine every day like getting to a new level and not really being able to go back; not seeing the world in the same way, and ultimately moving towards the greatest idealized and actualized being that I can be, and I am just so excited.

The other thing I want to share really quick is this is just an enormous value. I mean, it's just incomprehensible. It's 92% off. It's \$1,217 of total value, which I would say: what's really the price of being awakened? I mean, it's priceless. \$97. \$97 is the

offering here today to go through this work and have it and own or forever and go through it as many times as you want, right, Brent?

Brent: Yep, that's it.

Darius: Wow.

Brent: It only took me about 25 years and more than half a million dollars to learn this. That's all!

Darius: Okay, I've got a quick question I want to just throw in. Who is this for? We had one person write in and said: 'I'm not sure, you know, is this for me.' Who is this for?

Brent: It's for anybody that wants to live their life on a foundation of truth. It's for anybody who wants to understand what the great lie is. It's for anybody that wants to finally get what all the spiritual teachers and holy texts have been trying to tell us for thousands of years. It's also for anybody who's just sick and tired of all the suffering; who's willing to look past a quick fix and willing to look deep into the core of the real problem to get a permanent solution. It's also for anybody that wants to radically accelerate their consciousness. Most people, if we're talking the Hawkins scale of zero to a thousand... most people who master New Age material are still stuck in the 400s.

Darius: Wow.

Brent: I was.

Darius: Wow.

Brent: And there's a great question... If you're a fan of his work, you read his material, many of his students and followers and he himself would say that it's not obvious how to move people over the threshold to 500, which is the nonlinear realm, the realm of intuition and real power, but I found it. The answer is awakening. So if you want to see a radical shift in your consciousness, if you want to live in truth, if you want to let go of all the resistance that's creating so much suffering and keeping you stuck in your life, this is for you.

On the other hand, if all you want is a quick fix to cover up the symptoms, you know, this may not be the best solution. It's like if you're in pain, you know, you can go to a doctor and get painkillers. That's a good short-term solution that's a quick fix. It's not going to solve anything. But if what you just want is a quick fix, this may not be the best answer, because awakening is a commitment. It's saying: I choose to live my life in spiritual truth.

Darius: Wow.

Brent: Yeah. So if you want someone else to do all the work for you, if you think that your problems are not created by you but are created by the Government or the economy or your spouse or your family or your boss and you want to stick to that, you know, this may not be for you.

Darius: And I've got a thing too, if having that way of being isn't working for them anymore and they want to see – or they *need* to see – some huge changes take place in their life in how they feel and how they feel about themselves and their prosperity in many other areas, including health and relationships and vitality, then this is something very different and very unique.

So it is at <http://youwealthrevolution.com/brent2013> and it will take you day by day, ten minutes at a time, into this journey of awakening and it may take five, six... it may take seven days, it may take 30 days. Your life will irrevocably be changed. And, Brent, I'm going to be going through this as well and sharing with people kind of what's going on as I do it...

Brent: Great.

Darius: Because you've got my curiosity plucked. And we talked about this last year – and, everyone, I want to share this. Last year, Brent came to me and said: 'You absolutely are going to want to see this. You're going to want to do this. You're going to want to be a part of this.' And I've never seen him so excited. And I know when he is telling me 'this is something you've got to do', coming from Brent it's like, okay, I've got to go to the other side here.

So it's at <http://youwealthrevolution.com/brent2013>. \$97. It's instantaneous access to all of the awakening materials and everything that's been developed, and I'm very excited.

Brent, any final thoughts or words for people holding on? And I'll let you formulate that. I just want to share one thing quickly. It's kind of exploding here.

Pat said: 'Brent, you are my hero.'

Another person said: 'Yes, yes, Brent, you did it. If anyone is serious about awakening, get this help now. 2014, here I come, freedom. This is the happiest day in my life in 30 years,' she says.

So this is going to be something exciting. I know a lot of people are feeling great energy with this and something inside of me says this is very, very, very different.

Brent, any final thoughts or things you want to share?

Brent: Well, one thing I've said a lot, which is directly on point here, is we all have a choice. We can either choose to be right about what we think we know or we can invite in transformation and even miracles.

And so awakening is exactly that in spades. It's going to cut right down to the core of the most fundamental, most basic assumptions you've made about life and consciousness and probably show you that they're wrong, or at least incomplete. And it's so challenging, because this great lie I referred to is so pervasive and so clever that most of us live and die and have no idea it's even there. It's completely invisible to us. Because these false assumptions we make are so convenient and so reasonable and are accepted by society without questioning that we live in the grip of it. We live and die without ever having a glimpse of truth.

So if you're willing to be wrong about just about everything you ever thought you knew about your life, about truth, about God, about the universe, then you're ready for an incredible shift. If you'd rather stay right about what you think you know and your problems and how difficult they may be, then that's an option too, but that is incompatible with real spirituality. You can't have both. So here's your choice. And again, if you want to go spend 25 years and half a million dollars, you know, you're more than welcome to. Make a date on your calendar; let's compare notes in 2038! Or you can get it today and, you know, we'll see where it takes you. Only 30 days to awakening. That's not bad.

Darius: Yeah. Wow. You know, it was those words that sort of ignited me as I've been waiting for this discussion. So this is what Brent shared with me privately and so, guys, it's here. The day is here. I know Pat and many other people are excited. I'll also say this: it is \$97. It's literally 90+% - I think 92, 94% off - and as Brent said, if you're not pleased with it in any way then you just let us know and we make you back hold, meaning you don't have to keep the materials. But here's the thing I want you to do. I want you to commit to awakening, and it's going to be an incredible journey. And I'm going to be on the journey as well.

So, everyone, thank you so much. Brent, thank you so much for being here. This is exciting. I know you've been wanting to get this out, and, wow, it couldn't be any more suspenseful, and I'm ready to jump in.

Brent: Awesome. I don't know, maybe you could start a blog or something because I would love to hear your progression through it.

Darius: Yes, absolutely. I love that idea. I'll be sharing on... Yeah, we'll see. I'll share in some way. Maybe Facebook or something else. This'll be fantastic. Very cool.

Brent, thank you so much for being here, my friend. Amazing things. And thank you for the big block removal too on three of those big money blocks and everything else that's going to be happening alongside all of that.

Brent: Great. Yeah, I'm glad to be here, so thank you for the opportunity. I hope your audience and you find this program is at least a fraction as good as I think it is!

Darius: Wow. Wow. I know they will. I know they will. Thank you so much, Brent. Amazing stuff.

Brent: Awesome.

Darius: That is the incredible Brent Phillips and he is back with something that it gives me chills just thinking about it. It's at <http://youwealthrevolution.com/brent2013> and, you know, in my heart, as I see the work Brent's done, as I've had some intimate experience with it and I've seen what he can do and how people have seen their lives transform, when he talks about a whole other level that's accessible to everybody now and we can all be a part of it and we can all awaken to it and it almost is so powerful that it makes the other work he's done sort of pale in comparison, as he said today, I mean, that is mind-blowing. And he's offered it all

us. It's been 25 years in the making. It's at <http://youwealthrevolution.com/brent2013>.

You get all of it and you can literally start going through it right now, and it is a huge discount – 92% off - \$97. It's all here and we're very excited to offer this to everyone here.

So I'm going to share any other questions people have or anything else going on. Thank you for those kind words, Benita and Maria and Juanita. Everyone has been very excited about this work. Yes, thank you, Pat.

We will see you on the next You Wealth Revolution session. And here's the thing I want to say: Regardless of where you are right now I think we learned some big truths here today. Number One: Question everything. Question why you may be struggling with a certain issue. Question why you may be dealing with the same repetitive pain or frustration or lack that's not getting better. And you inside you know that you're meant for something more or you shouldn't have to live a certain way; that there should be a way that you can have the things that mean the most to you and that you can end the pain, you can end the struggle. I mean, that's why we do the You Wealth Revolution, because I know this is true. If you believe that as well, then know that there are ways and means and paths to do that. This is one of them.

Number Two: Know that whatever you think is fixed or solid or stuck or impossible is not. It's an illusion. It's a hologram. We can change that hologram through the mind and the energy that we hold in our bodies and we know we've seen this. In fact, Brent's proved this through his work. You can go to <http://youwealthrevolution.com/brent2013> to see a sample of all the incredible miracles that have happened and changes that have happened in people's lives.

But the bigger truth here today, I believe, is this: we are infinite. We are beyond what we think we are. And there's a level of knowledge and tools and awakening beyond that. And if you want to go deeper into that then of course there's many opportunities. This is one of them. We want to serve you in the most powerful way. We love you. We care about you and we're here just every day to support you. And even if you're facing the most difficult things, the most difficult times, just know that you have something in you that is beyond the reach of the adversity of the world; you have something in you that's beyond the reach of the difficulties of the planet; that you are deserving of love; you're deserving of abundance; you're deserving of all the good and the greatness that your heart desires - that love, that kindness, that loving relationship, that abundance, that life where you almost have to pinch yourself because you just can't imagine it's real. Let's take the journey and continue together.

Much love. We will see you in the next You Wealth Revolution session. If you're going to go deeper into Brent's program or you want to find out more about what this amazing awakening is, go to <http://youwealthrevolution.com/brent2013>.

Much love. We'll see you in the next You Wealth Revolution session.

Bye-bye, everyone.